

NORTHERN TERRITORY ANNUAL REPORT 2011

**FIGHT ALZHEIMER'S
SAVE AUSTRALIA**
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Annual Tea Dance



Information table at the Disability Expo Darwin, 2010.



Memory Matters activities

P: (08) 8948 5228

CEO: Ruth Leslie-Rose

3/18 Bauhinia Street, Nightcliff NT 0810
PO Box 515, Nightcliff NT 0814
F: (08) 8948 5229

nt.admin.d@alzheimers.org.au
www.fightdementia.org.au

National Dementia Helpline: 1800 100 500

An Australian Government Initiative

PRESIDENT'S REPORT



Our Vision...

A society committed to the prevention of dementia while valuing and supporting people living with dementia

The past year has been a constructive one, with your Board adopting a new five year Strategic Plan to take us through to 2016.

During the year your Board supported the development of a new more aggressive marketing and branding strategy for Alzheimer's Australia— you will see evidence of it throughout this Annual Report. The brand sends a clear message- we have declared war on dementia !!! We need to fight the disease and its causes; to fight the lack of awareness that leads to such distress for many families; to fight for more funding for dementia research and dementia specific services.

This fight is particularly important right now as the Federal Government responds to the Productivity Commission Report on Caring for Older Australians. There are no dementia specific proposals in that report and this poses a real threat to the vision for dementia services.

In 2005 the previous Liberal Government established the Dementia Initiative which has been the envy of many other countries. The Dementia Initiative ensured that funding was quarantined for education and support services related to dementia and that dementia was viewed as a clearly defined national health priority. We are concerned that this focus may be being lost through the proposed aged care reforms with damaging impacts on dementia services and with particularly worrying implications for the increasing number of younger Australians being diagnosed with younger onset dementia.

It was encouraging to see so many of our members respond to the consultations about aged care reform and we will

continue to work to ensure we retain our consumer focus.

Of continuing concern is the failure of the Northern Territory Parliament to enact legislation which will enable people who have been diagnosed with dementia but are still cognitively competent, to put in place clear, enforceable advance directives about a variety of lifestyle and medical issues to cater for their future. Citizens in every other State and Territory in Australia have that capacity and our members should be enraged that they and their families are being denied the comfort such advance directives would provide.

Whilst I will remain a supporter of Alzheimer's Australia NT, I am stepping down from the Board at this AGM and wish to thank all our board members for their continued support throughout the year. It was wonderful to have Dr Sadhana Mahajani join our Board during the year. Her psychogeriatric medical expertise is most welcome and her commitment to our goals is inspirational.

I would also like to thank our overworked and underpaid CEO and all of her staff for the wonderful job they have done through the year.

Sue Bradley
President
November 2011

CHIEF EXECUTIVE OFFICER'S REPORT

This Annual Report will provide information to our members and other stakeholders about our activities, and will:

- Discuss activities, challenges and achievements during the year;
- outline future directions; and
- summarise progress.

Activities and Achievements

The business plan developed in June 2010 had the following objectives:

- Ensure that contractual obligations are met;
- maintain the quality system which was implemented in January 2010;
- extend services by submitting funding applications and delivering services outside funding agreements for a fee;
- collaborate with other NT dementia service providers;
- collaborate with SANT Dementia Training Study Centre to ensure health professionals receive relevant dementia training in the NT;
- explore research partnership possibilities with NT institutions;
- maintain good communication with and support for the Alice Springs office; and
- focus on raising awareness about dementia by working closely with the rest of the Alzheimer's Australia federation, utilising expert assistance and regular radio communication via Territory FM as well as participating in the development of a new website for Alzheimer's Australia.

Contractual Obligations

The targets set in funding agreements were met and reported against in a timely manner. These included:

- Home and Community Care Darwin & Katherine;
- Home and Community Care Alice Springs & Tennant Creek;
- National Dementia Support Program;
- Dementia Care Essentials;
- Dementia Community Grant round 3; and
- Minor funding agreements.

Quality System

Alzheimer's Australia NT maintains a quality system which maps to the current HACC service standards. Systems are reviewed and updated in response to need. Any changes are documented.

Complaints have been addressed and systems altered as necessary. When systems are changed feedback is sought and further fine tuning occurs to ensure the new process is working well.

Service Extension And Fundraising

Fee for service programs, fundraising and sponsorship initiatives were implemented. The P3 for Aged Care course was delivered in Darwin and the dementia module from the Certificate III aged care delivered (for a fee) for Charles Darwin University in remote communities. A Raffle was run at the Katherine Expo. Sponsorships were



Our Mission...

To provide quality dementia services and leadership in advocacy, policy and research

provided by local businesses in support of the Baroness Susan Greenfield dinner, which was held in July 2011. Sales of *Looking Out for Dementia* have been steady.

Marie Gray has made a significant donation to support our Darwin library and we are grateful for her generous support.

Three funding applications have been submitted. Two submissions were successful and one unsuccessful.

Inter-Service Collaboration

Staff attend the Dementia Framework Reference Group, Darwin Aged and Disability Network, Council Of The Ageing GLBTI Round Table and NT Dementia Behaviour Management Advisory group meetings. New staff are oriented to other dementia services and Alice Springs staff attend local network meetings.

SA NT Dementia Training Study Centre (SANTDTSC)

A collaborative approach is required between SANTDTSC and Alzheimer's Australia NT to ensure that information/education targets gaps in the NT. To support this we have delivered joint events with the Study Centre. For example, Cameron Camp provided his Spaced Retrieval course via video link from Ohio to CDU in June. Feedback from this training was positive and we are pleased to have been part of this innovative mode of delivery.

Research

Consumers have been encouraged to

participate in the dementia research network and staff presented at the Australian Association of Gerontology NT as well as the Alzheimer's Australia National conference. Alzheimer's Australia NT facilitated a session with potential participants in the Dominantly Inherited Alzheimer's Network (DIAN) study being conducted by Prof Ralph Martins through the McCusker Foundation, WA.

Alice Springs Service

Regular contact is made with Alice Springs staff who have provided some excellent input to service improvement discussions. A submission was successful to provide a people mover to transport clients in Central Australia by Alice Springs staff.

Awareness Raising

Darwin office staff participated in the Activate NT initiative again, holding 10 Memory Walks along the Nightcliff foreshore, 10 walks in Palmerston, as well as dementia risk reduction information sessions in both Darwin and Palmerston in early 2011. Staff continue to participate in regular radio interviews at Territory FM on the first Wednesday of each month at 10:20am. The Katherine Expo in June was a lot of fun and a great opportunity to provide information about the support available in the region.

A considerable amount of work was done throughout the year on the re-development of the Alzheimer's Australia website with NT staff assisting with the publishing of national content and updating dementia information. NT pages have been reviewed to provide up-to-date dementia

information and have increasingly been used to advertise events and job vacancies.

Challenges And Key Issues

Dementia is one of the main chronic disease issues of the 21st Century and yet it is not recognised as a chronic disease. This must change and efforts intensified in finding better treatments, preventative strategies and ultimately a cure.

There is concern that the Commonwealth Government has eliminated the budget line relating to the National Dementia Initiative in the year the first Baby Boomer's turn 65.

Hospitals can be dangerous places for people with dementia. The health care system must change to manage the unique difficulties that face people with cognitive impairment more effectively.

The transition of aged care to the Commonwealth with disability being retained by the states and territories raises questions about how people with younger onset dementia will be cared for. There is a risk that service gaps will occur and this group will be unintentionally disadvantaged, especially since younger onset dementia is less common and the population in the NT is small.

Palliative care is not provided as well as it might be for people with dementia. Good quality end of life care is a basic human right. It is important that the dying process is managed in a way that gives people confidence that they will be treated with respect and their pain or discomfort managed well.

SUPPORT SERVICES

Alzheimer's Australia NT Support Services are funded through the Australian Government's National Dementia Support Program (NDSP) and the Northern Territory Government's Home and Community Care (HACC) program. They are primarily delivered in Darwin and Alice Springs, however, from this year funding was provided to extend services to Tennant Creek and Katherine.

NDSP and HACC reports were successfully submitted with established service targets being met during the 2010/11 financial year. The new Katherine service has progressed satisfactorily and is on track to being established and meeting targets in the 2011/12 year.

The NDSP funds the following services:

- National Dementia Helpline;
- counselling and support;
- early intervention strategies, including the Living with Memory Loss Program;
- specialised dementia library;
- social, recreational and therapeutic activities through our Dementia and Memory Centres, for example: Memory Matters, Social Group, Therapy group, Memory Walks, public awareness raising activities and dementia information sessions.

Group and individual counselling targets were exceeded by an average 302% this year, with 158 sessions delivered to 166 people.

AlzANT Support Services team has been involved in many activities throughout 2010/11 and has worked collaboratively with many organisations. We assisted Carers NT to compile their Top End Dementia Services Directory as well as con-

ducting activities during Carers month. Liaison with NTDBMAS and ACAT ensured the best possible support and referral for clients. AlzANT has contributed to various promotional and awareness raising activities jointly with Darwin City Council, including Activate NT and Seniors Month. Staff carried out their specific duties with enthusiasm and expertise.

Seniors Month, held in August each year, continues to grow in popularity with locals and visitors alike. This year, Alzheimer's Australia NT worked in partnership with Darwin City Council to provide two sessions for seniors that encourage a 'brain healthy' lifestyle. The program was held at the beautiful Jingili Water Gardens and included a mixture of exercises to challenge both mind and body.

This included:

- Mind Your Mind presentations
- Tai Chi
- Puzzles and quizzes
- Ball and balance exercises
- A walk through the water gardens

The day concluded with a chance to socialise over a healthy lunch. The event was a huge success and a great testament to both partners working well together.

Darwin hosted a CALD Morning Tea for 75 local seniors with funding from the Department of Health and Families. The event was held at the historic Burnett House at Myilly Point, Darwin. Guests enjoyed the music, Devonshire tea and the opportunity to wander through the house and reminisce.

Alice Springs staff visited Tennant Creek



Presentation of the Carers NT Top End Dementia Services Directory



Attendees at the Seniors Month activity

during Seniors Month. This inaugural visit under new HACC funding enabled them to introduce themselves to new clients and touch base with current clients.

Alzheimer's Australia NT organised an outing for carers during **Carers week** in October on Duckabout tours, followed by a BBQ lunch in the George Brown Botanic Gardens.

Dementia Awareness Week

The Greek Orthodox Hall at Nightcliff metamorphosed on Thursday 16 September when Alzheimer's Australia NT held its Annual Tea Dance to mark Dementia Awareness Week. The Andrews sisters (aka Jenny Rees and Linda Masters of Hidden Agenda) paid homage to the swing era, performing sensational songs from this grand period. Well over 100 people attended the event, dressed to the nines in line with our Swing theme. We were also entertained by the Groovy Grans, Essington Junior School choir, and the Alzheimer's Australia NT Exercise Group, who performed Strip the Willow.

DAW Events Alice Springs

September was a very busy month for staff in the Alice Springs office as Dementia Awareness Week was marked by two special events. Approximately 24 people attended "Art Day" at the Residency. Painting and lunch was the order of the day – and many of the participants proudly took their artwork home with them. An Alice Plaza display was held in conjunction with NTDBMAS and attracted many enquirers, keen to learn more about issues such as risk reduction and memory loss.

Recreational Therapy Sessions

Sessions this year included Animal Therapy and Creative Therapy, in which professional artists generously gave their time and expertise over six months to enable participation by clients and carers. We thank them for sharing their knowledge and love of the arts with us. Horticultural Therapy commenced in May 2011, following Darwin City Council approval to use a portion of the Nightcliff Community Centre grounds and generous funding from the Dementia Behaviour Advisory Service (DBMAS). We set about creating "Our garden" which is maintained by the Therapy, Stepping Out and Social groups, as well as staff and volunteers.

AlzANT holds Health and Wellbeing and Memory Matters activities on the first and second Friday of each month. Health and Wellbeing is comprised of a guest speaker and relaxation or gentle exercise activities whilst Memory Matters requires participants to complete various puzzles and games. The two hours sessions have become very popular with the general public, with up to 22 participants attending.

The Theatre Project

Alzheimer's Australia NT was the beneficiary of a Dementia Community Grant from the Department of Health & Ageing, in partnership with Corrugated Iron Youth Arts (CIYA).

A portion of this funding allowed Corrugated Iron Youth Arts to facilitate a series of drama workshops for Alzheimer's Australia NT respite group members and people living in residential care facilities in Darwin.



Duckabout Tours, Carers Week



The dance of scarves



Weeding the garden

HOME & COMMUNITY CARE

AlzANT staff delivered a presentation on the successful Theatre Project at the 14th Alzheimer's Australia National Conference held in Brisbane in May 2011.

AlzANT staff also presented a session at the 2nd Annual International Arts and Health Conference. The presentation, "Montessori Principles in Aged Care" described the process of creating a board game in a therapy group and the benefits of this activity.

- Dementia monitoring program; and
- carer support groups.

HACC hours of respite, transport and social support increased in this financial year due to each of our respite groups being full throughout the year, giving us a considerable increase in both respite hours and transport. A key factor in the increased need for Social Support for clients was the waiting period before Community Aged Care Packages and other services could be put in place.



The Stars!

Home and Community Care (HACC) Darwin & Rural

Home and Community Care (HACC) funds the following services in Darwin and the Rural area:

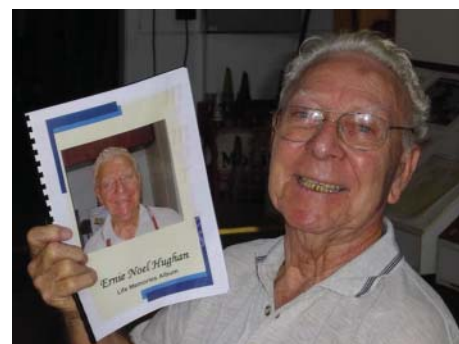
- Day Respite
- Individual counselling and support;
- Transport

Life Memory Albums

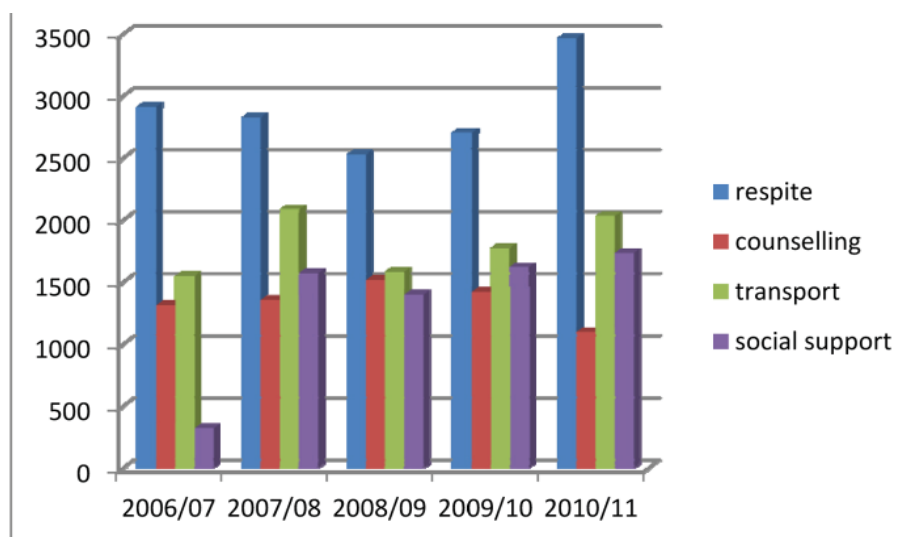
We continued to produce Life Memory Albums for our clients this year, thank you to our generous donors. Life memory albums assist care givers and health workers focus on person centered care through a better understanding of the persons past. Clients enjoy retelling their experiences and sharing memories with family and friends.



Fun and laughter during a performance



Life Memory Albums



HACC funded hours Darwin and Rural 2010-2011

CENTRAL AUSTRALIA & KATHERINE

Home and Community Care (HACC) Central Australia

HACC Central Australia funding provides:

Counselling/Support, Information and Advocacy for clients and carers and client review in Alice Springs and Tennant Creek Centre Based Day Care

Transport

The Healthy Friends group (Centre based day care) visited Lasseter's Casino for morning tea in February and also made a trip to Simpson's Gap for a picnic to take a look at the running creeks and the beautiful countryside after massive rainfalls. A favourite event for the group is coffee and cake at Olive Pink Botanical Garden. The group also enjoyed a day trip to Standley Chasm and Simpsons Gap for a picnic, and Melbourne Cup and Halloween lunches.

AlzANT Alice Springs celebrated Australia

Day with fine Aussie style including sausage rolls and lamingtons and some singing and recitations of Australian poetry.

A Christmas celebration for carers was held at our "new look" office which gave us the opportunity to wish everyone a Happy Christmas and to share lovely food and conversation.

Clients celebrated Christmas with a "bowling morning" followed by lunch at the Alice Springs Dustbowl.

Home and Community Care (HACC) Katherine

The newly received funding for HACC services in Katherine supports:

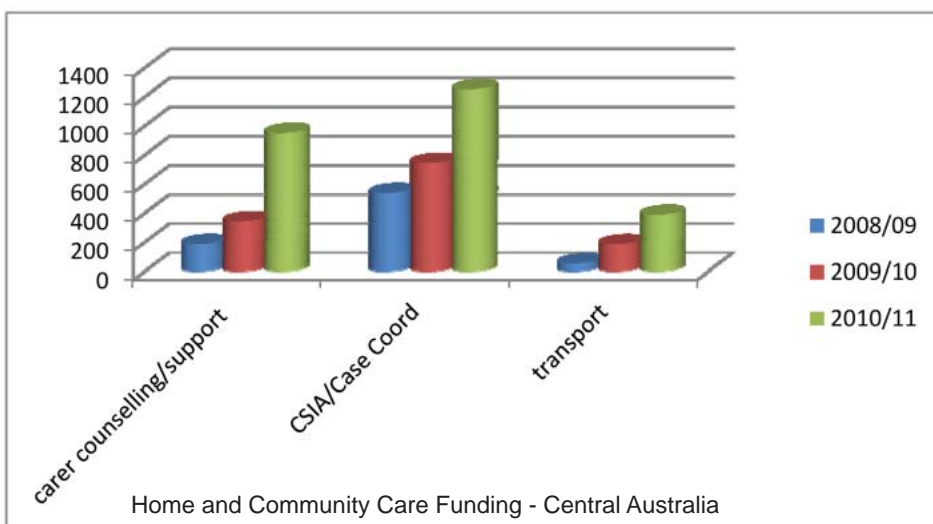
Counselling, support, information, advocacy and case planning

The first visit to Katherine occurred in October 2010 and we have completed 4 visits this financial year.

Alzheimer's Australia NT hosted a free Community Expo in Katherine in June 2011. Thanks to the HACC service set-up funding we were able to showcase aged care, disability and community services provided by Northern Territory community and government organisations and commercial providers of affiliated goods and services. 37 stallholders participated in the Expo.

Stepping Out Group Activities

Special friends of AlzANT, Cindy and Bill Roy, provided the music and entertainment for our Christmas party which was held at the Nightcliff Community Centre. Everyone had a great time singing, dancing and sharing a wonderful Christmas lunch. A compilation of photos of group activities taken throughout the year was played on the "big screen" during the event, resulting in much laughter and reminiscence.



Inaugural visit to Tennant Creek in the new Avensis

Alzheimer's Australia NT has moved into new and exciting programs with the introduction of the P3 and the Charles Darwin University (CDU) contract for the delivery of dementia training in remote areas. At the same time, Education staff continue to provide high quality education services throughout the Northern Territory.

Charles Darwin University Contract

Alzheimer's Australia NT was successful in obtaining a contract from Charles Darwin University (CDU) to provide Dementia training as a unit of the Certificate III in Aged Care to four remote communities in Arnhem Land. The first Community where this education program was delivered was at Galiwinku on Elcho Island. Elcho Island is part of the Wessel Islands off North-East Arnhem Land. Other communities covered by the contract were Gapuwiyak, Beswick, and Ngukurr. This venture into Indigenous communities was very successful with feedback from the Aged Care Coordinators being very encouraging, for example *"It is fantastic that six of our staff were deemed competent during the two training sessions in Galiwin'ku. All the feedback received from our staff was great and I would like you to know that I have noticed a marked improvement in the way our staff deal with clients with dementia and challenging behaviour."*

— Yvonne Sutherland Aged Care Coordinator Galiwin'ku. CDU has indicated an extension to this program in year 2011/12.

Dementia Care Essentials (DCE)

Dementia Care Essentials is a project funded by the Department of Health and

Ageing (DoHA). The project was renewed by DoHA in December 2010 and runs until the end of May 2011.

The project aims to deliver nationally accredited dementia units in both certificate III and certificate IV in Aged Care. All targets set by the DoHA contracts were met, including thirty (30) students who successfully completed the Certificate IV unit, and fifty-five (55) students who completed the Certificate III unit. DCE training was provided in Darwin, Alice Springs, and Katherine.

P3 Tasmania

Alzheimer's Australia NT has commenced providing P3 (Prevent, Plan, Protect) training in collaboration with DBMAS (Dementia behavioural management Advisory Service) and Alzheimer's Australia Tasmania. The P3 is a course to train workers in the management of aggression and behavioural management, particularly for Residential Care Workers. Two courses were presented this year. Four NT staff were trained by Alzheimer's Australia Tasmania to present this course.

"At Risk" Program

Enabled by a supplementary NDSP Grant from the Department of Health and Ageing.

This program provides basic dementia information and risk reduction strategies to a target group of people engaged in drug and alcohol rehabilitation programs in Darwin, Katherine and Alice Springs as well as correctional facilities in both Darwin and Alice Springs.

The monthly visits to the Darwin Correctional Centre to provide presentations on Mind Your Mind and an overview of Dementia have been well received.



Ngukurr CDU class March 2011



Ngukurr CDU class March 2011



Ngukurr CDE class March 2011

Regular presentations on dementia and risk reduction strategies were also made to CAAPS (Council for Aboriginal Alcohol Program Services Inc.) and FORWAARD (Drug & Alcohol Education & Counselling) in Darwin along with Vendale the residential drug and alcohol program in Katherine region, CAAAPU (Central Australian Aboriginal Alcohol Programmes Unit and DASA (Drugs and Alcohol Services) in Alice Springs.

National Dementia Support Program

Funding under the extended National Dementia Support Program (NDSP) has enabled a range of educational presentations made to raise awareness of dementia.

These sessions have included:

- Information sessions to community groups on dementia and brain health;
- Short courses for workers and participant;
- Community Education sessions for the public and for people considered to be at risk;
- Carer Education for family carers and participants;
- Community displays throughout the Darwin, Katherine and Alice Springs regions; and
- Morning tea for Culturally Diverse Seniors



DCE Certificate IV Darwin March 2011



P3 - defensive techniques November 2011



Erin presenting Mind Your Mind

Testimonial A

I would like you to know that I have noticed a marked improvement in the way our staff deal with clients with dementia and challenging behaviour.

For example: one elderly lady with dementia, who I have tried to provide service based respite for two days per week; but her challenging behaviour (running away at the first opportunity, demanding to be taken home every 15 minutes and who slaps herself continually when staff do not do as she requested) is usually taken home at the earliest opportunity; when often coincides with a visit by me to the health clinic or shire main officer. Last week, staff capably managed her behaviour and she stayed for the entire day, which was a fantastic respite break for her family. When I congratulated staff on how well they had managed and how long they had kept her away from her family to give them a break, staff talked about how they better understood what was happening and how importantly it was to keep her busy and occupied and interested in things. Also they talked about taking her for short rides in the car when she insisted on going home, and they brought her back to the service where she was happy to stay for another couple of hours. It is truly rewarding to witness the changes that the training is making!

I would really like the remaining four staff to have the opportunity to complete the Dementia training in the near future, as the number of clients with dementia being diagnosed is increasing. Late March or April would be a suitable time for is, as we have a range of training happening in February and early March.

The log Books have arrived and I have only had a brief moment to look at them,

though I plan to look at them further and discuss them with individual staff next week, before scanning the summary documents for our Human Resources staff to be placed in staff records.

I am pleased that you felt very welcome on your first visit on community. The Yolngu staff at Galiwin'ku are great and Ray's previous relationship on the community, certainly made it easy for both of you to be welcomed 'back' into the Yolngu community. Relationships are very important here, as you would have discovered.

Testimonial B

"I would like you to know that the dementia training is having ongoing effects in our community.

As you are aware (name) attended and satisfactorily completed the Dementia Awareness Training. The training has had a strong impact in (name) as in his clan are a number of men and women who have a had a strong history of alcohol abuse and he is now aware if the impact this has had.

Last week one of his close family members with a history of alcohol abuse had an incident in the Centrelink office, which resulted in him being arrested by police and jailed in Galiwin'ku. When this news was quickly relayed to (name), he independently sought assistance from the Miwatj Mental Health Nurse (name), as (name) was aware that his family member had been from attending Centrelink for a year, and (name) believed he would fall to meet this obligation due to his memory problems.

(name) suggested that they meet with me and together we could develop a

plan to help this family member which we did. (name) was able to negotiate with the Police for the release of his family member, explaining the memory issues and outlining the plan we had developed. I also met with the Centrelink Manager to raise the issues and explained that due to long habits and memory problems from alcohol abuse, the family member would likely continue to access Centrelink on a daily basis, and when he did just politely ask him to go to 'Aged Care' where we would put in place the other aspects of our plan.

However, the Centrelink Manager is feeling insecure about his continued attendance at the Centrelink Office, so tomorrow morning at 8:00 am (name), (name) and myself are attending a meeting at Centrelink to hear their concerns, explain the issues for them, give them some fact sheets on alcohol related brain damage and provide them with some training about effectively dealing with the family member. (Name) is feeling secure in his understanding of dementia and is not unduly stressed, when in prior circumstances this would cause a big argument community disturbance. This is such a positive example of how empowering the training has been and supports the need for a broader community awareness of dementia.

Kind regards

**Yvonne Sutherland
Manager
Aged Care and Disability Service –
Galiwin'ku**

STRATEGIC DIRECTIONS & GUIDING PRINCIPLES

East Arnhem Shire Council

Nearly 270,000 people currently live with dementia in Australia and without a significant breakthrough that is expected to soar to nearly 1,000,000 by 2050. Each week there are 1,500 more people in Australia who need support. Dementia is now the third leading cause of death in Australia after heart disease and stroke. Dementia is fatal and there is no cure. Making dementia a national health priority is vital, if we are to have any hope of being able to provide appropriate services to people with dementia in the future.

The strategic direction of Alzheimer's Australia NT is aligned with the strategic direction of the National organisation. The board of Alzheimer's Australia NT has decided that the strategic plan developed in 2008 is still valid and has adopted it again for five years from 2011 to 2015. Annual business plans reflect the principles contained in the strategic plan and focus on the key priorities identified by the board, staff and consumers for each business year.

The key focus areas and guiding principles are listed below:

Focus

- Advocacy and empowering consumers
- Quality dementia care
- Understanding and awareness of dementia
- Prevention, risk reduction and delayed onset of dementia
- Organisational sustainability

Guiding Principles

People living with dementia, their families and carers have the right to:

- Access high quality support services;
- Access flexible, responsive and timely support services;
- Be treated with dignity, courtesy and respect, to have their feelings validated and their choices and individual beliefs respected; and
- Access services that support both the person with dementia and their families, ensuring that the needs of the person with dementia are the primary focus and priority.

Future Directions

In the period July 2011 to June 2012 Alzheimer's Australia NT plans to:

- Continue strong support for Alice Springs with an emphasis on meeting the needs of the target group identified in the HACC contract
- Continue to focus on quality and continuous improvement to systems in response to issues as they arise;
- Continue to engage in research projects as opportunities arise;
- Continue collaboration with the SANT DTSC to provide tertiary level dementia education;
- Submit an application to become an approved provider this financial year with a view to providing expanded community care support in the future;
- Continue to raise awareness about dementia issues and support available in the NT;
- Collaborate with other dementia service providers to promote comprehensive support for clients;

- Continue to seek funds to expand services and build our asset base. In particular services for people with Younger Onset Dementia, Indigenous communities and people living alone in the community;
- Meet contractual obligations and work with funding bodies to promote good quality services which meet the needs of clients; and
- Diversify the Association's income stream and increase the asset base.

Summary

I would like to thank all of the NT team for their dedication during the year in providing excellent services for people with dementia, their families and carers in the NT. It is truly a pleasure to come to work and find solutions together to the issues that we face from day to day. We look forward to the challenges of the next twelve months.



Ruth Leslie-Rose

November 2011

www.fightdementia.org.au

TREASURER'S REPORT

30 JUNE 2011



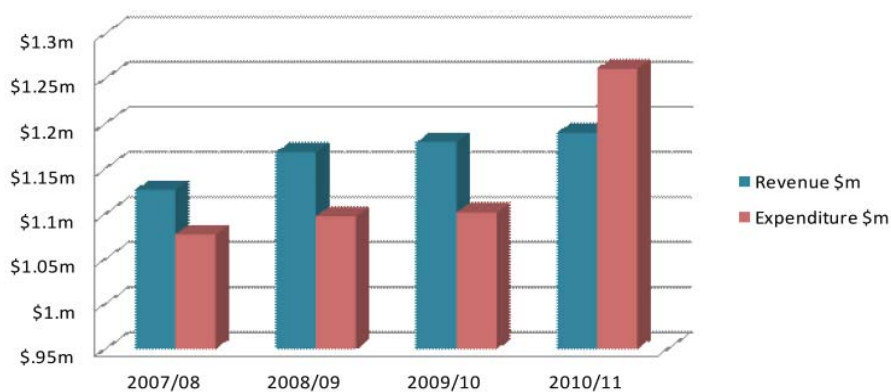
Our Financial Results

Total funding received for the 2010/2011 financial year grew modestly over the previous year due, largely the result of indexation in grant funding and larger than estimated Association source income. Total revenue was 4% above estimate.

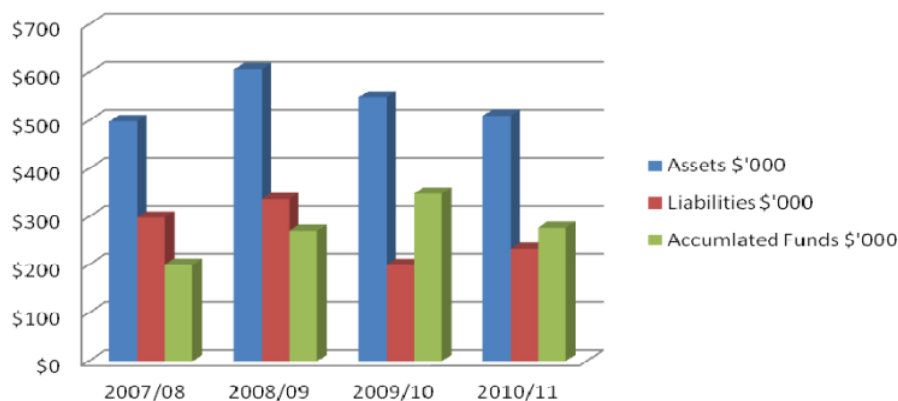
Increased expenditure over the previous year reflects growth in personnel costs flowing from wage increases and temporary increases in staff numbers to facilitate program delivery. Operating costs in total were 1.5% below estimate.

The higher than budgeted income has combined with lower than budgeted expenditure to deliver a significantly

Annual Revenue & Expenditure Comparison



Financial Position 4 year Comparison



better than estimated net deficit for the year. The Association's financial position and liquidity remain sound.

Our Challenges

While own source income again increased on the previous year, the Northern Territory Government, Alzheimer's Australia and the Australian Government remained the major sources of funding for the Association.

The Association's efforts to develop revenue flexibility, including by seeking out new funding sources will continue to be a focus in the coming year. Significant changes to revenue streams are not anticipated during coming year, though new bids will be needed for grants expiring in 2012/2013.

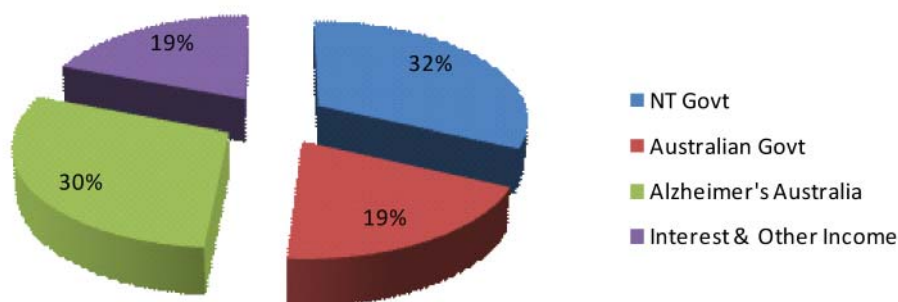
The Association has returned to a

balanced budget for the 2011/2012 period. While the Association anticipates renewal of major funding sources, it is reinforcing planning to address associated forward revenue, expenditure and business risks. Changes to State and Federal funding arrangements are being monitored closely.

The Chief Executive Officer Ruth Leslie-Rose and her team are to be highly commended for their achievements throughout a challenging year and their ongoing dedication to the sound financial management of the Association.

Jacqueline Dowling
Honorary Treasurer
November 2011

Revenue Sources 2010/11



PERSONNEL AT 30 JUNE 2011

Patron

- Dr Valerie Asche AM

Medical Advisor

- Dr Sadhana Mahajani

Board (Management Committee)

Sue Bradley President

National Alzheimer's Australia Board Delegate

Alzheimer's Australia Research Delegate

- Claire Bell Vice President
- Jacqueline Dowling Honorary Treasurer
- Elizabeth Furlonger Secretary/Public officer
- Judith Buckley Director
- Julie Nicholson Director
- Dr Sadhana Mahajani Director
- Ruth Leslie-Rose Chief Executive Officer

Staff

- Ray Norman Manager Education Services
- Anne Pike Manager Support Services NT
- Kylie Beard Manager Finance
- Teresa Smithson Family Support Coordinator
- Susan Williams Early Stage Coordinator
- Jane Dear Stepping Out Officer
- Rod Scarr Stepping Out Assistant
- Annette Koch Family Support Officer
- Marsha Murray Education Officer
- Tania Nash Executive Assistant/Communications
- Wendy De Souza Support Officer Alice Springs



Attendees from the NT at the 14th Alzheimer's Australia National Conference in Brisbane

ACKNOWLEDGEMENTS

We would like to acknowledge and thank our funding bodies, sponsors and supporters including:

- Marie Gray
- Australian Government - Department of Health and Ageing;
- Northern Territory Government - Department of Health and Community Services and Community Benefit Fund;
- Pfizer - Dementia Awareness Week;
- Northern Territory Police - in kind support for the Safe Return Program in Darwin, Alice Springs and Katherine;
- Frontier Services and NT DBMAS - various partnerships support;
- Territory FM – monthly radio information broadcasts;
- Curby's Trophies - engraving of Safe Return Bracelets;
- Merit Partners
- Carla Furnishers and Paspaley Pearls
- Extreme Garden Care, Darwin Blues and Roots Club and Dreamedia
- The Roma Bar
- Bakers Delight Darwin
- Penny's Fancy Dress
- Jenny's Orchid Garden
- Sam McQuillan
- Rotary
- Acacia Hills Farm
- SKAL
- Darwin Airport Resort and SkyCity Darwin
- Finnis River Charity Picnic Day Races
- Amin Islam
- Mason Art Gallery
- National Seniors
- Burnett House for supporting the annual morning tea;
- Claire Bell and AA&P for generous marketing support and assistance during the year; and

We also acknowledge and thank;

- Our Patron Dr Valerie Asche;
- Local politicians who have allowed us to use their community rooms for Stepping Out Groups;
- All volunteers involved in our work, especially Gary Casey, Chris Nolan, Doreen Walsh, Chor Sung Neill, James Harte, Kerone Byrne, Norma Sutcliff, John Flynn, Lorraine Martin, Jean Foxon, Maria Richter, Eve White, Susan O'Meara, Rosemary Valle, Grace Finteln, Robin Sanchez-Arlt, Ken Watson and Helen Gabel.
- As well as, all guest speakers who have passed on their skills and knowledge during our education courses, Carers Support Groups and Living with Memory Loss Groups. We apologise if we have missed anyone in this list, we truly appreciate your help.

APPENDICES

1. Audited Financial Statements at 30 June 2011

ALZHEIMER'S AUSTRALIA NT INCORPORATED

ABN 34 030 043 531

SPECIAL PURPOSE FINANCIAL REPORT

FOR THE YEAR ENDED 30 JUNE 2011

ALZHEIMER'S AUSTRALIA NT INCORPORATED
SPECIAL PURPOSE FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2011

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Independent auditor's report to the members of Alzheimer's Australia NT Incorporated

We have audited the accompanying financial report, being a special purpose financial report, of Alzheimer's Australia NT Incorporated (the "Association"), which comprises the balance sheet as at 30 June 2011, and the income statement, a summary of significant accounting policies, other explanatory notes and the Board's statement.

The Responsibility of the Board for the Financial Report

The Board of the Association is responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies described in Note 1 to the financial statements which form part of the financial report are appropriate to meet the financial reporting requirements of the Associations Act and are appropriate to meet the needs of the members. The Board's responsibility also includes establishing and maintaining internal controls relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances. These policies do not require the application of all Accounting Standards and other mandatory financial reporting requirements in Australia.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Board, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of the Australian professional accounting bodies.

Auditor's Opinion

In our opinion, the financial report presents fairly, in all material respects, the financial position of Alzheimer's Australia NT Incorporated as of 30 June 2010 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements and the requirements of the Associations Act.

Restriction on Distribution

The financial report has been prepared for distribution to members for the purpose of fulfilling the Board's financial reporting requirements under the Associations Act Northern Territory. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.



Merit Partners



Aminul Islam
Director

Darwin

Date: 22 September 2011

ALZHEIMER'S ASSOCIATION NT INCORPORATED

STATEMENT BY BOARD MEMBERS FOR THE YEAR ENDED 30 JUNE 2011

In our opinion –

(a) the accompanying financial report as set out on pages 6 to 11, being a special purpose financial statement, is drawn up so as to present fairly the state of affairs of the Association as at 30 June 2011 and the results of the Association for the year ended on that date.

(b) the accounts of the Association have been properly prepared and are in accordance with the books of account of the Association; and

(c) there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

We confirm as follows:

(a) The names of each board member of the association during the relevant financial year were:


Sue Bradley(President), Claire Bell (Vice President), Jacqueline Dowling (Treasurer), Elizabeth Furlonger (Secretary & Public Officer), Judith Buckley, Julie Nicholson, Dr Sadhana Mahajani, Ruth Leslie-Rose (Chief Executive Officer).


(b) The principal activities of the Association during the relevant financial year were the provision of education, training and services to people living with dementia. There were no changes to the principle activities since last financial year.

(c) The net deficit of the Association for the financial year was - \$71,277 (2010 surplus: \$77,699).

Signed in Darwin, for and on behalf of, the Management Committee on

/ /


CEO


Treasurer

The accompanying notes form part of the financial report.
This report is to be read in conjunction with the attached audit report.

ALZHEIMER'S AUSTRALIA NT INCORPORATED**BALANCE SHEET****AS AT 30 JUNE 2011**

	Notes	2011 \$	2010 \$
<u>CURRENT ASSETS</u>			
Cash and Cash Equivalents	2	414,078	402,234
Trade and Other Receivables	3	19,677	63,965
Prepayments	4	35,956	18,727
Total Current Assets		469,711	484,926
<u>NON-CURRENT ASSETS</u>			
Property, Plant and Equipment	5	40,673	63,573
Total Non-Current Assets		40,673	63,573
Total Assets		510,384	548,499
<u>CURRENT LIABILITIES</u>			
Trade and Other Payables	6	137,060	85,579
Provisions	7	56,505	42,414
Unexpended Grants/Grants In Advance	8	-	48,555
Total Current Liabilities		193,565	176,548
<u>NON-CURRENT LIABILITIES</u>			
Provisions	7	39,423	23,278
Total Non-Current Liabilities		39,423	23,278
Total Liabilities		232,988	199,826
<u>NET ASSETS</u>		277,396	348,673
<u>ACCUMULATED FUNDS</u>			
Retained Profits at beginning of year		348,673	270,974
Net (Defecit) Surplus		(71,277)	77,699
<u>TOTAL ACCUMULATED FUNDS</u>		277,396	348,673

The accompanying notes form part of these financial statements.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

STATEMENT OF INCOME

FOR THE YEAR ENDED 30 JUNE 2011

	Notes	2011 \$	2010 \$
Revenue			
- Grant Income		995,668	1,028,376
- Other Income		194,171	151,373
Expenses			
- Personnel Costs		(876,439)	(742,585)
- Depreciation		(22,900)	(39,665)
- Motor Vehicle and Travel		(87,239)	(61,814)
- Occupancy costs		(51,322)	(47,228)
- Other Expenses		(223,216)	(210,758)
Net Result Before Income Tax		<u>(71,277)</u>	<u>77,699</u>
Income Tax		-	-
Net Result After Income Tax		<u><u>(71,277)</u></u>	<u><u>77,699</u></u>

The accompanying notes form part of these financial statements.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2011

NOTE 1. STATEMENT OF ACCOUNTING POLICIES

The accounting policies adopted by the Association are stated in order to assist in a general understanding of the financial statements. These policies have been consistently applied except as otherwise indicated.

(a) Reporting Entity

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Association's constitution and the Associations Act Northern Territory. The Committee has determined the Association is not a reporting entity, as it is their opinion, there are unlikely to exist users who are unable to command the preparation of reports tailored so as to satisfy all of their information needs.

(b) Accounting Policies

The financial report has been prepared on a modified accruals basis, is based on historical cost conventions and does not take into account changing money values or, except where stated, current valuations of non-current assets.

Unless otherwise stated the accounting policies adopted by Alzheimer's Australia NT Incorporated are consistent with those adopted in the previous financial year.

(c) Property, Plant & Equipment

Cost or valuation

Property, plant and equipment are carried at cost.

Depreciation

Depreciation is provided on the prime cost basis on all property, plant and equipment. All assets are depreciated over their estimated useful lives. Depreciation Rates applied are:

<u>Asset Class</u>	<u>Useful Life (Yrs)</u>	<u>Depn Rate (%)</u>
Plant & Equipment	2.5 - 5	20% - 40%
Motor Vehicles	5	20%
Leasehold Improvements	5	20%

(d) Government grants

Grant income is recognised in the Statement of Income in the periods in which the relevant expenditure for which the grants are intended, is incurred; and is not recognised until related contractual conditions have been complied with.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2011 (CONT.)**

NOTE 1. STATEMENT OF ACCOUNTING POLICIES (CONT.)

Grants received for the purchase of property, plant and equipment are brought to account as a liability under the heading "Deferred Grant Income". The amount of these grants is brought to account as income over the useful life of the property, plant and equipment purchased with the grant. The amount brought to account as income is the same as the amount brought to account as a depreciation expense for those items.

(e) Employee Entitlements

Amounts expected to be paid to employees in respect of their pro-rata entitlements to annual leave and long service leave are accrued annually in accordance with award, statutory and contractual requirements.

(f) Redundancy provision

A Provision for redundancy has been made with respect to obligation to employees that would crystalize in the event that all grant funded programs were discontinued.

(g) Going Concern

The future operations of Alzheimer's Australia NT Incorporated are dependant upon adequate future funding from relevant funding bodies to enable the Association to pay its debts as and when they fall due.

(h) Income Tax

Alzheimer's Australia NT Incorporated has been endorsed by Australian Taxation Office for GST concession and FBT exemption from 1 July 2005 and Income tax exemption from 1 July 2000.

(i) Goods and Services Tax

Revenues, expenses and assets are recognised net of the amount of GST. Receivables and payables are recognised inclusive of GST. The net amount of GST recoverable from, or payable to, the taxation authority is included as part of the receivables or payables.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2011 (CONT.)**

	2011 \$	2010 \$
<u>NOTE 2: CASH AND CASH EQUIVALENTS</u>		
Bendigo Bank 4992	251,521	283,600
Bendigo Deductible Gifts 8709	65,327	35,785
Capital Sinking Fund	85,454	81,832
Undeposited Funds	10,783	-
Petty Cash - DMCC- DMP	250	270
Petty Cash - Darwin Office	193	197
Petty Cash-Healthy Friends A/S	100	100
Petty Cash - Stepping Out	450	450
Total Cash and Cash Equivalents	<u>414,078</u>	<u>402,234</u>

NOTE 3: TRADE AND OTHER RECEIVABLES

Receivables	19,677	62,184
Credit card - Bendigo Bank	-	1,781
	<u>19,677</u>	<u>63,965</u>

NOTE 4: OTHER CURRENT ASSETS

Prepayments	14,355	18,010
Accrued Income	21,601	717
Total Other Current Assets	<u>35,956</u>	<u>18,727</u>

NOTE 5: PROPERTY, PLANT AND EQUIPMENT

Office Equipment - at cost	129,594	129,594
Less: Accumulated Depreciation	<u>(119,250)</u>	<u>(109,666)</u>
Total Office Equipment	10,344	19,928
Motor Vehicle - at cost	143,602	143,602
Less: Accumulated Depreciation	<u>(116,738)</u>	<u>(107,618)</u>
Total Motor Vehicles	26,864	35,984
Leasehold Improvements - at cost	34,701	34,701
Less: Accumulated Depreciation	<u>(31,236)</u>	<u>(27,040)</u>
Total Leasehold Improvements	3,465	7,661
Total Property, Plant and Equipment	<u>40,673</u>	<u>63,573</u>

ALZHEIMER'S AUSTRALIA NT INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2011 (CONT.)**

	2011 \$	2010 \$
<u>NOTE 6: TRADE AND OTHER PAYABLES</u>		
Trade Creditors	13,272	24,380
Accrued Expenses	44,065	35,885
Credit card - Bendigo Bank	6,252	-
PAYG Payable	6,700	6,358
Net GST Payable	19,372	18,956
Deferred Grant income	8,300	1,611
Unearned Revenue	24,562	-
Superannuation Payable	14,537	-
Total Trade and Other Payables	<u>137,060</u>	<u>87,190</u>

NOTE 7: PROVISIONS

Current

Annual Leave	<u>56,505</u>	<u>40,803</u>
Total Current Provisions	<u>56,505</u>	<u>40,803</u>

Non-current

Redundancy	<u>39,423</u>	<u>23,278</u>
Total non-current provisions	<u>39,423</u>	<u>23,278</u>

NOTE 8: UNEXPENDED GRANTS/GRANTS IN ADVANCE

NT Government Grants

HACC - Darwin		
HACC - Alice Springs		
Small Grants	<u>-</u>	<u>3,555</u>
	<u>-</u>	<u>3,555</u>

Department of Health & Aging

Dementia Care Essentials	<u>-</u>	<u>-</u>
Dementia Community Grant	<u>-</u>	<u>45,000</u>
	<u>-</u>	<u>45,000</u>
Total Unexpended Grants/Grants In Advance	<u>-</u>	<u>48,555</u>