

ALZHEIMER'S AUSTRALIA
NORTHERN TERRITORY
ANNUAL REPORT
2012 / 2013

FIGHT ALZHEIMER'S
SAVE AUSTRALIA
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P: (08) 8948 5228

CEO: Ruth Leslie-Rose

3/18 Bauhinia Street, Nightcliff NT 0810
PO Box 515, Nightcliff NT 0814
F: (08) 8948 5229

nt.admin.d@alzheimers.org.au
www.fightdementia.org.au

National Dementia Helpline: 1800 100 500

An Australian Government Initiative

PRESIDENT'S REPORT



Our Vision...

A society committed to the prevention of dementia while valuing and supporting people living with dementia

You will see in this Report that Alzheimer's Australia Northern Territory (NT) has had a busy and productive 2012/2013. Each page highlights the great connection the organisation has with the NT community in its provision of service, activities, projects and education.

National progress in the fight against dementia included the disease being recognised as a national health priority by the Federal government this past August, giving it the focus and priority it deserves across the health and aged care systems. In May a Senate Inquiry on the *Care and management of Australians living with dementia and behavioural psychological symptoms of dementia* made seven very powerful recommendations that included ensuring all health care workers in the aged care sector have appropriate training and that systems are introduced to reduce unnecessary hospitalisation of people with dementia. Generally the year

further clarified that to have a world without dementia requires an even greater emphasis on research.

In the NT, Dementia Awareness week provided a forum for the launch of *Your Brain Matters* and motivating talks by Dr Serge Gauthier to local healthcare providers and the wider community on the present and future state of dementia diagnoses, treatment and research. Nothing however could outshine the fun, singing, laughter and spirit of the Annual Tea Dance.

Ita Buttrose, President of the National Board for Alzheimer's Australia and current Australian of the Year, visited the NT, raising awareness about dementia in the community at a Darwin brunch and a formal fundraising dinner.

Promoting Your Brain Matters healthy ageing strategies to Indigenous Australians was a focus of the year with an NT local artist, Ben Graetz working on this as a national project.

Nicole O'Connor, Alzheimer's Australia NT Support Service Coordinator in Alice Springs presented reflections on her experience in delivering culturally specific brain health and dementia education for Indigenous people in Aranda country at the 2013 Alzheimer's Australia Conference in Hobart and in the wider media. Work was also done during the year with specialists at the NT Department of Health to better establish the burden of dementia in the NT and specifically in the Indigenous population.

While less common than late onset dementia, younger onset dementia (YOD) is associated with higher levels of burden with substantial personal, social and medical costs. This group now have a Younger Onset Dementia Key Worker and carer support group in the NT.

In June we were treated to the inspiring and all-encompassing talks on models of dementia care and how we

might do it better, by visiting Professor Julian Hughes. He touched on all levels of society –and levels of care – to give examples of what might be done.

Along with others honoured this year, our own Dr Sadhana Mahajani, Alzheimer's Australia NT Medical Advisor is Senior Territorian of the year and Glenn Rees long-serving, dedicated and industrious national CEO of Alzheimer's Australia was made a Member of the Order of Australia.

There are 8 very competent and committed board members serving Alzheimer's Australia NT. Their dedication and talent need to be commended.

The staff at Alzheimer's Australia NT are a gifted, experienced and extremely devoted group and deserve our praise and thanks. Likewise sincere gratitude is extended to our generous and hardworking volunteers, our Dementia Champions, our Patron, Dr Valerie Ashe, our Ambassadors, Clare Martin and Katrina Fong-Lim, to all our funding bodies, sponsors and dedicated supporters within the community.

Dr. Vicki Krause
President
October 2013

CHIEF EXECUTIVE OFFICER'S REPORT

This Annual Report will provide information to our members and other stakeholders about our activities, and will:

- describe achievements and challenges during the year;
- outline future directions; and
- summarise progress.

Quality

Alzheimer's Australia NT values the commitment of staff to the maintenance of a high quality service. Policies and procedures are updated in response to identified need and a culture of safety is maintained. Feedback is recorded in staff meetings and risk is identified and addressed. Information material and the library have been updated.

Alice Springs

The Alice Springs service has continued to flourish and Nicole O'Connor has been joined by Katherine Henley.

A Younger Onset Dementia key worker service commenced. Nicole has taken on this role and Katherine is providing day respite support. Nicole attended the Alzheimer's Australia National Conference in Tasmania in May and gave a presentation on some of her work in Central Australia.

Research

Support for research has been provided through a major donation sent to the Alzheimer's Australia Dementia Research Foundation. Work on the NT dementia burden of disease has commenced within the NT Health Department and will be published in due course.

SA NT Dementia Training Study Centre (SA NT DTSC)

The SA NT DTSC is tasked with delivering ongoing professional

development at a post graduate level to health care professionals in the Northern Territory.

During this reporting period, Alzheimer's Australia NT and the SA NT DTSC collaborated to deliver several information sessions: Younger Onset Dementia workshops in March for health professionals in Alice Springs and Darwin; Creative Basics workshops in Darwin and Alice Springs in March; managing pain in Darwin at the end of March and international presenter, Michelle Bourgeois, speaking on non-verbal communication with people with dementia in early April.

Community Aged Care Packages

The first opportunity to apply to the Aged Care Approvals Round was presented in late 2012. An application was submitted to deliver low level community aged care packages. The application was unsuccessful. Feedback will be sought about the unsuccessful application and a further application may be considered in the next funding round.

Awareness

The Australian theme for Dementia Awareness Week (DAW) 2012 was healthy ageing and was held from the 21st to the 28th of September. The week was marked by: a newspaper advertorial coverage; radio interviews; the 6th Tea Dance in Darwin and, Prof Serge Gauthier speaking at the Grand Rounds at Royal Darwin Hospital. Your Brain Matters was launched in Alice Springs in partnership with Alice Springs Town Council.

Alzheimer's Australia NT displayed banners over major roads in Palmerston, and Darwin and on the Alice Springs Hospital fence during Dementia Awareness Week 2012.

Professor Serge Gauthier MD, FRCPC from the McGill Centre for Studies in



Our Mission...
To provide quality dementia services and leadership in advocacy, policy and research

Ageing in Montreal, Canada visited Darwin as part of a national speaking tour for Dementia Awareness Week.

Professor Gauthier gave a very well received presentation at the Royal Darwin Hospital Grand Rounds on the 24 September 2012.

The topic was setting up dementia prevention strategies and the possibility of modifying the disease progression in people affected.

The Australian Woman of the Year Awards Association held their annual luncheon in October in Darwin in 2012 and supported Alzheimer's Australia NT as part of their major fundraising initiative. Alzheimer's Australia National Ambassador, Sue Pieters Hawke and NT Ambassador, Clare Martin were key speakers at the event, which was well attended and raised

awareness within the Darwin community about the issues affecting people touched by dementia.

Colleen Cartwright, Foundation Professor of Aged Services at Southern Cross University in NSW returned to Darwin on the 22nd of October 2012 and held seminars on planning for end of life and advance care directives.

Alzheimer's Australia NT was proud to support local playwright Kate Wyvill and the production of her play Marbles, which explores how one family deals with internal relationships when they are touched by dementia. Marbles premiered in Darwin at Brown's Mart in November 2012, and was inspired by Kate's personal experiences with her father.

Valentine's Day 2013 was celebrated once again in Darwin with a display at Casuarina Square where we invited people to hang a favourite memory on our six foot memory tree. The tree, which began the day with bare branches, was festooned with memory leaves by the end of the day.

The 21 Day challenge to take positive steps to support brain health ran from the 11 – 31 March 2013 and was launched in Darwin by Lord Mayor and Alzheimer's Australia NT Ambassador, Katrina Fong Lim.

Alzheimer's Australia NT promoted its services at the Lifeline Expo at the Darwin Convention Centre in March 2013.

Professor Julian Hughes, Consultant in old age psychiatry from the UK gave a thought provoking presentation to the Royal Darwin Hospital Grand Rounds on models of dementia care, as part of a national speaking tour sponsored by Alzheimer's Australia and Bupa on the 24th of June 2013. A lively discussion followed his lecture which was positively received.

Territory FM radio continued to assist

Alzheimer's Australia NT increase awareness about dementia in the Northern Territory by providing regular broadcast spots and playing community service announcements. Their support is valued and appreciated. Discussing issues assists in reducing the stigma surrounding dementia, which in turn reduces the social isolation experienced by many people.

YOD

Younger Onset Dementia Key Worker block funding for three years was provided by the Department of Health and Ageing towards the end of the financial year. The key outcome required by the 30th of June was the appointment of one full time equivalent key worker for the NT. A decision was made to create two part-time roles so that coverage was in place for Northern and Central Australia. Two existing, skilled, staff members took on the key worker roles and two new workers were recruited to backfill. Training is occurring at a national level to further equip the two NT key workers for their new responsibilities.

End of life planning

Professor Colleen Cartwright visited Darwin in October 2012 and delivered two seminars on planning for end of life, including legal issues, as part of a national tour of Australia. The NT does not currently have legislation to facilitate advance directives or appointing an alternate decision maker at the time of writing this report. The NT Government has released draft legislation for comment and has stated that they hope that legislation will be enacted in October 2013.

Timely diagnosis

Alzheimer's Australia NT has been fortunate in being able to facilitate National and International speakers at the Royal Darwin Hospital Grand Rounds. Prof Serge Gauthier spoke on the 24th

of September on making the connections to brain health, Professor Ashley Bush spoke at Charles Darwin University on the 29th of October about the relevance of Alzheimer's disease to the Northern Territory and Professor Julian Hughes spoke at the Royal Darwin Hospital Grand Rounds on improving models of dementia care.

We thank Professor Bart Currie for his assistance in accessing the Grand Rounds. They are well attended by specialists, students and allied health professionals from across all disciplines in the hospital.

Medicare Local also assists by advertising events like these to their membership, which includes General Practitioners, Nurses and Allied Health Professionals.

Improve support for rural and remote residents

HACC funding is provided to support Katherine and Tennant Creek. The Younger Onset Dementia Key Worker funding provided money for a part time additional worker in Alice Springs as well as a small travel budget to assist key workers to travel with the Memory Clinic where appropriate.

Links with other chronic disease support organisations

The World Health Organisation has recognised the diseases that cause dementia as chronic and there is emerging evidence that lifestyle factors may play a role in dementia. The Fight Dementia campaign was supported in the NT and links with the National Heart Foundation Walking program have commenced.

Collaboration

The NT Dementia Framework Reference Group is a valuable network group with representatives across the sector.

Alzheimer's Australia is an organisation member of the Australian Association of Gerontology. A close working relationship continues with members of the Aged Care Assessment Team and NT Dementia Behaviour Management Advisory Service. Closer collaboration is occurring with Carers NT and a joint funding application to increase respite options for people with dementia at Wulagi House in Darwin was successful.

Additional revenue

John and Patricia Robinson held a fund-raising dinner for 26 guests at their home, affectionately known as the Whitehouse, in March 2013. National President Ms Ita Buttrose attended as guest of honour.

We are deeply grateful to the Robinson's for their generosity and leadership in the Darwin community. These events also assist with reducing the stigma that surrounds dementia.

The Education team continued to provide education support to Charles Darwin University by travelling to communities and providing Nationally Accredited Training.

The team also provided P3 aged care personal safety training to Royal Darwin Hospital health care staff.

Funding submissions to the Northern Territory Government were successful during the year supporting the Tea Dance and Seniors Month activities. Other funding submissions were made as opportunities arose during the year.



Alzheimer's Australia NT staff at the Palmerston Golf Club - Australia Day Charity day



John and Trish Robinson with Alzheimer's Australia President Ita Buttrose



The AA&P Team at the Palmerston Golf Club - Australia Day Charity day



Ray Norman with Champion Jack Cranwell and Ambassador Clare Martin

SUPPORT SERVICES

Alzheimer's Australia NT Support Services is funded through **Australian Government National Dementia Support Program (NDSP)** and **Department of Health and Aging Home and Community Care (HACC)** funding.

NDSP funds enable the following services to be provided:

- National Dementia Helpline;
- counselling and support;
- early intervention strategies, including the Living with Memory Loss Program
- specialised dementia library;
- social, recreational and therapeutic activities through the Dementia and Memory Community Centres(DMCC) and;
- public awareness raising activities such as our Health and Wellbeing workshops.

HACC funds enable the following services to be provided in Darwin:

- social support;
- respite, dementia monitoring ;
- counselling, information, advocacy and support, and
- transport

HACC funds enable the following services to be provided in Katherine and Alice Springs:

- care-coordination
- centre based day care
- counselling, information, advocacy and support, and
- transport

Support Services Groups

Monday	Tuesday	Wednesday	Thursday	Friday (monthly)
Darwin Stepping Out	Palmerston Stepping Out	Exercise Group	Darwin Stepping Out	1 st Friday - Health and Wellbeing
	2 nd Tuesday Younger onset Dementia Carers Support Group	Dementia Monitoring	2nd Thursday - Carers Support group	2 nd Friday - Memory Matters
	Alice Springs - 2nd Tuesday Carers Support Group	Alice Springs - Stepping Out		3 rd Friday - Activity Group
				4 th Friday - Social Group

Alice Springs Highlights

Intergenerational Memory Tour

The Alice Springs service was successful in the application for a Community Grant from the Alice Springs Town Council to hold an Intergenerational Memory Tour. The event involved clients and school students who visited local heritage sites of Alice Springs as a form of living reminiscence. Together they shared past memories and learnt from each other's life experiences. The tour was very successful and enjoyed by all.

Dementia Awareness Week

The Support Services Co-ordinator teamed up with the Alice Springs Town Council Healthy Communities program to host a Healthy Ageing day to launch Your Brain Matters and to introduce members of the public to brain and heart healthy activities. This was a fantastic forum for community awareness and highlighted the collaboration that is undertaken within the service to reach the target audience.



Music at Hermannsberg



Intergenerational Memory Tour

Hermannsburg Project

The Support Services Co-ordinator visited Hermannsburg with ACAT and the memory clinic and provided a Brain Health Afternoon for the community with a healthy lunch, music and brain health information. The afternoon was well attended by memory clinic clients and their families. Nicole O'Connor presented this project at the Alzheimer's Australia National Conference in May 2013 and the project will be published later this year in the Australian Journal of Dementia Care. The afternoon was well attended by memory clinic clients and their families.

Transition Support

This year there have been good client outcomes, in particular two clients being supported to attend regularly at McNair House day respite centre. This transition involved a lot of support for their families and working closely with McNair House staff. Both clients now attend the service 5 days a week which in one case has postponed the need for permanent care.

Darwin Highlights

Essington School Intergenerational Program

The Monday Stepping Out Group visited the Essington School Long Day Care Centre to meet with the "Wombats" group. The session included craft activities, singing, and performing nursery rhymes. The level of engagement by both the clients and the children was amazing with one client suddenly standing up and singing an old song from her own childhood.

This is the start of an intergenerational program that will enable further visits to the school and in turn, involve the children visiting the Dementia and Memory Community Centre.

Garden Art Frame Project

A number of the groups participated in this project including Stepping Out, Exercise Group and the Art Activity Group.

The sessions were very hands on with a visiting carpenter helping clients to nail the frame and mesh together. This project brought together both males and females in the groups with moments of engagement by both.

The finished product won a first prize at the Royal Darwin Show, section: Horticulture, A Garden item – must last about 12 months.

The Frame now hangs in the Garden of Memories where everyone who visits the garden can enjoy it.

All participants received thank you acknowledgments with a copy of the 1st prize certificate, photo and chocolates.

Allora Gardens

Estelle at Allora Gardens hosted a musical morning tea for the Stepping Out Group set amongst the many local plants and ornaments of this tropical garden setting. The group enjoyed a sing-along, accordion playing and hands on experience on the Lager Phone.

The day unleashed everyone's senses, including others who visited the centre during the session.

Wongabilla Police Horse Stables

This activity is always a huge success with many of the group reflecting on memories of growing up and working on the stations. The group enjoy patting and feeding the horses whilst watching young riders learn to ride.

A member of the group was interviewed by NT News sharing his life experiences out on the stations including croc and



Dementia Awareness Week in Alice Springs



An afternoon at Hermannsburg



Garden Art Frames



Garden Art Frames

buffalo adventures. Kezia Purick, Country Liberal Party member of the Northern Territory Legislative Assembly joined the group for the day.

Bunnings Monthly Craft Sessions

This is another fantastic example of building relationships and awareness with local businesses in Darwin. Bunnings' hosts a monthly craft session for the Tuesday Palmerston Stepping Out Group.

The projects are enjoyable and provide opportunity for learning new skills. Recently the group designed a Mosaic Tile with Jodie. They would look great in any garden!

Student Placement Program

Support Services has supported nursing students and Cert III CDU Aged Care student placements this year. Alzheimer's Australia NT, through this program, aims to provide a positive experience and exposure to community dementia care whilst meeting the learning outcomes of the students. "It was just so good working with people with dementia, watching, listening and learning".

Volunteers

Without the wonderful support and assistance of our volunteers many of Alzheimer's Australia NT's activities would not be possible.

Alzheimer's Australia NT would like to thank those who have contributed throughout the year and recognises the skill and experiences that volunteers bring to the organisation. We seek to build on this great resource into the future.

Quality Review

Alzheimer's Australia NT, through Home and Community Care (HACC) Transitional Funding, completed an Alzheimer's Australia NT Commonwealth Community Care Common Standards (CCCS) self-audit, creating a quality improvement plan, and entered data onto the recently purchased Standards and Performance Pathways (SPP) IT system.

The SPP system is able to: assess the organisation's performance; generate and print work plans to ensure compliance with CCCS; upload supporting evidence documentation and track the organisation's progress against industry benchmarks.

In summary, the semi-audit identified three assessments requiring further attention for which work plans have been developed. The work plans are currently being actioned with a target date of 31 December 2013 for completion.

It is considered Alzheimer's Australia NT is in a good position to provide quality results when the DoHA HACC review occurs at a date yet to be advised. To date SPP results score AlzANT at 99% complete in relation to CCCS compliance.

Through this funding, new HACC brochures, visual media and posters were also developed.

New Projects and Future Directions

Music Therapy for People with Dementia

This Alzheimer's Australia NT Pilot Project is being implemented by Gucki Reissenberger registered MusicTherapist, with the aim of increasing the quality of life for people with dementia. The project will be completed by end of July 2013.



Wongabilla Police horse Stables



Wongabilla Police horse Stables



Bunnings Craft Sessions



Bunnings Craft Sessions

Heart Foundation Walking Active Body Active Brain pilot

Alzheimer's Australia NT Stepping Out Groups will be participating in the Heart Foundation program.

The aim is to improve quality of life of those participants through symptom reduction and having fun and meeting others.

Wulagi House Program

A new program was commenced under the National Respite for Carers Program (NRCP) Expansion funding.

Carers NT are the lead agency in collaboration with Alzheimer's Australia NT.

The program provides a Flexible Respite Service to those Carers that fall outside the existing guidelines, e.g. non-working Carers.

The program provides transitional support with an ability to provide overnight respite in the person's own home or at Carers NT Wulagi House if required.

Younger Onset Dementia Key Worker Program

The Younger Onset Dementia Key Worker Program is a National Alzheimer's Australia Program funded by the Australian Department of Health and Ageing, under the Living Longer Living Better aged care reform package.

A Key Worker acts as a primary point of contact for a person with younger onset dementia, their carers and families to provide individualised information, support, counselling, advice and service planning. The program commences on the 1st July 2013.



Bunnings Craft Sessions



Alzheimer's Australia NT Choir at the Annual Tea Dance



Bunnings Craft Sessions



Alzheimer's Australia NT Annual Tea Dance



Clients and staff at Wongabilla Police horse Stables



Wongabilla Police horse Stables

EDUCATION SERVICES

Alzheimer's Australia NT has continued to provide quality education services to diverse population groups across a large geographic area. Dementia Care Essentials (DCE) Certificate III and IV accredited courses, National Dementia Support Program (NDSP) – Building Capacity in Dementia Care (BCDC) events, courses and programs, Service Access Liaison Officers presentations, and commitments in remote communities for Charles Darwin University have been the main priorities.

Dementia Care Essentials (DCE)

In compliance with an ongoing funding agreement between Alzheimer's Australia NT (AlzANT) and the Department of Health and Aging (DoHA), Education Services provided DCE III and IV training to participants in suburban and regional communities across the NT. Due to funding constraints, courses were limited to Darwin, Katherine and Alice Springs as travel and accommodation costs incurred attending remote communities is prohibitive. Competition from a growing number of education providers is having an impact on the number of participants attending AlzANT courses with the consequence that more courses were conducted to achieve the funded target. At the completion of the 2012-2013 financial year the target of 80 participants had been achieved.

National Dementia Support Program (NDSP)

NDSP is ongoing DoHA funding for a broad range of education programs to raise awareness of dementia and related issues, including risk reduction. The range of programs includes: carer education information sessions, non-accredited training, and community displays and presentations. Targets are identified by DoHA and for the 2012-2013 fiscal year all targets were satisfactorily achieved. In programs that were deficient in overall numbers, other programs were strong and

served to supplement shortfalls.

Carer Education

Carer Education is a program that provides education and information to families, carers and interested friends.

Information Sessions

Information on dementia and related issues is provided to the general public, community groups, and organisations to raise awareness of the incidence and effects of dementia and the benefits of a healthy lifestyle.

Non-accredited Training

Non-accredited training is provided to a wide range of health professionals, including: doctors and nurses; medical, nursing and personal care students; care workers and family carers, on a wide range of issues related to dementia, dementia care and risk reduction.

Awareness Raising - Community Displays

A number of Awareness Raising activities and Community Displays were conducted in Darwin, Katherine and Alice Springs regions during the past fiscal year, including: regular radio segments and interviews, displays in shopping centres, Community presentations on dementia and risk reduction strategies, and a morning tea for Culturally and Linguistically Diverse Seniors (CALD).

Service Access Liaison Officers (SALO)

SALO is an ongoing DoHA program within NDSP to raise awareness and promote risk reduction and healthy lifestyle choices in 'at risk' community groups. Workshops and education sessions are conducted in correctional centres in Darwin and Alice Springs, and drug and alcohol rehabilitation centres in Darwin, Alice Springs and Katherine. The focus on these



Rufaro and students in Ngukurr



Dementia Care Essentials held in Darwin



Alzheimer's Australia NT Staff



Students studying in Nguui

populations is partly due to the tendency for the majority of residents to be from lower socio-economic groups, but more poignantly as Aboriginals, who are an identified 'high risk' group, are over represented in these facilities. Educational packages such as 'Your Brain Matters' (YBM) and 'What is Dementia' are modified to suit the nature of the demographic and are well received by participants.

Your Brain Matters (YBM) Aboriginal and Torres Strait Islander (ATSI) Project.

The YBM ATSI project exists by virtue of a 'subcontract' agreement between AlzANT and Alzheimer's Australia (AA) in accordance with a nationally funded contract between DoHA and AA. The contract, 'Dementia Risk Reduction and Brain Health Program Funding Deed 2012-13' involves Australian states and territories, excluding ACT and Tasmania, undertaking independent projects, except for partnerships between NSW and SA, promoting YBM to 'minority' populations such as ATSI, Culturally and Linguistically Diverse, and Gay and Lesbian groups.

At commencement, the YBM ATSI project was to be undertaken in consultation with NSW, however, following initial consultations and briefings, AlzANT gained independent recognition and have progressed the project independently, not the least, due to the professionalism of the Project Officer, Ben Graetz. The project consists of four phases rolling out till 2015. The first has been the development of a Community Service Announcement (CSO) and DVD to promote dementia awareness in ATSI communities, nationally.

The second phase entails the design and development of supporting documentation in the form of pamphlets, posters and an information booklet based on the 'film' and YBM. The third phase is the role out of the CSO and documents, and the fourth

phase requires an evaluation of the project be undertaken.

Ben not only wrote, directed, recruited and coordinated the project; he was greatly supported by 'countrymen and women', colleagues and friends who displayed high levels of commitment throughout the project. There is no doubt without Ben's ability and connections the project would not have been achieved within the budget that was allocated, nor at the standard that has been achieved.

Filming has concluded and the 'finished and polished' product is almost complete, with Tim, the producer, making final changes requested by AA national office, which is overseeing the projects. The 'film' has been praised by everyone who has seen it, including the National Aboriginal and Torres Strait Island Dementia Advisory Group (NATSIDAG) and it has lifted the profile of AlzANT at the national level.

Visiting Presenters

A number of well-credentialed presenters sponsored by Alzheimer's Australia or the South Australia and Northern Territory Dementia Training Study Centre (SANT-DTSC) visited the NT and addressed a number of contemporary issues related to dementia.

The Grand Round at RDH provided a professional forum with quality numbers. Professionals who presented in the NT included:

- Dr Serge Gauthier - Brain Health - making the connections
- Prof Colleen Cartwright - End of Life Planning
- Sharon Wall - Pain and People Living with Dementia
- Julian Hughes - Models of Dementia Care: Can we do it better?
- Dr. Michelle Bourgeois - Unlocking the Silent Prison

Commercial Opportunities

Education capitalised on two commercial opportunities during the past year. The first was an agreement between AlzANT and Royal Darwin Hospital (RDH) to provide P3 Aggression Management training to 150 RDH staff between September and November 2012, which was completed in accordance with the agreement.

The second is a Third Party Agreement with Charles Darwin University (CDU) to provide DCE III, and related Aged Care and Home and Community Care training in remote communities in the Top End. The initial contract concludes on the 31st December 2013 with the potential to continue for a further twelve months.

The priorities for Education Services for the financial year 2013/14 are to be proactive to ensure all targets are met, commercial opportunities are capitalised, and the community profile of Alzheimer's Australia NT is enhanced.



Ray Norman giving a speech at the Jingili Water Gardens Seniors event

STRATEGIC DIRECTIONS & GUIDING PRINCIPLES

There are more than 320,000 people living with dementia in Australia and this number is expected to increase by one third to 400,000 in less than ten years. Each week there are 1,700 more people diagnosed with dementia in Australia who need support.

Dementia is the third leading cause of death in this country after heart disease and stroke, it is fatal and there is no cure. A greater focus is needed on strategies to achieve healthy ageing and postpone cognitive decline.

The strategic direction of Alzheimer's Australia NT is aligned with the strategic direction of the National organisation.

Annual business plans reflect the principles contained in the strategic plan and focus on the key priorities identified by the board, staff and consumers for each business year.

Key focus areas and guiding principles are listed below:

Focus

- Advocacy and empowering consumers
- Quality dementia care
- Understanding and awareness of dementia
- Prevention, risk reduction and delayed onset of dementia
- Organisational sustainability

Guiding Principles

People living with dementia, their families and carers have the right to:

- Access high quality support services;
- access flexible, responsive and timely support services;
- be treated with dignity, courtesy and

respect, to have their feelings validated and their choices and individual beliefs respected; and

- access services that support both the person with dementia and their families, ensuring that the needs of the person with dementia are the primary focus and priority.

Future directions

In the period July 2013 to June 2014 Alzheimer's Australia NT plans to:

- Meet contractual obligations and maximise operational efficiency
- Continue to seek revenue opportunities to promote flexibility of services and support administrative overheads
- Continue to review and update systems to maintain quality
- Maintain support for Alice Springs and look for opportunities to expand the service
- Continue collaboration with the SANT DTSC and look for opportunities to improve collaboration with other related organisations
- Continue to work towards improved awareness of services available, issues facing people with dementia and their families and reducing the stigma surrounding dementia
- Continue to support research

Summary

I would like to acknowledge and thank all our generous supporters who donated both their time and money to the Association during the last 12 months, allowing us to provide enhanced support to our clients.

I would also like to thank all of the NT team for their dedication during the past

year and providing excellent services for people with dementia, their families and carers.



Ruth Leslie-Rose

November 2013



Valentines Day Tree at Casuarina Square

TREASURER'S REPORT

30 JUNE 2013



Our Financial Results

Total revenue finished 2% above budget, with increased Association income and Alzheimer's Australia funding the main contributors. It should be noted that material components of own source income balances from donations and fund raising are subject to specific purpose use.

The revenue profile for the financial year reflects a move in the source of government funding from the Northern Territory to Commonwealth Government in relation to Home and Community Care grants and an increase in funding to the Association via Alzheimer's Australia Victoria and Alzheimer's Australia Incorporated funding agreements with the Commonwealth.

Lower than budgeted expenditure for the year was contributed to largely by a favourable reduction in annual and long service leave provisions, general operating savings, and a delay in planned expenditure associated with the "Your Brain Matters" project and "Younger Onset Dementia Keyworker". Operating costs in total were 5.7% below budget.

The higher than budgeted income has combined with lower than budgeted expenditure to deliver a significantly better than estimated net surplus for the year.

Our Challenges

While own source income again increased on the previous year, Alzheimer's Australia and government funding continue as major sources of funding for the Association. The Association's efforts to develop revenue flexibility is a continuing focus in the coming year.

Securing government funding support for the ongoing impacts of the Equal Remuneration Order continues into the new financial year. In the absence of government funding support, the Association's own source income will be

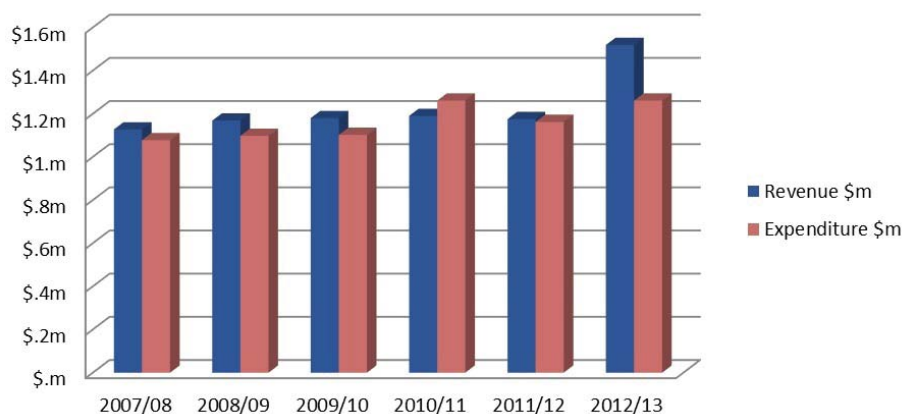
applied to cover these costs.

The Chief Executive Officer and the Alzheimer's Australia NT team are to be highly commended for their achievements throughout the year and their ongoing dedication to the sound financial management of the Association.

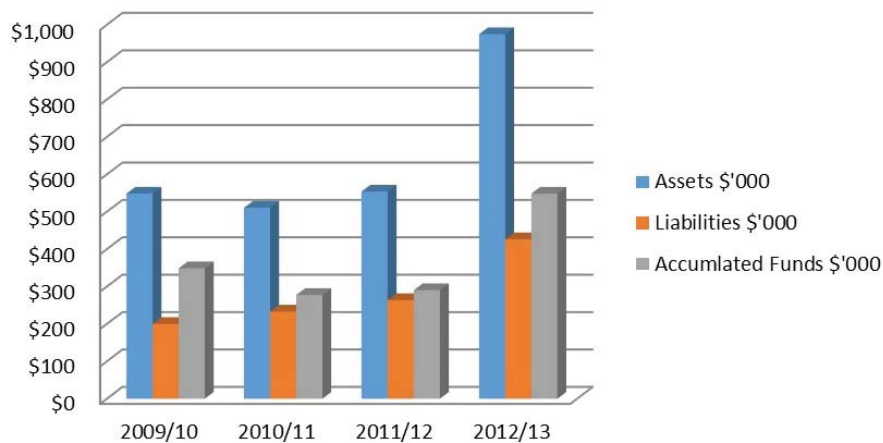
Jacqueline Dowling
Honorary Treasurer
October 2013

TREASURER'S REPORT

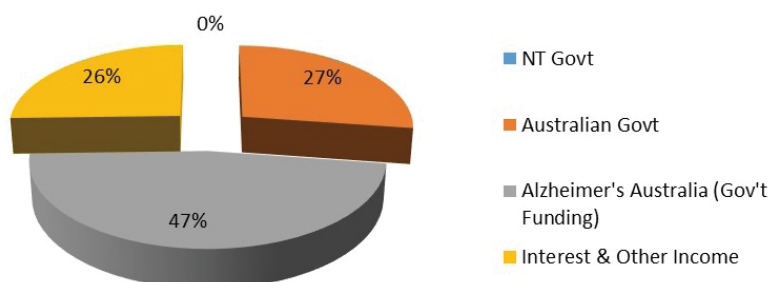
Annual Revenue & Expenditure Comparison



Financial Position 4 year Comparison



Revenue Sources 2012/13



PERSONNEL AT 30 JUNE 2013

Personal at 30 June 2013

Patron

- Dr Valerie Asche AM

Medical Advisor

- Dr Sadhana Mahajani

Board (Management Committee)

- Dr Vicki Krause President

National Alzheimer's Australia Board Delegate

Alzheimer's Australia Research Delegate

- Claire Bell Vice President
- Jacqueline Dowling Honorary Treasurer
- Elizabeth Furlonger Secretary/Public Officer
- Judith Buckley Director
- Julie Nicholson Director
- Dr Sadhana Mahajani Director
- Ruth Leslie-Rose Chief Executive Officer

Staff

- Rod Scarr Manager Education Services
- Norma Sutcliffe Education Officer
- Rufaro Nyamusara Education Officer
- Ben Graetz Projects Officer
- Ray Norman Education Consultant
- Anne Pike Manager Support Services NT
- Dianne Maley Support Services Coordinator
- Susan Williams Support Services Corrdinator
- Nicole O'Connor Alice Springs Support Services Coordinator
- Katherine Henley Activities/Administration Officer Alice Springs
- Gillian McQuinn Activities Officer
- Annette Harte Activities Officer
- Carly Lawless Activities Assistant
- Michelle Lawson Respite Officer
- Kylie Beard Manager Finance
- Tania Nash Assistant/Communications Officer Darwin



Alzheimer's Australia NT Darwin Staff at Teresa Smithson's farewell

ACKNOWLEDGEMENTS

We would like to acknowledge and thank our funding bodies, sponsors and supporters including:

- Australian Government - Department of Health and Ageing;
- Northern Territory Government - Department of Health and Community Services and Community Benefit Fund;
- Office of Women's Policy;
- Australian Woman of the Year awards, particularly Kaye Cowley;
- Scriven Exploration;
- John and Trish Robinson;
- Palmerston Golf Club - Australia Day Golf Charity day;
- Cazalys Palmerston Club;
- Pfizer;
- Northern Territory Police - in kind support for the Safe Return Program in Darwin, Alice Springs and Katherine;
- Frontier Services and NT DBMAS;
- Territory FM – monthly radio information broadcasts and playing community service announcements;
- Curby's Trophies - engraving of Safe Return Bracelets;
- CakesNT;
- Jasmine Jan;
- Bakers Delight Darwin and Stephen Cooney;
- Penny's Fancy Dress;
- Jenny's Orchid Garden;
- Elements Day Spa;
- Chung Wa Society - for supporting the annual CALD morning tea;
- Charles Darwin University - for the use of their venues;
- local politicians who have allowed us to use their community rooms for Stepping Out sessions;
- Greek Orthodox School;
- Palmerston Shopping Centre Community Wheel (Margo and Margaret);
- Adelaide House - Alice Springs;
- Active Realty;
- Rotary Club of Nightcliff;
- Country Women's Association - Darwin and Alice Springs;
- Jamealah Belly Dancers, Groovy Grans and the Essington School - for support of the Tea Dance;
- Unforgettables Choir;

- Bill and Cindy Roy;
- Helen Gabel - for her support and donations of paintings;
- Dr Vicki Krause and Prof Bart Currie;
- Justine Glover;
- Marianne Cummins, Lucy Comerford and Fiona Betteridge - for their support in Alice Springs;
- Hazel Glencross; and
- Clare Bell of AA&P and her team for generous marketing support and assistance during the year.

We also acknowledge and thank our Patron, Dr Valerie Asche, and Alzheimer's Australia President, Ms Ita Buttrose, as well as all volunteers involved in our work especially:

- Jim Harte;
- Kathleen Short;
- John Flynn;
- Kerone Byrne;
- Jean Foxon;
- Val Cowan;
- Rosemary Valle;
- Roseanne Anning;
- Eve White;
- Pat Venturin;
- Helen Gabel;
- Margaret Glowacki;
- Pat Rasmussen; and
- Chor Sung Neill

We also wish to thank all of our anonymous donors and our guest speakers who have passed on their skills and knowledge during our education courses, Carers Support Groups and Living with Memory Loss Groups.

We apologise if we have missed anyone in this list, we truly appreciate your help.



An Australian Government Initiative



ALZHEIMER'S AUSTRALIA NT INCORPORATED

ABN 34 030 043 531

**SPECIAL PURPOSE FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2013**

ALZHEIMER'S AUSTRALIA NT INCORPORATED
SPECIAL PURPOSE FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2013

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Independent auditor's report to the members of Alzheimer's Australia NT Incorporated

We have audited the accompanying financial report, being a special purpose financial report, of Alzheimer's Australia NT Incorporated (the "Association"), which comprises the balance sheet as at 30 June 2013, and the income statement, a summary of significant accounting policies, other explanatory notes and the Board's statement.

The Responsibility of the Board for the Financial Report

The Board of the Association is responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies described in Note 1 to the financial statements which form part of the financial report are appropriate to meet the financial reporting requirements of the Associations Act and are appropriate to meet the needs of the members. The Board's responsibility also includes establishing and maintaining internal controls relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Board, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of the Australian professional accounting bodies.

Basis for Qualified Auditor's Opinion

The Association has determined that it is impracticable to establish control over the collection of income, other than grant income, prior to entry into its financial records. Accordingly, as the evidence available to us regarding income, other than grant income, was limited, our audit procedures with respect to income, other than grant income, had to be restricted to the amounts recorded in the financial records. We therefore are unable to express an opinion on whether the income, other than grant income, the Association obtained is complete.

Qualified Auditor's Opinion

In our opinion, except for the effects, if any, of the matters referred to in the above paragraphs, the financial report presents fairly, in all material respects, the financial position of Alzheimer's Australia NT Incorporated as of 30 June 2013 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements and the requirements of the Associations Act.

Basis of Accounting and Restriction on Distribution

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the boards' financial reporting responsibilities under the Associations Act. As a result, the financial report may not be suitable for another purpose.

Merit Partners

Merit Partners

Aminul Islam

Aminul Islam
Director

Darwin

Date: 26 September 2013

ALZHEIMER'S ASSOCIATION NT INCORPORATED

STATEMENT BY BOARD MEMBERS FOR THE YEAR ENDED 30 JUNE 2013

In our opinion –

- (a) the accompanying financial report as set out on pages four to thirteen, being a special purpose financial statement, is drawn up so as to present fairly the state of affairs of the Association as at 30 June 2013 and the results of the Association for the year ended on that date;
- (b) the accounts of the Association have been properly prepared and are in accordance with the books of account of the Association; and
- (c) there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

We confirm as follows:

- (a) The names of each board member of the association during the relevant financial year were:
Dr Vicki Krause (President), Claire Bell (Vice President), Jacqueline Dowling (Treasurer), Elizabeth Furlonger (Secretary & Public Officer), Judith Buckley, Julie Nicholson, Dr Sadhana Mahajani, Ruth Leslie-Rose (Chief Executive Officer).
- (b) The principal activities of the Association during the relevant financial were the provision of education, training and services to people living with dementia. There were no changes to the principle activities since last financial year.
- (c) The net surplus of the Association for the financial year was \$257,983 (2012 surplus: \$12,971).

Signed in Darwin, for and on behalf of, the Management Committee on 26/9/2013


.....
Acting CEO


.....
Treasurer

The accompanying notes form part of the financial report.
This report is to be read in conjunction with the attached audit report.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

STATEMENT OF INCOME

FOR THE YEAR ENDED 30 JUNE 2013

	Notes	2013 \$	2012 \$
Revenue			
- Grant Income		1,132,587	954,481
- Other Income		386,230	220,651
Expenses			
- Personnel Costs		(861,372)	(788,500)
- Depreciation		(17,487)	(18,664)
- Motor Vehicle and Travel		(97,731)	(93,288)
- Occupancy costs		(49,852)	(43,116)
- Other Expenses		(234,392)	(218,593)
Net Result Before Income Tax		<u>257,983</u>	<u>12,971</u>
Income Tax		-	-
Net Result After Income Tax		<u><u>257,983</u></u>	<u><u>12,971</u></u>

The accompanying notes form part of these financial statements.

ALZHEIMER'S AUSTRALIA NT INCORPORATED**BALANCE SHEET****AS AT 30 JUNE 2013**

	Notes	2013 \$	2012 \$
Cash and Cash Equivalents	2	786,293	435,348
Trade and Other Receivables	3	121,799	80,702
Prepayments	4	14,844	15,441
Inventory		326	375
Total Current Assets		<u>923,262</u>	<u>531,866</u>
<u>NON-CURRENT ASSETS</u>			
Property, Plant and Equipment	5	<u>51,327</u>	<u>22,009</u>
Total Non-Current Assets		<u>51,327</u>	<u>22,009</u>
Total Assets		<u>974,589</u>	<u>553,875</u>
<u>CURRENT LIABILITIES</u>			
Trade and Other Payables	6	121,149	97,294
Provisions	7	75,769	81,266
Unexpended Grants	8	100,316	-
Borrowings	9	<u>5,432</u>	
Total Current Liabilities		<u>302,666</u>	<u>178,560</u>
<u>NON-CURRENT LIABILITIES</u>			
Provisions	7	102,754	84,948
Borrowings	9	<u>20,819</u>	<u>-</u>
Total Non-Current Liabilities		<u>123,573</u>	<u>84,948</u>
Total Liabilities		<u>426,239</u>	<u>263,508</u>
<u>NET ASSETS</u>		<u>548,350</u>	<u>290,367</u>
<u>ACCUMULATED FUNDS</u>			
Retained Profits at beginning of year		290,367	277,396
Net Surplus		<u>257,983</u>	<u>12,971</u>
<u>TOTAL ACCUMULATED FUNDS</u>		<u>548,350</u>	<u>290,367</u>

The accompanying notes form part of these financial statements.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2013

NOTE 1. STATEMENT OF ACCOUNTING POLICIES

The accounting policies adopted by the Association are stated in order to assist in a general understanding of the financial statements. These policies have been consistently applied except as otherwise stated

(a) Reporting Entity

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Association's constitution and the Associations Act Northern Territory. The Committee has determined the Association is not a reporting entity, as it is their opinion, there are unlikely to exist users who are unable to command the preparation of reports tailored so as to satisfy all of their information needs.

(b) Accounting Policies

The financial report has been prepared on a modified accruals basis, is based on historical cost conventions and does not take into account changing money values or, except where stated, current valuations of non-current assets.

Unless otherwise stated the accounting policies adopted by Alzheimer's Australia NT

(c) Property, Plant & Equipment

Cost or valuation

Property, plant and equipment are carried at cost.

Depreciation

Depreciation is provided on the prime cost basis on all property, plant and equipment. All assets are depreciated over their estimated useful lives. Depreciation Rates applied are:

<u>Asset Class</u>	<u>Useful Life (Yrs)</u>	<u>Depn Rate (%)</u>
Plant & Equipment	2.5 - 5	20% - 40%
Motor Vehicles	5	20%
Leasehold Improvements	5	20%

Capital Purchses for amounts less than \$5,000 are expensed in the year of purchase.

(d) Government grants

Grant income is recognised in the Statement of Income and Expenditure in the periods in which the relevant expenditure for which the grants are intended, is incurred; and is not recognised until related contractual conditions have been complied with.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2013

Grants received for the purchase of property, plant and equipment are brought to account as a liability under the heading "Deferred Grant Income". The amount of these grants is brought to account as income over the useful life of the property, plant and equipment purchased with the grant. The amount brought to account as income is the same as the amount brought to account as a depreciation expense for those items.

(d) Donations

The Association receives part of its income from donations, as cash or in kind. Amounts donated are recognised as revenue only when the Association gains control, economic benefits are probable and the amounts can be measured reliably. Although certain controls apply to ensure donations are recorded in the financial records, at times it is impractical to maintain effective controls over the collection of such revenue prior to its initial entry in the financial records.

Therefore, donations, including those recognised for specific purposes, are recognised as revenue when they are recorded in the books and records of the Association. Controls apply to ensure donations received for specific purposes are properly identified and appropriately expended.

(e) Employee Entitlements

Amounts expected to be paid to employees in respect of their pro-rata entitlements to annual leave and long service leave are accrued annually in accordance with award, statutory and contractual requirements.

(f) Redundancy provision

A Provision for redundancy has been made with respect to obligation to employees that would crystalize in the event that all grant funded programs were discontinued.

(g) Going Concern

The future operations of Alzheimer's Australia NT Incorporated are dependant upon adequate future funding from relevant funding bodies to enable the Association to pay its debts as and when they fall due.

(h) Income Tax

Alzheimer's Australia NT Incorporated has been endorsed by Australian Taxation Office for GST concession, FBT concession and Income tax exemption.

(i) Goods and Services Tax

Revenues, expenses and assets are recognised net of the amount of GST. Receivables and payables are recognised inclusive of GST. The net amount of GST recoverable from, or payable to, the taxation authority is included as part of the receivables or payables.

ALZHEIMER'S AUSTRALIA NT INCORPORATED**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 30 JUNE 2013****(i) Other transactions and balances with key management personnel and their related parties.**

Associated Advertising and Promotions Pty Ltd. (AAP) is owned by one of our Board members Ms Claire Bell. During the year Alzheimer's Australia NT Inc. received media services from AAP. The total fees \$6,259. Mr Bob Rose (husband to CEO) received \$5,000 for consultancy.

	2013 \$	2012 \$
<u>NOTE 2: CASH AND CASH EQUIVALENTS</u>		
Bendigo Bank 4992	244,192	222,829
CWB Term deposit	87,078	-
Bendigo Deductible Gifts 8709	454,372	211,419
Undeposited Funds	102	20
Petty Cash - Darwin Office	292	200
Petty Cash DMCC-DMP	-	250
Petty Cash-Stepping out A/S	100	100
Petty Cash - Stepping Out	77	450
Petty cash - ASO	80	80
Total Cash and Cash Equivalents	<u>786,293</u>	<u>435,348</u>
<u>NOTE 3: TRADE AND OTHER RECEIVABLES</u>		
Receivables	<u>121,799</u>	<u>80,702</u>
	<u>121,799</u>	<u>80,702</u>
<u>NOTE 4: OTHER CURRENT ASSETS</u>		
Prepayments	14,844	15,441
Total Other Current Assets	<u>14,844</u>	<u>15,441</u>
<u>NOTE 5: PROPERTY, PLANT AND EQUIPMENT</u>		
Office Equipment - at cost	95,224	129,594
Less: Accumulated Depreciation	<u>(95,224)</u>	<u>(126,270)</u>
Total Office Equipment	<u>-</u>	<u>3,324</u>
Motor Vehicle - at cost	85,017	143,602
Less: Accumulated Depreciation	<u>(59,015)</u>	<u>(125,858)</u>
	<u>26,002</u>	<u>17,744</u>

ALZHEIMER'S AUSTRALIA NT INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2013**

	2013 \$	2012 \$
<u>NOTE 5 CONT: PROPERTY, PLANT AND EQUIPMENT</u>		
Chattel Mortgage MV - at Cost	28,805	-
Less: Accumulated Depreciation	(3,480)	-
	<u>25,325</u>	<u>-</u>
Total Motor Vehicles	51,327	17,744
Leasehold Improvements - at cost	34,701	34,701
Less: Accumulated Depreciation	(34,701)	(33,760)
Total Leasehold Improvements	-	941
Total Property, Plant and Equipment	<u>51,327</u>	<u>22,009</u>

NOTE 6: TRADE AND OTHER PAYABLES

Trade Creditors	25,101	12,681
Accrued Expenses	14,500	34,757
Credit card - Bendigo Bank	8,211	7,249
PAYG Payable	17,104	5,851
Net GST Payable	35,903	19,626
Unearned Revenue	-	5,320
Superannuation Payable	<u>20,330</u>	<u>11,810</u>
Total Trade and Other Payables	<u>121,149</u>	<u>97,294</u>

NOTE 7: PROVISIONS

Current

Annual Leave	<u>75,769</u>	<u>81,266</u>
Total Current Provisions	<u>75,769</u>	<u>81,266</u>

Non-current

Long Service Leave	25,231	21,795
Redundancy	<u>77,523</u>	<u>63,153</u>
Total non-current provisions	<u>102,754</u>	<u>84,948</u>

ALZHEIMER'S AUSTRALIA NT INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2013

	2013 \$	2012 \$
NOTE 8: UNEXPENDED GRANTS/GRANTS IN ADVANCE		
Alzheimer's Australia NT Incorporated has grant income unexpended at 30 June 2013. The funding that may be required to be returned to funding bodies in accordance with applicable funding agreements, are as follows:		
Commonwealth Government Grants		
HACC - Transitional	2,470	-
	<u>2,470</u>	<u>-</u>
Alzheimer's Australia		
Younger Onset Dementia	54,452	-
Your Brain Matters	20,300	-
Emergency Services	5,833	-
	<u>80,585</u>	<u>-</u>
Other		
Carers NT	15,461	-
Senior Month	1,800	-
	<u>17,261</u>	<u>-</u>
Total Unexpended Grants/Grants In Advance	<u>100,316</u>	<u>-</u>

NOTE 9: BORROWINGS

CURRENT

Chattel Mortgage	5,432	-
Total Current Borrowings	<u>5,432</u>	<u>-</u>

NON-CURRENT

Chattel Mortgage	20,819	-
Total Non-Current Borrowings	<u>20,819</u>	<u>-</u>

The Chattel Mortgage is secured by a mortgage over the asset which was purchased with the funds provided under the mortgage ie a Motor Vehicle.