



"We are proud of
our year's
achievements
as we work to ensure a
better future for families
living with dementia."

Welcome from our President and CEO



At Alzheimer's Australia Vic we are working toward a world without dementia and a better quality of life for those people living with any form of dementia.

Our commitment is to empower and enable those people living with dementia, their families and carers, as well as to educate professionals and organisations to better support people living with dementia.

There are 69,000 people in Victoria living with dementia and for Alzheimer's Australia Vic this offers us many challenges and through our work, many, many rewards.

With this figure projected to double by 2030, every year we strive to meet the challenges this will present. We continue to provide information, support, counselling and education to the community and professionals that changes lives.

We would not be able to do this without the continued support of Federal and State Governments and growing support from the philanthropic community, businesses, trusts and foundations and individual donors.

We thank you all sincerely for your vital contributions.

In October we welcomed Maree McCabe as Chief Executive Officer to lead us in the challenging times ahead.

Throughout November and through to March, Maree led the team in developing our Strategic Directions 2011-2014 plan. An inaugural Think Tank event was held in November with people invited from all walks of life to contribute to our plan. We then consulted with consumer groups, our advisory committees, staff and stakeholders to form what

has become our Strategic Plan.

From this document there are now four key focus areas that are the backbone of all our activity:

1. Improving advocacy and empowering our consumers
2. Promoting better quality dementia care
3. Increasing the awareness and understanding of dementia
4. Identifying effective strategies for preventing and delaying the onset of dementia

In February we released the report, Caring Places Volume 2: Planning for aged care & dementia 2010-2050 which highlighted that Victoria will have a shortfall of 279,000 aged care places by 2050 and that dementia will drive that shortage.

This placed further emphasis on the need for a comprehensive plan to address the dementia epidemic when considering aged care reform.

Caring Places Volume 2 was released one month after the Federal Government's Productivity Commission draft report on aged care reform.

The report made a great start in recommending entitlement to aged care, increased consumer choice and flexibility of services. However we were disappointed to see that not one of the 42 recommendations dealt specifically with dementia and we urged the Commission to make dementia care the highest priority as they finalise their deliberations.

At a state level we met with the new Minister for Health and Ageing The Hon David Davis who has demonstrated a genuine interest in our work and has expressed a willingness to work with us to help us achieve our goals.

The 14th Alzheimer's Australia National Conference was at the Brisbane Convention Centre from 17-20 May with the theme, Take a different view. Alzheimer's Australia Vic fielded an impressive line up of speakers and chairs of sessions who shared their experience and 'different views'. We congratulate our team for representing Victoria's expertise, knowledge and commitment.

The year ended in spectacular style at the State Trustees Charity Ball in June, with Alzheimer's Australia Vic being the sole beneficiary. The proceeds of the night will support our Volunteers Program and we are very grateful for the ongoing eight year relationship we have with State Trustees and for their incredible generosity.

We would like to extend our sincere thanks to our Board, all staff, volunteers, clients, partners and other contributors and supporters. All our successes and achievements in 2010-2011 are yours.

We are looking forward to continuing and improving our work to achieve our goals for everyone living with dementia, their families and carers and for all those who will face the challenge in the future.

David Galbally QC
President

Maree McCabe
Chief Executive Officer

Full financial reports for the year ended 30 June 2011 can be found on our website www.alzheimers.org.au/vic

Contents

Our vision

A society committed to the prevention of dementia, while valuing and supporting people living with dementia.

Our mission

To provide leadership in dementia policy, risk reduction and services.

We value

- The worth of every individual
- Strength through unity with respect for diversity
- Cooperative relationships
- Organisational integrity
- Responsiveness, innovation, creativity and flexibility
- The contribution of all people involved with our work

Innovating	4
Informing	6
Educating	8
Supporting	10
Community	13
Thank you	14
Financials	18



"We work to ensure a **better deal** for all families facing **living with dementia.**"

Alzheimer's Australia Vic both introduced and further developed a number of initiatives in 2010-2011.

The development of our Strategic Directions 2011-2014 document captures these initiatives. This also includes our vision for a flagship project. Our vision is for an integrated services and research collaboration to promote quality practice in dementia care which may involve a review of facility requirements. There is a dedicated focus on the development of increased service specialisation in family and therapeutic services and the expansion of dementia education to support the health and aged care workforce.

Internally we introduced a professional development program for our staff to ensure that there is ongoing access to the latest research and dementia practice developments. The program to date has included the latest findings on medications, genetics and communication.

Significant advances have been made to elevate our support people from diverse backgrounds. A Diversity Working Group was established to set the strategic directions for support to people from non-English

speaking backgrounds, gay/lesbian, bisexual/transsexual and intersex people, Aboriginal and Torres Strait Islander people and people who are homeless. To support this activity we have been able to increase our multicultural team from two to three multicultural officers.

The theatrical collaboration between Alzheimer's Australia Vic and KAGE Physical Theatre, Sundowner, continued and the premiere performance was launched to great acclaim at the Castlemaine Arts Festival in April. This project is evidence of an effective way of taking the dementia issue to the wider community.

The Alzheimer's Australia Vic

Consumer Advisory Committee continued to play a vital role within our organisation and focused on 'good dementia care' from a consumer perspective. The group was consulted regularly by KAGE throughout the Sundowner project development.

The Alzheimer's Australia Vic Younger Onset Dementia Reference Group also continued to provide a voice for consumers. The Group produced a new series of Tip Sheets to support people with dementia under the age of 65 years. A petition signed by more than 800 people drawing attention to the needs of people with younger onset dementia was presented to the Victorian Parliament



and tabled in September. Members of this group were also involved in the KAGE Sundowner production and other supporting initiatives during 2010-2011.

Within this group Alzheimer's Australia Vic is working with the Lovell Foundation to advocate for the development of an appropriate residential aged care unit for late stage younger onset dementia. During December we supported an online wine auction that raised \$14,000 to assist them in their work.

Safe2Walk, the combined GPS/mobile phone service to support people with early stage dementia to maintain independent movement within the community, has been reviewed and

further developed. Our pilot program supported by the Rosemary Norman Foundation was completed in April and we are now moving towards introducing the service throughout Victoria.

The highly successful Community Partners Project extended into its second year. This program called Empowering Small Ageing Ethnic Communities is a capacity building program to support people from Lao, Romanian, Russian Jewish and Finnish communities. As a result there has been an increase in demand for dementia education sessions and a number of Culturally and Linguistically Diverse (CALD) community members and agencies attending sessions. From January to June alone we held over 25 community education sessions and over 1,315 attended these sessions.

In addition, as part of our community engagement we continued to strengthen our existing relationships and created new partnership

opportunities with ethno-specific agencies and mainstream services. For example, within our partnership with Spectrum Migrant Resource Centre (North West) we delivered a highly successful 'Let the Cultures Unite' event in June 2011. The event attracted 250 women from more than 12 community groups providing the opportunity to reach large members of CALD communities and service providers.



*Helen Morse and the Tivoli Lovelies performed an extract from 'Sundowner' at BMW Edge during Dementia Awareness Week September 2010.
Photo: Lucy Aulich*

"For me a door opened and allowed me to ask questions, and know there are others in the same situation."

National Dementia Helpline

The National Dementia Helpline celebrated its 21 years of service in October 2010 with a party of shared memories and laughs helped along by comedian, Denise Scott as our Master of Ceremonies. Many advisers from over the years contributed their stories with our volunteers, staff and Board. It was a fitting tribute to the vital service we provide to our community.

The Federal and State Government funded initiative is delivered by a team of dedicated trained volunteer advisers, many of whom are former carers. These advisers are supported by professional counsellors. The service responds to an average of 351 calls a month with each call averaging 21 minutes. First time callers made up 81% of the total 4,214 calls made in 2010-2011.

Every day people with dementia, family members and carers seek information and support and are provided with understanding, counselling, practical help and referral.

Often the National Dementia Helpline is their first contact with dementia services and the support they receive is fundamental to their journey.

Dementia Helpsheets

Dementia Helpsheets were originally developed in Victoria and have become an important national resource for people living with dementia. Alzheimer's Australia Vic manages this service nationally which distributes around one million sheets a year. With online ordering and Helpsheet availability, this service has proven to be a resource that is valued both within Australia and internationally. With 75 titles and translation of the most popular Helpsheets into 27 languages, this resource is a vital part of informing our community every day. Helpsheets are in demand from people with dementia, their families, carers, medical professionals, aged care professionals, academics, students and other community members.

Library

Our specialist dementia library and information resource centre has a collection of more than 1,800 titles, including books, periodicals and over 200 DVDs and videos. Throughout the past year over 2,000 people visited the library and 1,500 loans were issued. In the coming year a national catalogue will be created listing the resources available in all States and Territories. Access to this catalogue will be via our website www.alzheimers.org.au.

Research

During 2010-2011 Alzheimer's Australia Vic continued to support research programs aimed at providing evidence for policies and services that improve the lives of people with dementia.

Early in 2011 the Alzheimer's Australia Vic Board Research Committee was formed to facilitate the aims of the new Alzheimer's Australia Research Victoria program in supporting local research projects.

Alzheimer's Australia Vic's Research Fellow continued to provide a valuable role in staff professional development, research update information, liaison with external organisations such as Pfizer, Cancer Council, Royal Australian College of General Practitioners and others. Our Research Fellow continues to contribute to the development of our resources and education materials.

The national dementia risk reduction program Mind your Mind continued to be managed in Victoria with the successful development and launch of the website at the annual Dementia Collaborative Research Forum in September.

Alzheimer's Australia Vic's expertise is constantly sought by research bodies and several reviews of research material have been undertaken.

Dementia Awareness Week

Dementia Awareness Week is the Alzheimer's Australia annual showcase event celebrating and informing the community about achievements and services of all Alzheimer's Australia state and territory offices.

In 2010 the event occurred between Thursday 16 September through to Sunday 26 September.

The primary goal of Dementia Awareness Week each year is to raise awareness in the community about the existence and prevalence of dementia; to educate about the services our organisation provides and to encourage them to come to us for information and help when they need it.

The theme aimed to draw attention to the benefits of early diagnosis

was 'Worried about your memory? Alzheimer's Australia can help. Call the National Dementia Helpline 1800 100 500'.

More than 1,000 people attended metropolitan and regional information events, a quarter of these were from CALD communities; more than 150 positive media stories and discussions were generated, an estimated threefold increase on 2009; almost 1,000 people joining our Twitter and Facebook social networks; around 650 enquiries were made to our National Dementia Helpline; while nationally the website visitation increased by 120 per cent.



"Thank you for such an interesting and **informative training** session. I found it very interesting. I am going away better informed and **equipped**".

Alzheimer's Australia Vic continues to provide a comprehensive range of quality education programs to a diverse range of groups and individuals across Victoria to help improve the lives of people living with dementia.

This includes

- Talking with community groups and organisations to raise awareness and reduce the stigma associated with dementia;
- Providing family members with appropriate education that enables them to understand and better support the person living with dementia;
- Providing training to professionals seeking to improve their support and assistance of the person with dementia;

The reach of these programs continues to grow with 14,422 people attending our various education programs in 2011-12. This is an increase of 29% on the participant numbers for last year*.

Our comprehensive range of both accredited and other education programs for professionals and other groups continues to be sought after and widely recognised for not only the quality content but also the passion and dedication our highly experienced team of educators bring to the task.

The quality of this education was recognised through successful reaccreditation as a Registered Training Organisation. We reviewed and updated a number of our programs to ensure they continue to provide contemporary information.

We developed a new course this year which has been well received. The

* The 2010-11 figures did not include outreach activities which partly explains this increase.

dementia unit of competency from the Certificate IV in Aged Care was developed to promote a collaborative team approach to support the person with dementia and draws upon the existing skills and knowledge from the group participants.

"Since doing the course I have remembered why I work in this field and am thoroughly enjoying my work again. I have had great results with changing the way I approach my residents. I feel that this course could benefit management also."

Participant in Dementia Care Essentials - Advanced

We commenced a new consultancy service to complement our professional education by working with organisations on improving the way they support people with dementia. This consultancy has provided advice to organisations in relation to areas such as activity programs and the physical environment.

The programs for families and carers provide information on dementia particularly following initial diagnosis. More specific workshops cover topics such as The Caring Role; effective communication; managing behaviours of concern; and considering residential care, as well as specific seminars with guest speakers. These programs continue to be in demand with families and carers seeking information that will help them in their role.

The programs for the wider community have a particular focus on

raising awareness and understanding of dementia in order to promote a more dementia friendly society, and we presented at a wide range of community forums and expos as part of this work.


We recently completed an education resource kit to ensure the message we deliver to Culturally and Linguistically Diverse communities is appropriate for their needs, and provides the information in a way that is accessible to them.

We have been engaging with Aboriginal communities across the state and working with them to provide appropriate information on dementia and working collaboratively with Aboriginal health organisations to provide dementia training to Aboriginal health workers.

Our education seminar series continued to attract audiences of more than 100 people. This series involved leading Australian and international experts presenting on a wide range of topics including:

- Planning for the future - State Trustees and Office of the Public Advocate
- Sexuality and Dementia – Associate Professor Sally Garrett (Also broadcasted on ABC Radio National's The National Interest)
- Update on current research – Dr Maree Farrow, Research Fellow, Alzheimer's Australia Vic
- Pain management and palliative care – Professor Colleen Cartwright, Director of the ASLaRC Aged Services Unit in the Health and Wellbeing Research Cluster, Southern Cross University
- Advance care planning – Dr Bill Silvester, National Director, Respecting Patient Choices

Through the generous support of a



Trust we continued our project aimed at assisting friends and companions of people with dementia to further develop a connection with their friend with dementia.

We continued our partnership with *beyondblue* delivering workshops across Australia in collaboration with the other Alzheimer Australia organisations. We are currently working on improving our systems and structures to ensure the effective and efficient operation of the program so we can continue to respond to the growing demand for education.

Almost 15,000 people attended our education courses in the past year, with 5,891 being professionals, 7,121 the wider community and 1,410 families and carers.

"You encourage me to talk about my issues, offer **strategies** to cope, a shoulder to cry on, stability to direct, understand me and above all **equip me** to be the best I can be."

Alzheimer's Australia Vic provides specialist dementia support and counselling services to people living with all forms of dementia, their families and carers. Throughout 2010-2011 our team of dementia consultants and counsellors responded to the needs of 6,842 people. This support includes a range of Early Intervention Programs, families, couples, and individual counselling sessions available at any stage, perhaps when there are early questions, on receiving a diagnosis and as part of an ongoing counselling plan.

In striving to deliver quality counselling programs to all our clients and to provide leadership in dementia support services we delivered the final Best Practice Counselling and Support Services Models Project report. The project, which commenced in 2009 aimed at developing new service models for the provision of responsive, best practice counselling and support for people living with all forms of dementia, including their family members and carers.

This work was generously funded by the JO and JR Wicking Trust. The final report included nine recommendations that will improve our services and influence positive changes in dementia support throughout Victoria.

Our new department name, Client Services, better reflects the developments in our suite of services. This now includes family and carer education, a strengthened Gateways Service to better assist client access to the services needed, the introduction of family services (recognising the impact dementia has on the family and relationships) and a range of Early Intervention Services

that will include better assisting those with Mild Cognitive Impairment (MCI) and stronger relationships with diagnostic services.

We completed our annual nine week Training Program for volunteers, most of whom are wishing to become National Dementia Helpline advisers, welcoming 10 additional volunteers to our Helpline team. The contribution of our 120 volunteers organisation wide is essential to the level and quality of service we can provide to the community.

In regional Victoria we continued to meet the needs of growing numbers of clients. The ever increasing prevalence of dementia presents challenges across the state and these challenges are heightened in regional areas where the tyranny of distance, and the limited availability of some services, presents particular challenges.

As part of this we successfully conducted four 'All About Dementia' forums across Gippsland in 2010-2011.

Recognising the growing need for

services that people with dementia and their families can participate in together, we have expanded our Memory Lane Café program across Victoria. Through funding from the Home and Community Care Program (HACC) five new Café Style Support Programs are being piloted in Ringwood, Frankston, Bass Coast, Wimmera and a Macedonian and Vietnamese café in Brimbank.

The first year of our Culturally and Linguistically Diverse (CALD)

"The best thing we ever did was the Living With Memory Loss program. We came to understand a lot more of what to expect, the strategies we could use to prepare, and met wonderfully supportive friends along the way who are still an important part of our lives."

Below: Jim and Aubrey at the Memory Lane Cafe in Geelong. Photo: Karen Mayo



Best Practice pilot has resulted in proactive engagement with four community groups; the Greek, Chinese, Arabic and Filipino communities in Melbourne. This pilot project has assisted us in tailoring our work to the differing needs of our CALD communities, establishing enduring relationships with CALD community leaders and invaluable improves the cultural competence of our staff in providing quality support sensitive to these differences. As we now move into years two and three of this project, we aim to consolidate relationships with these communities, while redirecting our focus onto new and additional CALD communities.

We continued our focus on strengthening support for people with younger onset dementia; people who are diagnosed with dementia under the age of 65. In the past year we delivered two younger onset dementia Living With Memory Loss programs and conducted a retreat in

Creswick. The Living With Memory Loss program introduces people facing similar issues, is conducted over six weeks or three days and includes information and group counselling sessions. Recognising that younger people affected by dementia and their families are often accustomed to sourcing information over the internet, we piloted an online forum and chat room for this group of consumers. Evaluation of this pilot found that there was great potential in this mode of support, and we hope to restart and develop the forum in the months ahead.

As part of our Continuous Improvement Plan eight of our staff completed training in Cognitive Behaviour Therapy (CBT) and 10 more will be trained in the coming

months. CBT is well established as an effective therapeutic intervention particularly when counselling people with depression and anxiety. People with dementia and their carers have a heightened risk of experiencing both throughout their journey with dementia. The challenges confronting carers can be eased through learning about strategies and approaches for changing that which can be changed, and these are the focus of traditional dementia support programs. For the things that cannot be changed, CBT offers a framework for reframing how carers think and ultimately feel about that issue, leading to positive emotional outcomes.





"Without the **generous support** of the community our programs would not be possible. Your donation makes a significant difference."

Volunteers

Alzheimer's Australia Vic's origins are linked to volunteers. Over the past 27 years volunteers have remained at our organisational core. With 120 active volunteers their contributions covered many roles including National Dementia Helpline advisers, Telephone Outreach advisers, role-players for Education Services programs, 'meet and greet' volunteers for community programs, community public speakers, members of our consumer advisory committees, administrative support assistants, library assistants and ambassadors helping to raise awareness of dementia by bravely sharing their personal stories in the media. Our Board Directors are also volunteers who devote their time and expertise to ensure sound organisational governance.

In 2010-2011 our volunteers contributed nearly 5000 hours and we sincerely thank them for their vital contribution to important services.

Awareness

Raising awareness and educating the community about dementia and the services Alzheimer's Australia Vic provides is an essential part of our responsibility as Victoria's peak dementia body.

Seeking the support of our clients willing to share their experiences in the media is central to delivering on this goal. Our gratitude goes to all those who shared their personal stories for us in the past year as their sharing not only helps others in need but helps us raise our profile in the minds of the decision makers in government.

Our strategic communications activity supported the work, events and issues throughout the year with more than 800 mentions and stories on television, radio, in print and online. This activity peaked during Dementia Awareness Week in September which achieved consistent and extensive positive media exposure.

The launch of the new national website has assisted in communicating our messages in a new platform as well as the continued production of our quarterly member newsletter, The Memory Matters. In the last year we introduced the Alzheimer's Australia Vic e-News which is distributed bi-monthly to almost 1,000 people.

Fundraising

Fundraising for Alzheimer's Australia Vic vitally contributes to almost one third of our annual budget. Our strategic fundraising efforts have seen support from the philanthropic community continue to increase. A greater emphasis has been placed

on ensuring the needs of our donors are met – to continue to support our important work.

Once again we are gratified and affirmed by the generosity and support of the Victorian philanthropic community.

In addition our Board Fundraising Committee continued their essential role providing advice, utilising their networks and hosting events which contribute to the success of the fundraising programs in Victoria.

We have continued to strengthen relationships with trusts, foundations, members, donors and corporate partners to fund initiatives as part of the strategic plan.

Thank you most sincerely to everyone who supported and continues to support the work of Alzheimer's Australia Vic.

*Alzheimer's Australia Vic's Younger Onset Dementia Reference Group presented their petition to the then Parliamentary Secretary for Human Services, Mr Telmo Languiller, September 2010.
Photo: Caitlin Juster*



We sincerely **thank** everyone who **supported** the work of Alzheimer's Australia Vic during 2010-11.

Your generous support enabled us to provide vital services to people affected by dementia, their families, friends and carers. We also acknowledge the supporters who wish to remain anonymous.

AUSTRALIAN GOVERNMENT

Department of Health and Ageing

VICTORIAN GOVERNMENT

Department of Health

COMMUNITY FUNDRAISERS

Flare Dance Company

R Better-Johnston

M Frost-Stevenson – Craft Away

R Johnson

P Dwyer – Views and Likeness Exhibition

M Phillips

C Lawrence

Run Melbourne Participants

TLC Annual Fundraising Walk

CORPORATE

23 Bell Street (Fal) Limited

BBMP Nominees Pty Ltd

Dryen Australia Pty Ltd

Exxon Mobil Australia

Goldie Nominees Pty

Grand Pacific Tours

QBE Australia

Reece Australia Limited

Ritchies Stores Pty Ltd

State Trustees Limited

Target Australia

The Carter Group

Treloar Roses

Vasey RSL Care Ltd

W & D Plumbing

BEQUEST

Cecilia Margaret Hudson

John Raymond King

Lorna Georgina Don

Margaret Joy McKenzie

Andrew Coultard

Cecile Patricia Kemp

Lois Bona Ractliffe

INDIVIDUAL

G Slade

J Craig

M Cossor

P Gerraty

N Ashdown

R & A Barca

J Beckwith

B L Better

E Brown

J Chappell

M J Chestney

J Clarke

V Cranwell

M Dean

L Fenwick

N Gantner

G D Gill

R & M Gopal

M Graham

S & P Hawke

J Hewett

K Hinrichsen

J McA Howden

K & C Jarrett

B Johnson

D Jones

G Jorgenson

D Lee

N Lees

M Lubansky

N & J MacLean

B Malouf

F Mason

E McGain

W H Miller

G Shalit & M Faine

B Moss

H Mower

L B Muir

B Myer AC

M Nardella

V Newman

R Oliver

B Potter AM

A Poynton

A Rado

J Rae

J S Rogers

N & R Rogers

N Samuel

M Seong

H Tyrrell

J M Warnock

K Wehl

Board of Directors

President
David Galbally QC

Vice-President
Stephen Hawke

Secretary
Neil Samuel

Treasurer
Ian Knight

Members
Lyn Allison
Mary Lyttle
Fiona Mason
Geoff Slade
Keith Wehl
Michael Woodward

Honorary Members
David Andrews
Graham Burrows AO KCSJ
Patricia Collett
Geoffrey Gill
Carolyn Holten
Brian Moss AM
Barbara Potter AM
Gordon Robinson

Patron
Alex Chernov AO, QC
Governor of Victoria

Honorary solicitors
Holding Redlich
Slater & Gordon

IN KIND

Flinders Street Station
Holding Redlich
The Fairfax Weekly Group
Fairfax Media Limited
Oxford University Press
T Valenta
Toyota Motor Corporation
Australia
Brain Food Factory
Currency Communications Pty Ltd
Lucy Aulich Photography
Farm By Nature
Leonda by the Yarra
Saxton Speakers Bureau
D Scott
Slade Group
Leader Community Newspapers

PAYROLL GIVING

Charities Aid Foundation
National Wealth Management
United Way
National Australia Bank Limited
Orica
AGL

COMMUNITY GROUPS

Green Acres Golf Club SERVICE
St Andrews's Opportunity Shop
SERVICE

TRUSTS, FOUNDATIONS & PRESCRIBED ANCILLARY FUNDS

Bell Charitable Fund
Cranwell Family Trust No 2
Estate of L J Baldy
Fonda Family Charitable
Foundation
G & F Castan Families Foundation
Geoff and Helen Handbury
Foundation
Heymanson Family Foundation
Macquarie Group Foundation
S.T.A.F - Maria Emily Hanstock
The Baulch Family Trust
The Elizabeth and Barry Davies
Charitable Foundation
The Flew Foundation
The George Hicks Foundation Ltd
The Isabel & John Gilbertson
Charitable Trust
The John & Mary McAlister
Howden Charitable Trust
The Landman Foundation
The Lorenzo & Pamela Galli
Charitable Trust
The Madeline Crump & Madeline
Williams Trust
The Marian & E H Flack Trust
The Peter Isaacson Foundation
Wood Family Foundation
V V Marshman Charitable Trust
William Angliss (Victoria)
Charitable Fund

IN MEMORY

S Black
F Cortara
A Couroupis
T De Marco
C Gatto
E Gogos
D Katakis
M Lalos
G Marcotta
G Matrippolito
A Schena
H Seong
S Sergi
G Stamos
L Van Nguyen

IN CELEBRATION

Casey's Bat Mitzvah
Debbie's Birthday

*'Let the Cultures Unite' event
in June 2011. Photo: Spectrum
Migrant Resource Centre*

We sincerely thank our **volunteers**. Your **generous support** enabled us to provide vital services to people living with dementia, their families, friends and carers.

Kerrin Adams	Elizabeth Fenwick	Megan Major
Margaret Allen	Joan Fowles	Kim Martin
Lyn Allison	Peter Fox	Fiona Mason
Pamela Anstee	David Galbally QC	Carmel McGrath
Priyanka Aul	Marlene Garrett	Rob McGrath
Michelle Ball	Jenny Giles	Kerry McMahon
Robert Barnes	Diane Gillon	John Mildren
Kerrie Barnes	Geoff Glenn	Heather Mitchell
Margaret Baulch	Rosemary Glenn	Anne Mitchell
Fiona Beale	Ellen Green	Irene Montgomery
Judith Beaufort	Patricia Hamilton	Barbara Moriarty
Rachel Better-Johnson	Stephen Hawke	Laura Morris
Susan Boyd	Rosalie Heymanson	Catherine Moulton
Liz Brady	Judy Hogarth	Robyn Murtagh
Jill Burns	Robert Holland	Kathryn Nicholson
Geraldine Caesar	Pamela Hore	Tony Norris
Margaret Cameron	Frances Hutson	Bernie O'Brien
Robyn Carmichael	Marisa Iovenitti	Lynette Orr
Mary Castellani	Julie Kelly	Elizabeth O'Sullivan
Robyn Clarke	Ian Knight	Noel Peate
Anna Clarke	Margaret Kummer	Monique Pettiona
Pamela Cleland	Judy Lawlor	Elizabeth Raut
Susan Considine	Emilia Lawson	Anna Rabba
Julie Corcoran	Bob Leicester	Magdalene Ruzza
Lindy Crow	Lesley Leith	Ian Samuel
John Crow	Carol Liavas	Kris Samuel
Dennis Denman	Bryan Linacre	Neil Samuel
Moya Dickson	Pru Logan	Leslie Schachte
Dina Dinh	Sally Logan	Eileen Sheridan
Shirley Dixon	Mandy Lovell	Geoff Slade
Faye Douglas	Garry Lovell	Ian Smith
Norma Drew	Eleanor Loy	Kaye Smith
Patricia Dunstan	Mary Lyttle	Anna Snell
Rod Fanner		Lawrie Snell

Ian Spriggs
Helen Sykes
Max Tabbaa
Robyn Teed
Carmel Thorne
Dennis Tonks
Georgia Trachsel
Antonietta Twomey
Frauke Tyrrell
Deborah Unkles
Judy Uren
Tom Valenta
Mary Vipond
Brenda Walker
Anthony Walsh
Andrew Watt
Keith Wehl
Judith Wheaton
Max Williams
Michael Woodward
Elizabeth Wright
Ann Yacono



Treasurer's Report

Well, what a challenging year we faced in 2011. It was a tale of two halves, starting the year with significant uncertainty on the re-awarding of the Dementia Care Essentials (DCE) contract, necessitating the Board to commit reserves to fund operating shortfalls as we continued with staffing levels beyond our needs should the contract not be renewed, followed by a second half of normal operations along with a step-up in the level of donations and bequests.

The initial deferral of approval of the DCE contract was followed by a temporary extension to our existing contract, and finally in November we were issued with a new three year contract on the expanded terms for which we had tendered. As a result of this delay a number of budgeted items consistent with the uplifted scope of our tender, which was included in our financial budget for the year, were deferred, resulting in a once-off saving for the year as compared to our budget.

From an accounting perspective we have made two significant changes during the year. Firstly we have fully adopted AASB 1004 Contributions which has resulted in an additional \$838,103 of receipts from prior years being included in Revenue in Financial Year 2011 that would have historically been carried forward to future years. All unallocated revenue is now brought to account as revenue in the year of receipt rather than deferring until future accounting

periods. We have also elected to adopt the Reduced Disclosure Requirements available through the early adoption of AASB 1053 and AASB 2010-2. The reduced disclosure requirements aim to improve the relevance and clarity of our financial reporting.

We have also separated the presentation of our financial report between Operations and Research. The Research funds relate to some generous bequests that have been specifically directed by the benefactor to research and are therefore not able to be used in the general operations. In accordance with the Boards conservative position we have been progressively converting the bequests into cash to provide certainty around the capital. This has enabled us to commence the process of considering worthy options for research grants, the first of which is expected to be made during the course of the coming year.

On behalf of your Board I am pleased to report an operating surplus of \$1,027,432 for the year ended 30 June 2011 (\$189,329 before impact of change in the full adoption of AASB 1004 Contributions). This represents an excellent uplift from the previous year where an operating surplus of \$86,134 was recorded. Furthermore, I am pleased to report a surplus of \$308,701 in Research generated through investments and further bequests.

The operating surplus has allowed the Board to introduce a number of special short and long term projects that will benefit our members and the wider community, and continuing our goal of delivering broader levels of service.



I would like to personally thank the Board and the management of Alzheimer's Australia Vic for their steadfast resolve through this difficult period and the efforts that were made during the year to both raise revenues and to contain costs.

We are also very pleased to see the benefit derived from greater awareness of our organisation in the form of increased public support derived through donations and bequests. This is through considerable effort of our staff that have responsibility for fundraising, ongoing support from board members and of course the continuing support of our members. However, the welcome addition of a high profile national chairperson along with the publicity our organisation is gaining, assists in many ways with our fundraising efforts from governments, corporations and individuals. The flow on effect of this will enable us to progressively introduce expanded services to our members.

A handwritten signature in black ink, appearing to read 'Ian Knight', written over a white background.

Ian Knight
Treasurer
28 September 2011

Summarised financial report 2010-2011

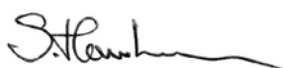
This section contains a summarised version of the full audited financial accounts which, together with the Board's Report, are available on our website at www.alzheimers.org.au/vic, by request to alz@alzvic.asn.au or phone 1800 100 500.

Statement by Members of the Board

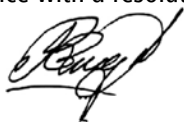
In the opinion of the Board this Summarised Financial Report for the year ended 30 June 2011 and comprising the Statement of Comprehensive Income, Balance Sheet, Statement of Changes in Equity and Cash Flow Statement:

1. Is consistent with the Annual Financial Report from which it is derived and upon which we expressed an opinion in our Statement by Members of the Board dated 28 September 2011.
2. At the date of this statement, there are reasonable grounds to believe that Alzheimer's Disease and Related Disorders Association of Victoria Inc will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:



Stephen Hawke
Vice President
28 September 2011



Ian Knight
Treasurer
28 September 2011

Independent Auditor's Report

TO THE MEMBERS OF ALZHEIMER'S DISEASE AND RELATED DISORDERS ASSOCIATION OF VICTORIA INC.

We have audited the Summarised Financial Report of Alzheimer's Disease and Related Disorders Association of Victoria Inc., which comprises the Balance Sheet as at 30 June 2011, Statement of Comprehensive Income, Statement of Changes in Equity and Cash Flow Statement for the year ended on that date, in accordance with Australian Auditing Standards.

In our opinion, the information reported in the Summarised Financial Report is consistent with the Annual Financial Report from which it is derived and upon which we expressed an unqualified audit opinion in our report to the members dated 28 September 2011. For a better understanding of the scope of our audit, this report should be read in conjunction with our Audit Report on the Annual Financial Report.



MDHC Audit Assurance Pty Ltd



Kevin P Adams
Director
28 September 2011

Summarised financial report 2010-2011

BALANCE SHEET AS AT 30 JUNE 2011

	2011			2010		
	Operations	Research	Total	Operations	Research	Total
	\$	\$	\$	\$	\$	\$
CURRENT ASSETS						
Cash and cash equivalents	3,656,911	1,609,395	5,266,306	2,067,963	488,268	2,556,231
Trade and other receivables	145,421	-	145,421	316,718	-	316,718
Other financial assets	-	255,053	255,053	-	1,067,479	1,067,479
Inventories	8,439	-	8,439	22,032	-	22,032
TOTAL CURRENT ASSETS	3,810,771	1,864,448	5,675,219	2,406,713	1,555,747	3,962,460
NON-CURRENT ASSETS						
Property, plant and equipment	7,494,549	-	7,494,549	7,531,255	-	7,531,255
TOTAL NON-CURRENT ASSETS	7,494,549	-	7,494,549	7,531,255	-	7,531,255
TOTAL ASSETS	11,305,320	1,864,448	13,169,768	9,937,968	1,555,747	11,493,715
CURRENT LIABILITIES						
Trade and other payables	729,064	-	729,064	411,041	-	411,041
Employee benefits	540,803	-	540,803	543,128	-	543,128
Other liabilities	962,116	-	962,116	983,298	-	983,298
TOTAL CURRENT LIABILITIES	2,231,983	-	2,231,983	1,937,467	-	1,937,467
NON-CURRENT LIABILITIES						
Employee benefits	107,665	-	107,665	73,488	-	73,488
Other liabilities	11,227	-	11,227	-	-	-
TOTAL NON-CURRENT LIABILITIES	118,892	-	118,892	73,488	-	73,488
TOTAL LIABILITIES	2,350,875	-	2,350,875	2,010,955	-	2,010,955
NET ASSETS	8,954,445	1,864,448	10,818,893	7,927,013	1,555,747	9,482,760
Accumulated surplus	4,492,717	-	4,492,717	3,466,349	-	3,466,349
Asset revaluation reserve	4,438,226	-	4,438,226	4,438,226	-	4,438,226
Other reserves	23,502	1,864,448	1,887,950	22,438	1,555,747	1,578,185
TOTAL MEMBERS' FUNDS	8,954,445	1,864,448	10,818,893	7,927,013	1,555,747	9,482,760

Flinders Street Station Dementia Awareness Week activities
September 2010
Photo: Lucy Aulich



Summarised financial report 2010-2011

STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2011

INCOME	2011			2010		
	Operations \$	Research \$	Total \$	Operations \$	Research \$	Total \$
Government grants	7,118,707	-	7,118,707	5,977,644	-	5,977,644
Public support	963,050	83,842	1,046,892	498,431	242,351	740,782
Membership	40,060	-	40,060	62,165	-	62,165
Dividends	-	65,989	65,989	-	53,200	53,200
Interest	132,734	46,933	179,667	61,479	27,020	88,499
Other revenue	297,113	142,254	439,367	319,796	45,786	365,582
	8,551,664	339,018	8,890,682	6,919,515	368,357	7,287,872
EXPENDITURE						
Service provision	5,761,887	-	5,761,887	5,079,975	-	5,079,975
Occupancy	501,549	-	501,549	499,919	-	499,919
Program delivery/Administration costs	1,116,876	-	1,116,876	1,084,768	-	1,084,768
Depreciation	143,920	-	143,920	168,717	-	168,717
	7,524,232	-	7,524,232	6,833,380	-	6,833,380
Surplus/(deficit)	1,027,432	339,018	1,366,450	86,135	368,357	454,492
Other comprehensive income						
Revaluation increment on land & buildings	-	-	-	1,336,873	-	1,336,873
Unrealised increment on shares	-	25,786	25,786	-	71,579	71,579
Transfer from financial asset valuation reserve on sale of shares	-	(56,103)	(56,103)	-	(14,169)	(14,169)
Total comprehensive income	1,027,432	308,701	1,336,133	1,423,008	425,767	1,848,775



*Spectrum Migrant Resource Centre Multicultural Choir performed at the launch of the Mind your Mind 15 bilingual tip sheets in May.
Photo: Darren James*

Summarised financial report 2010-2011

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2011

	Accumulated Surplus \$	Other Reserves \$	Research Reserve \$	Financial Asset Valuation Reserve \$	Asset Revaluation Reserve \$	Total \$
Balance as at 30 June 2009	3,380,602	20,693	1,105,223	26,114	3,101,353	7,633,985
Surplus/(deficit)	454,492	-	-	-	-	454,492
Revaluation increment	-	-	-	-	1,336,873	1,336,873
Unrealised increment	-	-	-	71,579	-	71,579
Transfer to income on sale of shares	-	-	-	(14,169)	-	(14,169)
Transfer to reserves	(368,745)	1,745	367,000	-	-	-
Balance as at 30 June 2010	3,466,349	22,438	1,472,223	83,524	4,438,226	9,482,760
Surplus/(deficit)	1,366,450	-	-	-	-	1,366,450
Revaluation increment	-	-	-	-	-	-
Unrealised increment	-	-	-	25,786	-	25,786
Transfer to income on sale of shares	-	-	-	(56,103)	-	(56,103)
Transfer to reserves	(340,082)	1,064	339,018	-	-	-
Balance as at 30 June 2011	4,492,717	23,502	1,811,241	53,207	4,438,226	10,818,893

CASH FLOW STATEMENT FOR THE YEAR ENDED 30 JUNE 2011

	2011 \$	2010 \$
CASH FLOW FROM OPERATING ACTIVITIES		
Receipts from government and other sources	8,418,930	6,858,036
Payments to suppliers and employees	(6,658,737)	(7,160,609)
Interest received	132,734	61,479
Net cash provided by/(used in) operating activities	1,892,927	(241,094)
CASH FLOW FROM INVESTING ACTIVITIES		
Proceeds from sale of shares	924,362	234,773
Purchase of shares	-	(14,377)
Payments for property, plant and equipment	(107,214)	(41,668)
Net cash provided by/(used in) investing activities	817,148	178,728
Net increase/(decrease) in cash held	2,710,075	(62,366)
Cash and cash equivalents at beginning of financial year	2,556,231	2,618,597
Cash and cash equivalents at end of financial year	5,266,306	2,556,231

© Lynton Crabb Photography - front & back covers, pages 7, 9, 11, 12, 17, & 23



Alzheimer's Australia Vic is registered as Alzheimer's Disease and Related Disorders Association of Victoria Inc.
Registered No A0013779R Alzheimer's Australia Vic has Item 1 Tax Deductible Gift Recipient Status
ABN 14671 840 186 ARBN 106 766 769 ISSN 1836 - 3652

Head Office

Alzheimer's Australia Vic
98 - 104 Riversdale Road
Hawthorn Victoria 3122

Postal Address
Locked Bag 3001
Hawthorn Victoria 3122

T: (03) 9815 7800
F: (03) 9815 7801
E: alz@alzvic.asn.au

 @AlzheimersVic
 Alzheimer's Australia Vic
 AlzheimersVic

www.alzheimers.org.au/vic
National Dementia Helpline
1800 100 500



or via the
Telephone Interpreter Service
131 450

Regional Offices

Barwon Region
10 Aberdeen Street
Geelong West 3218

South Western Region
Suite 6, 715 Raglan Parade
Warrnambool 3280

Gippsland Region
Latrobe Community
Health Service
42 - 44 Fowler Street
(PO Box 63)
Moe 3825

East Gippsland Region
347a The Esplanade
(PO Box 909)
Lakes Entrance 3909

Grampians Region
Queen Elizabeth Centre
102 Ascot Street
(PO Box 199, Ballarat 3353)
Ballarat 3350

Hume Region
38a Carrier Street
Benalla 3672

Loddon Mallee Region
48 Queen Street
Bendigo 3552

369 Campbell Street
Swan Hill 3583





www.alzheimers.org.au/vic

National Dementia Helpline
1800 100 500

or via the
Telephone Interpreter Service
131 450