

UNDERSTAND ALZHEIMER'S
EDUCATE AUSTRALIA

ACT
ANNUAL
REPORT
2012-13

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Jane Allen

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An Australian Government Initiative



ALZHEIMER'S AUSTRALIA ACT

ANNUAL REPORT 2012-13

CONTENTS

STRATEGIC PLAN	3
PRESIDENT'S REPORT	4
CHIEF EXECUTIVE OFFICER'S REPORT	5
2012-13 ALZHEIMER'S AUSTRALIA ACT HIGHLIGHTS	6 - 7
ORGANISATION CHART	8
SUPPORT AND SERVICES	9 - 10
CLIENT STORY 1	12
ACKNOWLEDGEMENTS	14 - 17
CLIENT STORY 2	19
STATEMENT BY BOARD MEMBERS	20
AUDITOR'S REPORT	21
STATEMENT OF COMPREHENSIVE INCOME	22
STATEMENT OF FINANCIAL POSITION	23
SUMMARY OF PROGRAM FUNDING AND EXPENDITURE	24

VISION

A society committed to the prevention of dementia, while valuing and supporting people living with dementia

PURPOSE

Provide quality services to, and be the strong and credible voice for people with dementia, their families, carers and the ACT community

VALUES

Integrity

Empowerment

Professionalism

Diversity

CONFRONT ALZHEIMER'S ADVANCE AUSTRALIA

Alzheimer's Australia ACT Inc. Strategic Plan 2012-2015

Our Vision

A society committed to the prevention of dementia, while valuing and supporting people living with dementia.

Our Purpose

Provide quality services to, and be the strong and credible voice for people with dementia, their families, carers and the ACT community.

Our Values

Integrity
Professionalism
Empowerment
Diversity

Objectives

Key Strategies

- | | | |
|---|-----|---|
| 1. Improve advocacy and empower consumers. | 1.1 | Maintain involvement in, and improve effectiveness of, appropriate consumer forums to ensure we understand the needs of those in the ACT whose lives are affected by dementia. |
| | 1.2 | Maintain and develop strong and effective working relationships with key stakeholders to position Alzheimer's ACT as the leading, credible and influential voice for those in the ACT whose lives are affected by dementia. |
| | 1.3 | Collect and disseminate relevant research and information designed to inform, educate and empower consumers. |
| 2. Improve the effectiveness and quality of dementia support and services. | 2.1 | Deliver high quality dementia support and services. |
| | 2.2 | Utilise consumer forums and other research to identify new opportunities to enhance or expand our dementia support and services. |
| 3. Promote and support dementia research. | 3.1 | Contribute to and support Alzheimer's Australia research and other national and international dementia research activities. |
| | 3.2 | Apply and communicate research outcomes to enhance individual and community awareness and understanding relevant to dementia cause, cure and care. |
| 4. Ensure Alzheimer's ACT is a high performing, well governed and financially sound organisation. | 4.1 | Ensure Alzheimer's ACT has sound budget arrangements to support its programs and operational requirements. |
| | 4.2 | Strengthen the governance framework. |
| | 4.3 | Recruit, develop and maintain a high-performing and flexible workforce to support the delivery of quality dementia support and services. |
| | 4.4 | Ensure Alzheimer's ACT has the appropriate premises, facilities and tools to support business requirements. |
| | 4.5 | Collaborate with Alzheimer's Australia to identify and explore opportunities to achieve national consistency in relevant areas. |
| 5. Contribute to and support organisational positioning nationally and locally. | 5.1 | Continue the implementation of Alzheimer's Australia rebranding. |
| | 5.2 | Participate in relevant national campaigns. |

PRESIDENT'S REPORT

The 2012-13 year has been another successful one for us! It has been full of excitement and been a highly productive one.

Our Fight Dementia Campaign reached a high point in August 2012 when dementia became the ninth National Health Priority. This is a great outcome for our whole constituency and Australia at large – generating greater focus on dementia and associated research and care initiatives! Added to this is the new Government's commitment to the aged care reforms and their confirmation they will provide \$200million over 5 years for dementia research. This is exactly what we were seeking – as a starting position!



On the ACT front, we have seen the establishment of a fundraising committee. Already, we have seen the benefits of the great work of this very special group of people, led by Judy Woolstencroft. I have met with the group and they are deeply committed and dedicated to raising funds to support our work and raising our profile in Canberra. I thank our new committee for their fabulous work so far and am excited by their enthusiasm for doing more; and taking on bigger events in the future.

The recent Dementia Memory Walk and Jog event was a great success. A first for us yet we attracted 250 participants. The awareness and fundraising flowing from this event are substantial.

The Walk and Jog was a highlight for me of another extremely successful Dementia Awareness Week in 2013. Participants enjoyed outstanding international and local speakers and truly international standard events during the week. It is a clear testament to the hardworking people in our organisation in putting together an event of the highest standard. No wonder that we were able to attract significant local media interest in print, radio and television! The media are interested in hearing the life stories and the real world facts around dementia of which we so desperately need to make the public and our political leaders aware. Let's keep our voices strong and clear on these messages!

Our consumers have seen the benefit of additional funding streams from government. As a result, we are enhancing some programs and have established a new national program for people living with younger onset dementia. This is a clear reflection of our strong commitment to good governance. We have seen significant progress in this space and this will put us in a strong position to compete for government funds in the future. We are demonstrably establishing our credentials as a well-managed and well-led organisation which can be trusted to deliver what we say we will deliver! Thank you to all of our staff.

Overall, this position reflects the work the Board, senior managers and staff have undertaken in establishing our governance and risk frameworks and overseeing the development of our Quality Management System. We are, thereby, demonstrating our ability to meet government compliance and regulation requirements and the expectations of our consumers – and we are already seeing some funding benefits flow through!

Board members have all conducted themselves, yet again, with great professionalism, commitment and dedication. As a direct result, we have been able to ensure that everyone remains focused on our service delivery obligations within a strong organisational context of good governance, strategic focus and organisational and personal integrity for all staff and volunteers, to better serve and support people living with dementia and their carers. I cannot thank Board members enough for their work this last year.

Jane has led the organisation reflecting her strong leadership capabilities and ability to engage with staff and consumers. Our staff continue to demonstrate astonishingly deep compassion, dedication and commitment in delivering services and support to the highest standards!

Together, our incredible staff and our open hearted consumers, carers and volunteers are the soul of our organisation and together they really make it a true delight for me to be involved in Alzheimer's Australia ACT and it is a great privilege to engage with them all. My heartfelt thanks to all members of the Alzheimer's Australia ACT family and here's to another year of growth in our capabilities and strengths.

A handwritten signature in black ink, which appears to read 'Michael Pedler'. The signature is stylized with a large, sweeping 'M' and a cursive 'Pedler'.

Michael Pedler, President



This year has been busy, exciting and successful on so many levels with a stronger focus on promotion and awareness raising, increased funding and donations and our first ever bequest - and to top it all off achieving a surplus result for 2012-13!

We have continued to implement the new brand of Alzheimer's Australia on all our publications, brochures, education programs and merchandise. Our brand recognition is growing nationally and in the ACT and undoubtedly this has helped raise our profile and awareness of dementia in the community. We are so proud to display our spectacular flags, signage, T-shirts and merchandise at all events.

The Australian Government's commitment to aged care reform through the Living Longer Living Better package has translated into increased funding for services. This includes a new program for people living with younger onset dementia and additional funding to expand the Dementia Behaviour Management Advisory Service into hospitals and GP clinics. Both new streams of funding mean that we can extend our reach and serve consumers who have in the past missed out on services.

An exciting development this year has been the establishment of a Fundraising Committee comprising family carers and staff member, Eileen McEntee. Earlier in 2013, Judy Woolstencroft and her partner's adult children expressed a strong interest in raising awareness and much needed funds - so the Fundraising Committee was born. In just over eight months the Committee has raised \$6,000 which is fantastic and income we wouldn't have otherwise.

The Board and management team have continued to work together to refine and complete our governance and operational framework including a Quality Management System (QMS), Business Plan, Business Continuity Plan, and Fraud Control Plan. These documents guide the way we operate and take forward the Board's Strategic Plan for our organisation.

In December 2012 and February 2013 Government officials audited our Home and Community Care program (HACC) and the National Respite for Carers program (NRCP) using the Community Care Common Standards. We achieved 100% compliance meeting all 18 standards. We were absolutely delighted with the outcome of the audit that demonstrates we are evolving into a mature, well governed and highly respected organisation.

I want to take the opportunity to thank President Michael Pedler and the Board for their leadership, guidance and confidence in the management team and all staff. We have achieved an ambitious program of work together which has resulted in improved and increased services to people living with dementia and those that care for them.

Words can't express the high regard and gratitude I have for our staff. Each of them brings their unique skills, professionalism, heart and passion for their work and I am so very proud of them. On a daily basis they interact with clients, their families and carers with deep respect, understanding and empathy and nearly always manage to lift their spirits and make them smile. We receive many compliments about staff from consumers and seek feedback on a regular basis to ensure we remain responsive to needs and provide relevant services to our community.

I want to acknowledge the generosity of Canberrans. This year we have received our first bequest of \$73,000 from a former client and donations from hundreds of people who give to help us continue our valued work in the community. A big thank you to all our donors - we are most grateful for your support.

In closing, I want to give special thanks to our wonderful band of volunteers. They come with their smiles and willingness to help out whenever and wherever needed and we couldn't do without them.

We all look forward with optimism to the year ahead that hopefully will bring expansion of our services, prosperity and new office premises! We have outgrown our Kaleen office and are seeking to co-locate with our National Office in more appropriate premises in order to better serve our consumers.

Jane Allen,
Chief Executive Officer

Ita Buttrose,
Australian of the Year, at
the National Press Club
July 2012



Prof. Colleen Cartwright
*End of Life Planning for
People with Dementia*
October 2012



AlzACT Members' Christmas party,
Albert Hall
December 2012



JULY 2012

SEPT 2012

OCT 2012

DEC 2012

FEB 2013



Dr Serge Gautier
*Brain Health, Making the
Connections*
September 2012



Steam Train Trip
Journey to the Past
September 2012



Valentine's Day
February 2013



Christian Bakker
*Better Practice Service
 Provision for People with
 Younger Onset Dementia*
 March 2013



MARCH 2013

**Carers' Bus Trip to
 Batemans Bay**
 April 2013



APRIL 2013

**South Korean
 Institute of Dementia
 delegation**
 May 2013



MAY 2013

JUNE 2013



**Launch of Heart Your
 Brain Challenge**
Walk, Talk & Brekkie
 March 2013



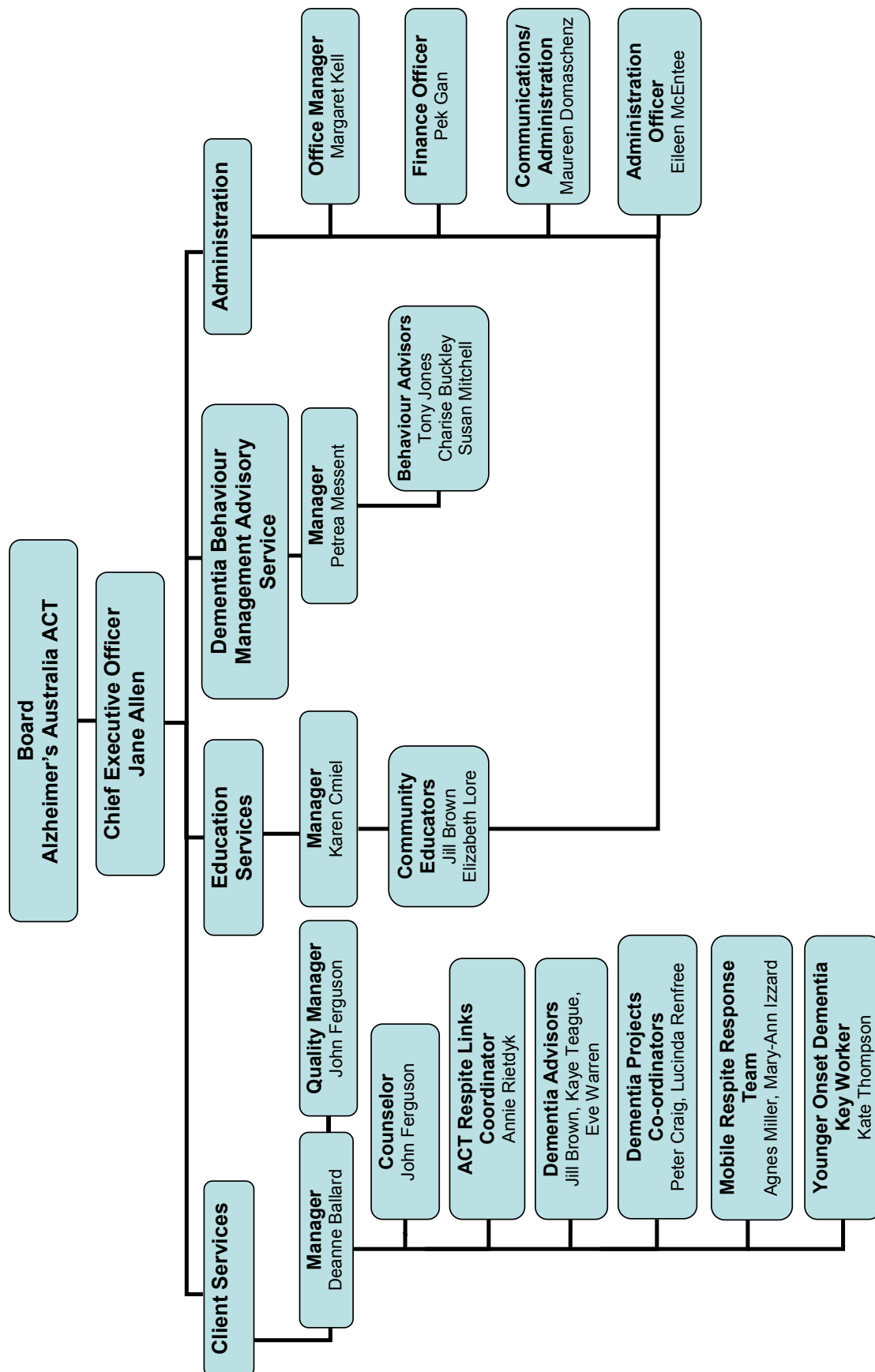
Dr Peter Spitzer
Happiness and Health
 May 2013



Prof. Julian Hughes
End of Life
 June 2013



ORGANISATION CHART



How we assist people with dementia, their families and carers

Our team of dedicated and skilled staff provide a wide range of services and support for people living with dementia, their families and carers under the following programs:

- National Dementia Helpline provides an information advice and referral service for people living with dementia, their carers and the broader community.

814 enquiries were received through the National Dementia Helpline.

- **Counselling** service provides emotional support and practical strategies to individuals, couples, and family groups to help them cope with the impact a diagnosis of dementia and associated grief and loss in their lives. The sessions are offered in home or at our offices.

236 Counseling sessions were provided to 115 participants.

- **Dementia Links** provides social engagement opportunities through the Home and Community Care Program for people with early stage dementia and younger onset dementia. This program encourages participants to remain connected to the community through a range of activities including the National Gallery of Australia Art Group, social and walking groups.

8,221 hours of social support and 5,862 trips through transport to access group activities were provided to participants.

- **Carer support groups** offer practical strategies, information, education, emotional and peer support for family carers. The groups cater for men, younger women and mixed groups in a variety of settings. These groups enable participants to: share their feelings and experiences with others; understand dementia and ways to cope; encourage support through friendships; and how to take care of themselves.

78 participants in 4 Carer support groups received support throughout the year.

- **ACT Respite Links** program provides family carers with access to flexible respite opportunities through a partnership with Carers ACT providing short-term respite and Community Options providing in-home respite to enable carers to have a break from their caring role. Alzheimer's ACT, the lead agency in the partnership, runs a monthly support group which encourages friendships, sharing ideas and experiences and interstate bus trips providing much needed social interaction and respite from their caring role.

138 carers received respite this year through this flexible service.

- **Mobile Respite Response Team** provides information, support and strategies for families caring for their loved one with dementia at home. The two member team provide an in home, person-centred service that assists the carer with advice and strategies to maintain their caring role and links them to other services and organisations that can provide short-term respite, day programs and longer term care when required.

172 carers received support from MRRT this year.

SUPPORT AND SERVICES

- [Dementia Behaviour Management Advisory Service](#) provides information, assessment and case management for people with dementia exhibiting changed behaviours, and support and education for family and professional carers.

DBMAS provided [112](#) occasions of information and advice, case managed and provided carer support for [157](#) clients, and delivered [2](#) tailored education programs to [42](#) participants.

- [The Living with Memory Loss Program](#) provides information, support, education and planning for people with early stage dementia and their carer. The program is run over 6 weeks, one morning each week. On completion of the program participants are invited to join a support group and link to other programs provided by Alzheimer's ACT. This program is very popular and has a waiting list.

[5](#) Living with Memory Loss Programs were provided to [82](#) participants.

- [Education Services](#) provides education and training on dementia and associated topics for family carers, people with dementia, staff in aged care facilities, health professionals and the broader community. Education services for 2012-13 has seen an increase in training provided to the Disability sector, the University of Canberra and the Acute Care sector, highlighting the ever increasing need for dementia training in the ACT.

Course topics included:

- What is Dementia?
- Effective Communication
- Experiencing Dementia
- Intellectual Disability and Dementia
- Behavioural Symptoms of Dementia
- Dementia research
- Meaningful Activities
- Healthy ageing and dementia risk reduction
- Care for the Carer
- Customised education

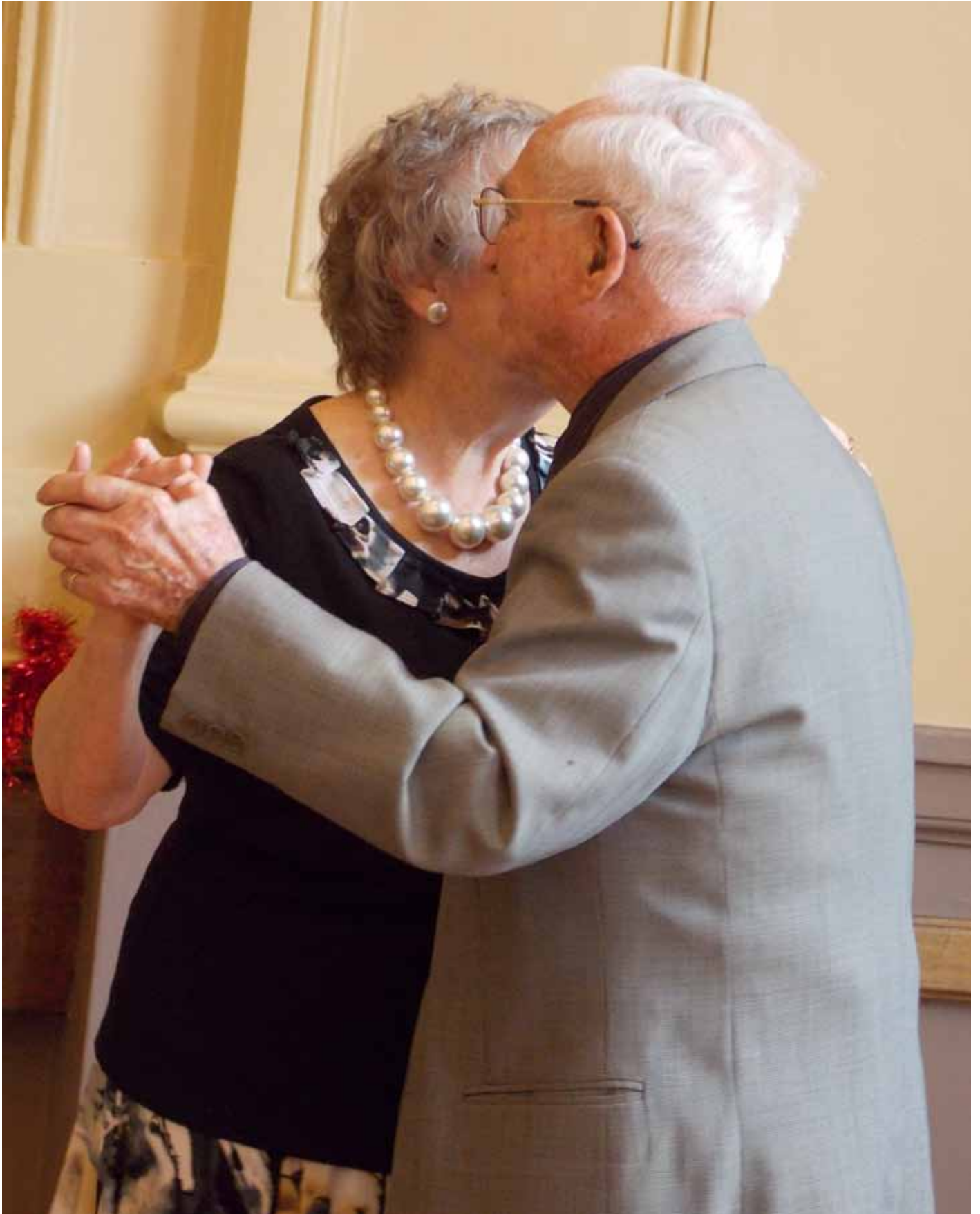
Education Services attendance for 2012-13

[68](#) family carers attended [9](#) family carer education sessions

[1,417](#) aged care and health professionals attended education and training courses

[681](#) people attended community education sessions

[1,276](#) people accessed resources from information stands.



CLIENT STORY 1

My Father, **Tom**, passed away this year, aged 88 years old. This generation grew up in the aftermath of WWI, flu epidemic and then the Great Depression entered their lives as they were growing up as WWII loomed.

Dad had Post Traumatic Stress Disorder from WWII (he was not quite 18 years old when he joined the Navy), Parkinson's, depression and dementia. Sadly, he also re-lived WWII atrocities and was in torment in his last few years in particular.

The romance that had begun as he left for war continued and he married his sweetheart, **Christina**, in 1945.

The War had only been a fraction of his life but never left him. He faced adversity and met challenges building his own family life and building businesses from scratch. He tried to make a difference in other's lives.

Hindsight is a wonderful thing – now we can see patterns of mood swings and bad business decisions over many years and by the time Parkinson's was diagnosed we were still not aware of how much he would change. The dementia was a cruel addition to his illnesses and he was determined to remain at home and would not allow us to put his name down on any nursing home list.

The journey to respite care nearly took all of Mum's energy. A Behaviour Advisor from the Dementia Behaviour Management Advisory Service (DBMAS) from Alzheimer's Australia ACT entered our lives at this time. I feel she saved both my parent's lives and gave me support as both my brothers did not live close by. She made Mum and me feel that we were not alone in our journey with Dad.

I nearly lost all confidence with my Dad during respite care. There are no words to describe how Mum and I felt after our visits where Dad felt he was in jail. On one occasion in particular I could see somehow that he was being so brave fighting this terrible disease. No child wants to make that decision about long term care for their parent and I needed help.

Throughout these very difficult times the Behaviour Advisor gently and professionally encouraged us not to take anything personally - as Mum and I found it extremely hard not to take anything personally! We learned what it meant to be advocates for Dad.

After respite care there were some moves between nursing homes before finally making the transition to one closer to home. This was just before I began nearly 6 weeks of radiotherapy treatment for breast cancer.

Dad in the new nursing home now received his medications on time and the staff did their best to manage Dad's "going home and packing up" behaviour. Mum was still worried that he would have to come home as she felt no-one would be able to handle him. The nursing home staff and the DBMAS Behaviour Advisor were always there for her with hugs and kind words.

At this critical time, as she coped with the way life was changing, Mum was also assisted through the Counselling service at Alzheimer's Australia ACT. The counsellor's professionalism and patience is much appreciated and we know we can ask for assistance again if needed.

Our Behaviour Advisor respected my Dad and gave him his dignity back to manage his last journey on his own terms as much as possible. She helped a grief-stricken family cope with kindness and practical suggestions and included staff at the nursing homes whose standards of care varied widely.

Dad needed innovative support for his behaviours and while I understand everyone is an individual he certainly pushed the boundaries. Our Behaviour Advisor provided these innovations for Dad, family and staff entrusted with Dad's care.

Dad and the Behaviour Advisor discussed butterflies on one visit – his mind in torment but the sight of a butterfly took him somewhere he could share with this kind lady he trusted.

We paid tribute to our special Behaviour Advisor and Alzheimer's Australia ACT during the eulogy to bring our friend's and family's attention to the help we received:

"In his last days, he couldn't remember the name of the gem of an advisor from Alzheimer's Australia, so he simply said: "You are the lady who saved my life".

In truth she saved all our lives. I am so glad we asked for help from Alzheimer's Australia ACT.



Acknowledgements

Thanks to all our supporters who gave so generously throughout the year. Without your financial support, sponsorship, and giving of time we could not continue to provide quality support and services.

Donation - General

Anonymous x 16
Abatedaga, A
Ahrens, J
Alexander, L
Allen Associates Pty Ltd
Allen, M
Altree-Williams, A
Amey, N
Amphlett, J
Anderson, B
Aquarobics Groups at
Tuggeranong
Archer, D
Archer, K
Arthur, R (online)
Atcherley, P
Bailey, K V
Bailey, M
Bales, I
Banfield, P
Bell, T & R
Benedictos, N
Bennett, C & M
Beresford - Wylie, S
Bergin, C & N
Bevan, V
Boag, E & T
Bourne & Bindley, A & L
Bradley, C
Bridson, M
Britton, C
Browne, M
Buchanan, J
Budynek, T
Burgess, B
Burke, R
Campbell-Stewart, R & A
Order of the Eastern Star
Canberra Chapter No 52
Candy, S
Carlyon, S
Carruthers, B
Carter, H & A
Cassar, E
Cenzig, B
Chadwick, T
Chamberlain, S
Chisholm, M
Christou, A
Clifford, F
Cochrane, S
Coker, S

Donation - General

Colwell, M
Condon, L
Conway, H
Crane, C
Crawshaw, R
Croker, C
Croston, J
Cummings, T
Cusack, P
Dakin, J
Damico, B
Davidson, M
Davish, S
Davok, W
Dawes, R
De Costa, S
Dearing, F & E
Delaney, L
Dent, H
Diurno, G
Dobbin, A
Domaschenz, M
Dyer, S & S
Eibisch, M
Elliot, J
Fenemore, B
Finister, H
Fogg, C
Forbes, J
Fowler, S
Fragopoulous, A
Fraser, G
Fulton, M
Funnell, L
Gan, P
Garay, U
Garnier M & H
Gasendo, J
Gates, J
Gelliel, J
Gibbon, E
Gilet, S
Gillard, S
Goddard, P
Gordon, J
Green, E
Grey, R
Griffiths, A
Griffiths, R
Grill'D Pty Ltd
Grima, M
Grossbechler F
Grove, R

Donation - General

Grubb, A
Hain, P
Hallam, L & C
Hambur, P
Hammond, R
Harding, M
Harkin, H
Hedger, G
Helle, G
Helle, K
Hernandez, M
Higgins, D
Hindley, P
Hinton, L
Hinton, M
Hodge, D & R
Hodgkinson, M
Hodgson, J & F
Holburn, J
Holburn, M
Howard, M
Huber, J & R
Huffam, A
Humphrey, J
Humphrey, H
Hurst, D
Jameson, O & J
Jayamanne, V
Jeffriess, S
Jones, E
Jowett, A & M
Keith, C
Kennedy, E
Kerr, M
Ketley, D
Khannah, B
Kielich, K
Kirby, K
Klomp, L
Koci, G
Kogon, V
Langdale-Smith, G
Lee, E
Leech, L & J
Leetham, B & D
Leetham, R
Lemmon, P & R
Lewis, K
Lieu, T
Lindenmayer, I & R
Lingwood, G
Liston, C

Donations - General

Liston, M
Lovering, B & J
Maddigan, E
Magi, B
Mann, A
Marotti, C
Martin, J
Matchett, S
McAlister, C
McArdle-English, S
McAuliffe, M
McCarthy, E
McCarthy, M
McCook, B
McKay, D & I
McKay, G & D
McKenzie, L
McNamara, M & S
McNess, G
Mercer, B
Middleton, M
Milham, H & D
Miller, A
Mills, J
Moir, D
Moon, M & D
Moore, A
Morgan, C
Morrow, K
Mosman Art Gallery Concert
Murray, M
Mylonas, M
Nachouki, K
Naco, A
Needham, M
Nelipa, P
Oakey, J & A
Oakman, M
Olive, T
Ortolani, S
O'keefe, E
O'Toole, D
Parliament & Ross, J & I
Payol, F
Perman, PL
Perryman, S
Philanthropy Victoria
Pogson, H
Porecki, E
Potter, M
Power, J
Price, C

Acknowledgements

(continued)

Donations - General

Price, J
Prickett, H
Pritchard, K
Prout, M
Quayle, Y
Ramirez, M
Ramsay, M
Read, DT
Reedy, C
Renshaw, V
Rhind, M
Richards, R
Richardson, S
Robinson, M
Rodriguez, M
Ross, M
Salvage, J
Santos, C
Saunders, C
Schell, G & R
Schmied, M
Schumacher, S & T
Scott, P & B
Shepherd, L & I
Shipton, L
Silva, J
Simpson, B
Simpson, M
Simpson, S
Skvorc, K
Smith, Sir D
Smith, J
Smyth, R
Stapleton, P
Stobutzki, L
Stobutzki, M & L
Strane, K
Strang, D
Strang, K
Stubbs, R
Sutherland, E
Swain, E
Swainson, R
Sweeney, P
Tavares, L
The Canberra City
Bowling Club
Thomas, H
Thompson, C
Thompson, J
Thompson, N
Toole, L
Towie, J

Donation - General

Townsend, V
Treasury, A
Tunks, G & M
Uzzell, M & A
Uzzell, P & M
Varga, P
Vennonen, A
Vessa, J
Voegeli, T
Wall, S
Ward, B & C
Waters, J
Watson, A
Webb, B
Webb, C
Weeden, J
Whalan, D
Wheeler, T
Whyte, M
Williams, A
Willsher, E
Winter, B
Wood, D
Woodward, D
Woolstencroft, J
Wurm, A
Yang, J
Young, R
Yuile, E
Zoccolan, L
Zuniga, C
Humphrey, K

Donations - Payroll Giving

AGL
Orica

Donatons - In Kind

Ainslie Football Club
Alive Fitness
Casella Wines, Griffith
Rotary Clubs of Canberra
North and Ginninderra
Southern Cross Club Woden
Southern Cross Health Club
The Hotel Realm
Wiffens Fyshwick



Acknowledgements

(continued)

Donations - In Memory

Anonymous x 45
Adria Village
Alexander, L
Andison, D & Elsley, P
Andrew, K
Atkinson, B
Bell, H
Blackwell, A
Bradley, C
Bradley, C & Walker, P
Brady, M
Broughton, J
Bryant, P
Bumpus, C & JE
Butt, B
Cameron, A & R
Canberra Jazz Club
Candy, S
Carton, PB & PE
Chinnery, C & K
Clark, Mr & Mrs
Crowe, DJ & VP
Crowe, J
Daly, H F
Davis, C
Depares, C
Dorizas, N
Emmerick, S
Evans, T
Fitzgerald, V
Florence, B G
Forster, A
Gair, S & I
Gale, T
Garland, B
Garreffa, R
Gawronski, J
Gelling, J
Gerace, N & G
Gough, K & S
Gray, R
Gray, S
Hamoln, R
Hart R & N
Hart, B
Hawker, L
Henley, M
Hodgkinson, M
Hollis, P
Hollis, S
Hunter Nyman, J
Imbriano, N

Donations - In Memory

International Police Association
IP Australia Social & Welfare Club
Jarman M & R
Kay, L
Kitney, P H
Kivela, H
Klavier Music Association Inc.
Kraus, D
Lamberts, A
Langman, F & E
Larson, R
Lesslie, P
Llewellyn, C
Lovett, M
Lynne, A
Manley, J
Marrington, E
Matera, N
Mather, J & I
Matz, B
McHugh, C
McLean, K & H
McNamara, P
Michael, P
Mitchell L & B
Mitchell, L
Monty C & R
Morris A
Motherway, M & W
Munyand, M J
Musgrove, K
Nickols, L & G
Nowak, C & N
O'Brien, F
O'Flynn, H
Onstenk, P
Owens, T
Paracalli, R & E
Pierson, J
Power, A
Rendall, G
Riley, R
Roberts, J
Robinson, R
Seminara, P
Smith, Sir D
Smith, M P
Smith, R E
Smith, T
Spouses, J & B
Stewart B
Sunderland R A

Donations - In Memory

Theddosion, T & S
Theodoridis, T & A
Thompson, P
Thrimurthy, P
Tu, C
Van Der Straaten, J
Venn, B & G
Visuanathan, S
Wace, M
Walker, M
Wallace G & J
Warwick, M & G
Weekes, J
Welsh, V
Werner, P
Wheeler, J
Wise, E



Volunteers

Alzheimer's Australia ACT has a committed and caring group of volunteers.

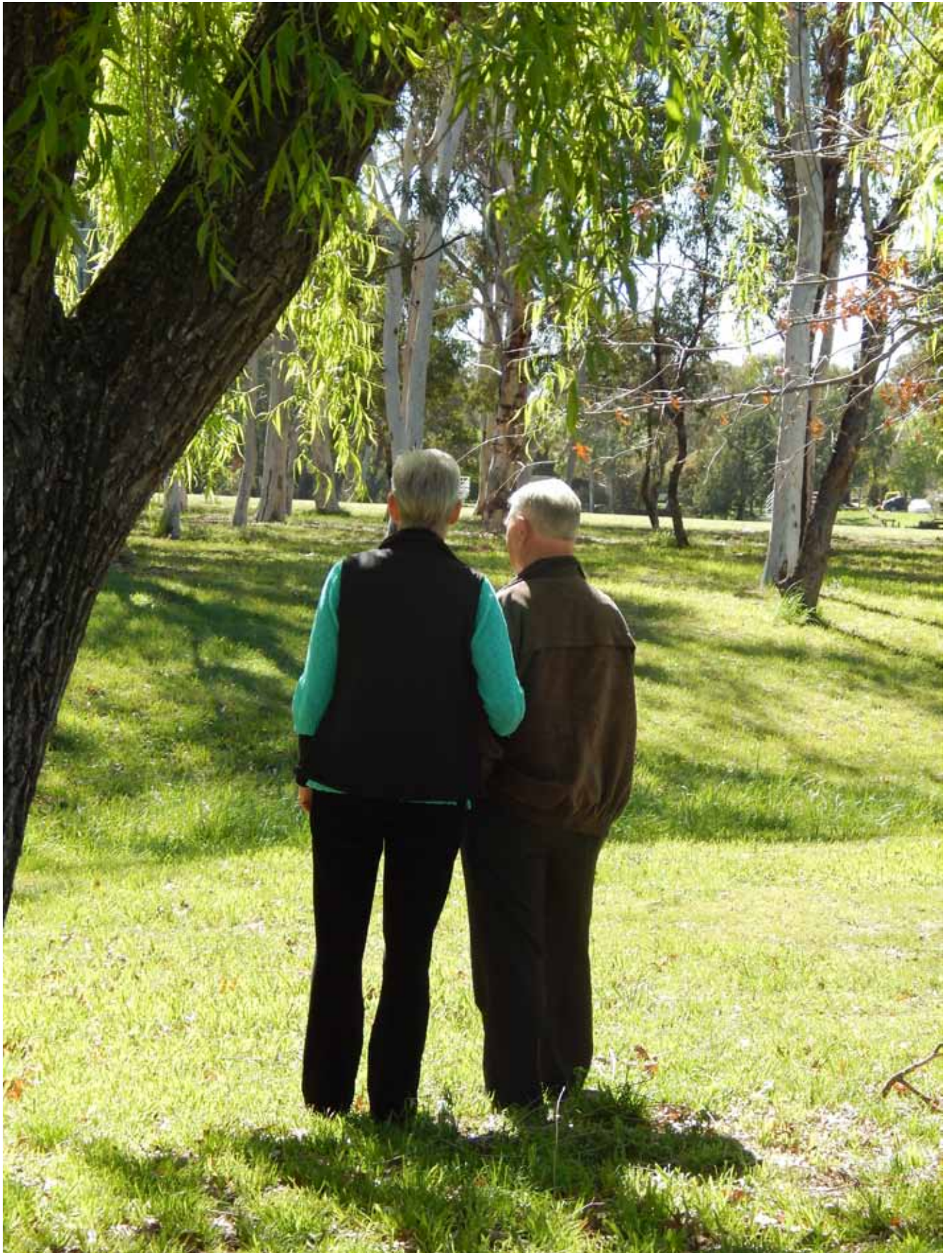
We wish to acknowledge their work throughout 2012-13 and thank them for helping us support people living with dementia and their carers in the ACT.

Angela Griffiths
Cecilia Bradley
Harold Milham
Helen Turyn
Horrie Humphrey
Joan Kellett
John Fely

Malini Warugevitanu
Margaret Bailey
Margaret Davidson
Mary Hayes
Mary Hodgkinson
Maura Motherway
Michael Koodiaroff

Moses Reid
Patrice Burns
Rhondda Garside
Robyn Da Roza
Ruki Peries
Sally Koodiaroff
Sharmain Lock





CLIENT STORY 2

John was diagnosed with early onset Alzheimer's disease in 2010. It was a terrible shock of course but as a family we felt that with the right information we could deal with everything. So we contacted Alzheimer's Australia and I remember the warm welcome we received from the staff at the Kaleen office. We came away from our first meeting with masses of information about dementia and the relevant services in Canberra.

As a fit and active 63 year old, **John** was determined to continue life as normally as possible and wasn't ready then to become actively involved in the Alzheimer's community. The children and I respected that and did our best to adapt home life to suit his needs.

The strategy worked well for some time but about a year later we realised we needed help. By that time, although **John** had remained cognitively stable, he was acutely aware of the changes going on inside him and these made him feel different from everyone else. Friends were kind but did they really understand what it was like to live with dementia? He lost confidence in himself, felt isolated by the disease, frustrated by and angry about its effect on him and the loss of the person he'd been. We weren't prepared for the emotional toll on the family either: everyone's role had changed and I frequently found I simply didn't know how to deal with issues that arose.

We felt it was important for **John** to meet other men of his age in the same situation. We contacted Alzheimer's again and two staff from Alzheimer's ACT visited us at home to explain the group activities now available for younger people with dementia. **John** joined the weekly walking group and the art group with its fortnightly trip to the National Gallery through the Dementia Links project. As he has always been passionately interested in art this has been wonderful. He really enjoys the guided visits, discussing the paintings and chatting over a coffee afterwards with the group. Through these regular activities he's made some good friends and looks forward to catching up with them each week.

Since that initial meeting with Alzheimer's staff, we have attended a Living with Memory Loss Program together, which was very worthwhile. I have attended a number of useful workshops and seminars for carers and will continue to do so because I've gained from them valuable information, practical advice and insights into dementia.

John remains physically fit and active, still provides wise counsel to our children and is a loving and actively involved father and grandfather. But he remains acutely aware of the changes taking place within him and finds them frustrating and distressing. At times he's needed someone outside the family to talk to and it has been good to be able to access the excellent counselling service available from Alzheimer's ACT.

I have also called on the advice of the Dementia Behaviour Management Advisory Service, which has been a great support. It is a comfort to know that when an issue arises there is someone readily available by phone and the counsellors will also follow up with a call or visit if needed. I go to a monthly Carer's Support Group which I value greatly. In this forum, under the gentle guidance of the convenor, carers talk about their experiences and I have learned useful practical tips from the good friends I've made within the group.

In addition to all of this, Alzheimer's ACT organises a range of social events for families, including outings for carers to delightful destinations and dinners for younger people with dementia and their families. We've enjoyed getting together with staff and families over dinner at some great venues in Canberra and look forward to each one.

Whilst specialist medical care is clearly integral to managing life with dementia, doctors can't really help with the day to day or week to week. Early in the journey when we were between visits to the specialist we sometimes felt as if we were adrift at sea: unsure of where we were going and how to get guidance. This is the strength of Alzheimer's Australia: that it is accessible and dependable and its services are comprehensive, practical and effective and we know we couldn't continue to manage without its support.

STATEMENT BY BOARD MEMBERS

The following summary financial statements are taken from the financial statements of Alzheimer's Australia ACT Incorporated (Alzheimer's ACT).

Copies of the financial statements are available from the office of Alzheimer's ACT.

There have been no significant changes to the nature of the principal activities of Alzheimer's ACT during the year. In the opinion of Board Members, at the date of this statement there are reasonable grounds to believe that Alzheimer's ACT will be able to pay its debts as and when they fall due.

Signed on behalf of Alzheimer's ACT Board Members by:



Michael Pedler
President



Trevor Wheeler
Treasurer

8 October 2013



Independent auditor's report to the members of Alzheimer's Australia ACT Incorporated

Report on the financial report

The accompanying summary financial statements, of Alzheimer's Australia ACT Incorporated, comprising the summary balance sheet as at 30 June 2013 and the summary statement of profit and loss and other comprehensive income for the year then ended and related notes and the Statement by Board Members are derived from the audited financial report of Alzheimer's Australia ACT Incorporated for the year ended 30 June 2013. We expressed an unmodified auditor's opinion on that financial report in our auditor's report dated 8 October 2013. The financial report and the summary financial statements do not reflect the effects of events that occurred subsequent to the date of our report on that financial report.

The summary financial statements do not contain all the disclosures required by the financial reporting framework applied in preparation of audited financial report of Alzheimer's Australia ACT Incorporated. Reading the summary financial statements, therefore is not a substitute for reading the audited financial report of Alzheimer's Australia ACT Incorporated.

Management's responsibility for the summary financial statements

Management is responsible for the preparation of a summary of the audited financial report on the basis described in Note 1.

Auditor's responsibility

Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Australian Auditing Standard ASA810 *Engagements to Report on Summary Financial Statements*.


Auditor's opinion

In our opinion, the summary financial statements derived from the audited financial report of Alzheimer's Australia ACT Incorporated for the year ended 30 June 2013 are consistent in all material respects, with that audited financial report, on the basis described in Note 1.

Basis of Accounting and Restriction on Distribution and Use

Without modifying our opinion, we draw attention to Note 1 to the summary financial statements, which describe the basis of accounting. The summary financial statements have been prepared to assist Alzheimer's Australia ACT Incorporated to meet the requirements of members. As a result, the summary financial statements may not be suitable for another purpose. Our report is intended solely for the members of Alzheimer's Australia ACT Incorporated.

PricewaterhouseCoopers


Shane Bellchambers
Partner

8 October 2013

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Liability limited by a scheme approved under Professional Standards Legislation.

STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2012

	Note	2013 \$	2012 \$
Revenue	1, 2	2,231,629	2,065,433
Depreciation expense		(12,974)	(17,128)
Employee benefits expense		(1,345,945)	(1,275,967)
Funding distributed to Subcontractors		(269,762)	(260,298)
Client expenditure		(60,434)	(129,822)
Motor vehicle expense		(66,308)	(61,785)
Advertising and promotion		(14,221)	(19,386)
Rent and maintenance expense		(30,056)	(27,876)
Client Transport		(54,038)	(49,847)
Contractor Fees		(36,000)	-
Other expenses		(247,699)	(248,209)
Surplus/(Deficit) from operations		94,192	(24,885)
Other comprehensive income		-	-
Total comprehensive Surplus/(Deficit) for the year		94,192	(24,885)

Note 1. Basis of preparation

The summary financial statements relate to Alzheimer's Australia ACT Incorporated as an individual entity. Alzheimer's Australia ACT Incorporated is an association incorporated in the Australian Capital Territory under the *Associations Incorporations Act 1991*.

The summary financial statements have been derived from the audited financial statements Alzheimer's Australia ACT Incorporated dated 8 October 2013. These statements were prepared in accordance with Australian Accounting Standards – Reduced Disclosure Requirements of the Australian Accounting Standards Board and the *Associations Incorporations Act 1991*. Alzheimer's Australia ACT Incorporated is a not-for-profit entity for financial reporting purposes under Australian Accounting Standards.

The summary financial statements have been prepared on an accruals basis and are based on historical costs, modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities. The amounts presented in the financial statements have been rounded to the nearest dollar. The presentation currency used is Australian Dollars.

Note 2: Revenue

Members' subscriptions	2,836	2,127
Government Funding receipts	2,047,558	1,962,173
Donations	119,876	39,873
Interest received	19,828	24,259
Other revenue	41,531	37,001
	2,231,629	2,065,433

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2012

	2013	2012
	\$	\$
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	274,433	48,787
Held to maturity investments	359,964	272,261
Trade and other receivables	342,115	27,908
Other current assets	17,236	17,732
TOTAL CURRENT ASSETS	993,748	366,688
NON-CURRENT ASSETS		
Property, plant and equipment	34,065	48,570
TOTAL NON-CURRENT ASSETS	34,065	48,570
TOTAL ASSETS	1,027,813	415,258
LIABILITIES		
CURRENT LIABILITIES		
Trade and other payables	239,826	173,809
Provisions	25,170	15,062
Unexpended funding	440,581	-
TOTAL CURRENT LIABILITIES	705,577	188,871
NON CURRENT LIABILITIES		
Provisions	7,895	6,238
TOTAL NON CURRENT LIABILITIES	7,895	6,238
TOTAL LIABILITIES	713,472	195,109
NET ASSETS	314,341	220,149
EQUITY		
Retained earnings	314,341	220,149
TOTAL EQUITY	314,341	220,149

SUMMARY OF PROGRAM FUNDING AND EXPENDITURE FOR THE YEAR ENDED 30 JUNE 2012

The following information has been extracted from the audited program acquittals which were unqualified.

	Note	2013 \$	2012 \$
INCOME			
ACT Home and Community Care Program		222,788	497,868
Commonwealth Department of Social Services			
Home and Community Care		287,702	
National Dementia Support Program		363,973	360,531
National Respite for Carers Program		638,897	625,756
Dementia Behaviour Management Advisory Service		504,341	472,018
Younger Onset Dementia Key Worker Program		29,857	
ACT Seniors Grant			6,000
Other	A	13,352	25,266
TOTAL INCOME		2,060,911	1,987,439
EXPENSES			
ACT Home & Community Care Program		223,674	504,832
Commonwealth Department of Social Services			
Home and Community Care		288,980	
National Dementia Support Program		369,416	390,320
National Respite for Carers Program		640,681	635,286
Dementia Behaviour Management Advisory Service		509,547	477,291
Younger Onset Dementia Key Worker Program		29,955	
ACT Seniors Grant			6,000
TOTAL EXPENDITURE		2,062,253	2,013,735
SURPLUS/(DEFICIT)		(1,343)	(26,295)

Note A

Includes interest and user fees for service

FIGHT ALZHEIMER'S FOR AUSTRALIA

National Dementia Helpline
1800 100 500