Chairman’s Message

At our AGM in November Lucille Bloch spoke eloquently and strongly and we are delighted that she is now joining the Board of Directors. John Snowdon also spoke beautifully and many of us learned just how far we have traveled in twenty-five years – thanks John. We got support from the AGM for the appointment made during the twelve months of Barry Groundwater and we reelected Dr Robert Yeoh AM. We now have a good mixture of people who know something about dementia and other people who know about management and the problems of running a company such as ours.

We have a wonderful organization dedicated to filling one of the gaps in society.

Many people give practical expression to their capacity to care and to their ability to share some time and some expertise for others who are less fortunate. We thank them all, whether they be directors, or Helpline volunteers, or other volunteers who give service.

We have a wonderful professional staff too. So many people who are employed by the Alzheimer’s Australia NSW give so much of themselves and strive to support our clients.

And while we welcome the efforts of all governments, we are very much aware of the tidal wave of need that is bearing down. We know that the ageing population is increasing fast and that a percentage of those people are going to have dementia. At present services and accommodation for those people are sadly lacking.

Our society is not ready now for the increase in dementia numbers and is unlikely to be ready when the big bulge comes all too soon. Even today, we are aware that too many people with dementia are missing out on services – and we are trying to extend our reach to help them. We know that a good service makes such a difference for individuals and we are determined that good services will be extended to more and more people just as quickly as we can do so.

This is why our Newcastle Centre is so important. People with dementia and their carers in the Hunter will be able to access our services and we are delighted that the Governor and her husband will be on hand to do the official opening. Now we are looking at the Illawarra where there seems to be more unmet need – we will strive, with your help, to do something there too.

Peter Baume AO
A stint in the Public Solicitor’s Office in Port Moresby fresh out of law school was enough to set Nick O’Neill on the path of championing human rights.

‘I wasn’t much into the commercial side of law when I began my career. I was more concerned with the way in which the law could help people and do good things’.

From that early time involved in legal aid in New Guinea Nick O’Neill quickly developed a strong interest in human rights law.

As an academic lawyer Nick taught the first human rights course in Australia at UTS from 1979 to 1989. He ran the course with Robert Tickner who went on to become Aboriginal Affairs Minister in the Hawke/Keating Labor Governments and who is now Chief Executive of the Australian Red Cross.

‘There was great interest from students in the new course. Up to that point human rights really hadn’t been formally taught in law schools’, Nick said. He is also principal author of Retreat from Injustice: Human Rights in Australian Law, which is highly regarded as a key human rights text book.

But it is Nick’s exploration of the way medicine and the law interact, particularly in the area of decision making for people with disabilities, that sparked his interest in dementia and his involvement with Alzheimer’s Australia NSW.

‘I was the first deputy President of the Guardianship Tribunal in 1989 and then its President from 1994 to 2004. By far the largest group of people the Tribunal dealt with (just under 50 percent) were those with dementia’.

The Tribunal can appoint guardians and financial managers for adults unable to make decisions for themselves. It does this only where there is a need for a third party to be appointed to make decisions for people who no longer have the capacity.

It was his involvement in the Guardianship Tribunal which also brought Nick into contact with the foundling Alzheimer’s Australia NSW, known then as ADARDS, and Professor Henry Brodaty and now fellow board member Dr Robert Yeo.

In his time with the Tribunal Nick has overseen an extensive reform program including legislation to allow adults to appoint their own enduring guardians and to clarify the roles of attorneys under enduring powers of attorney.

‘The onset of dementia presents individuals and families with unique challenges and the Tribunal has always encouraged people to plan ahead. It is important that a person with a diagnosis of dementia chooses who they want to manage their affairs’.

‘Powers of attorney deal more with financial matters whereas enduring guardianship, living wills or advanced directives concern more personal aspects of a person’s life. This could include end of life decisions such as how the person wants to be treated’.

But getting people to plan ahead remains a challenge, according to Nick.

‘Very often the person and the family is in denial about their diagnosis and refuse to face up to reality. By the time they realize they need to make decisions about their future it is too late and they no longer have the mental capacity to act’, Nick adds sadly.

‘However, the whole process of planning for the future can be positive and comforting to the person and their family. With proper discussion and recording, the person’s wishes can become known to everyone and can be carried out. In that way a person’s dignity and rights are maintained and cherished’.

Nick is currently working on another book with Professor Carmelle Pesiah on incapacity, substitute decision-making, guardianship and financial management in relation to adults.

He strongly believes in the work of Alzheimer’s Australia NSW in exploring the issues people with dementia face, advocating for them and contributing to the increased medical knowledge of the condition.

For Nick O’Neill it is all about protecting and fostering basic human rights and dignity.

Advance Planning is the subject of a special article on page 8 of this edition
Researchers Discover Important Clue to the Cause of Parkinson’s Disease

**MedicineNet**; **ScienceDaily**

Scientists believe they are closer to determining the cause of Parkinson’s disease, as they reveal that an abnormality in a clean-up pathway may cause the symptoms of the disease. Individuals with Parkinson’s disease have been shown to have problems removing damaged proteins from their cells. Now researchers believe that a natural process called autophagy, where abnormal proteins are broken down and recycled to keep older cells (including those in the brain) functioning healthily, can be impaired in Parkinson’s patients. Repairing this renewal process may protect brain cells such as those that produce the neurotransmitter dopamine (normal levels of which are required to prevent onset of Parkinson’s symptoms).

Therapeutic Molecule Appears to Reverse Alzheimer’s Symptoms within Minutes

**BBC News**; **Daily Telegraph**; **Medical News Today**

There has been a lot of commotion recently over the reported ability of the rheumatoid arthritis drug Etanercept (marketed as Enbrel by Amgen Inc and Wyeth) to ‘reverse’ symptoms of Alzheimer’s disease within 10 minutes when injected by spinal infusion. After injection, the 81-year-old patient in the Californian study demonstrated progress on cognitive tests within ten minutes, marked improvement in two hours, and continued therapeutic benefit upon further treatment over a period of several weeks. Effects appeared to take the form of specific memory recall, as well as increased calmness and attentiveness. Etanercept acts to neutralise Tumour Necrosis Factor (TNF-α), which is a signalling protein involved in inflammation and used in the brain for correct synapse function. The drug may prevent excess TNF-α in the brain from either: causing inflammation that can lead to amyloid-beta build-up; or interfering with correct neural regulation, which results in synapse impairment and development of Alzheimer’s disease.

It is important to remember this is an isolated case study. There have been several other individuals who have demonstrated improvement on this treatment, but as yet there have been no clinical trials, no controls, and no physical markers of Alzheimer’s disease examined in any of the reports. In this case the patient, doctor, and family were all aware of the treatment, implicating a possible placebo effect. The improvement was also limited: for instance, although the patient could subsequently locate himself geographically, he still got the year wrong. There was no significant follow-up to determine the longevity of the improvement, and there have been no safety tests of the treatment or its delivery method. Although this study may ultimately point the way towards Alzheimer’s research into TNF-α blockers, it really is too early to draw any strong conclusions about the drug based on the research performed.

Memantine and Alzheimer’s Disease

**EurekAlert**

A new study has shown that the dementia drug memantine (Namenda) is in fact very similar to other dementia compounds, and is only beneficial at a narrow range of concentrations. In addition the profile of the drug appears more complex than previously thought, requiring more careful consideration of best dosage and patient group. Memantine is supposed to block excessive stimulation of the brain messenger glutamate, which results in brain cell death. However this study demonstrates that memantine has only a weak effect on glutamate, and its main action is through upregulating acetylcholine, another brain messenger already targeted by drugs such as donepezil (Aricept) and rivastigmine (Exelon). Also, at high concentration Memantine has harmful effects on neuron communication, meaning correct dosage must be carefully calculated.

This study does not indicate memantine is not efficient at treating Alzheimer’s; it still enhances brain communication and reverses many learning and memory problems. However, the revelation that it acts on the same pathway as other approved dementia drugs means that further diversification of treatments is even more urgent. Acetylcholine-boosting drugs do not work on all dementia patients, and compounds targeting other Alzheimer-causing pathways are necessary in these cases. Memantine’s usefulness, relative to and in combination with other acetylcholinesterase-blockers, should become clearer in the future. In the meantime, any doubts should be directed to your healthcare specialist.

The above news stories will be posted shortly on the Alzheimer’s Australia website under Research | Dementia News. Also, these stories will be made available on the Alzheimer’s News website, along with more news items covering a broad range of topics relating to dementia. This news service site is fully archived and searchable. You can also set up your own email alert or news feed to Alzheimer’s News.
I first became aware of Barbara when I was working in a nursing home, as probably the slowest nursing aide in history of aged care, in order to better understand the way residential care facilities work, and what staff have to cope with. I became appalled at the way some residents with dementia were treated but I gained a lot of comfort from a copy of Dementia with Dignity which I found on Tony Jorm’s bookcase. I was, of course, even more appalled to learn that what I was seeing was quite common, but gratified to learn that passionate advocates for older people were fighting to change things. Passion for the well being of people with dementia, passion for helping people to see the world from their point of view, and practical application of ways to improve their care are the things I will most remember Barbara for.

I also remember the first time I saw Barbara in the flesh. It was at an Alzheimer’s conference in Brisbane. This grand-motherly figure marched onto the stage in front of about 300 delegates and announced: ‘I am over 70, I am a grandmother, and until recently I had an active sex life.’ This was so typically Barbara. It was the opening address in a symposium on sexuality in dementia and there was something of stunned silence. At a stroke she had forced everyone in the audience to examine at an emotional, rather than academic level, their assumptions about sexuality in older people. It opened the way for a real, as opposed to a theoretical discussion about the needs of people with dementia. This topic became the subject of one of her wonderful books, full of clinical wisdom. She subsequently facilitated three workshops at my request, one in a nursing home where younger staff members were having difficulty with a sexually active patient. The work she did with the nurses directly influenced the success of the intervention.

Barbara has influenced many people through her writings, through her training sessions, through her personal contacts. She has certainly influenced me. She is a pioneer of what is now called person-centred dementia care. When we used to see each other regularly and get a bit plastered on wine, we would call it ‘bleeding obvious care’. Obvious that people with dementia need humane empathic care which takes account of the individual difficulties each faces in negotiating the world. Unfortunately, the point is still far from obvious to many. We need many more people like Barbara. Unfortunately, we only had one, and now she is no longer with us. She will be very much missed.

Books by Barbara Sherman include *Dementia with Dignity and Sex, Intimacy and Aged Care*. The book *Dementia with Dignity* was made into a video/dvd. Contact Nicky Hayward-Wright, Co-ordinator of the Library & Information Service for more details on 02 9888 4218

Barbara Shirley Sherman
3rd August 1922 – 1st December 2007

‘She was an innovator and initiator of new ways – she loved a challenge’

Mike Bird
The Dementia and Memory Community Centre at North Ryde will soon feature a sensory enhancement room to help people with dementia explore new ways to relax and expand their leisure activities. Diversional therapist Lauretta Kaldor explains what’s involved.

As a diversional therapist with Alzheimer’s Australia NSW my interest is in helping clients living with dementia develop leisure interests that add to their quality of life. One of the main problems for dementia clients is that as their cognitive impairments progress they slowly disengage from leisure activities. Reducing boredom, frustration and agitation can be achieved through appropriate leisure activities. Providing one-on-one experience in a sensory room is one type of leisure intervention.

What is a sensory enhancement room and what use is it?

If we think about a client in any of the stages of dementia we know that because the illness affects the cognitive abilities, engagement in leisure activities that they might have done becomes limited in varying degrees. We know that a sensory room used with younger people with profound cognitive disabilities, brings calmness and pleasure. This type of intervention was developed in the Netherlands in the 1960’s and has been used as an intervention in USA, Europe and Japan for mental and physical health. This room is specifically set-aside for this purpose. Certain equipment such as psychedelic lights, lava lamp, bubble machine and a mirror ball are being installed. Special furniture is set up for comfort and relaxation. The room is planned for optimal use and furnished with the dementia client in mind. Other sensory enhancements will be aromatherapy equipment, items for doll therapy, special items for touch such as fibre optic panels as well as different textures and materials, and a tv/dvd/cd. There is also a plan to have a reminiscing box of appropriate materials available and a handcrafts box.

Carers can also visit the sensory room and learn ideas on how to make a place at home that provides simpler but appropriate sensory stimulation. Maybe it will be a spare room with a lava lamp and a small DVD that plays music or shows nature films or an old film viewed some years ago. Two comfortable recliners will allow them to use the space effectively together.

Finally this is a comment from a colleague who has been using a multi sensory room...

“We have been using an MSR room now for over 3 years. Since its location is attached more closely to our dementia unit, its use has become almost exclusively in that regard. It certainly has great benefit in engaging and settling residents who have wandering/pacing issues. The need for language is non-essential and is therefore helpful with NESB residents. We have a simple range of equipment, which works well for us, and in particular the residents enjoy the bubble column, fibre optic lights (ours are on a portable trolley) and can be moved to rooms if needed and the ‘effects wheel’. These are supported with gentle background sounds and sometimes gentle massage/stroking.”

The number of people who will benefit from the multi sensory room is really hard to calculate as it will be many both in the organization and those who will see the value of such a room in the wider community. Alzheimer’s Australia NSW is most fortunate to have this generous donation as it will benefit many people over a long period of time.

On the 4th January 2008 the briefing session on stage one of the multi sensory room project took place. The benefactor, Dr Solomon Bard and his family were in attendance as well as the Board members of Alzheimer’s Australia NSW and staff. The briefing session focused on the potential uses and benefits of a multi sensory room for people living with dementia, with a room dedication ceremony in honour of the late Dr Sophie Bard. Those present also enjoyed a multi-sensory morning tea and experienced a session in the multi sensory room. Even though the room is still a work in progress, the guest were...
Department of Ageing Disability and Home Care

A new updated edition of At Home with Dementia has been finalised by Alzheimer’s Australia NSW for the Office for Ageing, Department of Ageing Disability and Home Care. This worthwhile manual presents, for carers, a range of solutions to problems commonly faced by themselves, and the person with dementia, living at home.

While much of the basic information from the first edition is unchanged, and still very relevant, the new edition contains an extensive list of websites, new assistive technologies and information gleaned from focus groups with carers and service providers in Sydney and regional areas.

A large section of the book is arranged by rooms in the house so that the carer can easily refer to different sections as particular problems arise. Such problems could be those associated with dressing and sleeping, which would be found in the bedroom section or, problems associated with eating and cooking, which would be found in the kitchen section.

A new section on activities has been written for this edition as increasingly we are learning that involving a person with dementia in activities around the home provides stimulation, maintains independence longer and helps them feel valued as part of the household.

As Mary Marshall told us in discussion at the Alzheimer’s Australia National Conference in Perth last year ‘Boredom for a person with dementia is the bedsore of the person who is physically disabled!’

The new edition of At Home with Dementia will be published, in both soft and hard copy in 2008.

Here are a few suggestions from the new publication:
– Keep things familiar. Change as little as possible around the home so that the person with dementia feels comfortable and is able to find their way around.
– Promote confidence and self esteem by helping the person with dementia succeed at everyday tasks such as dressing.
– Keep the home safe – for the person with dementia, the carer, other family members and service providers.
– Keep the person with dementia involved in activities around the home. This provides stimulation and allows them to feel they are a valued member of the household.
– Keep the needs of the person with dementia and the carer balanced. Remember to look after yourself.

Jo-Ann Brown.
Alzheimer’s Australia
NSW Research Officer

Alzheimer’s activities that stimulate the mind ;
Dementia nursing: a guide to practice;
Enhancing the quality of life in advanced dementia
Sensations & disability

A recommended DVD is “Jack: quality of life in dementia care”, which can also be purchased from the Alzheimer’s Australia Online Bookshop
www.alznsw.seekbooks.com.au

Nicky Hayward-Wright,
Co-ordinator, Library & Information Service

...continued

able to enjoy a range of sensory experiences provided through specially selected equipment including a 2m bubble column, fibre optic spray, image projector, plasma balls, aromatherapy humidifier, water fountain and massager to name a few items.

The next stage of the multi sensory room project will include additional equipment purchases, development of recommended equipment and layouts, development of a training course and material.

If you would like to receive further information about this project as it progresses please contact the Library & Information Service on 02 9888 4218. Also we will be keeping interested parties informed about this project through email updates. If you would like to receive an email update please email lis@alznsw.asn.au with your contact details.

The following items are available to borrow from the library:
Books:
Creative environments : a practical approach to art activities ;
Snoezelen: an experience for people with dementia

Chapters on sensory therapy are available in the following books:

Alzheimer’s Australia & Disability and Home Care
Moving Forward on Advance Planning

Claire Brown, Policy Officer, Alzheimer’s Australia.

Advance planning has the potential to give people with dementia a real say in decisions about their future finances and health care. Planning is important because at some point, progression of dementia will take away legal capacity to make a will, or consent to medical treatment. Planning ahead reduces stress for people with dementia, and their families and carers.

Unfortunately, the current differences in State and Territory laws and their complexity do not help people to take advantage of the opportunities the law provides to protect their interests. The results of these inconsistencies can be absurd, but the effects on people’s lives are very real. Many people are deterred from making arrangements due to the confusing and complex legislative provisions. Regrettably, this could mean that their autonomy, once legal decision-making capacity is lost, is placed in the hands of a Guardianship Tribunal rather than with a trusted family member or friend. Approximately 50% of all referrals to Guardianship Tribunals relate to people with dementia.

Even when a successful advance plan has been made, there is a lack of portability because another State or Territory may not recognise that plan or be able to meet its provisions. This is problematic when a person with dementia with an advance plan moves interstate for support or lives on the border of another State, and needs to access medical services over the border. The impact of non-recognition may mean that the wishes of the person are not followed because the interstate health practitioner may only be able to recognise the legislation applicable within their own area.

The recent Inquiry into Older People and the Law by the House of Representatives Standing Committee on Legal and Constitutional Affairs is a milestone because finally discussion on this complex, patchwork of law has reached the public domain. The Report highlights to Government the way forward in advance planning. Some very positive recommendations have come out of the Report including:
- uniform legislation on powers of attorney;
- a national registry of powers of attorney;
- a community education campaign; and
- ensuring that doctors and lawyers have been consulted in the advance planning process.

Alzheimer’s Australia has been advocating for reform of the laws on advance planning for a while. At the end of the day, while we are very supportive of the Inquiry Report, these are only recommendations. We are writing to the new Minister for Health and Ageing, Nicola Roxon, the Minister for Ageing, Justine Elliot and the Attorney-General, Robert McClelland to urge them to act on the Committee’s recommendations in respect of advance planning and substitute decision making.

If you would like to read more about advance planning including our submission to the Committee go to http://www.alzheimers.org.au/legal

Fundraising News

Who won the car for Christmas?
The 1st Prize winner of the Toyota Corolla was ticket – RAR 06121 – A. Manek, Westmead NSW and the 2nd Prize winner of the $3,000 Jewellery was ticket – RAR 45275 – J. McInnes, Salt Ash NSW. Congratulations to the lucky winners.

Another Chance to Win!
The new Community Chest Raffle is being launched late February and it is your chance to win yet another Toyota Corolla valued at $25,000. Just call Christine Bauer on 02 8875 4625 with your phone order or Chris can arrange tickets for you to on sell. Tickets are still just $2 each and entries close June 30, 2008 – Good Luck!

Thank you
A big thank you is extended to all the members and friends of AANSW who have generously supported our appeals during the year. We also extend our gratitude to our regular pledge supporters who donate on a monthly or quarterly basis - knowing we have your support allows us to better plan our service delivery.

Pledge giving is a convenient way to support AANSW and it helps us by reducing the number of appeal letters we need to send. If you would like to be a pledge supporter, call Lisa McGinty on 02 8875 4626.

Hunter Dementia and Memory Centre
As mentioned in earlier editions of in touch the Hunter Dementia and Memory Resource Centre in Percy Street, Hamilton is fast becoming a reality and in fact will be officially opened on April 1, 2008. We are delighted to advise our Patron, Her Excellency Professor Marie Bashir AC CVO, Governor of New South Wales has graciously consented to perform the official opening.

This is an exciting development for this project and we look forward to the Hunter Dementia & Memory Centre becoming a reality and delivering services to families in the Hunter and surrounding districts.

Entertainment Books
These will be on sale from March and provide a fantastic array of bargains and discounts. They make a wonderful family gift and you are helping us raise valuable funds. Just complete the enclosed order form – the discounts in this book represents $10,000 in value.

The Peter Collett Atlantic Solo Challenge
By Glenn Rees, Executive Director, Alzheimer’s Australia

On Sunday 2nd December 2007, the 5th annual Woodvale Atlantic Rowing Race began in La Gomera, Canary Islands (off the coast of West Africa). What, I hear you ask, does this have to do with Alzheimer’s Australia and dementia?

Peter Collett, on board “Charmed Life” is completing his own personal challenge of rowing across the Atlantic single-handedly. In so doing, he is aiming to raise $200,000 for research into Alzheimer’s disease and dementia. This cause is close to his heart, as he lost his own grandmother to Alzheimer’s disease.

Peter faces many challenges on route to Antigua, West Indies (where the race ends), and we are grateful that he is willing to undergo these in order to raise awareness of Alzheimer’s and other forms of dementia. To date, Peter has covered over 2,000 nautical miles (over 3,700 kilometres) and has approximately 900 nautical miles (a fraction over 1,660 kilometres) to go. This is a mammoth effort and a strong commitment to a world without dementia!

To track Peter’s journey and the challenges he faces, please visit: www.atlanticsolochallenge.com. You may also wish to send Peter a message of support on his gruelling journey using this website. There is also a link available to donate to the challenge available on this page.

Alternatively, donations can be sent to Alzheimer’s Australia, PO Box 4019, Hawker ACT 2614 or by credit card on (02) 6254 4233.
**Alzheimer’s Disease Clinical Study**

Alzheimer’s disease, the commonest cause of dementia, affects millions of people worldwide. As yet no “cure” has been found, but several medications, of which donepezil (Aricept®) is the most frequently prescribed, are available to slow the degenerative process. Pharmaceutical companies are constantly conducting research in order to improve existing treatments or develop new medications.

The Sydney Centre for Clinical Cognitive Research at Prince of Wales Hospital is currently undertaking a pharmaceutical company sponsored study of a new slow-release formulation of donepezil and is seeking volunteers to participate.

People who would like to participate should be aged between 45 and 90 years, have a diagnosis of Alzheimer’s disease, have been on a single stable dose of 10mg donepezil (Aricept®) daily for at least 3 months and be prepared to be screened for eligibility. The study will last 28 weeks and will involve 7 visits to our centre. Participants will receive routine physical and neurological examinations, blood tests and study medication at no cost. A partner/caregiver is required to attend all study visits with the participant. Travel expenses to study visits will be covered by the sponsor.

If you are interested in participating in the above clinical trial and live in the Sydney area, please contact Lynne on (02) 9382-3733.

**Memory Van**

If you want to catch the Memory Van it will be in the following locations on these dates:

**March**
1. Turramurra Seniors Expo
4. Morisset, Charlestown & Berrisfield
24-28. Narrabri Roadshow
29. Armidale Autumn Festival

**April**
2 – 4. Cooma and Wagga
10. DMCC Carers Open Day, Cox’s Road, North Ryde

**Upcoming Education Courses**

For a full list of education courses and activities go to [http://www.alzheimers.org.au/upload/NSWEduCalendar08.pdf](http://www.alzheimers.org.au/upload/NSWEduCalendar08.pdf), or contact Education Services on 02 8875 46 86.

**Reader Survey**

Included with this edition of in touch you will receive a reader survey. Could you take a few minutes to fill it out and send it back to us in the reply paid envelope? All responses are anonymous and will help us improve the content and look of our much loved magazine so we reflect what you want. Thanks.
In Memoriam

We offer our sympathies to the families who have lost their loved ones. We also thank the friends and families who have donated to Alzheimer’s Australia NSW in their memory.

Marjorie Jean Anderson
Harry Auerswald
Bert Ayling
Elaine Marcia Banovich
Mrs Barber
Noel Bosler
Molly Brand (formerly Guiver)
William Keith Brennan
Myra Agnes Broadhead
Veronica Hilda Brogan
Mary Gertrude Cahill
Michelle Cali
Eva Mabel Cameron
Lawrence Harold Colahan
Peter Cooney
Nicolina Corio
Reginald Charles Coss
Ronald Crane
Peter Cunneen
Maurina Dalsoglio
Nellie Dawe
Edna Denneen
Dorothy Diggle
Una Dunstan
Ilma (nee Adey) Edgecombe
Geoffrey Edwards
Tony El-Gawly
Esther Elliott (nee Turnock)
Lililam May Ellis
Daphne Ellison
Herbert (Bert) Elsworthy
Kevin George Field
Francis Kennedy Findley
Betty Sara Franklin
Vera Gladys Fraser
Nunzio Giunta
Ruby Goodfellow
Lillian May Groves
Joan Mary (nee Collopy) Hansen
William David (Bill) Hayek
E J (Jean) Head
Wilhelmina Elizabeth Higgins
Janeth Mary Clarke Hilder
Eveline Grace Hodgson
Ronald John ‘Ron’ Holm
Elizabeth Irving
Shirley Isles
Claudia Jelenich
Marie Jordan
William John Kadwell
Bryan Nivison Kelman
Kit Kirkwood

Charles Kneipp
Hazel Linigan
Andrew Livas
Malcolm Lyon
Elsie (Pat) May
Jeanne McKeith
Victor Alexander Melick
Franjo Micuda
Mercy Maude Morris
Grace Almena (Judy) Morrison
Mrs Morris
Nelson George Muscat
Domenica Napoli
Minodora Nicola
Marjorie Frances Nuffield (nee Chipps)
Alfred (Alfie) Ernest Oakley
Beverly O’Brien
Jean Read Oliver
Angela Panaretos
June Pawley
Marita Perkins
Kenneth Phemister
Edward (Ted) James Phillips
Zella Prichard
Winifred Armour Rath
Philomena Teresa Rea
Dulcie Lorna Reid
Lois Rider
Shirley Elizabeth Ruffels
Maria Santoni
Hector Thomas Schuster
Patricia Shine
Bernadette Theresa Small
Victor James Starr
John Patrick Staunton
Peter and Betty Stone
Patricia Mary Vassel
Veronica Grace Vaughan
Launa Delle Vial (aka Lynton)
Maria Carmela Virgara
June Isobel Wade
Ronald George Warburton
Marjorie Jean Watson
Delma Wilkes
Alexandria Frances Witt
Betty Rae Wright
New Journals

Mosaic
FECCA publishes a national magazine, Australian mosaic, three times a year. Australian mosaic is a plain English magazine, which seeks to raise debate to the highest possible standard on a wide range of contemporary issues associated with multiculturalism, social justice, community harmony and cultural and faith pluralism in Australia. Each issue of the magazine has lead articles of analysis, community opinion, stories, political comment and book reviews. Australian mosaic is intended to be of interest to a wide readership and publishes a range of perspectives on given issues. Each edition focuses on a theme of importance to the Australian multicultural community.

Australian ageing agenda - Formerly National Healthcare
Formerly known as National Healthcare Journal, the new name captures the significance of wider ageing issues, the importance of the spectrum of care and accommodation options for older people, from retirement living and community care through to the various forms of residential care. The Dementia Supplement has been brought forward and now truly serves as a ‘supplement’ to the report. Don’t forget to check out our extensive collection of journals and news letters related to ageing and dementia, we have over 70. They are great for finding the current information, research and even activities (see Activities Directors’ Quarterly for Alzheimer’s & other dementia patients). To get contents of each journal as they arrive in the library sign up to our online news services.

Sign up to Alzheimer’s Australia NSW Library & Information Service online News
Alzheimer’s News ... keeping you informed ... by providing selected news about various topics relating to dementia and Alzheimer’s disease including: care practices, drugs and drug therapy, research, risk reduction, personal stories, and much more...

Alzheimer’s News ... keeping you informed ... by providing selected news about various topics relating to dementia and Alzheimer’s disease including: care practices, drugs and drug therapy, research, risk reduction, personal stories, and much more... including the contents pages and links to abstracts of all our journals as they come into the library!


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Brain Teaser – Connect the Dots

Using only 4 lines connect all the dots. You can’t lift the pen off the paper or touch a dot more than once.

For answer, go to Braingle at www.braingle.com

intouch
The quarterly newsletter for members of Alzheimer’s Australia NSW
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Honorary Medical Advisers
Professor Henry Brodaty AO, MB BS, MD, FRACP, FRANZCP
Dr Helen Creasey
MB BS, FRACP
Articles in this publication provide a general summary only of the subject matter covered. Any person with dementia or a carer for a person with dementia should seek professional advice about their specific case. Alzheimer’s Australia NSW is not liable for any error or omission in this publication. Permission should be sought from the editor before reproducing articles. Once permission is given the source must be acknowledged. Alzheimer’s Australia does not endorse any products or services of any description.

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Alzheimer’s Australia NSW
Living with dementia