

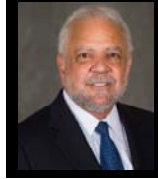
# SEPTEMBER DEMENTIA AWARENESS MONTH 2017

You are not alone

**ALZHEIMER'S AND DEMENTIA  
AUSTRALIA AND HOPE**  
FIGHTDEMENTIA.ORG.AU

# NSW CALENDAR OF EVENTS

Wed  
13  
Sept



Prof. Henry Brodaty AO, Dementia Awareness Month Public Lecture  
**International speaker Prof. Steven Sabat,  
Georgetown University, USA**

**Art Gallery of NSW, Art Gallery Road Sydney**  
10:00am Registration | 10:30am - 12:30am Lecture  
Prof Steven Sabat says that people living with dementia are actively breaking down stereotypes while being supported and empowered to take control of their lives. They can, in fact, make new memories and therefore should not be thought of as having 'memory loss'.

**TICKETS NOW AVAILABLE**

For information call (02) 9805 0100  
<https://www.eventbrite.com.au/e/dementia-awareness-month-free-public-lecture-tickets-36504998433> or search on Eventbrite.com.au

All events are **FREE** unless specifically mentioned.

<b>15 Aug</b>	The Fraternity Club, 11 Bourke St, <b>Fairy Meadow</b>	<b>Illawarra public forum   Dementia: are we listening?</b> 10am-2pm. A forum for people with dementia, their families and friends and the community. Featuring Dr Allan Power (Canada), Kate Swaffer (dementia advocate), Dr Belinda Goodenough (Dementia Training Australia).
<b>29-31 Aug</b>	Grace Hotel, 77 York St, <b>Sydney</b>	<b>Dementia Care Delivery Summit (fees apply)</b> A 2-day dementia conference plus workshop featuring 25 senior thought leaders from across Australia's leading aged care providers, plus The Hon. John Watkins AM, CEO of Alzheimer's Australia NSW. W: Akolade.com.au
<b>Fri 1 Sept</b>	<b>National media release</b>	<b>Alzheimer's Australia: launch of Stigma &amp; Dementia report</b>
<b>Mon 4</b>	Club Taree, 121 Wingham Rd, <b>Taree</b>	<b>Dementia-friendly communities launch:</b> 11am for 11:30am. Launch of the dementia-friendly community project. A light morning tea will be provided upon arrival. Contact AlzNSW Port Macquarie office (02) 6584 7444
	War Memorial Hospital 125 Birrell St. <b>Waverley</b>	<b>CHeBA Annual Healthy Brain Ageing War Memorial Hospital Talk</b> <b>Memory fitness: How you can maximise your memory.</b> 11:30am - 2:30pm, speakers include CHeBA's Dr Nicole Kochan. Bookings essential: Catriona 93690215 or <a href="mailto:catriona.beaumont@health.nsw.gov.au">catriona.beaumont@health.nsw.gov.au</a>
<b>Tue 5</b>	Valmar Services, Marsden St, <b>Boorowa</b>	<b>Healthy Brain Ageing presentation Boorowa</b> 10am-12pm, a free information session is for anyone interested in knowing more about healthy brain ageing, reducing your risk of dementia, or living well with dementia. You will learn helpful strategies for quality engagement and links to support services in your local area. Contact: Libby Smith, Alzheimer's Australia NSW, T: 02 6241 0881
	Governors' Retirement Resort <b>Port Macquarie</b>	<b>Awareness &amp; fundraising morning tea: \$5pp:</b> All proceeds to AlzNSW. Events include a guest speaker, info on dementia services in the region, treasure trove sales, raffle prizes. Call: Philippa T: 6583 9780
<b>Wed 6</b>	Hard Rock Gym, Station St, <b>Harden</b>	<b>Healthy Brain Ageing presentation Harden</b> 10am-12pm, a free information session is for anyone interested in knowing more about healthy brain ageing, reducing your risk of dementia, or living well with dementia. Contact: Libby Smith, Alzheimer's Australia NSW, T: 02 6241 0881
<b>Thu 7</b>	Mezzanine Lvl, Stanton Library, Miller St <b>North Sydney</b>	<b>Creating a home for you: A Panel Discussion about ageing in place.</b> 6pm for 6:30pm. Ask accessible design architects, Council's planning advisor and a person living with dementia. RSVP: 1 Sept: Camelia Tobia T: 9936 8195
	20 Sir Hercules Pde, <b>Bungaribee</b>	<b>Picnic at Bungaribee:</b> 11am-2pm. The Western Sydney Dementia Services Group invites you to a picnic at the Bungaribee Hub. A light lunch is provided; choir, sing-a-long, games and activities. Sue Tolhurst T9845 6903.
<b>Sat 9</b>	Maroubra Library, <b>Maroubra</b>	<b>Healthy Brain Ageing presentation Maroubra.</b> 11am-12:30pm, Maroubra library Contact: Paddy Parnell, <a href="mailto:Paddy.Parnell@alzheimers.org.au">Paddy.Parnell@alzheimers.org.au</a>
<b>Sun 10</b>	Venue TBA <b>Berry</b>	<b>Memory Van visiting Berry</b> The Memory Van will visit Berry at the end of Bondi2Berry cycle ride. Riders will visit Kiama Blow hole along the way. Time and venue TBA. Visit: <a href="http://www.bondi2berry.com/">http://www.bondi2berry.com/</a>
<b>Mon 11</b>	Venue TBA <b>Shellharbour</b>	<b>Healthy Brain Ageing presentation Shellharbour</b> 10am, with Shellharbour <b>Probus Club</b> (Private event). Contact: Paddy Parnell, <a href="mailto:Paddy.Parnell@alzheimers.org.au">Paddy.Parnell@alzheimers.org.au</a>
<b>Tue 12</b>	Coffs C ex. Blue Room, 1 Vernon St, <b>Coffs Harbour</b>	<b>You are not alone: Living with dementia Free Public Lecture:</b> 9:30am for 10am - 12:30pm session. A free public seminar with respected geriatrician Dr Vaibhav Tyagi. Contact Marg Coutts (02) 66751 7101 or email: <a href="mailto:marg.coutts@alzheimers.org.au">marg.coutts@alzheimers.org.au</a>

<b>Tue 12</b>	Scalabrini Village, <b>Griffith</b>	<b>You are not alone: Living with dementia Free Public seminar and facility tour</b> 10am - 12pm session. Contact Melissa Bazzacco (02) 6960 2202
<b>Wed 13</b>	Art Gallery of NSW, Domain Theatre Art Gallery Road, <b>Sydney</b>	<b>The Prof Henry Brodaty AO Dementia Awareness Month public lecture with international speaker Prof Steven Sabat, Georgetown University, USA.</b> 10am registration   10:30am - 12:30am lecture. Bookings are essential via Eventbrite or contact Alzheimer's Australia NSW for details T: 02 9805 0100. <b>FREE event.</b> A light morning tea will be provided.
	The Westport Club, Hastings Function Room, 25 Buller St, <b>Port Macquarie</b>	<b>You are not alone: Living with dementia: Free Public Lecture:</b> 10am for 10:30am - 12pm session. This free session provides helpful strategies for quality engagement. It also provides links to support services in your local area. Contact Alzheimer's Australia NSW Port Macquarie office T: 6584 7444.
<b>Thu 14</b>	Goodwin Day Club, Monaro Street <b>Queanbeyan</b>	<b>Healthy Brain Ageing presentation Queanbeyan.</b> 11am-12pm, a free information session is for anyone interested in knowing more about healthy brain ageing, reducing your risk of dementia, or living well with dementia. You will learn helpful strategies for quality engagement and links to support services in your local area. Contact: Libby Smith, Alzheimer's Australia NSW, T: 02 6241 0881
	Scalabrini Village, <b>Bexley</b>	<b>You are not alone: Living with dementia Free Public seminar and facility tour</b> 10am - 12pm session. Contact Jenny Beck (02) 9505 8259
<b>Sat 16</b>	South Windsor Markets, <b>Sth Windsor</b>	<b>Memory Van visiting South Windsor</b> 7am-1pm, at South Windsor markets Contact: Paddy Parnell, <a href="mailto:Paddy.Parnell@alzheimers.org.au">Paddy.Parnell@alzheimers.org.au</a>
	Scalabrini Village, <b>Austral</b>	<b>You are not alone: Living with dementia Free Public seminar and facility tour</b> 10am - 12pm session. Contact Stella Timpano (02) 8795 4100
<b>Mon 18</b>	Len Waters Lounge, Linton Retirement Village, 15 Glebe St, <b>Yass</b>	<b>Healthy Brain Ageing presentation Yass</b> 11am-12pm, a free information session is for anyone interested in knowing more about healthy brain ageing, reducing your risk of dementia, or living well with dementia. You will learn helpful strategies for quality engagement and links to support services in your local area. Contact: Libby Smith, Alzheimer's Australia NSW, T: 02 6241 0881
	Scalabrini Village, <b>Drummoyne</b>	<b>You are not alone: Living with dementia Free Public seminar and facility tour</b> 10am - 12pm session. Contact Maria Carnevale (02) 9719 0665
<b>Tue 19</b>	Catholic Club 20-22 Camden Rd, <b>Campbelltown</b>	<b>Healthy Brain Ageing presentation Campbelltown</b> 11am-12pm, National Seniors event in Campbelltown at <b>Catholic Club.</b> <b>Cost:</b> \$5 to cover morning tea. Contact: Paddy Parnell, <a href="mailto:Paddy.Parnell@alzheimers.org.au">Paddy.Parnell@alzheimers.org.au</a>
	Scalabrini Village, <b>Allambie</b>	<b>You are not alone: Living with dementia Free Public seminar and facility tour</b> 10am - 12pm session. Contact Katarina Kontopos (02) 8977 1621
<b>Wed 20</b>	South West Rocks Country Club, 2 Sportsman's Way, <b>South West Rocks</b>	<b>You are not alone: Living with dementia: Free Public Lecture:</b> and information session including a presentation about the Montessori approach in caring and supporting a person living with dementia. Contact AlzNSW Port Macquarie office T: (02) 6584 7444
	Henty Field Days, <b>Henty</b>	<b>Memory Van to visit Henty</b> Henty Field Days on 20 <sup>th</sup> & 21 <sup>st</sup> September Contact: Paddy Parnell, <a href="mailto:Paddy.Parnell@alzheimers.org.au">Paddy.Parnell@alzheimers.org.au</a>
	Scalabrini Village, <b>Chipping Norton</b>	<b>You are not alone: Living with dementia Free Public seminar and facility tour</b> 10am - 12pm session. Contact Angela Vojnovic (02) 9822 4899

<b>Thu 21</b>	<b>World Alzheimer's Day</b>	
	Various locations across <b>Sydney</b>	<b>Collection Day for Alzheimer's Australia NSW.</b> If you are able to help by volunteering your time on Collection Day or would like more information. Contact: Emma Jackson-South T: 02 8875 4625 E: <a href="mailto:Emma.jackson-south@alzheimers.org.au">Emma.jackson-south@alzheimers.org.au</a>
	<b>National media release</b>	<b>World Alzheimer's Day - Alzheimer's Australia national media release</b>
<b>Fri 22</b>	Nowra Aquatic Park- Pool Deck Room, 20 Scenic Drive <b>Nowra</b>	<b>Healthy Brain Ageing: Wellness in Dementia mini-forum</b> 10am-12:30pm. Please note seats are strictly limited. RSVP to Karen Shepherd on 4423-9341 or Heather Burge on 4428-7626 by 20 Sept 2017.
<b>Sun 24</b>	<b>Papua New Guinea</b>	<b>A Trek to Remember - Kokoda Challenge.</b> Participants depart on their epic adventure to raise funds for Alzheimer's Australia. If you would like to support their efforts, visit <a href="http://nsw.fightdementia.org.au/nsw/kokoda2017">http://nsw.fightdementia.org.au/nsw/kokoda2017</a>
<b>Wed 27</b>	Laurieton United Services Club, 2 Seymour St, <b>Laurieton</b>	<b>You are not alone: Living with dementia: Free Public Lecture:</b> 10am for 10:30am - 12pm session. This free session provides helpful strategies for quality engagement. It also provides links to support services in your local area. Contact AlzNSW Port Macquarie office T: 6584 7444.
	Woollahra Library, <b>Double Bay</b>	<b>Healthy Brain Ageing presentation Double Bay:</b> 6pm-7:30pm, Woollahra Library in Double Bay Contact: Paddy Parnell, <a href="mailto:Paddy.Parnell@alzheimers.org.au">Paddy.Parnell@alzheimers.org.au</a>
	TC Brasserie Queanbeyan Kangaroos Club Cnr Stuart St & Richard Ave, <b>Queanbeyan</b>	<b>You are not alone: Living with dementia: Social Outing:</b> 12pm. Find out what support is available in your community. <b>Lunch at menu prices.</b> Contact: Libby Smith, Alzheimer's Australia NSW, T: 02 6241 0881
<b>Thu 28</b>	Blacktown Workers Club, 55 Campbell St, <b>Blacktown</b>  (free parking at the club car park)	<b>Making a Difference in Dementia Care Forum:</b> The Western Sydney Dementia Strategy Implementation Group presents a showcase of Best Practice and Innovation in Dementia Care including: Dr Helen Creasey - latest research & best practice; Poster Display and Quality Award; Dementia-friendly communities and assistive devices; BPSD management; Consumer & carer stories. <b>More Information:</b> Queeny Lau T: 0420 207212, Angelique O'Flynn T: 0417469843. RSVP 22 Sept at W: <a href="http://Eventbrite.com.au">Eventbrite.com.au</a>
<b>Oct 11</b>	The Glasshouse, <b>Port Macquarie</b>	<b>The RED Conference by Omnicare (fees apply)</b> The conference aim is to provide you with a practical and hands-on approach to dementia care from an array of international and Australian industry specialists. Register: <a href="http://www.omnicare.org.au/red-conference">www.omnicare.org.au/red-conference</a> or T: 6584 1115
<b>OCT 17-20</b>	Melbourne Conference & Exhibition Centre, <b>Melbourne</b>	<a href="http://www.dementia2017.org">www.dementia2017.org</a> <b>be the change</b> 17th Alzheimer's Australia Elderly National Dementia Conference 17-20 October 2017   Melbourne
<b>OCT 24</b>	The Juniors, 558A Anzac Parade, <b>Kingsford</b>	<b>CHeBA: FREE Public Forum: I'm Older But Not Old.</b> 10:00am to 1:00pm, with special guest speaker Ron Coote AM. RSVP: <a href="mailto:CPforum@health.nsw.gov.au">CPforum@health.nsw.gov.au</a> T: (02) 9382 3759. A light morning tea will be provided.
<b>OCT 27-28</b>	John Niland Scientia Building, <b>UNSW Kensington Campus</b>	<b>RANZCP 6th Annual Neuropsychiatry &amp; Behavioural Neurology Conference</b> <b>Cost: TBA</b> Further info url: <a href="https://www.ranzcp.org/Publications/Events/Neuropsychiatry-Conference-2017/About-the-event.aspx">https://www.ranzcp.org/Publications/Events/Neuropsychiatry-Conference-2017/About-the-event.aspx</a>
<b>Any Thursday or Friday</b>	<b>Art Gallery of NSW, Sydney:</b> Access Programs for people living with Dementia. A structured program is available for people living with dementia and their carers. The art and dementia program provides opportunities for meaningful and interactive engagement with artworks from the Gallery's collection. Details: <a href="http://www.artgallery.nsw.gov.au/visit-us/specific-requirements/visit-with-disability/access-programs/">http://www.artgallery.nsw.gov.au/visit-us/specific-requirements/visit-with-disability/access-programs/</a>	

For more information contact: **THE NATIONAL DEMENTIA HELPLINE 1800 100 500 | W:** <https://nsw.fightdementia.org.au/nsw/dementia-awareness-month>

The National Dementia Helpline is an initiative of the Australian Government. Dementia Awareness Month is supported by financial assistance from the Australian Government and the NSW Government. Updated 17 Aug 2017