THE ALZHEIMER’S AUSTRALIA SA BOARD 2015

A.P. (Tony) Newman
Chairman

Kathryn Quintel
Chief Executive Officer
Public Officer
Company Secretary

Timothy White
Vice Chairman

Bill Antoniou
Board Director

Alan Bevan
Board Director

John Giles
Board Director

Alison Kimber
Board Director

Scott Langford
Board Director

Jason Neave
Board Director

Clare MacAdam
Board Director
VISION

A SOCIETY COMMITTED TO REDUCING THE IMPACT OF DEMENTIA

VALUES

PROFESSIONALISM, INTEGRITY, COMMITMENT, TEAMWORK, INCLUSION

FUNDAMENTAL PRINCIPLES

• PROMOTE AWARENESS AND UNDERSTANDING
• RESPECT THE HUMAN RIGHTS OF PEOPLE WITH THE DISEASE
• RECOGNISE THE KEY ROLE OF FAMILIES
• PROVIDE ACCESS TO HEALTH AND SOCIAL CARE
• STRESS THE IMPORTANCE OF OPTIMAL TREATMENT AFTER DIAGNOSIS
• TAKE ACTION TO PREVENT THE DISEASE, THROUGH IMPROVEMENTS IN PUBLIC HEALTH
CHAIRMAN’S REPORT

TONY NEWMAN

There is much discussion regarding the origin of the English expression “May you live in interesting times”. Is its origin English or Chinese and whether it is a blessing or indeed a curse?

The Alzheimer's Australia SA Board recognises we are certainly living in interesting times that bring both challenges and opportunities.

Over recent years we have all seen an increased awareness and understanding of the special needs of people with dementia, their families and carers. We must continue our activities in this space and at the same time face the challenge of providing the services and support required by an ever increasing number of people.

In doing so we must operate in a continuously evolving environment. We are seeing an increasing number of new entrants seeking to provide dementia services. They do not all share the not-for-profit ethos of Alzheimer’s Australia SA.

We are all competing for government funding, which itself is under severe financial constraint.

Within this environment the Board and Management is committed to developing strategies that will see Alzheimer’s Australia SA continue to be a leader in providing advocacy, education and support for South Australians impacted by dementia.

The development of a new strategic plan has already begun and will be the major focus of the Board in the months ahead.

Tim White, Chair of the Finance and Risk Committee, will make a separate report on our financial results. Our association continues to be in an excellent financial position. The Board acknowledges the efforts of all involved to achieve this result.

Alzheimer’s Australia SA has continued to work cooperatively with the state and territory organisations that together make up Alzheimer’s Australia. There is much to be gained from being a part of a strong federation and we will continue to leverage these benefits wherever possible.

During the year I was privileged to attend a number of functions where the dedication and commitment of our volunteers were on show. I thank each and every one of you. I particularly acknowledge those courageous people who have been diagnosed with dementia who together with their families are most powerful advocates for our cause. You are truly very special.

The Rosemary Foundation again made a substantial contribution to the services we were able to deliver. The Board thanks the members of the Foundation.

As Alzheimer’s Australia SA charts its course through the challenges outlined earlier in my report, we remain appreciative of the continued commitment and dedication of our people. As I have noted in the past, their passion is truly inspiring.

My thanks also to my fellow Directors who give freely of their time and expertise as we all work to ensure Alzheimer’s Australia SA faces the challenges and makes the most of the opportunities ahead.

A.P. (TONY) NEWMAN
Chairman
I am pleased to advise for this financial year, we made excellent progress in implementing Strategy 2017 and delivering on our financial targets.

Alzheimer’s Australia SA (AASA) continues to lay solid foundations for the future with a surplus of $304,845 for the end of 2015.

The external environmental landscape has changed dramatically over the last twelve months, placing many challenges on AASA for the future of our existing services.

The introduction of the My Aged Care Gateway, National Disability Insurance Scheme and all State funding moving over to the Commonwealth has made us revise our structure at AASA to accommodate the needs and requirements of government.

Funding remains to be a major challenge and many not-for-profits are living in uncertain times.

The centralisation of our National Dementia Helpline to New South Wales in February 2015 and the loss of our National Cross Cultural funding from National Office impacted staffing at AASA.

With all of these changes our people have been impacted dramatically and I would like to acknowledge the outstanding contribution and commitment of everyone during a very difficult year.

With the many challenges there has also come many positive opportunities:

• AASA secured 1.7 million dollars of funding over the next three (3) years to expand our Dementia Link Workers across South Australia

• Funding of $663,000 was secured for a multicultural app to assist aged care facilities in bridging the multicultural gap

• AASA secured the Connexus funding until June 2016 and also Younger Onset Key Workers to regional South Australia

• 36 partnerships were established including National Pharmacies, Westfield and ANZ. Aged Care service providers and Councils also partnered with us on many vital services

• Expansion of Memory Hubs throughout metropolitan and regional Councils including Pt Lincoln, City of Playford and City of Salisbury

• 26 Members of State Parliament signed up as Dementia Champions

• The SAI Global Audit was completed with no non-conformances

• TeamTLC (Tender Loving Carers) raised a total of $21,270. They also funded a Retreat and two Wellbeing Days for carers of people with Younger Onset Dementia.

AASA has a solid foundation for the future and we look forward to the Strategy that will be developed by the Board in 2016.

Through all our triumphs and challenges we never forget the reason we exist – for people with dementia, their carers and families.

An enormous thank you must go to our donors, friends, corporate sponsors and volunteers who support AASA, we could not achieve all we do without your generosity.

We thank our Board for their valued contributions to AASA.
PALLIATIVE CARE 

PALLIATIVE CARE LINK WORKER PROJECT

This project has been made possible through the generous support of one of our donors and the AASA Board.

This year Alzheimer’s Australia SA has commenced its new Palliative Care Link Worker project. This project’s purpose is to develop a dementia specific palliative care response that delivers a high quality, evidence based approach for people with dementia and their carers that supports them throughout the palliative and end of life phase of their illness.

This project responds to the identified need of those dying from dementia to receive appropriate end of life care. Dementia is currently the second leading cause of death in Australia, yet dementia is rarely even understood as a terminal condition. Further exacerbating this is that the majority of people dying from dementia do not have access to specialised palliative care supports. The lack of involvement of specialist palliative care services, seems to result in poor pain and symptom management, and unnecessary angst and grief for carers, adding to the burden of their caring role.

This project has a number of key objectives to ensure that those dying from dementia are afforded every opportunity to receive timely and sensitive end of life care. The project’s objectives are:

1. To understand the end of life experiences of those who die from or with dementia
2. To ensure dementia is on the Palliative Care sectors’ agenda
3. To facilitate the roll out of dementia specific palliative care education to the sector
4. To collaboratively develop service pathways that support a good death for people dying from dementia in acute, community and residential care settings
5. To evaluate the effectiveness of the pilot with an aim for expansion of the service

SUCCESSFUL INITIATIVES 2015

YOUNGER ONSET DEMENTIA

SOUTHERN EXPLORERS DAY RESPITE PROGRAM

Due to the successful implementation and rollout of the Northern Rangers Day Respite Program in 2014, those living with Younger Onset Dementia in the South now have a similar day respite program.

Alzheimer’s Australia SA are in partnership with The City of Onkaparinga to develop a day respite program called the Southern Explorers, as there was an evident service gap for the ever expanding southern suburbs.

The program is held in Elizabeth House, Christie Downs, where clients have access to beautiful modern facilities, an expansive garden area complete with orchard, a men’s shed, as well as an in-house chef. Outings occur once a month whilst other days in-house clients participate in a variety of activities that are age specific.

DTSC & DBMAS COLLABORATIONS

A new workshop, The Portrait, the Mirror and the Landscape: Working with Responsive Behaviours is a collaboration between the Dementia Training Study Centres (DTSCs) and the Dementia Behaviour Management Advisory Service (DBMAS). It is designed to develop and deliver person-centred approaches to responsive behaviour.

The workshop provides imagery to focus attention on three domains in dementia care settings:

• The portrait represents the foundation of knowing and valuing the person, and using this knowledge in care planning and care practices;

PALLIATIVE CARE 

SUCCESSFUL INITIATIVES 2015

YOUNGER ONSET DEMENTIA

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• The portrait represents the foundation of knowing and valuing the person, and using this knowledge in care planning and care practices;
DTSC & DBMAS COLLABORATIONS (Continued)

- The mirror is a reminder of the need for self-reflective practice within the context of the care relationship; and
- The landscape represents the whole context in which practitioners operate, and may often be constrained by. The tangible elements include the physical setting, policies and procedures, reporting and funding mechanisms. The intangible elements include the culture of care, informed by values and attitudes to dementia and ageing.

This design brings together health professionals in small groups to work cooperatively on a range of learning activities, including a lively concept mapping role play which provides a way of discussing the culture of care within a workplace. Assigning different characters to each scenario can create cooperative environments through to generating negative conflict within the team.

Led by the South Australia and Northern Territory Dementia Training Study Centre, the project commenced with a review of the various training packages in use around Australia on the topic of behaviour and dementia. This gave the project lead a clear picture of the type of content and approach currently in use within training workshops. Valuable input for this project was provided by the DBMAS Clinical Behaviour Consultants who see first-hand the impact on the person with dementia and their care partners of untreated pain, delirium, confusing environments, loneliness and the myriad of other potentially contributing factors of distress.

Being able to sustainably navigate all three domains marks out an accomplished health professional and the feedback received to date is overwhelmingly positive.

HOMELESSNESS & DEMENTIA PROJECT (Continued)

The number of people diagnosed with dementia increases every week. Currently there are more than 342,800 Australians living with dementia. This number is predicted to increase by a third over the next decade. It is also estimated that more than 24,100 younger people are living with dementia.

At the same time people experiencing homelessness face great challenges in accessing good brain health interventions and access to timely dementia assessment and diagnosis. There are significant challenges for homeless people to connect to robust and appropriate dementia services and supports, at a time when they need it most.

The Alzheimer’s Australia SA Homelessness and Dementia Project was developed to look at how improved access to services can be achieved. It was identified that there was a need to better recognise and understand dementia in homelessness across both homelessness and aged care services.

The Homelessness and Dementia DVD was developed to raise awareness and bridge knowledge of homelessness and dementia and was funded by the Australian Government Department of Social Services. Introduced by Ita Buttrose, National Ambassador for Alzheimer’s Australia, this film is presented in chapters offering relevant and broad information to both homelessness and aged care services. These chapters can be shown individually, used as part of a training program or as a community information session.

Beginning with a focus on dementia, the first chapter is presented by two leading doctors in health services and should be of particular interest to those needing an overview of dementia.

The second chapter explains who the homeless are and highlights the challenges that people face when experiencing homelessness. The following chapter looks at risks associated with having dementia in the complexity of homelessness. The DVD concludes with a chapter on hope and help and what we are doing to support homeless people living with dementia. This includes a final section on Brain Health which can be used as a standalone dementia risk reduction message for service providers to show to homeless people.

This DVD was developed by Alzheimer’s Australia South Australia as a national resource and distributed to all Alzheimer’s Australia State and Territory offices. It is also available online and can be accessed through YouTube and via the Alzheimer’s Australia website through the link: https://sa.fightdementia.org.au/sa/about-dementia-and-memory-loss/homelessness-dementia
CALLS OFFERING ASSISTANCE
15,453

“THIS IS HOW WE HAVE CONTINUED THE FIGHT AGAINST DEMENIA IN SOUTH AUSTRALIA OVER THE PAST YEAR!”

YOUNGEST PERSON HELPED
14

OLDEST PERSON HELPED
103
PEOPLE FROM 75 COUNTRIES ASSISTED: 5,209 people from culturally diverse backgrounds

Face To Face Assistance Meetings 3,079

EDUCATION & INFORMATION SESSION PARTICIPANTS 6,316

TOTAL SERVICE INTERACTIONS WITH PEOPLE (ALL FORMS OF CONTACT) 33,976

SOUTH AUSTRALIAN FAMILIES ASSISTED 3,187
I am pleased to present Alzheimer’s Australia SA Financial Report for the year ended 30th June 2015.

The Board has had to balance competing resources against the uncertainty of government funding.

The balance sheet of Alzheimer’s Australia SA as at 30th June 2015 continues to be strengthened and reflects an appropriate level of cash to offset various funding risks assessed by the Board.

Alzheimer’s Australia SA recorded a surplus of $304,845 for the financial year ended 30th June 2015. With this excellent report, the Board continued to provide additional resources to be employed in the palliative care area.

The Rosemary Foundation allocated a sum of $315,000 to Alzheimer’s Association this financial year. The Rosemary Foundation for Memory Support Inc. is the capital fund investing monies for the long-term benefit of Alzheimer’s Australia SA.

Your Association has therefore finished the year in a strong financial position to allow it to continue to provide and increase services in the ensuing years.

TIM WHITE
Chairman Finance and Audit Committee
# Financials 2015

## Income & Expenditure for the Year Ended 30th June 2015

### Income

<table>
<thead>
<tr>
<th>Income</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants &amp; funding</td>
<td>7,079,204</td>
<td>6,998,014</td>
</tr>
<tr>
<td>Donations, bequests &amp; fundraising</td>
<td>2,068,978</td>
<td>421,902</td>
</tr>
<tr>
<td>Sales (net)</td>
<td>22,075</td>
<td>24,941</td>
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<tr>
<td>Interest received</td>
<td>106,573</td>
<td>113,580</td>
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<tr>
<td>General trading income</td>
<td>305,623</td>
<td>321,082</td>
</tr>
<tr>
<td>Asset disposal &amp; revaluation (net) gain</td>
<td>-</td>
<td>2,811</td>
</tr>
<tr>
<td><strong>Total Income</strong></td>
<td><strong>9,582,453</strong></td>
<td><strong>7,882,330</strong></td>
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### Expenditure

<table>
<thead>
<tr>
<th>Expenditure</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Depreciation</td>
<td>63,660</td>
<td>67,936</td>
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<tr>
<td>Fundraising expenses</td>
<td>96,004</td>
<td>41,577</td>
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<tr>
<td>Grants &amp; scholarships</td>
<td>1,934</td>
<td>4,076</td>
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<tr>
<td>Marketing, promotion &amp; newsletter</td>
<td>156,785</td>
<td>190,086</td>
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<tr>
<td>Office &amp; administration</td>
<td>373,724</td>
<td>401,383</td>
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<tr>
<td>Programs, client expenses &amp; resources</td>
<td>1,296,589</td>
<td>1,320,107</td>
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<tr>
<td>Property, maintenance &amp; environment</td>
<td>202,962</td>
<td>246,606</td>
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<tr>
<td>Salaries, wages &amp; related costs</td>
<td>5,470,888</td>
<td>5,167,482</td>
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<tr>
<td>Contributions to Rosemary Foundation</td>
<td>1,538,494</td>
<td>92,844</td>
</tr>
<tr>
<td>Asset disposal and revaluation, net loss</td>
<td>76,568</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total Expenditure</strong></td>
<td><strong>9,277,608</strong></td>
<td><strong>7,532,097</strong></td>
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**Surplus for the year**

<table>
<thead>
<tr>
<th>2015</th>
<th>2014</th>
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<tbody>
<tr>
<td>304,845</td>
<td>350,233</td>
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## Payments Received

**$9,582,453**

- Grants - State Government: 3%
- Grants - Federal Government: 53%
- Grants - AA National & Other: 18%
- Donations & Fundraising: 5%
- Bequests: 17%
- Sales & Merchandise: 0%
- Other Income: 3%
- Interest Received: 1%

## Payments Made

**$9,277,608**

- Community Services: 27%
- Dementia Behaviour Management Advisory Service: 19%
- Education & Training: 13%
- Advocacy, Resource & Information Services: 1%
- Marketing, Communications & Fundraising: 1%
- Administration & Overheads: 18%
- Rosemary Foundation: 17%