ALZHEIMER’S AUSTRALIA WA

DEMENTIA LEARNING GUIDE

AGED & HEALTH CARE SERVICES

Flexible education solutions to improve dementia practice for aged & health care services

NATIONAL DEMENTIA HELPLINE 1800 100 500
WA.FIGHTDEMENTIA.ORG.AU
Alzheimer’s Australia WA

As Australia’s oldest and largest dementia organisation Alzheimer’s Australia WA is at the forefront of dementia care services, research and education and training programs.

Alzheimer’s Australia WA was established in 1982 by a group of carers of people with dementia who saw the increasing need for a dementia-specific support organisation.

Our specialised services including respite, counselling and social support are available to the more than 33,000 people in Western Australia with dementia as well as their families and carers.

We also offer education, nationally recognised training and advisory services to people working in health and aged care and community education programs for the general public.

Contact Us

wa.education@alzheimers.org.au

(08) 9388 2800

wa.fightdementia.org.au

Stay Connected

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@alzheimerswa

“THIS COURSE HAS REALLY HELPED IN THE WAY I VIEW THE WAYS TO PROMOTE DEMENTIA PRACTICES & PROVIDE GUIDANCE TO MY COLLEAGUES”

- 2016 CERT IV COURSE PARTICIPANT

CERT IV IN DEMENTIA PRACTICE

See page 18 for more details
I am pleased to provide you with our new enhanced dementia training program for the second half of 2016. Alzheimer’s Australia WA recognises the need for specialist dementia skilled staff working in person centred care cultures in these changing times in aged care. We are able to provide to you a wide range of specialist training and education opportunities. Our dementia learning pathway can provide the knowledge, skills and emotional intelligence development to support your specialist services, or develop your staff group into dementia specialist practitioners.

Our industry leading Certificate IV in Dementia Practice is entering its fifth year and has recently undergone a full review with a number of unit changes to ensure it remains the industry’s leading dementia leadership training program. We are pleased to announce that a Certificate IV program will commence in Perth in September and also that we will be running the program for the South-West Region (held in Bunbury) for the first time. If you are looking to develop dementia champions or leadership staff in your organisation, I encourage you to take advantage of this training.

Our partnership approach can support your organisation to be at the forefront of this change. Alzheimer’s Australia WA recognises the challenges the aged and health care industry faces at this time of reform. We have tailored a new dementia specialist consultancy service to customise training programs for your organisation’s needs as well as help you review your physical, social and care environments. As consumers increasingly decide on their own service providers, being a provider of choice for people with dementia will require highly skilled trained staff in dementia enabling environments delivering services in person centred models.

We look forward to working with individual care or health professionals and leading aged or health care organisations, to improve the lives of people living with dementia.

Rhonda Parker
Chief Executive Officer
Alzheimer’s Australia WA
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Some programs are funded by the Australian Government or jointly funded by the Western Australian and Australian Governments through the Home and Community Care (HACC) program.

DISCLAIMER: The information in this publication was current at the publication date, August 2016. Please check our website wa.fightdementia.org.au for current information.

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CONTINUING PROFESSIONAL DEVELOPMENT

Alzheimer’s Australia WA has over 30 years of experience in providing dementia specialist education to the WA health care community.

Our learning programs are suitable for the professional development of all health care workers, tailored to meet the needs of registered nurses, enrolled nurses, support workers and other health professionals.

Informed by current research and contemporary practice, Alzheimer’s Australia WA has utilised its expertise as a leader in dementia care to develop a comprehensive suite of products which form part of an integrated learning pathway, from entry level non accredited courses to the fully accredited Certificate IV in Dementia Practice.

Our Educators

At Alzheimer’s Australia WA our highly professional educators are all qualified with a minimum of workplace training and assessment (TAE 40110 Certificate IV) and have vast and varied experience in providing support to people living with dementia and their families in both community and residential settings. Our educators are passionate about improving the standard of dementia knowledge in the care arena. The contemporary industry skills of our educators enables them to offer positive and engaging learning experiences with practical application into the working environment.

All educators participate in ongoing professional development and have access to experts in dementia practice and current research to inform their presentations.

Accredited Programs

As a Registered Training Organisation RTO code: 4755, we provide nationally accredited courses, including a dementia specific unit ‘CHCAGE005’. We also deliver the 12 month 10341NAT Certificate IV in Dementia Practice, only available with Alzheimer’s Australia.

All courses have an applied focus on skills development and reflective practice, enabling course participants to transform their own practice, and potentially that of their colleagues, enhancing quality of life for people living with dementia. All participants undertaking one of our nationally recognised courses will require a Unique Student Identifier (USI). Details of how to create your USI can be found at www.usi.gov.au. Nationally accredited programs featured in this guide are marked with the Nationally Recognised Training logo.
Most workshops listed in this guide can be delivered at your workplace.

Contact us for details on 9388 2800.

Help support what we do...

Become a member of Alzheimer’s Australia WA

A strong membership provides us with the strength in numbers to tackle advocacy issues and to argue a stronger case for people living with dementia and their carers.

As a member, you will receive our newsletter ‘Milestones’ four times a year, our Annual Report and have exclusive access to the wide range of dementia education resources such as books, DVDs and journals offered through our Library & Resource Centre.

If you are already a member, please encourage your family and friends to sign up and join you in strengthening the voice of people with Alzheimer’s disease and other forms of dementia.

Individual Membership (free)

Corporate Membership ($50 per annum)

To become a member please visit : wa.fightdementia.org.au/wa/support-us/become-a-member

or give us a call on 9388 2800.
DEMENTIA LEARNING PATHWAY

This pathway will assist you in selecting the most appropriate course for your learning needs and career aspirations.

1. Level One – FOUNDATION

Foundation level modules provide participants with:

- Increased awareness of dementia.
- A better understanding of the impact on the person.
- Increased empathy for what it is like to experience dementia.
- The opportunity to reflect on their own role in providing a person-centred approach.

2. Level Two – SUPPORT

Support modules build on the participant’s foundational knowledge and introduce:

- More detailed strategies for supporting a person living with dementia and their families.
- A reflective approach to further develop their person-centred practice.
- Planning support for the person with dementia based on their strengths and abilities.

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au

Contact us if you are interested in running any of these sessions at your workplace
Level Three – EXPLORATION

Exploration modules:

• Focus on insights from the latest research that can inform dementia assessment, treatment and support.

• Provide an opportunity to share experiences with experts.

• Further understand the specific forms of dementia.

• Cover complex issues such as choice, decision-making, competency, capacity and advance care planning.

• Are suitable for participants with a good foundational understanding of dementia.

Level Four – LEADERSHIP

Leadership modules:

• Provide a comprehensive understanding of contemporary dementia practice.

• Give participants the skills and confidence to challenge current dementia practice.

• Guide them through the process of practice improvement.

• Develop ideas for improvement.

• Support the implementation of change.

• Open doors to new career paths.

How to Register

Bookings are essential. Places are limited and subject to our terms and conditions within this document. Registrations can be made online, by phone or by using the enrolment form available on our website.

For course and seminar bookings:

wa.fightdementia.org.au
wa.education@alzheimers.org.au
(08) 9388 2800
(08) 9388 2739

Alzheimer’s Australia WA
PO Box 1509, Subiaco WA 6904

Course Dates & Times

For details of cost, venue, dates and times, please refer to: wa.fightdementia.org.au
For bookings, contact us on (08) 9388 2800 or email wa.education@alzheimers.org.au

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au
Contact us if you are interested in running any of these sessions at your workplace
For details of cost, venue, dates and times, please go to wa.fightdementia.org.au

Contact us if you are interested in running any of these sessions at your workplace

**Introduction to Dementia**

Covers dementia in a general sense, how it affects people, statistics, risk factors, medications and information on the various types of dementia.

**1 Hour Workshop**

*Delivered at your Workplace*

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**Experiencing Dementia**

**Half Day Course**

Mon, 31 October

Venue:
Training Room
9 Bedrock Place
Shenton Park

Do you wonder how it feels; what it’s like to be that person? Experiencing Dementia is a different concept in dementia education. This workshop is built around simulation and personal experience, giving you a glimpse into what they may be experiencing.

You will have the opportunity to:

- Engage in a simulation reflecting what it may be like to have dementia.
- Listen to a carer or person living with dementia tell you about their experiences.
- Consider how your actions affect the person in your care.

“The simulations helped me understand the impact of being somehow impaired...”

– 2015 Course Participant.
Positive Dementia Care

Full Day Course

Mon, 12 September
Fri, 21 October
Fri, 25 November
 Tues, 13 December

Venue:
Training Room
9 Bedrock Place
Shenton Park

This foundation workshop will provide a basic understanding of dementia as well as practical strategies to support positive interaction when supporting a person with dementia.

You will have the opportunity to:

• Learn about dementia and how it affects the person
• Explore how to support a person’s wellbeing
• Consider what changes will occur to the person and how you might respond
• Apply person centred care in a practical environment

Rewriting the Behaviour Story

Half Day Course

Tues, 18 October

Venue:
Training Room
9 Bedrock Place
Shenton Park

Gives participants an opportunity to look closer at the current paradigm (medical focus, disease first) and what care would look like with a relationship based culture shift.

Gives participants an opportunity for self-discovery:

• Culture of care, historically.
• Look at the current way of working and understanding a person’s experience of dementia.
• Explore thoughts feelings and responses and actions – getting to know the whole of who we are.
• Human rights – influencing culture change.
• Cycle of influence process.
• Putting it into practice.
• Your leadership in the culture change.

This workshop provides a new and dynamic approach. Taking us through self-discovery and commencing a journey through culture change enabling us to listen to the real experts in dementia care, those who are living with it.

“Was fantastic to attend a presentation of such high calibre”
– 2015 Course Participant

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au
Contact us if you are interested in running any of these sessions at your workplace
Communicating in a Person-Centred Way

Good communication skills are essential in providing support to people living with dementia and their carer. As each person is impacted in a different way, having a broad range of effective communication strategies to utilise in your work is essential.

You will have the opportunity to:
• Gain a greater understanding of how dementia can impact on communication.
• Develop strategies to support a person-centred approach to communication.

Meaningful Engagement

This workshop will guide you through the importance of meaningful engagement. Learn how to best engage the person through activities which are purposeful and pleasurable using a strength based approach.

You will have the opportunity to:
• Explore the importance of identifying individual needs of people living with dementia.
• Examine the relationship of meaningful engagement to well being.
• Develop a plan of suitably engaging activities for a person living with dementia.

“\What I found most useful, was finding ways to interact with people living with dementia that helps with their positive wellbeing, validation”

– 2015 Course Participant.
Intellectual Disability & Dementia

Half Day Course

Mon, 5 September

Venue:
Training Room
9 Bedrock Place
Shenton Park

This is a specialised workshop addressing the needs of providing support to a person who has both an intellectual disability such as Down Syndrome and dementia.

You will have the opportunity to:
• Gain a greater understanding of how dementia affects the person with an intellectual disability.
• Develop the skills required to communicate more effectively with people with the dual diagnosis.
• Identify and respond to changes over time.

A Palliative Approach to Dementia Practice

Half Day Course

*Delivered on Request*

This program introduces you to best practice care delivery for a Palliative Approach to dementia care. Dementia is a terminal condition which could extend over a number of years. This course will give you insights into the longer term care planning which may be required.

You will have the opportunity to:
• Gain a greater understanding of the palliative approach to dementia practice.
• Examine the importance of care planning in relation to quality of life for the person living with dementia.
• Learn how to best give support to a person with advanced dementia.
• Identify resources around bereavement support for the carers and family of the person living with dementia.

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au
Contact us if you are interested in running any of these sessions at your workplace
Alzheimer’s Australia WA delivers this accredited training which is suitable for all people working in aged care, health care and community services. This course is currently government funded and does not incur a fee for those working in the industry.

You will have the opportunity to:

• Examine the nature of dementia and its impacts.
• Learn more about person centred care and effective communication strategies.
• Identify unmet needs and develop effective responses.
• Develop activities to promote well being.
• Anticipate workplace issues and identify the community supports and services available.

“I gained so much understanding and knowledge….it helped with my position as a nurse and my private life… just wanted to say thankyou to you all!”

– 2015 Dementia Care Essentials - Course Participant.
Sexuality in Dementia Care

This workshop explores the myths and stigmas around the attitude of sexuality in older life, with its focus around those living with dementia.

You will have the opportunity to:
- Gain a greater understanding of the impact of dementia on intimacy.
- Examine attitudes, long life values and habits.
- Consider sexual diversity in dementia care.
- Discuss consent and what it means for a person living with dementia.
- Develop policy and procedure to support intimacy.

Half Day Course

Younger Onset Dementia

This workshop explores the unique experiences of people (under 65) diagnosed with dementia, how to support them in a person centred model and the skills needed for effective intervention.

You will have the opportunity to:
- Gain a greater understanding of dementia as a condition.
- Examine the impacts of dementia on a younger person.
- Identify the unique needs of younger people with dementia.
- Explore ways to adapt care and service provision to meet the needs of a younger person.

Half Day Course

*SUPPORT* 2

*Delivered on Request*

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au
Contact us if you are interested in running any of these sessions at your workplace
**Palliative Care Unit CHCPAL002**

Plan for and provide care services using a palliative approach – includes assessment and certification.

On completion of this unit you will have had the opportunity to:

- Plan a palliative approach to individual care.
- Support individuals to identify their preferences for quality of life choices.
- Assist with advanced care planning.
- Take action to alleviate pain and other end of life symptoms.
- Contribute to the development and implementation of end-of-life care strategies.
- Identify and manage emotional responses in yourself and others.

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**Arts Program**

**Full Day Course**

**Tues, 13 September**

**Venue:**

Training Room
9 Bedrock Place
Shenton Park

Art can provide an alternative language for communication – through images, symbols and colours. This experiential workshop is for anyone in aged, health or community care services and is involved in planning and facilitating activities for people with dementia. Participants will work with a wide variety of art materials and gain confidence in offering a creative expression program for people with dementia.

You will have the opportunity to:

- Learn how to set up and organise a therapeutic art group whilst addressing physical and psychological safety.
- Explore how to choose suitable, good quality art materials whilst staying within budget
- Identify appropriate project themes and activities.

"The most useful thing I found was the different ideas of activities one can use as therapy and how art can be used to engage patients”

– Arts Program Participant.
Music in Dementia Care

Half Day Course

Friday, 14 October

Venue:
Training Room
9 Bedrook Place
Shenton Park

During this experiential workshop explore music as an effective method of communication, a calming strategy and a reminiscence tool.

You will have the opportunity to:
- Develop music programs, examine the pros and cons of setting up a choir.
- Determine how to use music to create a positive environment.
- Assist with developing an individual play list using a person centred approach.

Reminiscence & Life Stories

Half Day Course

Tues, 27 September

Venue:
Training Room
9 Bedrook Place
Shenton Park

Reminiscence and life stories is a proven tool to appreciate the uniqueness of each person. It is used to trigger memories and forge new understandings of history and events of the past.

You will have the opportunity to
- Learn strategies to encourage and support reminiscing.
- Develop the key points for creating an individual life story.
- Identify opportunities for using life stories as a person centred communication tool.
EXPLORATION

DESIGN FOR DEMENTIA

Care Environments

Half Day Course

Tue, 6 December

Venue:
Training Room
9 Bedrook Place
Shenton Park

This workshop explores the application of 10 evidence-based principles of enabling dementia design across a variety of environments such as hospitals, day clubs and residential aged care facilities.

Full of practical advice and tips, topic areas include:
- Architectural design, signage and choosing furniture.
- Use of colour and lighting.
- Creating meaningful engagement opportunities.
- Creating therapeutic garden space.

The workshop will also provide information on use of design audit tools and an opportunity to visit a dementia specialist day club to view the principles in practice.

Supporting Your Clients using an Enabling Home Environment

Half Day Course

Fri, 9 September

Venue:
Training Room
9 Bedrook Place
Shenton Park

This half day workshop will provide community staff working with people with dementia with useful information on how to easily adapt home environments to support a person living with dementia.

- How to carry out an assessment of the home environment.
- Practical ideas, advice and tips that can make the home more enabling for the person living with dementia.
- Exploration of ideas for creating meaningful activities in and around their home environment.
- An invitation to visit our showroom to learn how assistive technology can support an enabling environment for your client by reducing risk, supporting independence and creating more choices.

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au

Contact us if you are interested in running any of these sessions at your workplace.
Dementia practice improvement series

Alzheimer’s Australia has developed the Dementia Practice Improvement Series – an innovative, online learning resource that can be accessed anywhere, at any time.

At the click of a button, improve your dementia knowledge and care. Our four interactive modules cover a range of topics that encourage participants to reflect on their practice and identify areas for individual and organisational improvement.

Each module takes approximately one hour to complete and provides you with a Dementia Practice Improvement Plan which can be downloaded and printed along with your Continuing Professional Development certificate at the end of each module.

Our four module package includes:
1. What is dementia? (FREE)
2. A problem solving approach to behaviour
3. Communicating in a person-centred way
4. How person-centred is your practice?

For costs or more information about our online education offerings contact our
Online Learning Coordinator on 03 9816 5750 or email dementialearningsupport@alzheimers.org.au

Take a look at all of our dementia learning offerings at dementialearning.org.au
This accredited course for health and aged care workers provides a great opportunity to challenge current dementia practice using a relationship centred approach.

**The Certificate IV is a Nationally Accredited course and exclusive to Alzheimer’s Australia.**

To gain the qualification participants must complete all 14 units, although some units are offered individually (see previous pages in Exploration).

The participants have the opportunity to engage in interactive workshops and hear from expert guest speakers who specialise in their fields and have vast industry experience.

This course can be a pathway for those wishing to pursue leadership roles in their workplace with up to date and innovative strategies which will benefit you and your organisation.

- Participants will develop dementia specialist knowledge and may be regarded as dementia leaders in their organisation.
- Participants can bring back continuous improvement ideas to support the organisation.
- Participants have a broader understanding of the ever increasing needs for people with dementia and the skills to provide person centred care.
- Participants can support other workers within the organisation in culture change and best practice.

We fully cater for the Certificate IV course, providing lunch, morning and afternoon teas.

**The next Certificate IV in Dementia Practice is being offered in Perth commencing 6 September 2016.**

**There is also a regional option commencing 27 September 2016 in Bunbury.**

“This course provided me with useful tools on how to be a leader with a vision, and the strategies that can be involved to stay as a leader “

– Certificate IV Course Participant.
For details of cost, venue, dates and times, please go to wa.fightdementia.org.au
Contact us if you are interested in running any of these sessions at your workplace

Schedule of the Certificate IV Dementia Practice (NAT10341)  
Delivery Model and Assessment Schedule - Perth

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<tr>
<th>Week</th>
<th>Session Title</th>
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<tbody>
<tr>
<td>Week 1</td>
<td><strong>Dementia and Reflective Professional Practice</strong></td>
<td>Week 6</td>
<td><strong>Supporting Wellbeing in the Caregiver</strong></td>
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<tr>
<td></td>
<td>• CHCPR003 - Reflect on and improve own professional practice</td>
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<td>• ALZDEM406B - Maintain the wellbeing of informal and formal care givers</td>
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<tr>
<td>Week 2</td>
<td><strong>Leadership &amp; Culture Change</strong></td>
<td>Week 7</td>
<td><strong>Assessment Awareness &amp; Cultural Influences</strong></td>
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<td></td>
<td>• BSBMGT401 - Show leadership in the workplace</td>
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<td>• ALZDEM405B - Develop an awareness of valid assessment processes of persons living with dementia</td>
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<td></td>
<td>• BSBLDR403 - Lead team effectiveness</td>
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<td>• CHCDIV001 - Work with diverse people</td>
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<tr>
<td>Week 3</td>
<td><strong>Creating Effective Networks</strong></td>
<td>Week 8</td>
<td><strong>Dynamics of Communication &amp; Behaviour</strong></td>
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<tr>
<td></td>
<td>• ALZDEM401B - Analyse concepts of ageing and dementia to support care and service delivery</td>
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<td></td>
<td>• ALZDEM407B - Maintain effective care services using a palliative approach</td>
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<tr>
<td>Week 4</td>
<td><strong>Palliative Care &amp; Caring Legalities</strong></td>
<td>Week 9</td>
<td><strong>Consumer-Directed Care &amp; Personal Enablement</strong></td>
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<td></td>
<td>• CHCPAL002 - Plan for and provide care services using a palliative approach</td>
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<td></td>
<td>• CHCLEG001 - Work legally and ethically</td>
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<td>• ALZDEM402B - Apply enabling strategies for Persons Living with Dementia</td>
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<td></td>
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<td>• CHCCS008 - Develop strategies to address unmet needs</td>
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<tr>
<td>Week 5</td>
<td><strong>Master Class Day</strong></td>
<td>Week 10</td>
<td><strong>Reflection &amp; Presentation Day</strong></td>
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**LEADERSHIP**

Leading Culture Change in Dementia Services

1 Day Course

3 October 2016

Venue:
Training Room
9 Bedbrook Place
Shenton Park

Are you a manager or coordinator of your community service, day centre or residential home? Wondering how you can support the shift from task focussed to person-centred care?

Join us for this innovative and challenging workshop to get practical ideas on leading the change in your care culture and the steps to make sustainable change.

During the workshop you will explore:

- Changing paradigms – why we do what we do and how we can change it?
- Barriers to change - why is it so hard and what can we do to overcome the barriers?
- A person-centred approach – what does a person centred service look like?
- Recruitment – choosing the right staff and how to attract them.
- Leadership – how to lead a culture change in your service.

“What I found most useful from the course was realising the culture in my organisation, the person with dementia, myself, family etc. It really opened my eyes”

– 2015 Course Participant.

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au
Contact us if you are interested in running any of these sessions at your workplace
PUBLIC LECTURE

INTERNATIONAL DEMENTIA EXPERT & BEST SELLING AUTHOR

DR ALLEN POWER

VISITS WA TO DISCUSS ‘WELLBEING AND THE DEMENTIA JOURNEY’

Dr Allen Power

Dr Allen Power is a physician, associate professor of medicine, Eden Alternative mentor, author and advocate for seniors and an accomplished and enthusiastic culture change leader. In his books “Dementia Beyond Drugs” and “Dementia Beyond Disease” Dr Power introduced us to new paradigms of considering the journey of dementia.

Lecture

Alzheimer’s Australia WA is pleased to host a visit by Dr Power and offer the opportunity to hear his latest considerations on living well with dementia, how services need to be responsive to the lived experience of dementia and how we need to re-consider the communication of behaviour.

Join us for what is sure to be a thought provoking and entertaining lecture from one of the world’s dementia thought leaders.

TIME: 6.30pm - 8pm
VENUE: UWA Club, 2 Hackett Drive, CRAWLEY, 6009
COST: $10 per person (inc light supper)
DIRECTIONS: Take first entrance into UWA through Hackett Drive
PARKING: There is ample parking around the side of the building

Bookings: Click here to register and secure your place

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au
Contact us if you are interested in running any of these sessions at your workplace
DEMENTIA TRAINING FOR HOSPITAL CARE STAFF

Caring for Patients with Cognitive Impairment to Achieve Better Outcomes in a Hospital

Full Day Course

Hospitals are increasingly busy places. Patients present with more complex needs and are in hospital for shorter stays. Statistics show that patients with cognitive impairment are more likely to have poor outcomes. This one day workshop aims to assist all staff in gaining skills to achieve optimal outcomes for patients with cognitive impairment.

You will have the opportunity to:
• Gain an understanding of dementia, causes and symptoms.
• Develop effective engagement skills with patients living with dementia and their families using a person centred approach.
• Recognise and respond to delirium and other causes of acute cognitive deterioration.

HOSPITAL Dementia Champions Program

2 Day Course

This program is relevant for all staff who wish to champion better outcomes for people living with dementia during their hospital experience.

This two day program will support participants to undertake a comprehensive train-the-trainer approach to develop expertise in the care of patients with cognitive impairment. The Dementia Hospital Champion will be provided with education and reflective practice opportunities to enable them to become a resource person in their workplace. Participants will receive ongoing support, mentoring and education to further develop their skills and knowledge.

Having staff trained as dementia champions in hospital facilitates a new paradigm shift in caring for those with cognitive impairment; providing and sustaining best practice dementia care and ensuring optimal outcomes for these patients.

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au

Contact us if you are interested in running any of these sessions at your workplace.
REGIONAL DEMENTIA TRAINING

Mandurah

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<th>Time</th>
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<tr>
<td>Positive Dementia Care</td>
<td>6 September</td>
<td>9.30am-4pm</td>
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<td>Music in Dementia Care</td>
<td>4 October</td>
<td>1pm-4pm</td>
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<tr>
<td>Meaningful Engagement in Dementia Care</td>
<td>10 November</td>
<td>1pm-4pm</td>
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<tr>
<td>Intellectual Disability and Dementia</td>
<td>24 November</td>
<td>9.30am-4pm</td>
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<tr>
<td>Reminiscence and Life Stories</td>
<td>6 December</td>
<td>1pm-4pm</td>
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<tr>
<td>Dementia Care Essentials CHCAGE005 (3 Day Workshop)</td>
<td>Date (TBA)</td>
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All Mandurah workshops will be presented at a Venue to be advised.

Albany

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Music in Dementia Care</td>
<td>31 October</td>
<td>1pm-4pm</td>
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<tr>
<td>Positive Dementia Care</td>
<td>25 November</td>
<td>9.30am-4pm</td>
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<tr>
<td>Dementia Care Essentials CHCAGE005 (3 Day Workshop)</td>
<td>Date (TBA)</td>
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All Albany workshops will be presented at Hawthorn House 40 Henry Street Albany WA 6330

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au
Contact us if you are interested in running any of these sessions at your workplace
CONSULTANCY SERVICES

Transforming Dementia Practice

Alzheimer’s Australia WA provides a comprehensive consultancy service which focuses on empowering your organisation to become a leader in delivering care and support for people living with dementia. We recognise that working with people living with dementia requires specialised skills and understanding.

Equipped with extensive knowledge and 30 years expertise, Alzheimer’s Australia WA can work with you in creating dementia-friendly environments that are physically, socially and culturally inclusive.

Some of the benefits of the Alzheimer’s Australia WA consultancy service:

- An opportunity to position yourself in the market place as an advanced specialist service provider.
- Inclusive, flexible aged care consultancy programs which can be adapted to the unique needs of your organisation, clients and staff.
- A strengths-based approach to implementing person-centred care with an enablement and wellness focus.
- Consultants with real-world experience in dementia care, dementia research, aged care best practice.

Our consultancy service can help anyone – from businesses who wish to become more accessible, to customers with dementia to aged and health care organisations wishing to advance their practice and reputation as a high quality dementia care provider.

We can provide your organisation with quality solutions for:

- Dementia care leadership.
- Balancing risk with opportunity.
- Innovative therapeutic models and approaches.
- Dementia specialist education and training programs.
- Environmental design – building design, interior planning and therapeutic garden design.

For more information, contact our Consultancy team on (08) 9388 2800 or email: dpp@alzheimers.org.au

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au

Contact us if you are interested in running any of these sessions at your workplace.
The Dementia Partnership Project is a partnership between the Department of Health in Western Australia and Alzheimer’s Australia WA which aims to enhance the experience and improve the quality of life of people living with dementia in the community who access support services.

The project’s primary aim will be to build capacity within the community care sector in a variety of ways, with a focus on assisting community care providers and health professionals to further develop their skills when responding to the needs of people living with dementia.

The project will not deliver direct care services but will work in collaboration with service providers, consumer groups and the wider community to improve care and support and promote sustainable outcomes with a priority given to the use of a person-centred philosophy. The first phase is an opportunity to pilot our capacity building model with a range of organisations.

**How will we support organisations?**
The partnership team will work alongside community care partners to assist in the identification of areas to enhance support to clients living with dementia.

Emphasis will be placed on key areas of client support such as assessment, person-centred approaches, enablement, wellness, dementia enabling environments and carer support.

**Who will be involved?**

- People living with dementia who access community support services, their friends and family.
- Community care providers including assessment agencies, day centre staff, home care staff, CEOs, managers, human resources, Alzheimer's Australia WA, Government of Western Australia - Department of Health.
- Consumer groups and the wider community.

**Key Resources & Activities**

- Coaching and mentoring
- Education and Training
- Community Dementia Champions - There will be an opportunity for community support organisations to nominate staff for a full scholarship to enable staff to undertake the Certificate IV in Dementia Practice and become *Community Dementia Champions*.
- Community symposium - An annual event to share ideas and strategies to enhance the lives of the people who are living with dementia.
- Interactive website - A partnerships website will be developed, with access to resources, training and forums to assist in sharing of knowledge.
- Extensive resource library - Alzheimer’s WA has a well-stocked library, with free access to books, brochures, DVDs, journals and academic publications.

For more information, visit: www.dementiapartnership.com.au or contact the Dementia Partnership Project Lead: Caroline Horlock on (08) 9388 2800.
WA Community Services Symposium
THE ME IN DEMENTIA
Achieving Wellness through the Domains of Wellbeing

Keynote Speaker - Internationally renowned dementia culture change expert Dr Allen Power, author of the ground breaking books ‘Dementia Beyond Drugs’ and ‘Dementia Beyond Disease’.

Dr Power is known for his thought provoking presentations that challenge current paradigms and understanding of what it is to live with dementia.

Join us at Alzheimer’s Australia WA’s Dementia Partnership Project’s exciting WA symposium The Me in Dementia: Achieving Wellness through the Domains of Wellbeing™.

This event is aimed at supporting community care providers to implement a person-centred approach in their work with people living with dementia.

Our theme is autonomy and we will explore choice, human rights and decision-making.

Why you should attend:

• Learn from international expert Dr Al Power, national speaker Professor Colleen Cartwright and Indigenous Consultant Shaun Nannup.

• Discover practical ways of implementing a person-centred approach in your workplace.

• Get a better understanding of the significance of this approach from those living with dementia.

• Tips on how to engage with a person with dementia in consumer-directed care planning.

Date: Tuesday, 8 November 2016
Time: 9.00am - 5.00pm (Registration opens at 8.15am)
Venue: Perth Convention & Exhibition Centre, 21 Mounts Bay Road, Perth WA 6000
Price: $150 inc. GST
Register: dementia-community-services-symposium.eventbrite.com.au

For any enquiries, the DPP team are contactable on: (08) 9388 2800 or email: DPP@alzheimers.org.au
Alzheimer’s Australia WA offers a unique resource with its Dementia Resource Library at Shenton Park. This extensive library is available to family members and students alike.

Open weekdays, 9am-4pm, it offers a wide variety of resources for loan. Books and DVDs cover a range of topics related to Dementia, including nutrition, environment and design for dementia, carers and caring, activities, communication, alternative therapies, residential care and brain training.

Members may borrow up to four items at a time, with a loan period of four weeks – items may be renewed if an extended loan period is required. Staff are happy to assist you in choosing appropriate resources, or you are welcome to browse and take your time in selecting items that suit your needs. It is free for individuals to sign up to the library and become members of Alzheimer’s Australia WA.

The Library also has a number of games, puzzles and other activities suitable for people with dementia, which may be borrowed. Large piece puzzles (fewer pieces, simple designs that are stimulating but not visually confusing or complicated) are very popular, providing a calming yet therapeutic activity which involves problem-solving and coordination. Reminiscence games are a wonderful way to engage with a person with dementia, and encourage communication and expression, social interaction, and boosts both memory and mood.

The library has numerous help-sheets and other resources that are free to the public. Information on changes in behaviour, types of dementia, palliative care, medications and many other topics are available and updated regularly. Staff are on hand to discuss the information you require and can assist with choosing the most relevant resources for your needs. If visiting the library in person is inconvenient, staff are happy to post information out.

Members of the library may also take advantage of our journal subscriptions. These are not available for loan, but may be viewed in the library, or staff can email articles. We also have access to various online databases and can retrieve articles from a range of journals for you.

Staff are on hand to answer any questions you may have, suggest services or products that may assist you, and can provide information regarding other agencies that may be relevant to your dementia journey.

A number of dementia-related items are available for purchase. These include books, large print calendars, stop sign banners and communication aids.

The Resource Centre also includes an Assistive Technology Room, which is open to the public. Items that assist with daily living are on display. Appointments can be made to speak with one of our Assistive Technology consultants, or you are welcome to browse and take any of the useful information sheets which describe the products and provide purchasing / sourcing details.

The Alzheimer’s Australia WA Library & Resource Centre is located at 9 Bedbrook Place, Shenton Park WA 6008.

Please contact us to find out more: (08) 9388 2800 or librarywa@alzheimers.org.au
The Care Cure
be measured by dementia-friendly communities and how they can
• Identify the outcomes that are being achieved
• Examine the critical role of partnerships in
friendly communities possible
• Discuss why social action is the way to reduce

Thursday 25th September 2014

Your First Step to Understanding 1800 100 500
During this public lecture, we will explore:
• How do we measure “good” care culture?
• A recent study on reducing reliance on anti-psychotic medication in care homes
• The VIPS model
• Taking the plunge into culture change - the
• Why is person centred care so difficult?

Creating a Dementia-Friendly Australia
Steve Milton – September 2014
Discusses why social action is the way to reduce stigma and change community attitudes, and includes case studies from the UK highlighting key elements that make dementia-friendly communities possible.

Creating a Dementia-Friendly WA
Rachael Litherland & Jason Burton
Discusses how social stigma has a devastating impact on the lives of people with dementia. Increased community awareness about dementia will support people to continue involvement in activities they enjoy, reduce social isolation and add meaning, value and purpose to their day-to-day lives.

Thursday 9th October 2014

This public lecture explores:
• The latest information on research into how and why Alzheimer’s disease occurs, what we can do about prevention, and modification of risk factors
• What is available in the way of treatment to manage the disease and slow its progress.

DVD RESOURCES

Transforming the Culture of Dementia Care
Dawn Brooker – October 2014
This public lecture explores:
• How do we measure “good” care culture?
• Why is person-centred care so difficult?
• Culture change
• Reducing reliance on anti-psychotic medications in care homes

How did this lady live to be 122 (Without Dementia)?
Dr Sue Kurrie – September 2014
This public lecture explores:
• The latest information on research into how and why Alzheimer’s disease occurs, what we can do about prevention, and modification of risk factors
• What is available in the way of treatment to manage the disease and slow its progress.

Creating a Dementia-Friendly WA
Rachael Litherland & Jason Burton
Discusses how social stigma has a devastating impact on the lives of people with dementia. Increased community awareness about dementia will support people to continue involvement in activities they enjoy, reduce social isolation and add meaning, value and purpose to their day-to-day lives.

This is just a small sample of the DVDs and other resources available for loan from the Library and Resource Centre.

Please contact us to find out more: (08) 9388 2800 or librarywa@alzheimers.org.au

For details of cost, venue, dates and times, please go to wa.fightdementia.org.au

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Contact us if you are interested in running any of these sessions at your workplace
Today, dementia is part of over 1,000,000 Australian Lives
Dementia affects 70% of us*
*IPSOS Research, 2015

‘You are not alone’

SEPTEMBER DEMENTIA AWARENESS MONTH 2016

AAWA OPEN DAY- 21 SEPTEMBER
‘For people living with dementia, their carers and families’
MARY CHESTER CENTRE - SHENTON PARK

On World Alzheimer’s Day, come along to one of Australia’s finest dementia hubs and respite centres, for a day of information and activities to help ensure people living with dementia, their carers and families ‘Are not alone’

Program for the day includes...

• Talks from experts on dementia and services
• Service staff to help you with support available to you
• Facility tours hourly
• Art programmes all day
• Meet other people living with dementia and carers
• Refreshments supplied
• Time out space available

2 Sessions
11.30am - 2.30pm or 4pm - 7pm

ALZHEIMER’S AUSTRALIA WA

‘For 30 years, always and only focused on dementia’
For details of cost, venue, dates and times, please go to wa.fightdementia.org.au
Contact us if you are interested in running any of these sessions at your workplace.

There is also a Albany Memory Walk
30th October, Middleton Beach.
Same registration details as above.
TERMS & CONDITIONS

Cancellation policy

- Cancellations with more than 5 business days notice – a full refund will be given.
- Cancellations with 1-5 business days notice - $50 Administration Fee will apply. Courses at your facility will incur 50% of the scheduled fee or a $50 Administration Fee for free courses.
- Full fees applicable for “no shows”
- Fees will be waived for individuals if a doctor’s certificate is provided.

A minimum number of participants is required for courses to proceed. Course fees will be fully refunded if your course is cancelled by Alzheimer’s Australia WA, and we will offer a rescheduling of the course at the same rate as the current schedule.

No Shows

A No Show is a failure to attend while providing no notice to Alzheimer’s Australia WA before the day of the session held at Alzheimer’s Australia WA training facilities, or when group training has been arranged but cancelled on the day of training or participants are not able to attend, this will be regarded as a “no-show”.

Further information on our Cancellation and Non Attendance Policy, please phone our Education team on (08) 9388 2800 or by email at: wa.education@alzheimers.org.au.
ALZHEIMER’S AUSTRALIA WA

For information about any of our services.

CALL 9388 2800

NATIONAL DEMENTIA HELPLINE
1800 100 500
Helpline is funded by the Australian Government

WA.FIGHTDEMENTIA.ORG.AU

@alzheimerswa

@alzheimerswa

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UNDERSTAND ALZHEIMER’S EDUCATE AUSTRALIA