

ALZHEIMER'S AUSTRALIA TASMANIA

ANNUAL REPORT 2013

**CONTROL ALZHEIMER'S
COMMIT TO AUSTRALIA**
FIGHTDEMENTIA.ORG.AU

Alzheimer's Australia Tasmania

is registered as Dementia and Alzheimer's Association (Tasmania) Inc

ABN 89 702 845 983

Our Patron

His Excellency, The Honourable Peter Underwood AC
Governor of Tasmania

Honorary Members

Von Hepburn
Barbara McLean

About Us

Who we are

Alzheimer's Australia Tasmania is a not-for-profit organisation dedicated to supporting people living with dementia, their family and caregivers.

Our Vision

Our vision is for an Association committed to the prevention of dementia, while valuing and supporting people living with dementia.

Our Mission

To be the State's peak body for people living with dementia, their families and caregivers, and to provide leadership in policy and services.

Our Objectives

- To provide support, information, education and practical assistance to carers of people with dementia
- To increase community awareness of dementia
- To advocate on behalf of the interests of clients to ensure that appropriate services are provided for people with dementia, their families and caregivers
- To provide and disseminate a wide range of publications & resources on all aspects of dementia
- To work with other health care professionals and organisations to increase understanding of dementia and to deliver coordinated care
- To support research into dementia
- To raise funds to assist in the provision of carer support services and other association activities
- To promote the formation of local carer support groups in support of people with dementia and their carers

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ABOVE: Love, Loss and Laughter Exhibition Opening at the Glenorchy LINC, Kim Macgowan (President), Laura Eaton, Debbie Slater (CEO), Elise Archer MP

ALZHEIMER'S AUSTRALIA TASMANIA

It gives me great pleasure to report to the members of AAT on behalf of the Board.

2011-12 financial year has been very much one of consolidation of our financial position and setting the

KEY STATISTICS AT A GLANCE:

In Tasmania

In Australia

ALZHEIMER'S AUSTRALIA NATIONAL CONFERENCE—HOBART 2013

It gives me great pleasure to report to the members of AAT on behalf of the Board.



PRESIDENT'S REPORT

A

Insert quote for 2013 here

It gives me great pleasure to report to the members of AAT on behalf of the Board.

2011-12 financial year has been very much one of consolidation of our financial position and setting the strategic direction for the next 3 years. We have again ended the financial year with a modest surplus. Maintaining positive results has been in the main due to our continued diligence in monitoring expenses, a task not without challenges when our grant income is largely fixed and our costs are subject to market forces. It is a testament to Debbie's leadership and the loyalty and commitment of our staff that they have again managed to deliver the services within our budget.

The risk we face in continuing to tighten spending is of course reaching a point where we stifle growth. As a Board we are very much in tune with this fine balance and have clearly defined through our strategic plan the importance of developing and sourcing new income streams to ensure continued growth in the Association. In fact as I write this report I am aware that our Launceston office requires expansion after only a year of operations. Expansion that has been born out of increased service funding.

The Strategic Planning Day held in March achieved its goal of setting the strategic direction. However, a very welcome outcome was the demonstrated loyalty, professionalism and innovation of our staff. All present contributed to the day with the staff perspective on service provision very welcome by the members of the Board.

The move this year to temporary premises in Creek Road saw us enjoy a more convivial approximation to the Vicarage. We have certainly proven that we do not need to be in the CBD to reach our target group. The focus of the coming year will be to secure a permanent headquarters for the Southern operations.

great deal of the year has been consumed by the planning of the National Conference to be held in Hobart during May 2013. I know I speak on behalf of the entire Board in expressing our pride at having this opportunity to showcase our Association, our staff and our beautiful state of Tasmania. All Board members and staff involved in the planning and organisation of the event are to be congratulated on the fabulous work achieved so far.

The Australian Government Health reforms have formed a backdrop to much of the operational and contractual decision making across the year. The reforms transition phase will be completed by June 2013 and I would like to take this opportunity to congratulate our staff and volunteers for their cooperation in and acceptance of the changes that have taken place.

Presiding over the Board of AAT is genuinely a joy. To come together with like minded persons in an effort to have a positive influence on the working life of our staff and the living life of our clients and their families is a rare privilege.

Kim Macgowan
President

CEO'S REPORT

Insert Quote for 2013 here

2011/12 has been a very busy year with the demand for services increasing throughout the State. One of the highlights of the year was the purchase of our new premises in Launceston the M & M Boland Resource Centre which was made possible by a significant bequest received from the Boland family. The centre was officially opened by Shadow Minister for Health Jeremy Rockcliff on the 2nd November 2011. Another improvement for the building was possible as a result of a successful application for funding from the Tasmanian Community Fund, the staff were able to create a wonderful garden and outdoor BBQ area providing a peaceful and shady retreat for our Day Club clients. A fantastic effort from a team of dedicated volunteers' including our YOD Day Club men.

Another highlight has been the successful "Fight Dementia" campaign which was launched on the 13 October 2011, with a march on Parliament House in Canberra. 500 people took part in the march and the media coverage of the event reached approximately 7,677,882 Australians. Bi-partisan support of the campaign was also demonstrated, with the Minister for Mental Health and Ageing, The Hon Mark Butler MP, and the Shadow Minister for Ageing, Senator Concetta Fierravanti-Wells, both speaking at the event. The day culminated with a consumer forum, hosted by Ita Buttrose, in which individuals with dementia and their families talked about their experiences and concerns about the care for people with dementia.

Alzheimer's Australia Tasmania will be hosting the 15th National Conference in Hobart on the 14th – 17th May at the Grand Chancellor Hotel. The theme for the Conference "The Tiles of Life – Colouring the Future, has been very successful. As part of the Conference we will be displaying hand painted tiles that have been painted by people living with memory loss, carers and support staff throughout Australia. A positive story has been shared with us from DBMAS Queensland where a facility has completed a number of tiles and the activity has proven so successful that they are now using this as a fundraising

event for the facility. A number of speakers have been confirmed and the committee has been working very hard to ensure that the 15th National Conference will be one to remember.

The challenge stills lies ahead with the projected numbers of people with dementia increasing by 31% in Tasmania by 2020. AA Tas will continue to advocate and support people living with dementia in Tasmania through the provision of counselling, support groups, art therapy, education, brain health, respite services and rehabilitative therapies.

I would like to thank the staff of Alzheimer's Australia Tasmania for their continued passion in delivering services to our clients throughout Tasmania. Finally to the Board of Management my personal thanks for their continued support to the organisation.

Debbie Slater
Chief Executive Officer

CLINICAL SERVICES REPORT

Insert Quote for 2013 here

With a staffing restructure early in 2012, which saw the development of a state-wide Clinical Services Team comprising counsellors and support group facilitators in the North, South and North-west, AATas is working towards greater consistency in service delivery and increased support among staff. The Clinical Services Team has taken on responsibility for community education, including introduction to dementia sessions, Mind Your Mind risk reduction seminars, the Family Carers Course and the Active Cognitive Enhancement program. The Team continues to deliver support groups for carers in the Cygnet/Channel area, Kingston, New Town, Launceston, Devonport and Penguin. The range of support groups now not only includes support groups and social groups for carers and our YOD social engagement group, but also a social luncheon for people with dementia and their carers to attend together, which has been very popular, particularly for those who have completed the Living With Memory Loss program.

The Art Therapy program continues to be a great success, with the Old Vicarage Art Therapy and Creative Well groups still flourishing. Ongoing fortnightly art therapy groups are also run in a number of aged care facilities around the Greater Hobart area, including Vaucluse Gardens (now Bupa South Hobart), St Ann's Homes (Davey Street and Compton Downs), Snug Village, and the Freemasons' Homes. Quarterly visits to the North-West Coast have seen art therapy offered to residents and clients of a number of facilities including Emmerton Park, Melaleuca, Tandara Lodge, Strathdevon, Rose Vista Day Centre and Central Coast Day Centre.

The cognitive rehabilitation program has begun to evolve, with the introduction of counselling sessions being offered to carers alongside the individual rehabilitation sessions for the people with dementia for whom they are caring, and the uptake of these sessions has been significant. There has been a marked increase in referrals to the cognitive rehabilitation

program, and we are looking at new ways of utilising the limited resources we have for this program in 2012/13.

We have also been involved in a number of collaborations, most notably with the Wicking Dementia Research and Education Centre and the Tasmanian Museum and Art Gallery on the iRemember memory box project. Our ARC Linkage Grant, which funded research around the Active Cognitive Enhancement program, came to an end in June 2012, and we hope to see some publications emerging from this work over the coming years.

We are looking forward to new opportunities, experiences and service developments in 2012/13. We will welcome new staff on board, see an expansion of services in the North-west, adopt Your Brain Matters as our new national prevention program, and be involved in hosting the Alzheimer's Australia National Conference in Hobart in May. We are making plans to increase access to services in the North-East and East Coast, develop a peer supervision model to enhance staff support, and review our assessment procedures. We will also, of course, continue to deliver quality counselling, support, information and education to people with dementia, their carers and family members, and the wider community in Tasmania.

Sarah Elder
General Manager Clinical Services

RESPIRE SERVICES

Insert Quote for 2013 here

Demand for respite services continue to grow with a waitlist for both day club, in-home and overnight respite. A number of support worker's have completed training in Montessori principles and these have been implemented in both Hobart and Launceston Day Clubs with great success. Many of our clients have enjoyed numerous outings one in particular that was extremely successful was the Cygnet group attending the movie premiere of "The Sapphires", staff prepared a cut lunch and lolly bags and the feedback was very positive from our clients.

The Sunday Roast has been particularly successful in Launceston and will continue to be offered and expanded to the Vicarage Day Centre. Carers and people living with dementia enjoy the roast and have commented that it is something that they enjoy in a safe and familiar environment.

Many themed events have been held including the Vicarage Olympic Event with clients and staff participating on the day with much laughter. In Launceston all clients enjoyed a Melbourne Cup function with prizes for the best dressed on the day and all clients went home with a small gift to remember the day.

Overnight respite continues to be delivered at the Vicarage with many clients enjoying the opportunity for a well earned rest on a regular basis. This service is invaluable to carers as it enables them to continue their caring role delaying placement of their loved ones prematurely into residential care. Emergency beds have been much sought after and continue to offer person centred care in this most difficult of situation for both the person with dementia and their carer.

Sharon Lovell – Respite Manager
Lorely Abraham – Day Club Manager

CONSULTING AND EDUCATION REPORT

Insert Quote for 2013 here

This year has been a busy year for AAT Education services. The demand for training of the new qualification – Course in Rehabilitative Therapies – Dementia has continued from around the country. Training of Unit 1, Montessori for Dementia has been facilitated in SA, Vic, ACT, Qld and NSW.

The first training of Unit 2, Spaced Retrieval was facilitated in Hobart last week with excellent evaluations. This unit will now also be facilitated around the country over the next year. AAT is quickly gaining the reputation by both Govt Departments and aged services of the only organisation to contact in Australia for information on all things Montessori or quality dementia care. This reputation has led to consultancy reports on care facilities who have been sanctioned by DoHA for care issues, including poor dementia practises.

A submission tendered by Aged Care Services Tasmania enabled 60 people from across the state to be trained in Unit 1, Montessori for Dementia. This training has led to improved care practices and quality of life for residents living with dementia in facilities around Tasmania. It is hoped that this first round of funding for Unit 1 will be followed by a second round of funding which will enable the second unit to be delivered in the same way.

A partnership with Skills Tasmania has provided training of both Dementia Care Essentials and Dementia Care Essential Plus to aged care staff. These sessions have been well attended with numbers exceeding 25 for most sessions.

This year has seen the opportunity for Family Carers and Professionals to attend presentations by International and National guest speakers. In April, Music Therapist Loretta Quinn facilitated a workshop titled "The Value of Music in Dementia care". In May, Professor Sube Banerjee challenged many views and attitudes when he presented on "Quality of Life and Quality of Care in Dementia". In September a session presented by Dr Serge Gauthier was well at-

tended. He enthused us all with his spirited presentation on "Dementia; Making the Connections". Recently Professor Colleen Cartwright, a dynamic speaker captivated a large audience with her enthusiasm, knowledge and wit. Her topic, which resulted in many subsequent conversations, was on "End of Life Planning".

In addition, there have been the usual requests from aged care facilities wishing professional development for staff and of course the Family Carers Course has continued to be of benefit for carers of people living with dementia.

For a small unit, the education team at AAT have been kept very busy and there appears to be no lessening of demand meaning another busy schedule for the coming year.

Anne Kelly
Consultancy & Development Manager

OUR THANKS

Alzheimer's Australia Tasmania would like to acknowledge the outstanding level of support of the following individuals and organisations. The contribution of each and every supporter is critical to the work that we do.

Your support makes a difference

Government

Australian Federal Government
Tasmanian State Government

Bequests

Estate of the Late Russell Jarvis
Estate of the Late Norma Moores

Organisations

Motors Pty Ltd
Southern Cross Care (Tas) Inc
Community Based Support South
RBF Social Club
Staff of the Bendigo Bank Launceston
Staff of Aurora Energy
Staff of Electrical Compliance Group
Blue Illusion Sandy Bay
ANZ Retired Officers Club
Burela Instrumentation Pty Ltd

Individuals

Elaine Hoskinson
Margaret Woods
C Southon
Sarah Donnelly
Shelia Foskett
Jack Moore
Marlene Boatwright
A A Hills
AJ & JA Shaw
Oliver Inglis
Debra Slater
Sharon Lovell
Ingrid Howe
Michael & Kim Polly
Lawrence & Shirely Saville
Jenny Davis
Chris Cullinan
John Robin
Keith Hoex
Judith Holloway
Nick Rose
Jennifer Singline
Jenny Masters
Robyn Warland
Anne Greenwood
Mari McGill
AJ & MH Walter

In Memorial

The Late Marjorie Wood
The Late Pamela Smith
The Late Allan Anderson
The Late Norma Large
The Late Mervyn Cooper
The Late Raymond Pearce
The Late Colin Munro
The Late Madge McGuinness
The Late Jean Worrington
The Late Faye Holland
The Late Bert Neville
The Late Edith Kean
The Late Thalia Mildrew
The Late Mavis Nichols
The Late Geoffery Hyland
The Late Keith Leeson
The Late Roy Cross
The Late Bill De Jong
The Late Margaret Barron
The Late Fay Casey
The Late Mary Cowell
The Late Helen Overton
The Late Joan Buzelin
The Late Thalia Baker
The Late Audrey Scrambler
The Late Ron Nuke
The Late Elizabeth Leary
The Late Maria Coenen

OUR STAFF

Alzheimer's Australia Tasmania would like to acknowledge the following employees and their service milestones achieved in 2013. We thank them and all our employees for their commitment to the organisation, our clients and the fantastic service they provide.

Thank you for your commitment to Alzheimer's Australia Tasmania

2013 Staff Service Milestones

5 Years of Service

Rebecca Lamb	Northern Office
Michelle Dexter	Northern Office
Catherine Farrow	Southern Office

10 Years of Service

Patricia Baines	Southern Office
Anne Kelly	Southern Office

+ 10 Years of Service

Diane Haigh - 11 years	Southern Office
Sharon Lovell - 13 years	Southern Office
Lorely Abraham - 14 years	Northern Office
Debra Slater - 18 years	Southern Office

BOARD MEMBERS

Kim Macgowan
President

Richard Cooper
Vice President
National Delegate
B Com, CPA

Eric Pinkard
Secretary
Public Officer

James Vickers

Gillian Groom

Sally Garrett

Von Hepburn

SENIOR MANAGEMENT TEAM

Debbie Slater

Chief Executive
Officer

Nick Miller

Business Manager
B Com, CA, SA Fin

Nick commenced with AAT this year. Nick has 10 years experience with accounting firm WHK as the Manager of Audit and Assurance Services, specialising in not-for-profit and aged care financial reporting, accountability and governance.

Michelle Dexter

Office Manager North

Sarah Elder

General Manager Clinical
Services

Sharon Lovell

Respite Manager
South

Lorely Abraham

Respite Manager North

Anne Kelly

Consultancy &
Development
Manager

Linda Graham

Education Manager

TREASURER'S REPORT

Insert Quote for 2013 here

On behalf of the Board of Management I have the pleasure in presenting the Treasurer's report for the financial year ended 30th June 2012.

The 2011/12 year has been a hectic one with the organisation of the 2013 conference added to the workload of Debbie and her staff. Their energy and commitment to assisting people affected by dementia is inspiring.

Bradley Davidson

I am happy to report that the Association has again ended the year with an operating surplus. The surplus of \$105,691 is an excellent result given the pressures placed on our organisations in a competitive funding environment and rising human resource costs. It's a good indication of the sound financial management of the organisation.

Another key indicator of sound management is the organisation's liquidity with our current ration increasing from 1.6 last year to 2.4 this year. That translates to \$266,459 more current assets over current liabilities than last year.

As treasurer I would like to see us implementing more rigorous disciplines in the coming year to assist with sound governance policies. These include monthly budget to actual financial comparisons, cash flow projections and monthly meetings to discuss our situation. The appointment of a Business Manager will greatly assist in delivering on such governance commitments.

It is an honour to serve such a committed group who provide a vital service to our community and I believe with the quality of management and governance we have Dementia & Alzheimer's Association will continue to prosper in the future so this vital service can reach as many people as possible.

I would like to express my sincere thanks to the members of the Audit Subcommittee Richard Cooper, Eric Pinkard as well as Debra Slater who have supported me in my role as Treasurer.

SUMMARISED FINANCIAL REPORT 2013

This section contains a summarised version of the full audited financial report which are available at our website www.fightdementia.org.au/TAS or by request from our Hobart Office (03) 6279 1100.

STATEMENT BY MEMBERS OF THE BOARD

In the opinion of the Board this Summarised Financial Report for the year ended 30 June 2013 and comprising the Statement of Comprehensive Income, Statement of Financial Position, Statement of Changes in Equity and Statement of Cash Flows:

1. Is consistent with the Annual Financial Report which it is derived and upon which we expressed an opinion in our Statement by the Members of the Board dated XX August 2013.
2. At the date of this statement, there are reasonable grounds to believe that Dementia and Alzheimer's Association (Tasmania) Inc will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:

Kim Macgowan
President
XX August 2013

Richard Cooper
Vice President
XX August 2013

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF DEMENTIA AND ALZHEIMER'S ASSOCIATION (TASMANIA) INC

We have audited the Summarised Financial Report of Dementia & Alzheimer's Association (Tasmania) Inc which comprises the Statement of Financial Position as at 30 June 2013, the Statement of Comprehensive Income, Statement of Equity and Statement of Cash Flows for the year ended on that date, in accordance with Australian Auditing Standards.

In our opinion, the information reported in this Summarised Financial Report is consistent with the Annual Financial Report from which it is derived and upon which we expressed an unqualified audit opinion in our report to the members dated XX August 2013. For a better understanding of the scope of the audit, this report should be read in conjunction with our Audit Report on the Annual Financial Report.

Accru Hobart

Michael Burnett
Partner
XX August 2013

STATEMENT OF COMPREHENSIVE INCOME

FOR THE YEAR ENDED 30 JUNE 2013

	2013	2012
	\$	\$
INCOME		
Grants		2,019,987
Respite revenue		216,330
Consulting and training revenue		213,244
Interest		32,150
Donations and bequests		46,397
Conference revenue		22,886
Profit/(loss) on sale of assets		(19)
Other revenue		68,102
TOTAL INCOME		2,619,077
EXPENDITURE		
Accounting and audit fees		27,608
Accommodation expenses		146,096
Advertising		23,382
Bad debts		1,482
Bank fees and charges		2,704
Borrowing costs		13,160
Catering		5,885
Communications		107,873
Conference and seminar expenses		25,854
Consultancy expenses		41,588
Depreciation		80,406
Employment costs		1,745,985
Equipment		10,844
Insurance		21,328
Motor vehicle expenses		66,748
Office supplies		33,373
Repairs and maintenance		17,621
Respite expenses		96,942
Subscriptions		7,090
Travel		27,007
Sundry expenses		10,410
TOTAL EXPENSES		2,513,386
SURPLUS/(DEFICIT)		105,691
TOTAL COMPREHENSIVE INCOME		105,691

STATEMENT OF FINANCIAL POSITION

FOR THE YEAR ENDED 30 JUNE 2013

	2013	2012
	\$	\$
CURRENT ASSETS		
Cash and cash equivalents		476,724
Trade and other receivables		232,140
Inventories		16,370
Other current assets		978
TOTAL CURRENT ASSETS		726,212
NON-CURRENT ASSETS		
Property, plant and equipment		709,209
TOTAL NON-CURRENT ASSETS		709,209
TOTAL ASSETS		1,435,421
CURRENT LIABILITIES		
Trade and other payables		199,371
Interest bearing liabilities		23,856
Employee benefits		81,974
Revenue received in advance		-
Other liabilities		-
TOTAL CURRENT LIABILITIES		305,201
NON-CURRENT LIABILITIES		
Interest bearing liabilities		164,923
Employee benefits		74,084
TOTAL NON-CURRENT LIABILITIES		239,007
TOTAL LIABILITIES		544,208
NET ASSETS		891,213
EQUITY		
Accumulated surpluses		876,213
Asset revaluation reserve		15,000
TOTAL EQUITY		891,213

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2013

	Accumulated Surpluses	Asset Revaluation Reserve	Total
	\$	\$	\$
Balance as at 30 June 2011	770,522	15,000	785,522
Surplus/(deficit) for the year	105,691	-	105,691
Balance as at 30 June 2012	876,213	15,000	891,213
Surplus/(deficit) for the year		-	
Balance as at 30 June 2013		15,000	

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2013

	2013	2012
	\$	\$
CASH FLOW FROM OPERATION ACTIVITIES		
Receipts from government and other sources		2,514,355
Payments to suppliers and employees		(2,427,476)
Interest received		32,150
Interest paid		(13,159)
Net cash provided by/(used in) operating activities		105,870
CASH FLOW FROM INVESTING ACTIVITIES		
Proceeds from sale for property, plant and equipment		-
Payments for property, plant and equipment		(117,417)
Net cash provided by/(used in) investing activities		(117,417)
CASH FLOWS FROM FINANCING ACTIVITIES		
Repayment of borrowings		(6,721)
Funds received from financing arrangements		195,500
Net cash provided by/(used in) financing activities		188,779
Net increase/(decrease) in cash and cash equivalents		177,232
Cash and cash equivalents at beginning of financial year	476,724	299,492
Cash and cash equivalents at end of financial year		476,724

CONTACT US

WWW.FIGHTDEMENTIA.ORG.AU/TAS



facebook.com/fightdementia



@AlzheimersAust

SOUTH

Office:

85 Creek Road

New Town Tasmania 7008

GPO Box 1606

Hobart Tasmania 7001

Telephone: (03) 6279 1100

Fax: (03) 6228 3031

The Old Vicarage Respite House:

St John's Avenue

New Town Tasmania 7008

Telephone: (03) 6279 1133

Fax: (03) 6278 9878

NORTH

63-65 Paringa Avenue

Newnham Tasmania 7248

PO Box 2005

Newnham Tasmania 7248

Telephone: (03) 6326 3488

Fax: (03) 6326 6315

NORTH WEST

11 King Edward Street

Ulverstone Tasmania 7315

Telephone: (03) 6425 9104

Fax: (03) 6425 1948

HELPLINE

Freecall 1800 100 500

**ALZHEIMER'S TAKES
AUSTRALIA TAKES BACK**
FIGHTDEMENTIA.ORG.AU