

Who we help

- People with memory, thinking or behavioural concerns
- People with a diagnosis of dementia
- Family, friends and carers of a person with dementia
- Health and aged care professionals working with people with dementia



Help us to help others

There are many ways you can get involved and make a difference to the lives of people with dementia and their families.

Become a Dementia Friend and support people living with dementia in your community

Make a donation and support our work

Become a member and join a powerful network of support

Use your voice and help us advocate for improved funding and services

Become a volunteer and help us improve the lives of people living with dementia

Leave a bequest and help future generations with a gift in your Will

For further information and enquiries please contact:

National Dementia Helpline

1800 100 500



For language assistance call **131 450**

dementia.org.au



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Our services

support
information
education

What we do

Dementia Australia supports people of all ages living with all forms of dementia and their families and carers.

If you, or a family member, have concerns about changes to memory or behaviour, we are here to help you.

Our highly experienced and qualified staff will listen to your concerns. We can offer you support, information and education.



How we can help you

Support

You can access our support services across Australia.

We can support you to:

- Understand recent changes in your circumstances and identify your support needs.
- Access to navigate services through My Aged Care.
- Access to navigate services through the National Disability Insurance Scheme (we are a Registered NDIS Provider).
- Access to navigate services through the Carer Gateway.
- Understand the changes to memory or behaviour that may require further investigation.
- Forward plan to live as well as possible with dementia, regardless of which stage you are in.
- Maintain your emotional wellbeing by talking to one of our professional counsellors or joining a support program.
- Maintain your social and physical wellbeing through social and practical support at Dementia Australia or other community based services.

Call the National Dementia Helpline on **1800 100 500** for advice and support.

Information

You can explore our range of information for people living with all types of dementia and their families and carers.

Information resources you can access include:

- Help Sheets covering a wide range of topics including living with dementia, and caring for someone with dementia.
- National library service connecting you with a world class collection of resources about dementia.
- Videos and written resources that are also available in languages other than English.

Visit **dementia.org.au** to explore these resources and more.

Education

You can learn more about dementia through our national education suite, delivered by experienced facilitators and specifically designed for:

- People living with all forms of dementia.
- Family carers and family members of people living with dementia.
- Health professionals through the Centre for Dementia Learning.
- General community members.

Visit **dementia.org.au/education** to view the education suite.