

Where can I go for help?

Support is important for people with dementia, their families, friends and carers.



If you are worried that you, or someone you know has dementia, speak to a doctor, health worker or case worker.

Contact us

National Dementia Helpline
1800 100 500



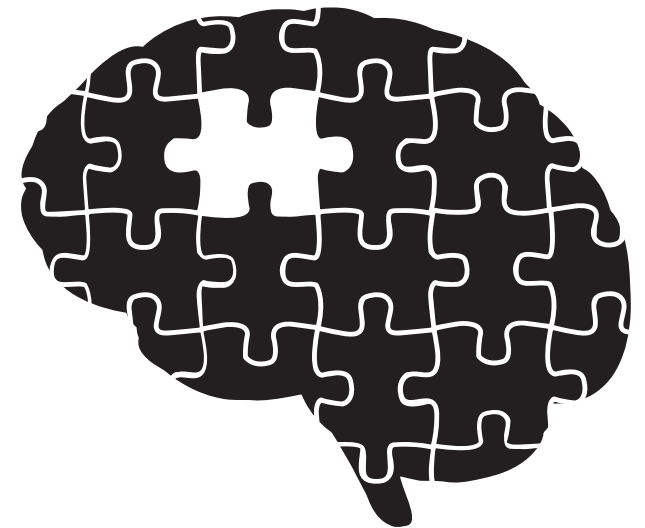
For language assistance
call **131 450**

dementia.org.au

Dementia Australia is the charity for people living with dementia, their families and carers. As the peak body it provides information, support services, education and advocacy.



What is dementia?



This resource gives an understanding of dementia and where you can go for help.

Dementia describes a collection of symptoms that are caused by disorders affecting the brain.



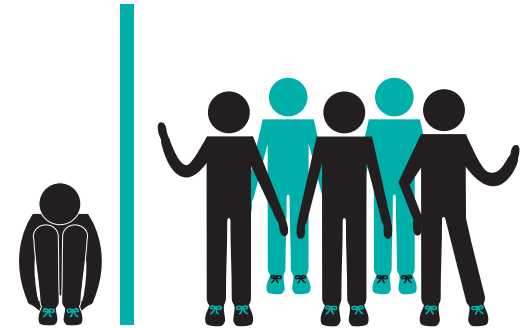
There are different types of dementia depending on which part of the brain is damaged.



Some people with dementia find it hard to remember new information, solve problems or do daily tasks.



Dementia can cause people to withdraw from others and become depressed.



Many people with dementia are older, but it is not a normal part of ageing.

Sometimes people under the age of 65 years get younger onset dementia.

