

Name: _____ **Date of birth:** / /

What is the medical condition of your loved one?

How is their condition likely to change in the future?

Do you need to get more information about their condition – now and in the future – from the doctor or other staff looking after them? If so, what information do you need?

Future Care

Has your loved one made any sort of advance care plan or directive that should guide or direct decisions about their care and treatment? If so, where are these and what do they say?

Are there issues about their care and treatment – now and in the future – that your loved one is trying to express to you at the moment? If so, what are these?

Do you need to talk with other family members or friends about their condition – now and in the future? This might be just to inform them or it may be to involve them in any decision-making. Family members or friends may have information about the person's wishes that could inform how decisions are made for the person.

How can you ensure that your loved one continues to have input to decisions about their care and treatment, even if they cannot express this clearly and formally?

What can you do to make sure that your loved one's wishes are known and respected?

How can you best get support for yourself at the moment?

Next Steps

What further information do you need before going on?

What is the next step after completing this Worksheet?

This worksheet is one of a series of worksheets that are part of the START2TALK program administered by Alzheimer's Australia. Full information can be found at www.start2talk.org.au

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