



Can dementia education improve stress and quality of life for dementia carers?

<https://www.utas.edu.au/wicking/rested>

The Wicking Dementia Research and Education Centre at the University of Tasmania is seeking carers of people living with dementia to participate in a research study.

We are seeking anyone who is:

- ✓ Currently living in Australia
- ✓ Aged 18 and older
- ✓ A primary carer of a person living with dementia
- ✓ Living in the same household as the person with dementia you care for
- ✓ Familiar with using Internet-based resources in English and have access to a device suitable for engaging with Internet-based information
- ✓ With no previous formal education in dementia (including online courses)
- ✓ Without neurological and/or psychiatric conditions

If you would like to find out more, we would love to hear from you.

Phone: 03 6226 4752 or 03 6226 5721

Email: rested.project@utas.edu.au



WICKING
Dementia Research
and Education Centre

This research has been approved by the Tasmania Health and Medical Human Research Ethics Committee (H0018268).