



About us

Dementia Australia is the source of trusted information, education and services for Australians living with dementia, and their carers. We are here to support people impacted by dementia, and to enable them to live as well as possible.

No matter how you are impacted by dementia or who you are, we are here for you.



Memory changes

Where can I go for help?

- a doctor
- a nurse
- a health care worker
- give us a call on **1800 100 500**.

National Dementia Helpline
1800 100 500



For language assistance
call **131 450**

Find us online
dementia.org.au



The National Dementia Helpline is funded by the Australian Government
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When you have **memory changes**, you can have:



problems with **finding the right word**



problems **losing things**



difficulty completing **daily tasks**



problems with **handling money**



changes in **mood and behaviour.**



confusion about **time and location**



difficulty **judging danger**

When memory changes affect your life, **it's important to get it checked out.**