



UNSW
Microbiome
Research
Centre

Do you know someone who has Alzheimer's disease?

The microbiome is the collection of bacteria and viruses living in and on us. Research has suggested a link between the microbiome and Alzheimer's disease. Our team would like to see what the microbiome is like in people living in Australia, who have Alzheimers disease.

Who can take part?

Anyone aged 65 or more can take part if they have been diagnosed with Alzheimer's disease and

- Willing to provide stool, oral, urine and blood samples and complete some questionnaires (with assistance)
- No previous major gastrointestinal surgery, such as bowel resection or bariatric surgery

What will you have to do?

If you choose to take part you would be asked to:

- Provide a stool, blood, urine and oral swab samples
- Have some clinical measures taken e.g. height, weight and blood pressure
- Complete a survey about your diet, mood, and lifestyle
- Complete a computer-based 'brain-game' cognition test (optional)

Why participate? If you choose to participate, you will receive a supermarket gift voucher for \$50 as reimbursement for your time. If you take the optional cognition test, you will be entered into a draw for an Apple™ watch or one of four fruit hampers. You will also be helping to advance Microbiome research.



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To learn more call the study team or visit the website

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