

Charles Sturt University

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Charles Sturt University - TEQSA Provider Identification: PRV12018 (Australian University). CRICOS Provider: 00005F. ABN: 83 878 708 551.

PARTICIPANT INFORMATION STATEMENT

Project Title: Workplace Experiences and Wellbeing in Dementia Care Staff

Chief Investigator: Mr Joshua Dietrich, Bachelor of Psychology (Honours) Candidate
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Supervisor: Dr Prasada Rao Podugu, School of Psychology, Charles Sturt University
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Dear Participant,

You are invited to participate in a research study investigating workplace experiences and wellbeing among paid staff who are currently employed within the sector, this includes residential aged care, hospital, or community care settings [including NDIS], who support people living with dementia in Australia. This study investigates how perceived workplace support influences the relationship between job demands and work-related burnout among dementia care staff. This study is being conducted by Joshua Dietrich as part of the requirements for a Bachelor of Psychology (Honours) degree at Charles Sturt University, under the supervision of Dr Prasada Rao Podugu.

What is the purpose of this study?

The purpose of this study is to better understand the relationships between work demands, workplace support, and wellbeing among staff who regularly support people living with dementia across residential aged care, hospital, and community care settings in Australia.

What does participation involve?

If you choose to participate, you will be asked to complete a short anonymous online survey about your work demands, workplace support, wellbeing, and basic demographic information. The survey is expected to take approximately 10–15 minutes.

Who can participate?

You are eligible if you are: (a) aged 18 years or older, (b) currently employed in a paid role in Australia, (c) working in a residential aged care, hospital, or community care setting [including NDIS], and (d) regularly working with or providing support to people living with dementia.

Are there any risks?

Some questions ask about work-related stress and exhaustion. Although these are not expected to cause significant distress, you may pause or stop the survey at any time if you experience discomfort. Support services are provided below and in the debrief statement.

Are there any benefits to you as a participant?

This study involves completing an online survey. There are no financial costs associated with participation, and you will not be paid for your involvement. While there may be no direct personal benefits, your participation will contribute to the advancement of research and help improve understanding of issues affecting those who support people living with dementia. This may inform future research, policy, and practice in this area.

How is my data protected?

The survey is completely anonymous. No identifying information will be collected. Data will be stored securely on password-protected university systems and retained for a minimum of five years. Only the research team will have access. Should the findings of the study be published, de-identified/anonymous response data (allowing the reported findings to be verified) may be placed in a public data repository. No individual participant will be identified in, or could be identified from, any published report or published dataset from this study.

Can I withdraw?

Participation in this study is entirely voluntary, and you are under no obligation to take part. If you choose to participate but later change your mind, you may withdraw at any time before submitting the online survey by simply closing your browser window. However, once the survey has been submitted, withdrawal is not possible, as the data are anonymised and no identifiable information is collected.

How will results be used?

Results will be presented in an honours dissertation and may be presented at conferences or published. Only aggregated, non-identifiable data will be reported. A summary will be available upon request after the dissertation is submitted.

Support Services

Beyond Blue: 1300 22 4636 | www.beyondblue.org.au

Lifeline: 13 11 14 | www.lifeline.org.au

Employee Assistance Program: Contact your employer for details



Ethics Approval

Ethics approval has been obtained from the Charles Sturt University Human Research Ethics Committee (approval no. H26095).

If you have any complaints or reservations about the ethical conduct of this project, you may contact the Committee through the Research Integrity Unit: Presiding Officer, Human Research Ethics Committee, Charles Sturt University, Locked Bag 588, Wagga Wagga NSW 2650. Tel: (02) 6933 4213. Email: ethics@csu.edu.au.

Any issues you raise will be treated in confidence and investigated fully and you will be informed of the outcome.

Thank you for considering this invitation to participate.

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By progressing beyond this information statement, you are indicating your informed consent to participate in this study. You are free to withdraw this consent and stop participating at any time before submission by closing your browser window.

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Links to Workplace Experiences and Wellbeing in Dementia Care Staff Survey

Link: <https://tinyurl.com/dementia-worker-survey>

