Professional Dementia Education for Aged, Community and Health Care Workers

2011
January - June Program

Alzheimer’s Australia Vic
Living with dementia
Contents
Programs for aged, community and health care workers

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Education and training tailored to managers and staff working with people with dementia

• Sessions are facilitated by professional, experienced educators
• Bookings are essential as numbers may be limited
• Interpreters can be provided for these sessions

For further details and to register contact
Alzheimer’s Australia Vic
Email: edu@alzvic.asn.au
Telephone: (03) 9815 7808

National Dementia Helpine 1800 100 500
www.alzheimers.org.au

An Australian Government Initiative

Some programs are funded by the Australian Government or jointly funded by the Victorian and Australian Governments through the Home and Community Care program.
Terms and conditions

Cancellation policy

Bookings are not valid unless accompanied with payment. Cancellations or non-
attendance at workshops will incur costs as per schedule below:

• Cancellations with less than 5 working days notice - 50% of training credits
  provided;
• Cancellations with 5 or more working days notice - full refund or equivalent
  training credits provided.

Training credits

1 training credit is equivalent to $1. Training credits are valid for 12 months only.

Alzheimer’s Australia Vic is a Registered Training Organisation (RTO) offering
a wide range of education to the health sector, families and carers of people
with dementia and the general community incorporating the latest research.

These courses are endorsed by APEC No 0402288 as authorised by Royal
College of Nursing, Australia (RCNA) according to approved criteria.
Attendance attracts RCNA CNE points at the rate of one point per hour of
training as per the RCNA’s Life long Learning Points Program (3LP).
The College recommends that nurses should aim to achieve 30 CNE points
per year.

Service quality standards

To assist participants in maintaining the standards relevant to their area of work
we have reviewed all of our courses against the key service standards.

To review the Accreditation Standards relevant to your health setting please see website links listed below:

Acute Sector:

HACC:
Home & Community Care National Standards Instrument and Guidelines:

Aged Care:
Aged Care Standards and Accreditation Agency Ltd:

Mental Health:
Standards of Practice for Mental Health Nurses in Australia 2010
National Standards for Mental Health Services
Location maps

**Riversdale Road venue:**
Alzheimer’s Australia Vic
98-104 Riversdale Rd, Hawthorn

*Melways reference: 45 D12*

Use of public transport is recommended.

**TRAM:** No 70 or 75 Riversdale Road; No 16 Glenferrie Road

**TRAIN:** to Glenferrie Station (Belgrave/Lilydale Line), tram or 10 minute walk south along Glenferrie Road: Stop Riversdale Road

**CAR:** Limited on-street parking. Please allow extra time if you are bringing your own car
a) Riversdale Road southern side:
   - all day parking from 10am
b) Riversdale Road northern side:
   - 2 hour parking 8am – 3pm
c) Glen Street eastern side: all day
d) Glen Street western side: 2 hour limit

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**Auburn Road venue (for evening seminars):**
University of Melbourne
Cinema Level 2
442 Auburn Road, Hawthorn

*Melways reference: 59 E2*

Parking available in Woodburn Rd and off street parking via Robinson Road.
Dementia education for direct care staff

Learn practical strategies in effective communication with a person who is cognitively impaired and identify triggers to behaviour in this interactive workshop.

**Suitable for:**
Staff caring directly for people with dementia

**Cost:** **FREE**  
**Duration:** 3hrs  
**Venue:** Hawthorn or workplace  
**CNE points:** 3

**Tue 8 Mar**  
1.30pm – 4.30pm

**Wed 15 Jun**  
9.30am – 12.30pm

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If you would like any of these sessions delivered to staff in your workplace please contact Donna Watmuff on (03) 9815 7856

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Introduction to dementia for non-nursing staff

Understand the key components of person centred care and how to utilise effective communication techniques.

**Suitable for:**  
Staff working in residential care and non-direct care staff e.g. hospitality, maintenance, laundry, reception and cleaning

**Cost:** **FREE**  
**Duration:** 6hrs  
**Venue:** Hawthorn or workplace

**Thu 10 Mar**  
9.30am – 4.00pm

**Wed 6 Apr**  
9.30am – 4.00pm

**Tue 10 May**  
9.30am – 4.00pm

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For both courses above:  
**Accreditation Standards for Acute, Community, Aged Care and Mental Health Settings**

<table>
<thead>
<tr>
<th>EQuIP 4 Standards:</th>
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<tbody>
<tr>
<td>1 Clinical; 2 Support</td>
<td>Objectives 3, 4 and 7</td>
<td>Standards 1 and 2</td>
<td>Standards 4, 6 and 11</td>
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</tbody>
</table>
Introduction to dementia for care managers

Participants will be introduced to the effective management and support of staff in developing and delivering care plans that promote quality dementia care.

**Suitable for:**
Care Managers, Care Coordinators and Case Managers in Community and Aged Care settings

**Cost:** $305
**Duration:** 2 x 6hrs
**Venue:** Hawthorn or workplace
**CNE points:** 12

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Advanced dementia education for care managers

The ‘Introduction to dementia for care managers’ is a prerequisite for this session.

Explore the neuropsychological perspectives on capacity, elder abuse, and hear the latest on Parkinson’s and dementia with Lewy bodies, as well as current findings in dementia research.

**Suitable for:**
Care Managers, Care Coordinators and Case Managers in Community and Aged Care settings

**Cost:** $205
**Duration:** 6hrs
**Venue:** Hawthorn or workplace
**CNE points:** 6

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*‘I thoroughly enjoyed the course. Your trainer was great at describing things in detail and covered all areas and answered all our questions, no matter how trivial.’*

Aged Care Worker

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**Accreditation Standards for Acute, Community, Aged Care and Mental Health Settings**

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### Behavioural and psychological symptoms of dementia – a problem solving approach

Better understand the behaviours associated with dementia and learn how to develop practical strategies to minimize the occurrence and impact of these behaviours.

**Thu 5 May**  
9.30am–12.30pm  

**Suitable for:**  
Professional staff caring for people with dementia  

**Cost:** $115  
**Duration:** 3hrs  
**Venue:** Hawthorn or workplace  
**CNE points:** 3

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### Experiencing dementia – a virtual experience

This experiential workshop immerses participants in a world of diminished senses in order to provide insights into the experiences of people with dementia. *This workshop can be challenging and confronting for participants, and also thought provoking.*

**Thu 12 May**  
9.30am – 12noon  

**Suitable for:**  
Aged care workers in community, residential, respite and day activity settings.  

**Cost:** $115  
**Duration:** 2.5hrs  
**Venue:** Hawthorn or workplace  
**CNE points:** 2.5

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Depression and dementia

Understand the impact of depression on people with dementia, how to identify ‘at risk’ individuals and appropriate strategies and interventions.

**Suitable for:**
Professional staff caring for people with dementia.

**Cost:** $115
**Duration:** 3hrs
**Venue:** Hawthorn or workplace
**CNE points:** 3

**Wed 9 Mar**
9.30am – 12.30pm

Accreditation Standards for Acute, Community, Aged Care and Mental Health Settings

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<td>Standard 2</td>
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Younger onset dementia

Better understand the impact of dementia on the younger person and their family as well as their distinctive care needs.

**Suitable for:**
Professionals who already have an understanding of dementia

**Cost:** $115
**Duration:** 3hrs
**Venue:** Hawthorn or workplace
**CNE points:** 3

**Wed 8 Jun**
9.30am – 12.30pm

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Facilitating a carer support group

Gain the skills to effectively establish and run formal and informal support groups for carers in a variety of settings.  

**Thu 30 Jun**  
9.30am – 4.00pm

**Suitable for:**  
Volunteers, aged and community care workers and health professionals

**Cost:** FREE  
**Duration:** 6hrs  
**Venue:** Hawthorn or workplace  
**CNE points:** 6

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Dementia information for volunteers

Gain an understanding of dementia and how to communicate more effectively with the person with dementia as part of your volunteer work.

**Fri 17 Jun**  
10.00am – 1.00pm

**Suitable for:**  
Existing volunteers working with people with dementia

**Cost:** FREE  
**Duration:** 3hrs  
**Venue:** Hawthorn or workplace  
**CNE points:** 3

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<td>Standards 1 – 4</td>
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Dementia care programs
Developing innovative activity programs – incorporating the Montessori method

Develop innovative approaches to providing structured and original activities for people with dementia. Network and share your successful activity programs, create ‘life books’ and undertake an introduction to Montessori.

**Suitable for:**  
_Diversional Therapists, planned activity group staff and lifestyle staff_

**Cost:** $205  
**Duration:** 6hrs  
**Venue:** Hawthorn or workplace  
**CNE points:** 6

_The session was very well received by all in attendance...There was so much for us all to learn, the time passed so quickly and at no stage did...people lose interest in what was being offered...Thanks for a very professional workshop._

Volunteer Manager

Exploring art as an activity

Explore the various art modalities that can be incorporated into successful practical art based activities for people with dementia.

**Suitable for:**  
_Diversional Therapists, planned activity group staff and lifestyle staff_

This resource intensive hands-on program is limited to 12. Book early.

**Cost:** $205  
**Duration:** 6hrs  
**Venue:** Hawthorn or workplace  
**CNE points:** 6

For both courses above:  
_Accreditation Standards for Acute, Community, Aged Care and Mental Health Settings_

**EQuIP 4 Standards:**  
1 Clinical; 2 Support

**HACC National Standards:**  
Objectives 3 and 4

**Aged Care Accreditation Standards:**  
Standard 3

**Mental Health National Standards:**  
Standards 3, 4, 6 and 11
Meaningful activities for men

Gain inspiration and be supported in developing activities which encourage communication and new ways of engaging men living with dementia.

**Suitable for:**
Diversional Therapists, planned activity group staff and lifestyle staff

**Cost:** $115
**Duration:** 3hrs
**Venue:** Hawthorn or workplace
**CNE points:** 3

**Thu 7 Apr**
9.30am – 12.30pm

Garden activities

Understand the therapeutic benefits of gardening activities for recreation and pleasure. Gain practical ideas to assist people living with dementia to make a positive connection with nature.

**Suitable for:**
Diversional Therapists, planned activity group staff and lifestyle staff

**Cost:** $115
**Duration:** 3hrs
**Venue:** Hawthorn or workplace
**CNE points:** 3

**Wed 6 Apr**
9.30am – 12.30pm
Activities for people in late stage dementia

Understand the capacities and abilities of people in moderate to advanced stages of dementia and learn how to best engage them through activities.

**Thu 26 May**
9.30am – 12.30pm

**Cost:** $115
**Duration:** 3hrs
**Venue:** Hawthorn or workplace
**CNE points:** 3

‘I think everyone felt it was very informative, and was great to work through some of our own clients as examples in problem solving their difficult behaviours, and of course your case study was definitely a situation we are often faced with in our program! Feed back from the team so far has been very positive.’

*Occupational Therapist*

Crafts and resources – a hands on approach

Develop a diverse range of practical and functional resources for people with dementia. Learn to implement programs in the workplace that match each person’s needs and abilities.

**Contact:**
**Donna Watmuff**
(03) 9815 7856 to arrange a session in your workplace

**Cost:** POA
**Duration:** 6hrs
**Venue:** Workplace only
**CNE points:** 6

For both courses above:
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For tailored education in your workplace please contact our Co-ordinator of Health Sector and Family Education Donna Watmuff phone (03) 9815 7856 or email dwatmuff@alzvic.asn.au

Suggested programs below

**Down syndrome and dementia**

Gain an understanding of the impact of dementia on a person with Down syndrome and the complexities of diagnosis and management.

**Suitable for:**
Professional staff caring for people with dementia

**Cost:** POA

**Duration:** 2.5hrs

**Venue:** Workplace only

**CNE points:** 2.5

**A palliative approach to dementia care**

Gain a greater understanding of the later stages of dementia, what constitutes palliative care and the importance of advanced planning. Examine the important role the aged care team can play in providing quality palliative care.

**Suitable for:**
Aged care staff caring for people living with dementia

**Cost:** POA

**Duration:** 3hrs

**Venue:** Workplace only

**CNE points:** 3

For both courses above:

**Accreditation Standards for Acute, Community, Aged Care and Mental Health Settings**

- EQuIP 4 Standards: 1 Clinical; 2 Support; 3 Corporate
- HACC National Standards: Objectives 1 - 7
- Aged Care Accreditation Standards: Standards 1 – 4
- Mental Health National Standards: Standards 4, 7, 8 and 11
Person centred care

Develop practical strategies for implementing a person centred approach to care.

Suitable for: Aged care staff providing support for people living with dementia

Cost: POA
Duration: 3hrs
Venue: Workplace only
CNE points: 3

Dementia with Lewy bodies

Develop an understanding of dementia with Lewy bodies and the implications for the person with the condition and their carers.

Suitable for: Professional staff caring for people living with dementia

Cost: POA
Duration: 3hrs
Venue: Workplace only
CNE points: 3
## Dementia care programs

<table>
<thead>
<tr>
<th>Program</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dementia education for direct care staff</td>
<td>Tue 8 March</td>
<td>1.30pm - 4.30pm</td>
<td>Hawthorn</td>
<td>FREE</td>
</tr>
<tr>
<td>Depression and dementia in collaboration with beyondblue</td>
<td>Wed 15 June</td>
<td>9.30am - 12.30pm</td>
<td>Hawthorn</td>
<td>FREE</td>
</tr>
<tr>
<td>Introduction to dementia for non-nursing staff</td>
<td>Wed 9 March</td>
<td>9.30am - 12.30pm</td>
<td>Hawthorn</td>
<td>$115</td>
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<tr>
<td>Depression and dementia in collaboration with beyondblue</td>
<td>Thu 10 March</td>
<td>9.30am - 4.00pm</td>
<td>Hawthorn</td>
<td>FREE</td>
</tr>
<tr>
<td>Introduction to dementia for care managers (2 days)</td>
<td>Tue 29 Mar &amp; 5 Apr</td>
<td>9.30am - 4.00pm</td>
<td>Hawthorn</td>
<td>$305</td>
</tr>
<tr>
<td>Introduction to dementia for care managers (2 days)</td>
<td>Tue 17 &amp; 24 Apr</td>
<td>9.30am - 4.00pm</td>
<td>Hawthorn</td>
<td>$305</td>
</tr>
<tr>
<td>Advanced dementia education for care managers</td>
<td>Tue 12 April</td>
<td>9.30am - 4.00pm</td>
<td>Hawthorn</td>
<td>$205</td>
</tr>
<tr>
<td>Behavioural and psychological symptoms of dementia...</td>
<td>Thu 5 May</td>
<td>9.30am - 12.30pm</td>
<td>Hawthorn</td>
<td>$115</td>
</tr>
<tr>
<td>Experiencing dementia - a virtual experience</td>
<td>Thu 12 May</td>
<td>9.30am - 12noon</td>
<td>Hawthorn</td>
<td>$115</td>
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<tr>
<td>Younger onset dementia</td>
<td>Wed 8 June</td>
<td>9.30am - 12.30pm</td>
<td>Hawthorn</td>
<td>$115</td>
</tr>
<tr>
<td>Dementia information for volunteers</td>
<td>Fri 17 June</td>
<td>10.00am - 1.00pm</td>
<td>Hawthorn</td>
<td>FREE</td>
</tr>
<tr>
<td>Facilitating a carer support group</td>
<td>Thu 30 June</td>
<td>9.30am - 4.00pm</td>
<td>Hawthorn</td>
<td>FREE</td>
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## Lifestyle and Leisure programs

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<th>Date</th>
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<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Developing innovative activity programs incorporating Montessori method</td>
<td>Wed 16 Feb</td>
<td>9.30am - 4.00pm</td>
<td>Hawthorn</td>
<td>$205</td>
</tr>
<tr>
<td>Exploring art as an activity</td>
<td>Thu 31 March</td>
<td>9.30am - 4.00pm</td>
<td>Hawthorn</td>
<td>$205</td>
</tr>
<tr>
<td>Garden activities</td>
<td>Wed 6 April</td>
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<td>Thu 7 April</td>
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<td>Thu 26 May</td>
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<td>Hawthorn</td>
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## Dementia programs in your workplace

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<tbody>
<tr>
<td>Down syndrome and dementia</td>
<td>3 hours</td>
<td>Workplace</td>
</tr>
<tr>
<td>Behavioural and psychological symptoms of dementia - a team approach</td>
<td>3 hours</td>
<td>Workplace</td>
</tr>
<tr>
<td>Managing dementia related aggression</td>
<td>6 hours</td>
<td>Workplace</td>
</tr>
<tr>
<td>Person centred care</td>
<td>3 hours</td>
<td>Workplace</td>
</tr>
<tr>
<td>Validation</td>
<td>3 hours</td>
<td>Workplace</td>
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</tbody>
</table>
## Accredited programs

### Dementia Care Essentials CHCAC319A
- **3 days**
- Thu 10, 17 & 24 Feb
- Wed 4, 11 & 18 May
- 9.30am - 4.00pm
- Hawthorn
- **FREE**

### Dementia Care Essentials - Advanced CHCAC416A
- **3 days**
- Thu 2, 9 & 16 June
- 9.30am - 4.00pm
- Hawthorn
- **FREE**

### Traineeships
- 12 months
- Hawthorn
- **FREE**

- **Fee for Service** or
- **Government funded**

## Specialist Speakers

- **Leisure and health assessment**
  - Fri 8 April
  - 9.30am - 4.00pm
  - Hawthorn
  - **$205**

- **The role of complementary therapies**
  - Tue 3 May
  - 1.30pm - 4.30pm
  - Hawthorn
  - **FREE**

- **Facility wide program planning and evaluation**
  - Thu 19 May
  - 9.30am - 4.00pm
  - Hawthorn
  - **$205**

## Evening Seminars

- **Research update**
  - Wed 9 March
  - 5.00pm - 6.30pm
  - Auburn Rd
  - **FREE**

- **Advance care planning**
  - Wed 18 May
  - 5.00pm - 7.00pm
  - Auburn Rd
  - **FREE**

## Community Sessions

- **Worried about your memory?**
  - Tue 28 June
  - 1.30pm - 3.30pm
  - Hawthorn
  - **FREE**

- **Friends and companions**
  - Tue 3 May
  - 10.00am - 1.30pm
  - Hawthorn
  - **FREE**

- **Dementia information for volunteers**
  - Fri 17 June
  - 10.00am - 1.00pm
  - Hawthorn
  - **FREE**
Managing dementia related aggression

Better understand the aggression associated with dementia and learn how to develop practical strategies to minimize the occurrence and impact of these behaviours.

**Suitable for:**
Aged care staff providing support for people living with dementia

**Cost:** POA  
**Duration:** 6hrs  
**Venue:** Workplace only  
**CNE points:** 6

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Sexuality and dementia

Explore the issues of dementia with regard to changes in sexual behaviour and identify appropriate responses and resources to address these issues.

**Suitable for:**
Aged care staff providing support for people living with dementia

**Cost:** POA  
**Duration:** 3hrs  
**Venue:** Workplace only  
**CNE points:** 3

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Validation

Explore how Naomi Feil’s Validation can reduce anxiety in people whose reality is altered due to dementia. Scenarios will allow discussion of appropriate validation techniques to be used at different stages of dementia.

**Suitable for:**
Aged care staff providing support for people living with dementia

**Cost:** POA
**Duration:** 3hrs
**Venue:** Workplace only
**CNE points:** 3

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Leadership in dementia care

Develop management strategies to assist with developing and implementing supportive environments for care staff and people living with dementia, their families and significant others.

**Suitable for:**
Managers, consultants and mentors working in leadership roles

**Cost:** POA
**Duration:** 3hrs
**Venue:** Workplace only
**CNE points:** 3

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Dementia programs in your workplace

Behavioural and psychological symptoms of dementia – a team approach

Better understand the behaviours associated with dementia and learn how to develop practical strategies to minimise the occurrence and impact of these behaviours as part of a team approach.

Suitable for: Professional staff caring for people with dementia in a team environment

Cost: POA
Duration: 3hrs
Venue: Workplace only
CNE points: 3

Accreditation Standards for Acute, Community, Aged Care and Mental Health Settings

<table>
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<tr>
<th>EQuiP 4 Standards</th>
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<tbody>
<tr>
<td>1 Clinical; 2 Support; 3 Corporate</td>
<td>Objectives 1 - 7</td>
<td>Standards 1 – 4</td>
<td>Standards 1, 2, 4, 6, 7, 9 and 11</td>
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Accredited programs

Traineeships

Certificate III in Aged Care CHC30208
Certificate IV in Aged Care CHC40108
Certificate III in HACC CHC30308

Suitable for: Prospective employees wanting to work in aged care and PCAs wanting to upskill

Fee for Service or government funded
Duration: 12 months
Venue: Hawthorn

For more information on traineeships contact:
Erica Ryan
Alzheimer’s Australia Vic on (03) 9815 7857
traineeships@alzvic.asn.au
These accredited programs can be run in your workplace FREE of charge. Please contact our Co-ordinator of Vocational Education and Quality Assurance Tanya Petrovich on (03) 9815 7848 or email accredited@alzvic.asn.au

Dementia Care Essentials CHCAC319A

Develop a comprehensive knowledge of dementia incorporating therapeutic communication techniques, person centred care and how to develop practical strategies to respond to behaviours that require intervention.

**Suitable for:**
Aged care staff providing support for people living with dementia

**Cost:** FREE  
**Duration:** 3 x 6hrs  
**Venue:** Hawthorn or workplace  
**CNE points:** 18

Dementia Care Essentials Advanced CHCAC416A

This 3 day program builds on the understanding developed in the introductory course CHCAC319A. Participants will develop a support program for a person with dementia, and in so doing they will gain a greater insight into dementia and the carer’s role.

**Suitable for:**
Aged care staff providing support for people living with dementia

**Cost:** FREE  
**Duration:** 3 x 6hrs  
**Venue:** Hawthorn or workplace  
**CNE points:** 18

For both courses above:

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Leisure and health assessment
Planning, evaluation & accreditation expectations

Learn how to confidently implement and document holistic leisure and health assessments, care plans and evaluations. The session will address the knowledge and skills critical for the continuous improvement expectations of the accreditation process in this important area.
A detailed Assessment and Documentation Manual applicable to both residential and community care settings will be provided to all participants.

**Suitable for:**
Diversional therapists, planned activity group staff and lifestyle staff

**Cost:** $205  
**Duration:** 6hrs  
**Location:** Hawthorn  
**CNE points:** 6

**Friday 8 April**
9.30am – 4.00pm

**Presenter:**
**Carole Quinn**
B.App.Sci (O.T), Grad Dip (Dementia Care & Services), Cert IV Workplace Assessment & Training.
Carole has worked extensively in residential care as a Therapy and Recreation Co-ordinator and a Quality Manager and teaches at various educational institutions across Melbourne.

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Facility wide program planning and evaluation

Confidently develop, schedule and evaluate facility-wide leisure and health programs, special events and outings.
The session will target the knowledge and skills critical for the continuous improvement expectations of the accreditation process in this important area.
A detailed Program Planning, Implementation and Evaluation Manual applicable to both residential and community care settings will be provided to all participants.

**Suitable for:**
Diversional therapists, planned activity group staff and lifestyle staff

**Cost:** $205  
**Duration:** 6hrs  
**Location:** Hawthorn  
**CNE points:** 6

**Thurs 19 May**
9.30am – 4.00pm

**Presenter:**
**Carole Quinn**
B.App.Sci (O.T), Grad Dip (Dementia Care & Services), Cert IV Workplace Assessment & Training.
Carole has worked extensively in residential care as a Therapy and Recreation Co-ordinator and a Quality Manager and teaches at various educational institutions across Melbourne.

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The role of complementary therapies in dementia care

Understand the role of complementary therapies in enhancing the quality of life for people with dementia. Learn about the growing evidence of effectiveness of using these therapies and safe implementation of them into a professional health care setting.

Suitable for: Aged care staff providing support for people living with dementia

Cost: FREE  
Duration: 3hrs  
Location: Hawthorn  
CNE points: 3

Presenter: Kirsten James  
BA (Soc Sci), RN, Grad Dip Ad Ed & Tg., Cert Tactile Th, M Hlth Sc.  
A well respected presenter, Kirsten has been using and teaching Complementary Therapies in a variety of settings for almost 20 years. Kirsten currently works as a Behaviour Consultant with the Dementia Behaviour Management Advisory Service Victoria.

‘I have had such positive feedback on the training that you did for us. And the staff continue to talk about it! So thank you once again for the time and effort you put into our training and the wonderful way that you presented it.’  
Community Coordinator

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Research update

Wednesday 9 March  
Dr Maree Farrow

Advance care planning

Wednesday 18 May  
Dr Bill Sylvester

see over for details...
Research update

**Wed 9 March**  
5.00pm – 6.30pm

Presenter:  
**Dr Maree Farrow**  
Alzheimer’s Australia Vic’s Research Fellow

Understand the latest findings from current research on diagnosis, treatment, ongoing care and support from this presentation.

*For the general community, families and friends caring for a person with dementia, and health and aged care workers.*

Advance care planning

**Wed 18 May**  
5.00pm – 6.30pm

Presenter:  
**Dr Bill Silvester**  
Director, Respecting Patient Choices, Austin Health

Dr Bill Silvester discusses the importance of Advance Care Planning and the need for individuals to talk about their beliefs, goals, and preferences in life with their family, carers and health practitioners. Dr Silvester advises health professionals on how to encourage and facilitate this discussion.

*For the general community, families and friends caring for a person with dementia, and health and aged care workers.*