

我們的服務

我們為癡呆症患者及其照顧者、家人、朋友和社區提供支持和教育，是維多利亞州的最高機構。

我們提供什麼服務

如果你或家人對記憶力或行為改變有任何擔心或患有癡呆症，我們可以提供幫助。你不必獨自面對這一問題。我們的合格工作人員擁有多年豐富經驗，他們將傾聽你的需要，理解你擔心的問題，為你提供支持和幫助。

我們為受阿耳茲海默氏病、血管性癡呆症、雷微小體式疾病、額顳癡呆症以及輕度認知障礙等各種癡呆症類型影響的人士服務。不論你的年齡如何，我們都可以提供幫助。

我們為誰提供幫助

- 具有記憶力、思維或行為問題的人士
- 診斷患有癡呆症的人士
- 癡呆症患者的家人、朋友和照顧者
- 對癡呆症患者開展工作的專業人員及工作人員



“我媽媽十年前被診斷患有阿耳茲海默氏病。澳洲維多利亞州阿耳茲海默氏病協會幫助我，讓我通過這一旅程，從對癡呆症幾乎一無所知，逐步學會如何為父母提供最佳支持。” Helen



我們可以如何幫助你

支持

- 致電我們的全國癡呆症幫助熱線(National Dementia Helpline)，索取信息或討論你擔心的問題
- 與我們的專業心理輔導員針對情感問題、實際問題和家庭問題開展保密交談
- 加入我們為早期癡呆症患者及其家人和朋友開展的早期介入計劃之一
- 協助與其它服務機構聯繫，獲得你所需要的照護服務

信息

- 閱讀我們的癡呆症幫助資料單張(Dementia Help Sheets)，這些資料單張包含有關各種主題的實用建議，並可提供一系列語言的版本
- 致電或前往我們的圖書館，瀏覽我們豐富的書籍與媒體館藏
- 成為會員，收閱我們介紹最新研究、個人故事和實用建議介紹的季刊通訊
- 瀏覽我們的網站fightdementia.org.au，瞭解有關癡呆症、現有服務與活動的最新信息

教育

- 參加信息討論會、課程或講座，瞭解有關癡呆症及應對癡呆症的實用方法的更多詳情
- 參加我們為老年人、社區、殘障人士和醫護工作人員開設的認證課程。我們是一家註冊培訓機構，可以為專業人員及工作人員開設認證培訓課程
- 使用我們的癡呆症諮詢服務，以便我們可以幫助你的機構更好地支持癡呆症患者

尊重你的私隱

我們有必要收集和記錄你的一些個人資料，以便能☑提供有效的服務。

- 我們將對你提供的任何資料保密。
- 一般而言，未經你的同意，我們不會向任何人披露你的個人資料。
- 如果你已同意披露自己的個人資料，你可以通過書面通知我們來撤銷同意。
- 如果你接受心理輔導或支持服務，我們可能與其他心理輔導員或支持工作者交流你的個人資料，以便提供現有的最佳建議與支持。
- 有時法律可能要求我們披露個人資料。在一個人的健康或福祉受到威脅以及公眾對披露該資料具有濃厚興趣時，就可能發生這種情況。
- 出於審☑、審計、評估、合規檢☑及認證目的，你的資料可能會提供給政府與法定管理機構。
- 如果你願意，你有權保持匿名。

幫助我們來幫助他人

你可以通過多種方式參與，為癡呆症患者及其家人的生活帶來不同。

捐贈 ... 支持我們的工作。

成為會員 ... 加入我們實力強大的支持網絡。

大聲疾呼 ... 幫助我們為提高資金和改善服務代言。

成為志願者 ... 幫助我們改善癡呆症患者的生活。

留下遺產 ... 在遺囑中捐獻一份遺產，幫助子孫後代。

希望瞭解詳情？

請與我們聯絡。

致電全國癡呆症幫助熱線電話：

1800 100 500



聯絡我們

全國癡呆症幫助熱線
1800 100 500

或通過翻譯與傳譯服務電話
131 450



fightdementia.org.au/vic



澳洲維多利亞州阿耳茲海默氏病協會

98 -104 Riversdale Road
Hawthorn Victoria 3122

通信地址：

Locked Bag 3001
Hawthorn Victoria 3122

電話：03 9815 7800

傳真：03 9815 7801

電郵：alz@alzheimers.org.au

還可以通過以下方式聯絡我們：



地區辦事處：

Albury/Wodonga

Ballarat

Bendigo

Drouin

Geelong

Lakes Entrance

Shepparton

Swan Hill

Warrnambool

UNDERSTAND ALZHEIMER'S SUPPORT AUSTRALIA

OUR SERVICES

We are Victoria's peak body providing support and education to people living with dementia, their carers, family, friends, and the community.

WHAT WE DO

If you, or a family member, have concerns about changes to memory or behaviour, or have dementia, we are here to help. You do not have to face this alone. With years of experience behind us, our qualified staff will listen to you, understand your concerns and offer support to assist you.

We are here for people affected by all forms of dementia including Alzheimer's disease, vascular dementia, Lewy body disease, Frontal Temporal Dementia, and mild cognitive impairment. No matter what your age.

WHO WE HELP

- People with memory, thinking or behavioural concerns
- People with a diagnosis of dementia
- Family members, friends and carers of a person with dementia
- Professionals and staff working with people with dementia



*"My Mum was diagnosed with Alzheimer's ten years ago. Alzheimer's Australia Vic took me from knowing next to nothing about dementia, to learning how I could best support my parents through this journey."
Helen*



HOW WE CAN HELP YOU

Support

- Call our National Dementia Helpline to request information or talk about your concerns
- Talk through your emotional, practical and family issues in confidence with one of our professional counsellors
- Join one of our early intervention programs for people with early stage dementia, their families and friends
- Assistance to link in with other services and access the care you need

Information

- Read our Dementia Help Sheets which contain practical advice on a wide range of topics – they are also available in a range of languages
- Phone or visit our library and browse through our extensive collection of books and media
- Become a member and receive our quarterly newsletter which contains updates on research, personal stories and practical advice
- Explore our website fightdementia.org.au for the latest information on dementia, services available and events

Education

- Attend an information session, course or seminar to learn more about dementia and practical ways of dealing with it
- Participate in our accredited courses for aged, community, disability and health care workers. We are a Registered Training Organisation offering accredited training for professionals and staff
- Use our Dementia Consultancy Service so that we can help your organisation better support people with dementia

UNDERSTAND ALZHEIMER'S SUPPORT AUSTRALIA

YOUR PRIVACY RESPECTED

It is necessary for us to collect and record some of your personal information so that we can provide an effective service.

- Any information you provide will be treated confidentially.
- In general, we will not disclose your personal information to anyone without your consent.
- If you have consented to the release of your personal information, you may withdraw your consent by notifying us in writing.
- If you receive counselling or support services, your personal information may be shared with other counsellors or support workers in order to provide the best advice and support available.
- There may be occasions when the law requires us to disclose personal information. This might occur when the health or wellbeing of a person is threatened and there is a strong public interest in disclosing that information.
- For the purpose of review, audit, evaluation, compliance checking and accreditation, your details may be made available to government and legislated authorities.
- You have the right to remain anonymous if you prefer.

HELP US TO HELP OTHERS

There are many ways you can get involved and make a difference to the lives of people with dementia and their families.

Make a donation ... and support our work.

Become a member ... and join a powerful network of support.

Use your voice ... and help us advocate for improved funding and services.

Become a volunteer ... and help us improve the lives of people living with dementia.

Leave a bequest ... and help future generations with a gift in your will.

LIKE TO KNOW MORE? ASK US.

Call the National Dementia Helpline on
1800 100 500

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Our Patron: The Honourable Alex Chernov AC QC Governor of Victoria

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CONTACT US

**National Dementia Helpline
1800 100 500**

or via the
Translating and Interpreting Service
131 450



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Find us on:



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