DEMENTIA LEARNING GUIDE:
COMMUNITY SUPPORT SERVICES

FLEXIBLE EDUCATION SOLUTIONS TO IMPROVE DEMENTIA PRACTICE FOR COMMUNITY SUPPORT SERVICES

NATIONAL DEMENTIA HELPLINE 1800 100 500
FIGHTDEMENTIA.ORG.AU/VIC

JULY TO DECEMBER 2015
Most people living with dementia choose to remain in their own home.

Living Longer Living Better reinforced the importance of providing a greater level of support to people wishing to remain at home. The emphasis on Consumer Directed Care also sees a growing role for the consumer to determine the nature of the support they receive and how this is delivered. Consequently there is an increased need for community care organisations to ensure that they are responsive to the needs of consumers living with dementia.

Taking a strengths based approach to supporting people living with dementia in the community is good practice and has been the focus of the Commonwealth Home Support Program through wellness and reablement. This builds on existing approaches such as the Active Service Model.

As the leading dementia learning service in Victoria, Alzheimer’s Australia Vic’s highly skilled team is equipped with extensive dementia practice knowledge in a wide range of areas – including community care – facilitating learning experiences which touch, move and inspire participants to transform their practice. Informed by current research and contemporary practice, our comprehensive suite of programs form part of an integrated learning pathway, incorporating both accredited and non-accredited courses and online learning. We also facilitate organisational change through our consultancy work.

The offerings within this Guide reflect more than 30 years practice and leadership in the area of dementia education. I invite you to come and experience all that our learning opportunities have to offer to transform your practice and the lives of those living with dementia.

Dr David Sykes
General Manager, Learning & Development
In 2013–14, we delivered 4,571 hours of education across Victoria.

Accredited programs

As a Registered Training Organisation (RTO) we provide a range of nationally accredited courses, which include the two dementia specific units and the palliative care unit. We also deliver the 12 month NAT10341 Certificate IV in Dementia Practice that can only be undertaken with Alzheimer’s Australia.

All of our courses have an applied focus on skill development and reflective practice, enabling course participants to transform their practice and potentially that of others to enhance the lives of people living with dementia. (RTO number 2512)

All participants undertaking one of our nationally recognised courses will require a Unique Student Identifier (USI). Details of how to create your USI are on our website under Accredited Programs. Courses appearing in this Guide with the Nationally Recognised Training logo are nationally accredited.

Our facilitators

Our highly-skilled facilitators possess dementia expertise with experience in health, education, and the community as well as direct experience in providing support to people with dementia and their families. All facilitators are qualified in workplace training and assessment (TAE 40110 Certificate IV).

Our staff have access to experts in the field of dementia practice and research and facilitators undertake regular professional development. This supports Alzheimer’s Australia Vic’s commitment to providing contemporary education through the translation of the most up to date knowledge, research and dementia practice to participants attending our dementia learning programs.

Continuing Professional Development

Our learning programs are suitable for the continuing professional development of registered nurses, enrolled nurses and other health professionals. We issue Certificates of Attendance with date and duration information to fulfill your Continuing Professional Development (CPD) requirements.

Employee Services

Our consultancy services support organisations achieve good practice and person-centred dementia care. Equipped with extensive knowledge and expertise, we work with you in creating dementia-friendly environments that are physically, socially and culturally inclusive.

We can provide your organisation with quality solutions for:
- Leadership
- Risk management
- Communication and interaction with clients living with dementia
- Restorative and rehabilitative therapies – such as the Montessori approach
- Dementia specific training needs analysis
- Change management for mentoring and support
- Environmental design – building, furniture and landscaping

Please contact Suzanne McMeikin, Customer Relationships Consultant:
03 9816 5708
vic.education@alzheimers.org.au

For your workplace

For YOUR WORKPLACE

In 2013–14, we facilitated 846 learning sessions for more than 14,500 people.

Dementia Consultancy Services

Our consultancy services support organisations achieve good practice and person-centred dementia care. Equipped with extensive knowledge and expertise, we work with you in creating dementia-friendly environments that are physically, socially and culturally inclusive.

We can provide your organisation with quality solutions for:
- Leadership
- Risk management
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- Environmental design – building, furniture and landscaping

Please contact Suzanne McMeikin, Customer Relationships Consultant:
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Some programs are funded by the Australian Government or jointly funded by the Victorian and Australian Governments through the Home and Community Care program.

DISCLAIMER: The information in this publication was current at the publication date, June 2015. Please check our website www.fightdementia.org.au/vic for current information.

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ABN 14 671 840 186

Alzheimer’s Australia Vic would like to thank Allanvale Private Nursing Home (CareWest Group Pty Ltd) and the City of Moreland for assisting with some photography.
DEMENTIA LEARNING PATHWAY

Your pathway to dementia practice proficiency

To assist you in creating a program of learning to help achieve your own career goals, we have developed a dementia support learning framework to guide you. By undertaking professional development within our four-tiered dementia learning pathway, you will be equipped with contemporary knowledge and skills central to the provision of optimal dementia support. All modules emphasise a person-centred approach central to the provision of optimal dementia support.

By exploring various evidence based approaches to dementia, exploring other factors that can impact on the experience of dementia. Complex issues of choice, decision-making, competency, capacity and advance care planning are also addressed. Exploration level is suitable for participants who have good foundational understanding of dementia and would like to learn how to further translate evidence into practice.

Leadership modules are designed for anyone who is passionate about contemporary dementia practice. The programs give the participants the skills and confidence to challenge current dementia practice and will guide them through the process of practice improvement. The participants – drawn from all levels within an organisation – will reflect on organisational practice, develop ideas for improved practice, and support the implementation of change within their organisation. The Leadership level can open doors to a career path in the field of dementia practice.

For course and seminar bookings:

- fightdementia.org.au/vic
- Education and consulting menu
- vic.education@alzheimers.org.au
- 03 9816 5708
- 03 9816 5733

Alzheimer’s Australia Vic, Locked Bag 3001, Hawthorn 3122

How to register

Bookings for our learning program are essential. Places are limited and subject to our terms and conditions (see page 29). Registrations can be made immediately online or over the phone. Post and fax enrolments are accepted by using an enrolment form printed from our website.

Key to courses

- Module available online
- Available for your workplace.
- Fee may apply – contact us for details
- New module
- Accredited course

Dementia Education Discount Days

Make a day of it and save time and money on your professional development when you register for two education sessions. Great discounts are available on specially selected sessions running on the same day at our Parkville centre. These pairings are designed to complement the learning outcomes of each course, providing you with a richer learning experience.

Virtual Dementia Experience and Communicating in a person-centred way $220
Monday 20 July 10.30am–12.30pm & 1–4pm

Meaningful engagement and iPads for engagement $220
Tuesday 15 September 9.30am–12.30pm & 1:30–4:30pm

Virtual Dementia Experience and Person-centred practice $220
Wednesday 18 November 10.30am–12.30pm & 1–4pm

For more information, contact :
- vic.education@alzheimers.org.au
- 03 9816 5708
Dementia practice improvement series

Alzheimer’s Australia Vic has developed the Dementia Practice Improvement Series – an innovative, online learning resource that can be accessed anywhere, at any time.

At the click of a button, improve your dementia knowledge and care. Our four interactive modules (15 minutes each) cover a range of topics that encourage participants to reflect on their practice and identify areas for individual and organisational improvement.

Our four module package includes:
1. What is dementia? (FREE)
2. How person-centred is your practice? ($25)
3. Communicating in a person-centred way ($25)
4. A problem solving approach to behaviour ($25)

Organisational discount available. Contact us for details.

Features

- FLEXIBLE Wherever you are, study at your own pace at a time that suits you!
- AFFORDABLE Ask about our great discounts for organisations!
- PRACTICAL Modules are user-friendly and can be completed in less than ONE HOUR
- INTERACTIVE Be engaged as you learn through our variety of activities including video tutorials, worksheets and quick quizzes
- SUPPORT Assistance is available via phone, email and face-to-face
- PROFESSIONAL DEVELOPMENT CERTIFICATES Download and print your certificate at the completion of each module

Professional development certificates:

Download and print your Continuing Professional Development (CPD) certificate at the completion of each module

Informed by current research and contemporary practice, our comprehensive suite of programs form part of an integrated learning pathway, incorporating both accredited and non-accredited courses with online learning.

Take a look at all of our dementia learning offerings at fightdementia.org.au/vic/education

For more information call: 03 9816 5750 or email: dementialearningsupport@alzheimers.org.au
Virtual Dementia Experience™

The Virtual Dementia Experience – awarded the national 2014 iAward in the Education Category of the Service Domain – assists professional carers in understanding environmental elements that are friendly or hostile to a person with dementia. Developed in consultation with people living with dementia, the Virtual Dementia Experience immerses participants in a home environment that replicates the lived-experience of a person with dementia.

Equipped with this insight, you will enter into a discussion on how the emotional and physical environment can impact a person with dementia, and consider changes that could be implemented to improve the delivery of person-centred practice.

On completion of this session, you will:
- have an improved understanding of what it may be like to live with dementia
- have developed more empathy with people living with dementia and their carers
- have gained an understanding of the impact of the environment on people with dementia
- be prompted to consider enhancements to the environment and support for people living with dementia

CHCAC319A Provide support for people living with dementia

In this competency-based, accredited course, you will learn how to incorporate therapeutic communication techniques; apply a person-centred approach; and develop useful strategies to respond to behaviours that require intervention.

By successfully completing this nationally recognised unit, you will gain a comprehensive knowledge of dementia and receive a formal Statement of Attainment.

On completion of this course, you will be able to identify
- dementia and some general symptoms
- the common causes of dementia
- areas of current research
- ways in which you can assist the person with dementia to minimise the impact of any deterioration in functioning
- potential triggers for behaviours associated with dementia
- a range of options for managing the impact of behaviour change for a person with dementia
- the impact of dementia on the person with dementia, on family carers and on professional carers
- the signs that would alert you to the possibility of elder abuse
- the impact of dementia on communication
- strategies for effective communication with a person with dementia
- the value of promoting engagement with life for a person with dementia
- ways of adapting activities to meet individual needs
- the principles of person-centred approach to support
- the importance of relationships in the provision of support for the person with dementia

Due to the anticipated endorsement of new units of competency in the CHC Training Package, the title and code may change. All course content will reflect the changes in accordance with training package rules.

Cost
$100 members
$110 non-members

Venue
Parkville

Dates
Monday 6 July
Tuesday 11 August
Wednesday 16 September
Thursday 8 October
Friday 13 November
Thursday 3 December

Time
All sessions
9.30 – 11.30am
Doorway to dementia – practice and strategies

This session provides you with a knowledge of dementia and its implication for practice. Learn specific approaches and strategies to support a person living with dementia and their families.

At the end of the session you will gain knowledge in:
- The nature of dementia, including prevalence, risks, types of dementia, how the brain works and signs of dementia
- A person-centred approach to dementia support; including communication, choice and decision making
- Understanding triggers for behaviour changes associated with dementia
- Accessing resources and services.

What is dementia?

Dementia is a condition health professionals will encounter in a range of care settings. This module is designed to provide you with an introduction to dementia, diagnosis, treatment and support strategies for both the person with dementia and their carer.

This module will help you increase your awareness of:
- Dementia and its prevalence and incidence in Australia
- Early signs of dementia and its impact on the brain
- Screening and tests used in its diagnosis
- Features of common types of dementia
- Drug treatments and non-pharmacological approaches to support
- Effective communication and support strategies
- Identifying and reporting associated risks
- Services available for the person and family carers
A problem-solving approach to behaviours

Behaviours associated with dementia can be distressing and impact on the wellness of the person with dementia, as well as those caring for them. There are many reasons as to why these behaviours occur. This online module is designed to provide you with an understanding of behaviours through a problem solving approach and explore effective strategies to help prevent or minimise the impact of behaviour.

This module will help you:
- define behaviours
- understand the impact of behaviours on people within the support relationship
- undertake a systematic approach to problem solving behaviours using the CAUSEd model
- identify and report risks associated with behaviours
- develop strategies for everyone in the support relationship

A problem-solving approach to behaviours – applied practice

This module provides a better understanding into changed behaviours associated with dementia. Practical strategies will be developed to minimise the occurrence and impact of these behaviours using a problem solving approach, with an emphasis on triggers to behaviour using the CAUSEd model.

In this session you will:
- define behaviours
- understand the impact of behaviours on people within the support relationship
- undertake a systematic approach to problem solving behaviours using the CAUSEd model
- identify and report risks associated with behaviours
- develop strategies for everyone in the support relationship

Communicating in a person-centred way

As dementia impacts communication, this session introduces you to various effective communication strategies that can be easily incorporated in your work.

As you gain an enhanced understanding and appreciation of communication when working with people with dementia, you will explore its impact and consider the support required to undertake a person-centred approach to communication using these strategies.

On completion of this session you will:
- understand how dementia can impact on communication
- understand the impact various relationships have in supporting communication for the person living with dementia
- develop strategies to support a person-centred approach to communication for the person living with dementia

Communicating in a person-centred way – applied principles

Good communication skills are essential in providing support to people living with dementia and their carer. Within this module we will explore communication for people living with dementia and the influence of the people within the support relationship to nurture and enhance communication.

This module will increase your understanding of:
- the importance of communication within the support relationship
- the barriers to positive communication
- the impact of dementia on the person's ability to communicate
- supporting person-centred communication through support relationships
- individualised strategies for communication
### Enabling environments – adapting the home

This module is designed to provide carers with an introduction in adapting the home into a dementia-friendly environment, based on proven design principles. Opportunities will be created when considering meaningful time spent within the home, exploring practical, inexpensive ideas and tips to enable independence for the person living with dementia.

On completion of this session you will be familiar with:
- 10 environmental design principles
- Personal considerations
- Physical and sensory changes for the person living with dementia
- Maintaining well-being and identity
- Ideas for ways to adapt the home for a person living with dementia

### Meaningful engagement

Understand the capacities and abilities of people with moderate to advanced stages of dementia. Learn how to best engage the person through activities which are meaningful, purposeful and pleasurable using a strength-based approach.

On completion of this session, you will be able to understand:
- the individual needs of people living with dementia
- relationship of meaningful engagement to behaviour
- how to plan suitably engaging activities

### Montessori in everyday practice

Montessori is a person-centred approach to dementia practice. This program simplifies the concept of Montessori to show how the principles can be applied to everyday dementia practice. You will explore these principles and how they can be used to create an environment that supports independence, promotes engagement and sense of purpose for people living with dementia.

On completion of this session, you will be able to:
- develop an understanding of Montessori and how this applies to a person living with dementia
- explore the benefits of a Montessori approach across a broad range of support settings
- develop an understanding of cognitive ramps
- explore ways of developing cognitive ramps in the participants own dementia support setting
- demonstrate the 12 Montessori principles in action

### How person-centred is your practice?

Person-centred practice is an approach that has evolved over time to become an expectation for service delivery. Although the term person-centred has become common language, do we truly provide person-centred support?

This module explores the elements of person-centred practice through a relationship framework. We will encourage you to reflect on your current practice and provide strategies to improve and enhance practice.

This module is designed to increase your understanding of:
- the principles of person-centred practice
- the VALUEs framework for providing person-centred support
- your approach to person-centred practice
- the importance of building relationships between the person with dementia, families, carers and organisations
- improvement strategies to support person-centred practice

### Cost

<table>
<thead>
<tr>
<th>Venue and dates</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Hawthorn Thursday 16 July Parkville Wednesday 28 October</td>
<td>$150 members/ $160 non-members</td>
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<tr>
<td>Time 9.30am–12.30pm</td>
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Palliative approach to dementia practice

Dementia is a terminal condition. In this program you will be introduced to a palliative approach to dementia support.

You will examine key concepts in responding to changes as they occur throughout the trajectory of the condition from diagnosis to end stage dementia. You will also explore advance care planning, symptoms in late stages and support bereavement for the person living with dementia and their carers.

On completion of this session you will gain an understanding of:
- the palliative approach to dementia practice
- quality of life and the importance of advance care planning
- support for a person with advanced dementia
- end stage dementia and bereavement support

Contact us for details:
(03) 9816 5708
vic.education@alzheimers.org.au

Person-centred practice – applied principles

In this program you will explore the key elements that underpin person-centred dementia support through the VALUEs framework. You will examine what person-centred practice looks like for each person within the dementia support relationship.

On completion of this session you will:
- further understand person-centred practice
- know how to implement and recognise opportunities to improve person-centred practice

Cost
No fee – fully funded

Venue
Parkville
Monday 7 September
Hawthorn
Monday 30 November

Time
9.30am–12.30pm
Activities based on Montessori Method

An introduction to the Montessori approach demonstrating the creation and presentation of meaningful activities.

You will explore ways to apply these principles in order to support independence, promote engagement and provide a sense of purpose for people living with dementia.

On completion of this session you will have:

• gained a basic understanding of the Montessori Method
• a better appreciation of the importance of creating successful activities
• an understanding of how to incorporate the Montessori approach to existing activity programs
• knowledge to assist families to restore meaningful engagement when visiting

Cost
$235 members/
$290 non members

Venue and date
Hawthorn
Monday
24 August

Parkville
Wednesday
23 September

Time
9.30am – 4.00pm

Catering
Lunch provided

Cognitive screening and assessment

The diagnosis of dementia is a complex process requiring specialist assessment. The first step is to rule out any other cause. There are some conditions that present with similar symptoms to dementia such as delirium and depression. Screening and assessment is an important step in a formal diagnosis of dementia.

This program aims to provide you with knowledge and skills in basic screening and assessment to identify potential causes of cognitive change and where to refer a person for further diagnostic support.

On completion of this session you will be able to:

• identify symptoms associated with cognitive change
• understand the need and process for cognitive screening and assessment
• be familiar with tools used in screening and assessment
• discover the overlap of symptoms between delirium, dementia and depression
• refer to others for further investigation and support
• reflect on current workplace screening and assessment practices

Art appreciation for people living with dementia

Delivered at the National Gallery of Victoria.

Surrounded by some of the finest pieces in the National Gallery of Victoria’s collection, learn to deliver a successful art appreciation program. You will be guided on how to create an enjoyable, enriching and safe experience for people living with dementia.

On completion of this session you will:

• meet the gallery staff and learn the elements of the program
• understand the role that engagement plays in reducing agitation
• learn the techniques involved in delivering a safe and enjoyable experience, including using open ended questions to engage and questions to promote the imagination
• manage participants anxiety surrounding their visit to the gallery

Cost
No fee – fully funded

Venue
National Gallery of Victoria

Date and time
Wednesday
30 September
9.30am–3.30 pm

Exploring capacity for decision making

This program helps you to determine when support may be required and provides tools for exploring associated risks.

You will examine your experience in relation to dementia, decision making and capacity, identify potential risk and understand your support role and available resources when concerned about someone’s decision making.

This module can be run with Support for decision making for a three hour workshop.

On completion of this session you will be able to:

• identify the impact of dementia on decision making
• identify potential triggers for questioning decision making
• understand how to use the decision making tool for staff
• refer to specific services for support

Cost
No fee – fully funded

Venue and date
Parkville
Thursday 15 October
9.30am – 12.30pm

Cost
No fee – fully funded

Venue
Parkville
Tuesday
28 July
9.30am – 12.30pm
**Exploring Montessori as a practice model**

This workshop is an introduction to Montessori through the work of Dr Cameron Camp.

The program also provides an introduction to Montessori as a model for service delivery and uses self-assessment tools to explore how this might look in your organisation.

If you like this program then we recommend Shaping a Montessori Community (12 day program).

On completion of this session you will be able to:
- understand the 12 Montessori principles and how this informs the approach to engagement and support
- conduct a self-assessment of current practice
- identify areas and explore ideas for practice improvement
- explore the Shaping a Montessori community framework

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**Goal directed care planning**

With a focus on person-centred practice in dementia care, this workshop demonstrates how you can enhance client independence and quality of life. Work towards integrating an individual, person-centred care plan with significant input from the consumer. Taking into account their lifestyle choices, aspirations, skills, capabilities as well as life circumstances, you will be shown how to develop a care plan which is goal-oriented and inclusive of the person living with dementia’s needs, and the supports they receive.

On completion of this session you will be able to:
- use care plans as a tool
- understand various types of dementia
- communicate with clients living with dementia
- identify goals with clients living with dementia
- transcribe goals onto the care plan
- record outcomes
- practise using real case studies

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**Improvisational storytelling**

This program is designed to support the use of imagination, creativity and identity in people living with dementia. Improvisational storytelling is a method that makes it possible for everyone to contribute without the possibility of failure, encouraging the use of one’s imagination. It is a way for people to grow and connect with their carers by having the role of storyteller.

On completion of this session you will become familiar with:
- how to effectively engage with the person living with dementia
- delivering a safe and enjoyable program
- the active service model and person-centred support

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**Intellectual disability and dementia**

The changes associated with dementia impact significantly on the person, their family and carers. For a person with intellectual disability it may be harder to recognise an emerging dementia condition. This program helps you to identify dementia related changes in people who have an existing intellectual disability. You will explore the prevalence of dementia in people with intellectual disability, early signs of cognitive change, assessment and diagnosis of dementia and helpful support strategies for the person as they experience functional change.

On completion of this session, you will gain an understanding of:
- signs and symptoms of changes associated with dementia
- assessment and diagnosis of dementia for a person with intellectual disability
- supporting a person living with intellectual disability and dementia through cognitive and functional change.

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Contact us for details:
- (03) 9816 5708
- vic.education@alzheimers.org.au

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**Explore Montessori as a practice model**

**Cost**
- $150 members/
- $160 non-members

**Venue and date**
- Parkville
- Monday 9 November
- Time
- 9.30am–12.30pm

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**Improvisational storytelling**

**Cost**
- No fee – fully funded

**Venue and dates**
- Hawthorn
- Wednesday 15 July
- Parkville
- Tuesday 6 October
- Time
- 9.30am–12.30pm

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**Intellectual disability and dementia**

**Cost**
- $150 members/
- $160 non-members

**Venue and date**
- Parkville
- Monday 17 August
- Hawthorn
- Thursday 19 November
- Time
- 9.30am–12.30pm

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Contact us for details:
- (03) 9816 5708
- vic.education@alzheimers.org.au
**CHCPA402B Palliative Care Unit Plan for and provide services using a palliative approach**

Gain the knowledge and skills required to develop, implement, evaluate and communicate a care plan for clients with dementia in a team environment using a dementia palliative approach.

These elements work together in maximising quality of life, symptom control and satisfaction with care for the person living with dementia and their families.

On completion of this unit you will become familiar with:
- planning a palliative approach to individual care
- supporting clients to identify their preferences for quality-of-life choices
- supporting the incorporation of advance care directives within the care plan
- contributing to the development and implementation of end-of-life care strategies
- taking action to alleviate pain and other end-of-life symptoms experienced by a person with dementia
- identifying and managing emotional responses in yourself and others

Due to the anticipated endorsement of new units of competency in the CHC Training Package, the title and code may change. All course content will reflect the changes in accordance with training package rules.

**Cost**
No fee – fully funded

**Venue and dates**
Parkville
Thursday 10 September and Tuesday 20 October

**Time**
9.30am–12.30pm

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**Support for decision making**

Best practice determines a person living with dementia should participate in the decision-making process, but when that capacity is reduced, it is important you know how to assist.

This workshop gives you an insight into understanding what it is to make decisions, how dementia effects a person’s ability to make decisions and to consider strategies to support a person living with dementia with everyday decision making.

NB: this module can be run together with Exploring capacity for decision making as a three hour workshop.

On completion of this session, you will be able to:
- understand decision making and the importance of planning ahead
- understand the impact of dementia on decision making ability
- plan for and develop strategies to support a person living with dementia in decision making
- understand risk enablement

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**iPads for engagement**

With the application of new technologies such as iPads and Tablets, we have an opportunity to positively impact and stimulate the person with dementia with the use of these tools. This includes engagement which is meaningful, provides quality of life and creates a social environment.

You will be presented with ways to support reminiscence therapy through digital images, music and games; enable communication with geographically distant family and friends; and much more, all with the touch of a screen.

NB: Wi-Fi ready iPad required

On completion of this session you will become familiar with:
- dementia and the impact on brain and memory
- the many uses of the iPad and relevant applications
- how engagement in iPad activities can lead to increased interactions with families and staff, and bridge the gap between older and younger generations

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**Dementia Education Discount Days**

- **Virtual Dementia Experience and Communicating in a person-centred way $220**
  - Monday 20 July 10.30am–12.30pm & 1–4pm
- **Meaningful engagement and iPads for engagement $220**
  - Tuesday 15 September 9.30am–12.30pm & 1.30–4.30pm
- **Virtual Dementia Experience and Person-centred practice $220**
  - Wednesday 18 November 10.30am–12.30pm & 1–4pm

Make a day of it and save time and money on your professional development when you register for two education sessions. Great discounts are available on specially selected sessions running on the same day at our Parkville centre. These pairings are designed to complement the learning outcomes of each course, providing you with a richer learning experience.

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- vic.education@alzheimers.org.au
- 03 9816 5708

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**Cost**
No fee – fully funded

**Venue and dates**
Parkville
Thursday 15 October

**Time**
9.30am–11am (followed by Exploring capacity for decision making)

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**NB: Workplace option not funded.**

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**Dementia Education Discount Days**

- **Virtual Dementia Experience and Person-centred practice $220**
  - Wednesday 18 November 10.30am–12.30pm & 1–4pm

For more information, contact:
- vic.education@alzheimers.org.au
- 03 9816 5708

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**Virtual Dementia Experience and Communicating in a person-centred way $220**

- Monday 20 July 10.30am–12.30pm & 1–4pm
LEADERSHIP

8-9 September 2015
Pullman on the Park
Melbourne
192 Wellington Parade
Melbourne VIC 3002

Keynote speakers
Ita Buttrose, AO OBE
Dr Rosie King, Sex therapist
and educator
Joan Price, Senior Sexpert
Kaz Cooke, Modern-day Guru

Program themes
The Right to Choose: Rights, Ethics, Legals. Capacity to decide
Safety and Health: Physical, Emotional, Environmental, Illness and Disability,
Abuse, Community
Attitudes and Values: Diversity, Stigma,
Taboo, Fetishes, Adventurism, Sex workers
Having the conversation; Language,
Family, Home, Place, Service Delivery

16TH Biennial Dementia Seminar
Previously known as Biennial Benalla Dementia Seminar

LIVING POSITIVELY WITH DEMENTIA SEMINAR

Presented by Alzheimer’s Australia Vic, Living Positively with Dementia is a seminar for professionals, people with a diagnosis of dementia, their family and carers.

THURSDAY 6 AUGUST 2015
TIME: 9:30am - 3:30pm
VENUE: Wangaratta Performing Arts Centre
33-37 Ford St, Wangaratta 3677
COST: Professionals $90
People with dementia and their families $20

FOR MORE INFORMATION OR TO BOOK
Contact Debra Wickens on 03 9815 7874 or visit wangaratta.eventarc.com/30242

LEARNING PATHWAY
10341NAT Certificate IV in Dementia Practice

This accredited course for health and aged care workers provides you with a great opportunity to challenge current dementia practice using a relationship-centred approach.

The course comprises interactive workshops across a wide range of dementia topics which include guest speakers from industry. You will learn to transfer this knowledge into practice and improve dementia care in your organisation. This course can be a pathway for those wishing to pursue leadership roles within their workplace and build on existing skills with up-to-date and innovative strategies that assist you in staying current in the sector. This course also includes an opportunity to undertake the local and international award winning Virtual Dementia Experience TM.

This course is ONLY offered in Victoria by Alzheimer’s Australia Vic and places are limited. Become a Dementia Champion in your workplace!

This qualification will be issued by Alzheimer’s Australia W.A RTO Code: 4755.

Shaping a Montessori community

This program has been developed in collaboration with psychologist Dr. Cameron Camp PhD (Director of Research, Centre for Applied Research in Dementia, Ohio USA).

This program supports you, over two days, to gain an understanding of the key elements to consider when introducing Montessori as an organisational practice model. The program will provide practical examples of how to support resident choice and helps you to develop your own project plan to begin shaping a resident driven community.

Day 1
- Understand the Montessori approach to service delivery including the 12 principles
- Understand the framework for shaping a Montessori community
- Develop a project plan for implementing the Montessori approach

Day 2
- Apply the Montessori approach to aspects of service delivery including the 12 principles
- Plan for and develop engaging activities using the 12 principles
- Understand assessment of individuals for Montessori programs
- Use the Montessori approach in everyday activities including dining
- Contribute to shaping a resident driven Montessori community event

Cost
$3,350 (payable in three instalments)

Venue and Date
Available March 2016

For information & enrolments
03 9816 5797

Book by 31 October 2015 to receive 10% off total course fee.

Contact us for details:
(03) 9816 5708
vic.education@alzheimers.org.au

Terms

Cancellation policy

Cancellations will incur costs as per schedule below:
- Cancellations with more than 5 business days notice – a full refund or equivalent training credits provided
- Cancellations with 5 or less business days notice but more than 1 day notice:
  - Course registrants – 50% of training credits provided, unless a doctor’s certificate is provided.
  - For funded courses, a $50 Administration Fee will apply
- Cancellations within 1 business day or less notice:
  - Coursed arranged by your organisation or other entity will incur 50% of the scheduled fee payable.
  - Funded courses that are cancelled in this period will attract a $50 Administration Fee.
  - *‘No shows’ will incur the full fee. *‘No shows’ at courses arranged by your organisation or other entity will incur the full fee.
  - *‘No shows’ for funded courses will incur an administration fee.

A minimum number of participants are required for courses to proceed. Course fees will be fully refunded if your course is cancelled by Alzheimer’s Australia Vic.

Further information on our Cancellation and Non Attendance Policy can be requested by phone on 03 9816 5708, or by email at vic.education@alzheimers.org.au

Training Credits

1 training credit is equivalent to $1. Training credits are valid for 12 months only.

*No Shows

When a participant has booked into a course, workshop or event and cannot attend on the day, providing no notice to Alzheimer’s Australia Vic up to the commencement time of the session at Alzheimer’s Australia Vic education facilities, or when an organisation or other entity has booked training to be held at their site, but cancel on the day of education or the participants are not able to attend, this will be regarded as a ‘no-show’. 
LOCATE US

Alzheimer’s Australia Vic
104 Riversdale Rd, Hawthorn
Melways reference: 45 D12

Hawthorn venue

Regional offices

- Glen St western side: 2 hour limit
- Riversdale Rd northern side: 2 hour parking
- Riversdale Rd southern side: all day parking

If you are bringing your own car
CAR:
Glenferrie Rd: Stop Riversdale Rd.
Line), tram or 10 minute walk south along

TRAIN
Melways reference: 45 D12
104 Riversdale Rd, Hawthorn
Alzheimer’s Australia Vic

To Citylink & Richmond
To Flemington

155 Oak St, Parkville
Alzheimer’s Australia Vic

Regional Hub
Melways reference: 29 C11
155 Oak St, Parkville
Alzheimer’s Australia Vic

Trainreference: 29 C11
155 Oak St, Parkville
Alzheimer’s Australia Vic

To Citylink & Richmond
To Flemington

104 Riversdale Rd, Hawthorn
Alzheimer’s Australia Vic

Regional office

- a) Glenferrie Rd southern side: all day parking from 9am
- b) Berrima Rd northern side: 2 hour parking 9am–4.30pm
- c) Bond St eastern side: all day
- d) Glen St western side: 2 hour limit

We offer a range of dementia support services and group programs in regional locations.
These are offered free-of-charge to families, friends and carers of people living with dementia. Contact us for more information.
National Dementia Helpline
Phone: 1800 100 500
Translating and Interpreting Service: 131 450

To obtain these, or any of our other resources, please contact us. NB: Resources may incur a fee and be subject to postage and handling.

RESOURCES

Alzheimer’s Australia Vic offers a range of resources which may assist in understanding the many aspects of dementia. Our extensive research and practical experience has resulted in the development of help sheets, books, videos, DVDs, online resources, identity, early stage and companion cards, plus much more.

Relate, Motivate, Appreciate

A practical resource promoting positive interaction with people with dementia the Montessori way.

One of the hardest things that many carers of people with dementia have to face is visiting their loved one in a nursing home and not knowing how to interact or maintain a meaningful connection. The purpose of Relate, Motivate, Appreciate is to help carers learn new ways of interacting with their loved ones through activities that rely less on language and more on what their loved one still knows and enjoys.

To obtain this resource, please contact us. NB: Resources may incur a fee and be subject to postage and handling.

Dementia and Chronic Conditions Series Toolkits

There is increasing evidence that a number of different chronic conditions are associated with the development of cognitive impairment and dementia.

The Dementia and Chronic Conditions Series Toolkits are designed to improve support for people living with cognitive impairment or dementia and other chronic conditions.

Through our research, we look at links between dementia and HIV and HIV-associated neurocognitive disorders (HAND), dementia and diabetes as well as dementia, stroke and coronary heart disease.

The development of these toolkits is jointly funded by the Commonwealth and Victorian Governments under the HACC program.

Dementia and Chronic Conditions Series

Resources may incur a fee and be subject to postage and handling.

Purposeful Activities for Dementia

People with dementia are often confronted with what they can no longer do. Engaging in activities that provide people with purpose and pleasure can help promote a sense of identity, self-worth and improve quality of life.

This online video resource demonstrates practical ways to support the engagement of people with dementia in social groups and at home and has been developed for staff and families.

If your organisation would like to see how this resource can improve how your service engages people living with dementia please contact

03 9816 5708

vic.education@alzheimers.org.au