Dementia Learning Guide: Health Services

July to December 2015

Flexible Education Solutions to Improve Dementia Practice for Health Professionals

National Dementia Helpline 1800 100 500
FightDementia.org.au/VIC
Dementia is the ninth national health priority and the second leading cause of death in Australia.

The importance of greater staff education and strong leadership in improving health outcomes for people living with dementia has become a major priority for many health services.

Cognitive impairment (dementia and delirium) is common among older people admitted to hospital. These patients are at greater risk of preventable complications and adverse outcomes, including falls, pressure injuries, functional decline and mortality. They are more likely to stay in hospital longer, be re-admitted or enter residential care.

Cognitive impairment is currently under-recognised in Australian hospitals, leading to significant safety and quality issues. However, harm can be minimised if cognitive impairment is recognised and support is tailored to the needs of the patient. The Australian Commission on Safety and Quality in Health Care has acknowledged the significance of this issue for health care with the recent development of its ‘Better Way to Care’ resource range.

Our highly skilled team is equipped with extensive dementia practice knowledge in a wide range of clinical areas, facilitating learning experiences which touch, move and inspire participants to transform their practice. Informed by current research and contemporary practice, our comprehensive suite of programs form part of an integrated learning pathway, incorporating both accredited and non-accredited courses and online modules. Our approach to learning helps build highly skilled dementia practitioners across a broad range of professions. We also facilitate organisational transformations through our consultancy work with organisations.

The offerings within this Guide reflect more than 30 years practice and leadership in the area of dementia education. I invite you to come and experience all that our learning opportunities have to offer to help you transform your practice and the lives of those living with dementia.

Dr David Sykes
General Manager, Learning & Development
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Alzheimer’s Australia Vic would like to thank Allanvale Private Nursing Home (CareWest Group Pty Ltd) and the City of Moreland for assisting with some photography.

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### For your Workplace

We offer an extensive range of programs designed to meet your specific needs and delivered in your workplace. These programs build the capacity of participants to implement person-centred practice for all clients. Our facilitators are highly skilled in creating interactive learning environments and knowledgeable in a wide variety of areas which enables the transfer of knowledge into practice.

We discuss your specific requirements to determine the most appropriate programs that will enhance person-centred practice. We will also explore how this work can help achieve the strategic goals for the organisation and support you in achieving sustainable practice improvement.

#### Dementia Consultancy Services

Our consultancy services support organisations achieve good practice and person-centred dementia care. Equipped with extensive knowledge and expertise, we work with you in creating dementia-friendly environments that are physically, socially and culturally inclusive.

We can provide your organisation with quality solutions for:
- Leadership
- Risk management
- Communication and interaction with clients living with dementia
- Restorative and rehabilitative therapies – such as the Montessori approach
- Dementia specific training needs analysis
- Change management for mentoring and support
- Environmental design – building, furniture and landscaping

Please contact Suzanne McMeikin, Customer Relationships Consultant:
- Tel: 03 9816 5708
- Email: vic.education@alzheimers.org.au

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### Workplace learning

In 2013–14, we delivered 4,571 hours of education across Victoria

#### Accredited programs

As a Registered Training Organisation (RTO) we provide a range of nationally accredited courses, which include the two dementia specific units and the palliative care unit. We also deliver the 12 month NAT10341 Certificate IV in Dementia Practice that can only be undertaken with Alzheimer’s Australia.

All of our courses have an applied focus on skill development and reflective practice, enabling course participants to transform their practice and potentially that of others to enhance the lives of people living with dementia. (RTO number 2512)

All participants undertaking one of our nationally recognised courses will require a Unique Student Identifier (USI). Details of how to create your USI are on our website under Accredited Programs. Courses appearing in this Guide with the Nationally Recognised Training logo are nationally accredited.

#### Our facilitators

Our highly-skilled facilitators possess dementia expertise with experience in health, education, and the community as well as direct experience in providing support to people with dementia and their families. All facilitators are qualified in workplace training and assessment (TAE 40110 Certificate IV).

Our staff have access to experts in the field of dementia practice and research and facilitators undertake regular professional development. This supports Alzheimer’s Australia Vic’s commitment to providing contemporary education through the translation of the most up to date knowledge, research and dementia practice to participants attending our dementia learning programs.

#### Continuing Professional Development

Our learning programs are suitable for the continuing professional development of registered nurses, enrolled nurses and other health professionals. We issue Certificates of Attendance with date and duration information to fulfill your Continuing Professional Development (CPD) requirements.
DEMENTIA LEARNING PATHWAY

Your pathway to dementia practice proficiency

To assist you in creating a program of learning to help achieve your own career goals, we have developed a dementia support learning framework to guide you.

By undertaking professional development within our four-tiered dementia learning pathway, you will be equipped with contemporary knowledge and skills central to the provision of optimal dementia support.

All modules emphasise a person-centred approach central to the provision of optimal dementia support.

For more information, contact:
03 9816 5708
vic.education@alzheimers.org.au

For course and seminar bookings:

fightdementia.org.au/vic
- Education and consulting menu
vic.education@alzheimers.org.au
03 9816 5708
03 9816 5733
Alzheimer’s Australia Vic, Locked Bag 3001, Hawthorn 3122

Dementia Education Discount Days

Make a day of it and save time and money on your professional development when you register for two education sessions. Great discounts are available on specially selected sessions running on the same day at our Parkville centre. These pairings are designed to complement the learning outcomes of each course, providing you with a richer learning experience.

Virtual Dementia Experience and Communicating in a person-centred way $220
Monday 20 July 10.30am–12.30pm & 1–4pm

Meaningful engagement and iPads for engagement $220
Tuesday 15 September 9.30am–12.30pm & 1.30–4.30pm

Virtual Dementia Experience and Person-centred practice $220
Wednesday 18 November 10.30am–12.30pm & 1–4pm

For more information, contact:
vic.education@alzheimers.org.au
03 9816 5708

Key to courses

Module available online
Available for your workplace.
Fee may apply – contact us for details
New module
Accredited course

1.
Level one – Foundation
Foundation level modules provide participants with increased awareness of dementia by exploring the nature of dementia and its impact on the person, their family carer and people within the support relationship.
These programs discover what it is like to experience dementia and encourage the participant to reflect on their own role in providing a person-centred approach to support. They also help the participant improve their understanding and increase their confidence when providing support to a person living with dementia.

2.
Level two – Support
Support modules build on the participant’s foundational knowledge and introduce more detailed strategies for supporting a person living with dementia and their families. A reflective approach is adopted that improves and sustains dementia learning.
Support level will also help the participant to further develop their person-centred practice. By exploring various evidence based approaches to dementia support the participant can focus on encouraging positive outcomes for the person living with dementia. The participant will be able to plan support based on strengths and abilities, enablement and successful engagement.

3.
Level three – Exploration
Exploration modules reflect insights gathered from latest research and evidence to inform assessment, treatment and support. They also provide an opportunity for participants to share their experience with experts in the field and provide further comprehension of specific forms of dementia, exploring other factors that can impact on the experience of dementia. Complex issues of choice, decision-making, competency, capacity and advance care planning are also addressed.
Exploration level is suitable for participants who have good foundational understanding of dementia and would like to further develop their evidence into practice.

4.
Level four – Leadership
Leadership modules are designed for anyone who is passionate about contemporary dementia practice. The programs give the participants the skills and confidence to challenge current dementia practice and will guide them through the process of practice improvement. The participants – drawn from all levels within an organisation – will reflect on organisational practice, develop ideas for improved practice, and support the implementation of change within their organisation.
The Leadership level can open doors to a career path in the field of dementia practice.
ONLINE LEARNING

Dementia practice improvement series

Alzheimer’s Australia Vic has developed the Dementia Practice Improvement Series – an innovative, online learning resource that can be accessed anywhere, at any time.

At the click of a button, improve your dementia knowledge and care. Our four interactive modules (15 minutes each) cover a range of topics that encourage participants to reflect on their practice and identify areas for individual and organisational improvement.

Our four module package includes:
1. What is dementia? (FREE)
2. How person-centred is your practice? ($25)
3. Communicating in a person-centred way ($25)
4. A problem solving approach to behaviour ($25)

Organisational discount available. Contact us for details.

Features

FLEXIBLE
Wherever you are, study at your own pace at a time that suits you!

AFFORDABLE
Ask about our great discounts for organisations!

PRACTICAL
Modules are user-friendly and can be completed in less than ONE HOUR

INTERACTIVE
Be engaged as you learn through our variety of activities including video tutorials, worksheets and quick quizzes

SUPPORT
Assistance is available via phone, email and face-to-face

PROFESSIONAL DEVELOPMENT CERTIFICATES
Download and print your certificate at the completion of each module

Professional development certificates:

Download and print your Continuing Professional Development (CPD) certificate at the completion of each module

Informed by current research and contemporary practice, our comprehensive suite of programs form part of an integrated learning pathway, incorporating both accredited and non-accredited courses with online learning.

Take a look at all of our dementia learning offerings at fightdementia.org.au/vic/education

For more information call: 03 9816 5750 or email: dementialearning support@alzheimers.org.au
Virtual Dementia Experience™

The Virtual Dementia Experience – awarded the national 2014 iAward in the Education Category of the Service Domain – assists professional carers in understanding environmental elements that are friendly or hostile to a person with dementia. Developed in consultation with people living with dementia, the Virtual Dementia Experience immerses participants in a home environment that replicates the lived-experience of a person with dementia.

Equipped with this insight, you will enter into a discussion on how the emotional and physical environment can impact a person with dementia, and consider changes that could be implemented to improve the delivery of person-centred practice.

On completion of this session, you will:
- have an improved understanding of what it may be like to live with dementia
- have developed more empathy with people living with dementia and their carers
- have gained an understanding of the impact of the environment on people with dementia
- be prompted to consider enhancements to the environment and support for people living with dementia

CHCAC319A Provide support for people living with dementia

In this competency-based, accredited course, you will learn how to incorporate therapeutic communication techniques; apply a person-centred approach; and develop useful strategies to respond to behaviours that require intervention.

By successfully completing this nationally recognised unit, you will gain a comprehensive knowledge of dementia and receive a formal Statement of Attainment.

On completion of this course, you will be able to identify
- dementia and some general symptoms
- the common causes of dementia
- areas of current research
- ways in which you can assist the person with dementia to minimise the impact of any deterioration in functioning
- potential triggers for behaviours associated with dementia
- a range of options for managing the impact of behaviour change for a person with dementia
- the impact of dementia on the person with dementia, on family carers and on professional carers
- the signs that would alert you to the possibility of elder abuse
- the impact of dementia on communication
- strategies for effective communication with a person with dementia
- the value of promoting engagement with life for a person with dementia
- ways of adapting activities to meet individual needs
- the principles of person-centred approach to support
- the importance of relationships in the provision of support for the person with dementia

Due to the anticipated endorsement of new units of competency in the CHC Training Package, the title and code may change. All course content will reflect the changes in accordance with training package rules.

Cost
- $100 members
- $110 non-members

Venue
- Parkville

Dates
- Monday 6 July
- Tuesday 11 August
- Wednesday 16 September
- Thursday 8 October
- Friday 13 November
- Thursday 3 December

Time
- All sessions
- 9.30 – 11.30am

For information and enrolments
- (03) 9816 5708
Doorway to dementia – practice and strategies

This session provides you with a knowledge of dementia and its implication for practice. Learn specific approaches and strategies to support a person living with dementia and their families.

At the end of the session you will gain knowledge in:
- the nature of dementia, including prevalence, risks, types of dementia, how the brain works and signs of dementia
- a person-centred approach to dementia support; including communication, choice and decision making
- understanding triggers for behaviour changes associated with dementia
- accessing resources and services.

What is dementia?

Dementia is a condition health professionals will encounter in a range of care settings. This module is designed to provide you with an introduction to dementia, diagnosis, treatment and support strategies for both the person with dementia and their carer.

This module will help you increase your awareness of:
- dementia and its prevalence and incidence in Australia
- early signs of dementia and its impact on the brain
- screening and tests used in its diagnosis
- features of common types of dementia
- drug treatments and non-pharmacological approaches to support
- effective communication and support strategies
- identifying and reporting associated risks
- services available for the person and family carers

Cost
No fee – fully funded

Venue and date
Parkville
Thursday 9 July

Hawthorn
Tuesday 8 September

Time
9.30am–12.30pm
A problem-solving approach to behaviours

Behaviours associated with dementia can be distressing and impact on the wellness of the person with dementia, as well as those caring for them. There are many reasons as to why these behaviours occur. This online module is designed to provide you with an understanding of behaviours through a problem solving approach and explore effective strategies to help prevent or minimise the impact of behaviour.

This module will help you:
- define behaviours
- understand the impact of behaviours on people within the support relationship
- undertake a systematic approach to problem solving behaviours using the CAUSEd model
- identify and report risks associated with behaviours
- develop strategies for everyone in the support relationship

Cost
$25

A problem-solving approach to behaviours – applied practice

This module provides a better understanding into changed behaviours associated with dementia. Practical strategies will be developed to minimise the occurrence and impact of these behaviours using a problem solving approach, with an emphasis on triggers to behaviour using the CAUSEd model.

In this session you will:
- define behaviours
- understand the impact of behaviours on people within the support relationship
- undertake a systematic approach to problem solving behaviours using the CAUSEd model
- identify and report risks associated with behaviours
- develop strategies for everyone in the support relationship

Cost
$150 members/
$160 non-members

Venue and dates
Parkville
Thursday 13 August
Hawthorn
Monday 12 October
Time
9.30am–12.30pm

Communicating in a person-centred way

Good communication skills are essential in providing support to people living with dementia and their carer. Within this module we will explore communication for people living with dementia and the influence of the people within the support relationship to nurture and enhance communication.

This module will increase your understanding of:
- the importance of communication within the support relationship
- the barriers to positive communication
- the impact of dementia on the person’s ability to communicate
- supporting person-centred communication through support relationships
- individualised strategies for communication

Cost
No fee – fully funded

Venue and dates
Parkville
Wednesday 23 September
Hawthorn
Tuesday 10 November
Time
9.30am–12.30pm

Communicating in a person-centred way – applied principles

As dementia impacts communication, this session introduces you to various effective communication strategies that can be easily incorporated in your work.

As you gain an enhanced understanding and appreciation of communication when working with people with dementia, you will explore its impact and consider the support required to undertake a person-centred approach to communication using these strategies.

On completion of this session you will:
- understand how dementia can impact on communication
- understand the impact various relationships have in supporting communication for the person living with dementia
- develop strategies to support a person-centred approach to communication for the person living with dementia

Cost
$25
How person-centred is your practice?

Person-centred practice is an approach that has evolved over time to become an expectation for service delivery. Although the term person-centred has become common language, do we truly provide person-centred support?

This module explores the elements of person-centred practice through a relationship framework. We will encourage you to reflect on your current practice and provide strategies to improve and enhance practice.

This module is designed to increase your understanding of:

- the principles of person-centred practice
- the VALUEs framework for providing person-centred support
- your approach to person-centred practice
- the importance of building relationships between the person with dementia, families, carers and organisations
- improvement strategies to support person-centred practice

Meaningful engagement

Understand the capacities and abilities of people with moderate to advanced stages of dementia. Learn how to best engage the person through activities which are meaningful, purposeful and pleasurable using a strength-based approach.

On completion of this module, you will understand:

- the individual needs of people living with dementia
- relationship of meaningful engagement to behaviour
- how to plan suitably engaging activities

Palliative approach to dementia practice

Dementia is a terminal condition. In this program you will be introduced to a palliative approach to dementia support.

You will examine key concepts in responding to changes as they occur throughout the trajectory of the condition from diagnosis to end stage dementia. You will also explore advance care planning, symptoms in late stages and support bereavement for the person living with dementia and their carers.

On completion of this session you will gain an understanding of:

- the palliative approach to dementia practice
- quality of life and the importance of advance care planning
- support for a person with advanced dementia
- end stage dementia and bereavement support

Person-centred practice – applied principles

In this program you will explore the key elements that underpin person-centred dementia support through the VALUEs framework. You will examine what person-centred practice looks like for each person within the dementia support relationship.

On completion of this session you will:

- further understand person-centred practice
- know how to implement and recognise opportunities to improve person-centred practice
let's talk
about sex
conference 2015

8–9 September 2015
Register today at
www.ltas2015.com

Relationships and Intimacy as We Age

8 – 9 September 2015
Pullman on the Park
Melbourne
192 Wellington Parade
Melbourne VIC 3002

Keynote speakers
Ita Buttrose, AO OBE
Dr Rosie King, Sex therapist
and educator
Joan Price, Senior Sexpert
Kaz Cooke, Modern-day Guru

Program themes
The Right to Choose; Rights, Ethics,
Legalities, Capacity to decide
Safety and Health; Physical, Emotional,
Environmental, Illness and Disability,
Abuse, Community
Attitudes and Values; Diversity, Stigma,
Taboo, Fetishes, Adventurism, Sex workers
Having the conversation; Language,
Family, Home, Place, Service Delivery

UNDERSTAND ALZHEIMER’S
EDUCATE AUSTRALIA

16TH Biennial Dementia Seminar
Previously known as Biennial Benalla Dementia Seminar

LIVING POSITIVELY
WITH DEMENTIA SEMINAR

Presented by Alzheimer’s
Australia Vic, Living Positively
with Dementia is a seminar
for professionals, people with
a diagnosis of dementia, their
family and carers.

THURSDAY 6 AUGUST 2015
TIME: 9:30am - 3:30pm
VENUE: Wangaratta Performing Arts Centre
33-37 Ford St, Wangaratta 3677
COST: Professionals $30
People with dementia and their
families $20

FOR MORE INFORMATION OR TO BOOK
Contact Debra Wickens on 03 9815 7874 or visit wangaratta.eventarc.com/30242
Cognitive screening and assessment

The diagnosis of dementia is a complex process requiring specialist assessment. The first step is to rule out any other cause. There are some conditions that present with similar symptoms to dementia such as delirium and depression. Screening and assessment is an important step in a formal diagnosis of dementia.

This program aims to provide you with knowledge and skills in basic screening and assessment to identify potential cause of cognitive change and where to refer a person for further diagnostic support.

On completion of this session you will be able to:

- identify symptoms associated with cognitive change
- understand the need and process for cognitive screening and assessment
- be familiar with tools used in screening and assessment
- discover the overlap of symptoms between delirium, dementia and depression
- refer to others for further investigation and support
- reflect on current workplace screening and assessment practices

CHCPA402B Palliative Care Unit
Plan for and provide services using a palliative approach

Gain the knowledge and skills required to develop, implement, evaluate and communicate a care plan for clients with dementia in a team environment using a dementia palliative approach.

These elements work together in maximising quality of life, symptom control and satisfaction with care for the person living with dementia and their families.

On completion of this unit you will become familiar with:

- planning a palliative approach to individual care
- supporting clients to identify their preferences for quality-of-life choices
- supporting the incorporation of advance care directives within the care plan
- contributing to the development and implementation of end-of-life care strategies
- taking action to alleviate pain and other end-of-life symptoms experienced by a person with dementia
- identifying and managing emotional responses in yourself and others

Due to the anticipated endorsement of new units of competency in the CHC Training Package, the title and code may change. All course content will reflect the changes in accordance with training package rules.
Certificate IV in Dementia Practice 10341NAT

This accredited course for health and aged care workers provides you with a great opportunity to challenge current dementia practice using a relationship-centred approach.

The course comprises interactive workshops across a wide range of dementia topics which include guest speakers from industry. You will learn to transfer this knowledge into practice and improve dementia care in your organisation. This course can be a pathway for those wishing to pursue leadership roles within their workplace and build on existing skills with up-to-date and innovative strategies that assist you in staying current in the sector. This course also includes an opportunity to undertake the local and international award winning Virtual Dementia Experience™.

This course is ONLY offered in Victoria by Alzheimer’s Australia Vic and places are limited. Become a Dementia Champion in your workplace!

This qualification will be issued by Alzheimer’s Australia WA RTO Code: 4755.

You must be committed to promote:
• quality of life and well-being of people with dementia;
• partnerships between the care provider, the person and the family; and
• the integration of current knowledge and applied skills to achieve dementia care.

Dementia leadership in healthcare

Dementia has been recognised as the ninth National Health Priority by state health ministers throughout Australia, leading to reforms aiming at improving care of people with dementia in acute care.

In this module, you will explore dementia leadership within health care settings. You will consider tools and strategies for practice improvement through the leadership model, meeting recommendations set by the Australian Commission for Quality and Safety in Healthcare (NSQHS).

At the end of this session, you will be able to:
• identify the skills and attributes of effective leaders in dementia services
• discuss the opportunities for leading person-centred practice improvement
• explore the practical application of leadership tools to support practice improvement and culture change.
• be familiar with the recommendations of the Australian Commission for Quality and Safety in Healthcare (NSQHS) ‘A Better Way to Care’

Cost
$3,350 (payable in three instalments)

Venue and Date
Available March 2016

For information & enrolments
03 9816 5797

Book by 31 October 2015 to receive 10% off total course fee.

NEW

CONTACT US FOR DETAILS:

03 9816 5708

vic.education@alzheimers.org.au

TERMS

Cancellation policy

Cancellations will incur costs as per schedule below:
• Cancellations with more than 5 business days notice – a full refund or equivalent training credits provided
• Cancellations with 5 or less business days notice but more than 1 day notice:
  – Course registrants – 50% of training credits provided, unless a doctor’s certificate is provided.
  – For funded courses, a $50 Administration Fee will apply
    – Courses arranged by your organisation or other entity will incur 50% of the scheduled fee payable.
• Funded courses that are cancelled in this period will attract a $50 Administration Fee.
* "No shows’ will incur the full fee. * "No shows’ at funded courses will incur an administration fee of $100, unless a doctor’s certificate is provided.
* "No shows’ at courses arranged by your organisation or other entity will incur full fee.
* "No shows’ for funded courses will incur an administration fee.

A minimum number of participants are required for courses to proceed. Course fees will be fully refunded if your course is cancelled by Alzheimer’s Australia Vic.

Further information on our Cancellation and Non Attendance Policy can be requested by phone on 03 9816 5708, or by email at vic.education@alzheimers.org.au

Training Credits

1 training credit is equivalent to $1. Training credits are valid for 12 months only.

*No Shows

When a participant has booked into a course, workshop or event and cannot attend on the day, providing no notice to Alzheimer’s Australia Vic up to the commencement time of the session at Alzheimer’s Australia Vic education facilities, or when an organisation or other entity has booked training to be held at their site, but cancel on the day of education or the participants are not able to attend, this will be regarded as a ‘no-show’.

Dementia Education Discount Days

Make a day of it and save time and money on your professional development when you register for two education sessions. Great discounts are available on specially selected sessions running on the same day at our Parkville centre. These pairings are designed to complement the learning outcomes of each course, providing you with a richer learning experience.

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For more information, contact:

vic.education@alzheimers.org.au  03 9816 5708
LOCATION US

**Hawthorn venue**

Alzheimer’s Australia Vic
104 Riversdale Rd, Hawthorn
Melways reference: 45 D12
Use of public transport is recommended.
**TRAM:** No 70 or 75 Riversdale Rd; No 16 or any tram along Glenferrie Rd.
**TRAIN:** to Glenferrie Station (Belgrave/Lilydale Line), tram or 10 minute walk south along Glenferrie Rd: Stop Riversdale Rd.
**CAR:** Limited on-street parking. Please allow extra time if you are bringing your own car.
a) Riversdale Rd southern side: all day parking from 9am.
b) Riversdale Rd northern side: 2 hour parking from 9am–4:30pm
c) Glen St eastern side: all day
d) Glen St western side: 2 hour limit

**Parkville venue**

Alzheimer’s Australia Vic
155 Oak St, Parkville
Melways reference: 29 C11
**TRAM:** No 55 Royal Park to Poplar Rd, then 13 minute walk west along Poplar Rd.
**TRAIN:** to Royal Park Railway Station (Upfield Line), then 13 minute walk west along Poplar Rd.
**CAR:** Limited on-street parking. Car park access off Oak St. (after 9.00am)
**RECEPTION:** opens at 9.00am. Parkville entrance is via front entrance in Oak St only.

**Regional offices**

We offer a range of dementia support services and group programs in regional locations.
These are offered free-of-charge to families, friends and carers of people living with dementia. Contact us for more information.

National Dementia Helpline
Phone: 1800 100 500
Translating and Interpreting Service: 131 450

RESOURCES

Alzheimer’s Australia Vic offers a range of resources which may assist in understanding the many aspects of dementia. Our extensive research and practical experience has resulted in the development of help sheets, books, videos, DVDs, online resources, identity, early stage and companion cards, plus much more.

**Relate, Motivate, Appreciate**

A practical resource promoting positive interaction with people with dementia the Montessori way.
One of the hardest things that many carers of people with dementia have to face is visiting their loved one in a nursing home and not knowing how to interact or maintain a meaningful connection. The purpose of Relate, Motivate, Appreciate is to help carers learn new ways of interacting with their loved ones through activities that rely less on language and more on what their loved one still knows and enjoys.

To obtain these, or any of our other resources, please contact us. NB: Resources may incur a fee and be subject to postage and handling.

**Dementia and Chronic Conditions Series Toolkits**

There is increasing evidence that a number of different chronic conditions are associated with the development of cognitive impairment and dementia. The Dementia and Chronic Conditions Series Toolkits are designed to improve support for people living with cognitive impairment or dementia and other chronic conditions.
Through our research, we look at links between dementia and HIV and HIV-associated neurocognitive disorders (HAND), dementia and diabetes as well as dementia, stroke and coronary heart disease.

The development of these toolkits is jointly funded by the Commonwealth and Victorian Governments under the HACC program.

To obtain these, or any of our other resources, please contact us. NB: Resources may incur a fee and be subject to postage and handling.

**Purposeful Activities for Dementia**

People with dementia are often confronted with what they can no longer do. Engaging in activities that provide people with purpose and pleasure can help promote a sense of identity, self-worth and improve quality of life.
This online video resource demonstrates practical ways to support the engagement of people with dementia in social groups and at home and has been developed for staff and families.


If your organisation would like to see how this resource can improve how your service engages people living with dementia please contact

03 9816 5708

[1800 100 500](http://1800 100 500)

[03 9816 5708](http://03 9816 5708)

[00 1111 1111](http://00 1111 1111)