

Younger onset dementia in Australia

Prevalence estimates 2021-2058

Dementia Australia is the source of trusted information, education and services for the estimated half a million Australians living with dementia, and the almost 1.6 million people involved in their care. We advocate for positive change and support vital research.

We are here to support people impacted by dementia, and to enable them to live as well as possible.

No matter how you are impacted by dementia or who you are, we are here for you.

Dementia is the term used to describe a collection of symptoms that are caused by disorders affecting the brain. Dementia is not one specific disease, it is an umbrella term for a large group of illnesses which cause a progressive decline in a person's mental functioning.

The term younger onset dementia is used to describe any form of dementia diagnosed in people under the age of 65. Younger onset dementia can be diagnosed in people in their 50s, 40s and even as early as their 30s.

There is an estimated 28,300 people living with younger onset dementia. Without a major medical breakthrough this figure is projected to increase to 41,250 people by 2058.

This document presents the breakdown of Dementia Australia's national younger onset dementia prevalence data by state and territory.

Australian Capital Territory (ACT)

In 2021, there are an estimated 400 people living with younger onset dementia in the Australian Capital Territory.

Without a medical breakthrough, the number of people living with dementia is expected to increase to an estimated 780 people by 2058.

New South Wales (NSW)

In 2021, there are an estimated 9,160 people living with younger onset dementia in New South Wales.

Without a medical breakthrough, the number of people living with dementia is expected to increase to an estimated 13,600 people by 2058.

Northern Territory (NT)

In 2021, there are an estimated 240 people living with younger onset dementia in the Northern Territory.

Without a medical breakthrough, the number of people living with dementia is expected to be an estimated 220 people by 2058.

Queensland (QLD)

In 2021, there are an estimated 5,620 people living with younger onset dementia in Queensland.

Without a medical breakthrough, the number of people living with dementia is expected to increase to an estimated 7,360 people by 2058.

South Australia (SA)

In 2021, there are an estimated 2,130 people living with younger onset dementia in South Australia.

Without a medical breakthrough, the number of people living with dementia is expected to increase to an estimated 2,620 people in 2058.

Tasmania (TAS)

In 2021, there are an estimated 680 people living with younger onset dementia in Tasmania.

Without a medical breakthrough, the number of people living with dementia is expected to be an estimated 640 people by 2058.

Victoria (VIC)

In 2021, there are an estimated 7,160 people living with younger onset dementia in Victoria.

Without a medical breakthrough, the number of people living with dementia is expected to increase to an estimated 12,700 people by 2058.

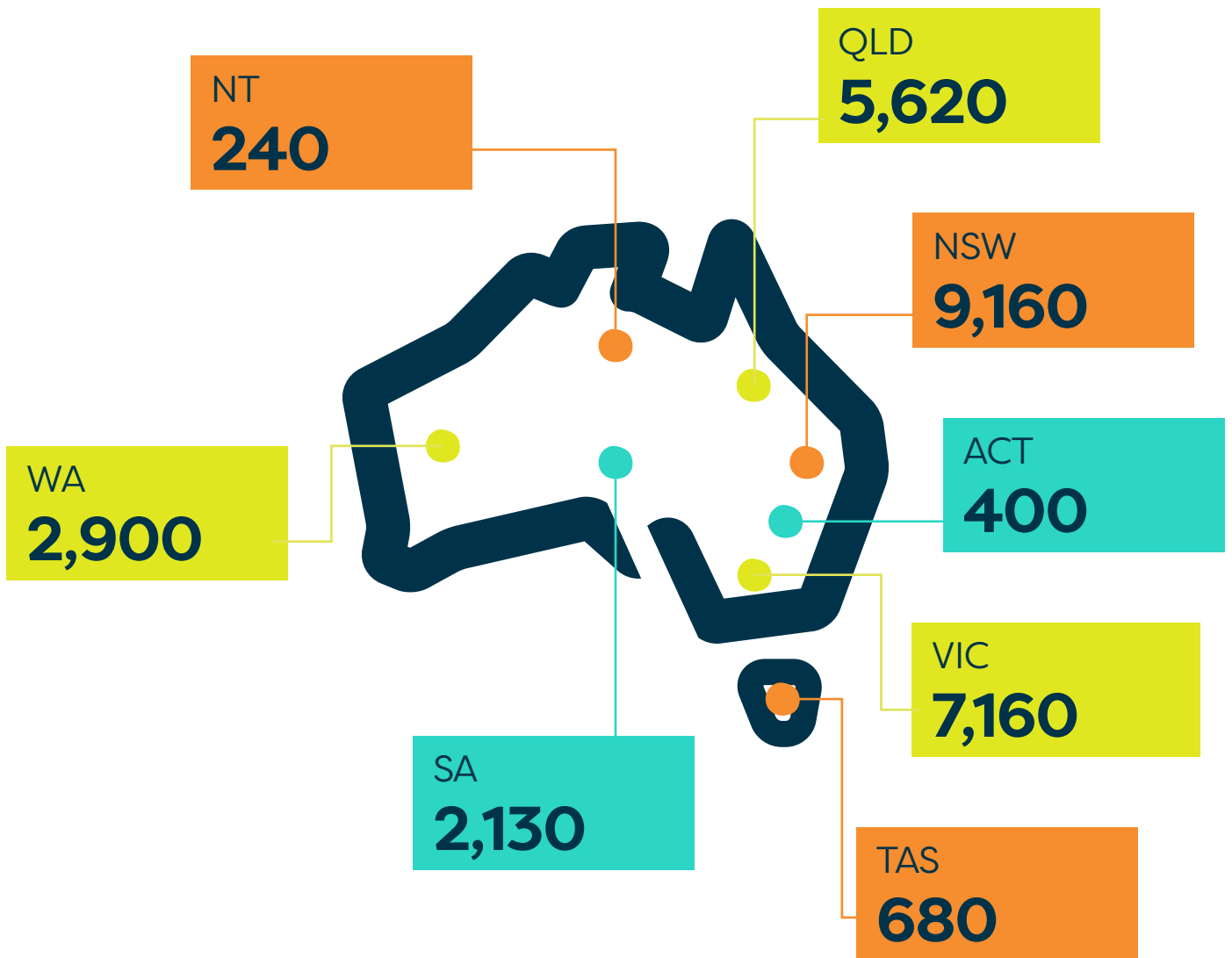
Western Australia (WA)

In 2021, there are an estimated 2,900 people living with younger onset dementia in Western Australia.

Without a medical breakthrough, the number of people living with dementia is expected to increase to an estimated 3,350 people by 2058.

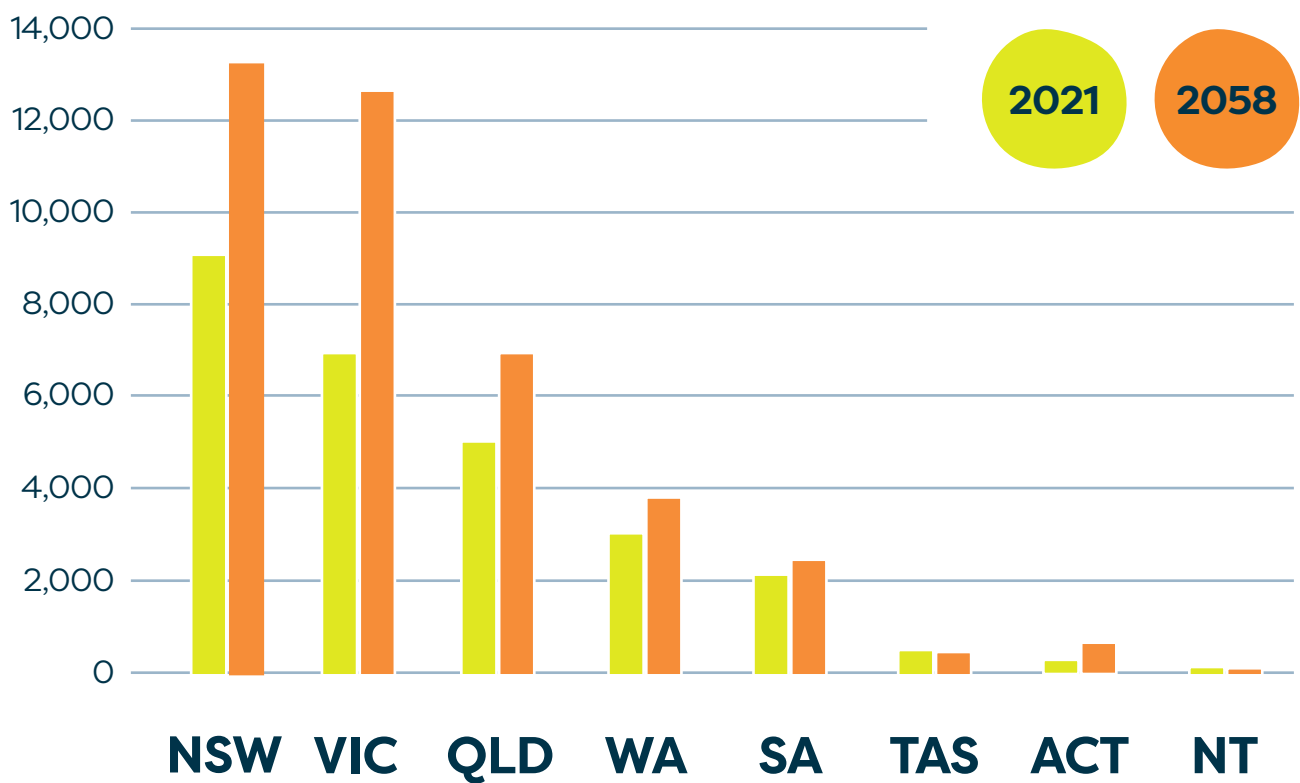
People living with younger onset dementia estimates

2021-2058



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2021-2058



Dementia Australia (2018). Dementia Prevalence Data 2018-2058, commissioned research undertaken by NATSEM, University of Canberra. These data exclude Gerard Community Council, Maralinga Tjarutja Community Inc, Nepabunna Community Council, Outback Communities Authority and Yalata Community because of very small numbers, Belyuen Community Government Council because of very small numbers and the unique territories of Christmas Island and Cocos Islands, and Cue, Murchison, Sandstone and Upper Gascoyne Local Government Areas because of very small numbers.

For methodology: <https://bit.ly/3puhvcu>

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National Dementia Helpline **1800 100 500**

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