

ALZHEIMER'S AUSTRALIA
NORTHERN TERRITORY
ANNUAL REPORT
2013 / 2014

FIGHT ALZHEIMER'S
SAVE AUSTRALIA
FIGHTDEMENTIA.ORG.AU

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National Dementia Helpline: 1800 100 500

An Australian Government Initiative

STRATEGIC DIRECTIONS

Our Vision...

A society committed to the prevention of dementia while valuing and supporting people living with dementia

Our Mission...

To provide quality dementia services and leadership in advocacy, policy and research

Our Values...

- the worth of every individual;
- cooperative working relationships;
- organisational integrity;
- innovation, creativity, flexibility; and
- strength in unity with respect for diversity.

Guiding Principles

People living with dementia, their families and carers have the right to:

- access high quality support services
- flexible, responsive and timely support
- be treated with dignity, courtesy and respect, to have their feelings validated and their choices and individual beliefs respected
- receive services that support both the person with dementia and their families ensuring that the needs of the person with dementia are the primary focus/ priority

Strategic Focus, Objectives and Strategies

1. Advocacy & Empowering Consumers

Objectives

- Achieve change by encouraging consumers to contribute
- Maintain the strengths of Alzheimer's Australia NT
- Continue to develop community awareness and understanding of dementia

Strategies

- Expand and strengthen consumer engagement
- Ensure our advocacy represents the interests of people with dementia, their families and carers
- Strengthen our capacity to influence key decision makers to achieve better outcomes for our constituents

2. Quality Dementia Care

Objectives

- Expand the services of Alzheimer's Australia NT to meet the needs of the community as identified by demographic trends in the Northern Territory
- Work in partnership with related organisations to meet the needs of those living with dementia
- Ensure our own services are of the highest quality, evidence based and centred on the individual and their family

Strategies

- Support the further development of quality dementia care services throughout the Northern Territory
- Monitor and improve quality standards for all our services

3. Awareness & Understanding

Objectives

- Promote greater knowledge of dementia to enable people to benefit from early diagnosis and access to services
- Continue to develop community awareness of Alzheimer's Australia NT services

Strategies

- Expand our activities to promote community awareness and understanding about dementia and awareness of Alzheimer's Australia NT services
- Engage others in increasing community awareness and understanding of dementia

4. Prevention, Risk Reduction & Delayed Onset of Dementia

Objective

- Ensure that people have a greater knowledge and understanding of the changes to lifestyle and health behaviours that may reduce the risk of developing dementia
- Enhance the services of Alzheimer's Australia NT to meet the needs of the community as identified by demographic trends in the Northern Territory

Strategies

- Promote "Dementia Risk Reduction" in the community
- Promote the Your Brain Matters® program in the community
- Promote the development of other innovative risk reduction programs

2013 / 2014 OVERVIEW



*Dr Vicki Krause
President of Alzheimer's Australia NT*

This has been a year of exhilarating achievements and also of sadness as our CEO Ruth Leslie-Rose fell ill in August 2013. Fortunately I can report that Ruth is currently in good spirits and maintains regular contact with the organisation. I am sure all members wish her the very best in her fight for recovery. There have been some staff changes during the year but we have been fortunate to recruit very talented and dedicated replacements. The team as a whole is extremely passionate about their work and are achieving wonderful results. This passion and dedication is never more observable than at the annual Tea Dance where we entertained over one hundred clients and carers.

One of our themes for the year has been to expand our drive for community education and awareness. Most of our programs assist this process and more detail will be provided later in the report. Suffice to say: staff has provided many more shopping centre displays, radio interviews have been increased, and the Promo-

tional Van has been purchased and fully signed. The Your Brain Matters video has been completed and TV ads put to air. Arrangements were finalised for displays at all the shows in the NT for July.

A new program of day respite has been initiated for the rural area. This program is funded from association funds but it is hoped that Government will eventually support this in the same way as the HACC program operates in the greater Darwin area.

The most exciting development is the provision of a house in Palmerston to run our respite programs from. This will enable our staff to ensure best practice programs. We are grateful to the Palmerston City Council for their wonderful cooperation in establishing this centre.

We are privileged to welcome new sponsors who are providing valuable assistance that is enabling us to provide better and more frequent services to our clients. In particular, Colliers International and Thrifty, who are providing wonderful assistance in a number of ways.

The continued support of John and Trish Robinson is magnificent. We are grateful for all sponsors past and present.

A big thank you must go to the Alzheimer's Australia NT Board for their wisdom and support through-out the year. The Board members are extremely busy in their own vocations, but volunteer their valuable time to the organisation.

Much time has been spent on national issues preparing for the major funding changes proposed for the aged care industry, expected to be implemented next year.

Work has been progressing for a complete change in the way the national telephone Helpline service will operate. It is expected that one state will eventually



*Mr Ray Norman AM
Chief Executive of Alzheimer's
Australia NT*

win a tender to provide this service from a central location for the whole of Australia. This will have a negative impact on our funding.

Ita Buttrose resigned as being National President and has been replaced by Graham Samuels. We are all indebted to Ita for the wonderful work she has done for people living with dementia throughout Australia. Ita has agreed to continue her work with Alzheimer's Australia in a different capacity. We would like to wish Graham every success in the taxing role that he has undertaken.

Glen Rees, the National Chief Executive, was honoured with an award of Member of Australia and was also appointed to the prestigious position of Chairman of Alzheimer's Disease International. We wish him every success in this new role.

This report will outline some of the work and achievements of our talented and dedicated staff during the year.

EDUCATION AND AWARENESS



Alzheimer's Australia NT has taken on the national challenge to "Create a Dementia Friendly Nation".

A dementia-friendly community can be described as:

'A city, town or village where people with dementia are understood, respected and supported, and confident they can contribute to community life. In a dementia-friendly community people will be aware of and understand dementia, and people with dementia will feel included and involved, and have choice and control over their day-to-day lives' (Alzheimer's Society, 2013).

What people living with dementia and their families have indicated they want is a community where people are dementia aware, therefore helping to reduce stigma and myths; health staff are educated about dementia and treat people with respect and empathy; retail and café staff know about dementia and are helpful and have a caring attitude – basically good customer service; the physical environment enables people to get out and about safely; support services are helpful and enabling; people living with dementia feel like they still belong to the community, their social networks, their clubs, and importantly, have a role to play.

Take a journey with us as we create dementia friendly communities across the Northern Territory.

A COMMUNITY WHERE PEOPLE ARE DEMENTIA AWARE, THEREFORE HELPING TO REDUCE SIGNS OF DEMENTIA

It is estimated that approximately 1500 people are living with dementia in the NT. The number is expected to soar above 7800 by 2050. Research has shown that the prevalence of dementia in the Aboriginal and Torres Strait Islander people is higher than non-aboriginal people and may occur at a younger age.

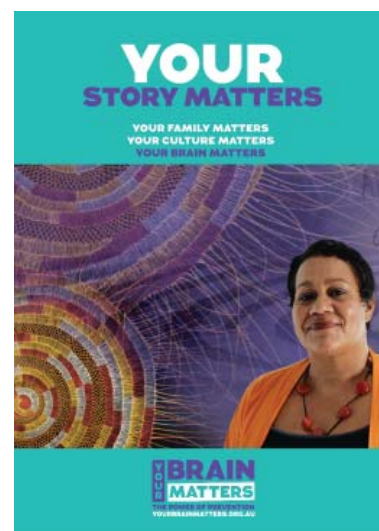
The National Dementia Support Program (NDSP) has delivered a wide range of educational services to raise awareness of dementia through Carer Education programs, information sessions, non-accredited training, community displays, SALO-(Service Access Liaison Officers) and community awareness programs.

SALO

Alzheimer's Australia NT Educators have delivered information, awareness, risk reduction and promotion of a brain healthy lifestyle to people 'at risk' through NDSP. What is Dementia? and Your Brain Matters sessions are presented in drug and alcohol rehabilitation centres in Darwin, Alice Springs and Katherine as well as the Alice Springs Correctional Centre. The Your Story Matters resource, developed to raise dementia awareness in the ATSI community has been a valuable asset in these sessions.

Your Brain Matters (YBM) Aboriginal and Torres Strait Islander (ATSI) Project

This year saw completion of the first two phases of this project, and was launched locally and nationally (in Sydney) in March, along with dissemination of supporting pamphlets, posters and information booklets.



The Northern Territory launch of the program, which included the release of a 'Your Brain Matters' (YBM) Community Service Announcement (CSA) DVD, was sponsored by Colliers International and held at their Winnellie office on the 4th of March 2014.

The program package, which includes the culturally relevant CSA titled 'Your Story Matters' and supporting brochures, was performed by respected members of local Aboriginal communities.

Writer and director of 'Your Story Matters', Ben Graetz, said, "The resources have been developed with the community. Everything from the language and music used, through to the focus on preserving stories and culture, is designed by my people, for our people. It's about encouraging conversations and prevention within the community."

The resources are for distribution to relevant health workers and carers across Aboriginal communities, as well as broadcast via electronic media, and are accessible on YouTube.

EDUCATION AND AWARENESS

The new look of Alzheimer's Australia NT

Alzheimer's Australia NT recognised the need to raise our community profile with a goal to ensure local people were aware of our services.

Alzheimer's Australia NT reviewed its branding and promotional activities bringing about a new professional look. Callers to the organisation can now listen to local dementia information while waiting for a staff member to take their call. All staff have been issued with uniforms with local branding, vehicles are branded with local information and signage, including the magnificent promotional van.

Alzheimer's Australia NT has also ventured into the social media platform, promoting our services and national information on the Fight Dementia website and on our Facebook page.



Alzheimer's Australia NT staff with the new Nissan promotional car



The Alzheimer's Australia NT promotional van

"My husband and I are travelling to Darwin and I noticed the signage on the vehicle. He has been diagnosed with Mild Cognitive Impairment (MCI). I am really concerned about him getting worse. I am so glad I saw you. I have been so worried."

Whilst enjoying morning tea at the Gardens Golf Links a lady recognised one of the group participants and said hello. The group participant didn't remember who the lady was despite previously knowing each other very well. The lady talked about mutual friends but soon realised the changes in her. There was subtle acknowledgement between the staff and the lady once she had read the logo on the uniform. They went onto enjoy their chance meeting planning to catch up again soon.

On another occasion one of the Stepping Out participants was at the supermarket where they bumped into a friend from many years ago. The participant remembered the friend instantly but when he asked questions about other acquaintances, he didn't know who they were. Again the friend took note of the staff uniform and logo and seemed to immediately understand why he was having trouble remembering.

These are two examples of how branding and logos are important and can help clients retain dignity whilst in public with the Stepping Out groups.



Alzheimer's Australia NT staff wearing our new look uniform

Innovative resource development:

The Younger Onset Dementia (YOD) coasters were developed to reach those at risk across the territory in a subtle and non-intrusive way.

The coasters deliver 10 separate messages: signs of dementia, difference between dementia and Alzheimer's, dementia doesn't discriminate, what does younger onset dementia look like, dementia myths, worried about your memory, 5 simple steps Your Guide to Brain Health, Your Brain Does Matter, Fight Dementia not each other, become a dementia champion and the Safe Return program.

The coasters have been displayed at events, coffee shops, clubs, and restaurants, at the local radio station and politicians rooms. They have also been used when facilitating education sessions, with each participant choosing a coaster that promotes a conversation about dementia topics.



Promotional Coaster

EDUCATION AND AWARENESS

HEALTH STAFF ARE EDUCATED ABOUT DEMENTIA AND TREAT PEOPLE WITH RESPECT AND EMPATHY

Alzheimer's Australia NT Educators facilitate high quality education courses and programs, information sessions and community displays throughout the year.

Dementia Care Essentials (DCE)

Dementia Care Essentials III and IV training continued with funding by the Department of Social Services. This nationally recognised training was delivered not only in Darwin, Katherine and Alice Springs but extended to include Tennant Creek and Nhulunbuy.

In addition to this, courses were delivered in the more remote communities of Ngukurr, Jilkminggan and Milngimbi on behalf of Charles Darwin University.



Students from Jilkminggan

Non-accredited Training

Non-accredited training is provided to a range of qualified and trainee health professionals. Sessions cover a range of issues relating to the impact of dementia, caring for a person living with dementia and becoming aware of available support services. Students of the Flinders Uni NT Medical Program visited Alzheimer's Australia NT as part of their Community Based Medical Education placement.

This year we trialled a new approach, inviting a person living with dementia and a carer to take the medical students on a real and very personal journey; to walk in their shoes.

The medical students also participated in the NAIDOC celebrations and Humour Therapy.



Medical students participating in NAIDOC celebrations

Visiting Presenters

Alzheimer's Australia sponsored a number of esteemed presenters who delivered presentations in both Darwin and Alice Springs.

Again, the Grand Rounds at RDH facilitated this delivery of the latest information to medical professionals. Sue Kurrle presented "Physical Comorbidities of Dementia" in September 2013 followed by Brian Draper "Improving the care of people with dementia in acute care" in May 2014.

Sue also delivered 'An update on dementia research' at the Alzheimer's Australia NT Training Room and a community presentation in Alice Springs.

Additional presenters included:

- Dr Cameron Camp - Relate, Motivate, Appreciate-Promoting positive interactions with people living with dementia.

- Rachael Litherland -Dementia-Friendly Communities-Involving People with dementia
- Dr Catherine Barrett- Sexuality, diversity and ageing.

Alzheimer's Australia NT facilitated a Younger Onset Dementia workshop with Dr Michael Lowe who heads the Top End Memory Assessment Unit.

The process of diagnosis and services currently available to people with Younger Onset Dementia were discussed.

Looking Out For Dementia Education Resource

Looking Out For Dementia currently consists of a flipchart, poster and DVD. It was identified that staff would benefit from a brochure left at the service to refer to for additional information.

The brochure incorporates the main points from the flipchart and DVD, into an easily accessible resource that can be used on a day to day basis. The brochure also provides information on Younger Onset Dementia.



EDUCATION AND AWARENESS

RETAIL AND CAFE STAFF KNOW ABOUT DEMENTIA AND ARE HELPFUL AND HAVE A CARING ATTITUDE - BASICALLY GOOD CUSTOMER SERVICE

Awareness raising activities and community displays have been held in Darwin, Katherine, Palmerston and Alice Springs.

Regular radio interviews occurred throughout the year. Dementia Awareness Week was promoted via shopping centre information booths, and banners displayed on main roads.

Seniors Month activities and the TOP END Family Day & Community Service Expo (welcoming new defence service families) were additional opportunities to engage with our community.

Alzheimer's Australia NT was once again successful in receiving the Seniors Month Grant to host the Seniors Month Annual CALD (Culturally and Linguistically Diverse) Morning Tea. This was held on the 2nd August at the Chung Wah Society. The event provided an opportunity for seniors from many cultural backgrounds to come together and enjoy music and morning tea, whilst chatting about healthy ageing in the Territory.



Chief Executive Ray Norman AM with Lord Mayor Katrina Fong Lim at the CALD Morning Tea



Chief Executive Ray Norman AM with Minister Peter Styles at the CALD Morning Tea



Community Awareness at the Taminmin Community Library



Dianne Maley and Susan Williams at the Palmerston Shopping Centre



Gillian McQuinn and staff from Strawberry Fields at Hibiscus Shopping Centre

"As a new rookie I remember being sent to a ladies house because she had reported that her granddaughter had gone missing. On arrival to the house there was evidence of a child having been there with empty breakfast plates and a school bag. On investigation the granddaughter the lady was searching for was now a grown adult and had children of her own. It became apparent that the lady might have had dementia".

People living with dementia often seek support from emergency services. Alzheimer's Australia NT provided 5 information sessions to 43 auxiliary staff at the McAuley Centre this year. Utilising 'Is it Dementia': A resource for recognising the signs of dementia DVD. This great resource provides sessions for people working in transport, emergency services, retail, fire, banking and correctional services.

The Safe Return Program was promoted during these sessions to ensure the police were able to recognise and respond in a timely manner to a person with dementia who was missing.

SUPPORT SERVICES

THE PHYSICAL ENVIRONMENT ENABLES PEOPLE TO GET OUT AND ABOUT SAFELY

Alzheimer's Australia NT conducted a comprehensive review of the Safe Return Program this year. The Safe Return Program gives carers and families of people living with dementia peace of mind. The program enables a person to be identified as having a possible risk of wandering away from familiar and supportive environments before it happens.

The Safe Return Program is a joint project of Alzheimer's Australia NT and the NT Police.

With the support of Colliers International's fundraising "High Tea" event, Alzheimer's Australia NT was able to: produce a quality product that is easily identifiable, accompanied by a Safe Return Id card; expand our reach to others at risk (Autism NT), and produce a TV advertisement to raise awareness.



7th Annual Tea Dance

Every year, we mark Dementia Awareness Week by putting on a party for our seniors to enjoy an afternoon of entertainment and good times.

The Alzheimer's Australia NT Annual Tea Dance has become a "must attend" event for Darwin and Palmerston seniors from our community and residential care facilities. It provides a rare opportunity for a large number of Territory seniors to dance and sing, eat and drink, and socialise with each other. The 7th Annual Tea Dance

was held on Tues 24 September at the Greek Orthodox School Hall in Nightcliff.

Guests cleverly responded to the Masquerade theme of this year's Tea Dance, wearing an array of gorgeously decorated masks – many of these handmade! We danced and sang, livened up by the supremely talented Hidden Agenda (thanks Jennie and Jacko!). We were entertained by the Groovy Grans, resplendent in glittering masks, Bev Shanag and Trevor (country yodelling), and guests participated in a parachute performance and mask-parade.

Guests supported our Tea Dance stall with homemade gifts created by our group members. We would like to acknowledge Helen Gabel, our No. 1 volunteer for initiating this.

Our staff, volunteers and members worked hard to make the event a special day for all.



The Groovy Grans



Outer Palmerston Rural Stepping Out Program

The Outer Palmerston Rural Stepping Out group evolved from a recognised need, where people living with dementia were isolated due to lack of awareness, distance and lack of flexible services.

Alzheimer's Australia NT partnered with NT DBMAS to trial an Outer Palmerston Rural Stepping Out Group

The program is designed to meet the needs of the participants and is facilitated by two staff. Some of the activities the clients have participated in are arts and crafts at Joy Anderson, Music Therapy at Howard Spring Nature Reserve, visited the Botanic Gardens, Jenny's Orchids for Devonshire tea, Finlay's Joint and Garden Centre and a visit to the beach.

Every group member has their own story but the one story that comes to mind is that of a lady who is awaiting residential care. Each morning when picking her up, her husband looks drained and in despair. By the time his wife was returned home from her outing he was much brighter and had a new lease on life.

The trial of the Outer Palmerston Stepping Out Program has been evaluated demonstrating that the model works well in the rural area.

Alzheimer's Australia NT is seeking additional funding to continue to provide this great program to those living in rural Darwin.



SUPPORT SERVICES

SUPPORT SERVICES ARE
HELPFUL AND ENABLING

The Younger Onset Dementia Key Worker Program (YODKW):

The Younger Onset Dementia Key Worker has conducted 41 Capacity Building activities across the NT with over 639 participants.

YODKW has conducted 12 education sessions with 216 participants

YODKW has facilitated 13 support groups with 52 participants

The YODKW program currently has 29 clients registered with the program

Through the partnership with NT DBMAS the Younger Onset Dementia Key Worker visited remote communities in the NT; Ngukurr, Tiwi Islands, Numbulwar and Mutijulu.

In addition, the Younger Onset Dementia Key Worker conducted a 3000km road trip down the Stuart Highway visiting communities, clinics and service providers along the way.



A quick stop to check out the rock on the way to Mutijulu



The view of the rock from Mutijulu



In collaboration with the local memory clinic and the YODKW program the NT held the first *Frontotemporal Dementia (FTD)* specialist clinic.

People in the NT with complex cases are often referred to the Eastern Cognitive Disorder Clinic in Melbourne. The FTD clinic was held over three days with the YODKW supporting other clinicians to ensure smooth co-ordination, providing support to reduce confusion and distress for those attending.

The Eastern Cognitive Disorders Clinic enabled the YODKW to host a 'Supporting People with Frontotemporal Dementia' education session attended by service providers; a FTD Support Group session and a Communication support group for people affected by language difficulties.

The major achievements of the clinic were increased awareness of FTD and YOD; improved access to specialist services including a speech therapist, providing practical strategies to reduce frustration and improve communication; and reducing isolation by bringing together people in similar situations.

Advance Personal Plan

Alzheimer's Australia NT plays a key role in providing individual support to enable people at risk to plan for the future. The NT has implemented new 'Advance Personal Plan' legislation, which allows people to make decisions about future health, financial and lifestyle preferences should they lose decision-making capacity.

Supporting Carers

Darwin: A carer support group is held every second Tuesday evening for Younger Onset Dementia.

Alzheimer's Australia NT also holds a regular carers group on the second Thursday of the month. The meetings are a mixture of pampering and social events with guest speakers providing information about topics such as: Guardianship, continence and falls reduction.

Alice Springs: A carer support group is held on the third Tuesday of the month.

Top End Dementia Services Directory

Alzheimer's Australia NT, in collaboration with Carers NT reviewed and published the second edition of the Top End Dementia Services Directory.

The directory is designed to provide local and relevant information to the general public, service providers and people with dementia, their families and carers.

The directory includes information on helplines, assessment and diagnosis information, support and information services, community care options, residential care options, indigenous and remote services, culturally and linguistically diverse services, dementia resources, respite services, dementia medications and pharmacology, advocacy and 12 top tips in caring for a person with dementia.



SUPPORT SERVICES

PEOPLE LIVING WITH DEMENTIA FEEL LIKE THEY STILL BELONG TO THE COMMUNITY, THEIR SOCIAL NETWORKS, THEIR CLUBS, AND IMPORTANTLY HAVE A ROLE TO PLAY



A very shy and reserved lady joined the Wednesday Exercise Group. She enjoyed the outings but was very wary of joining in too much until the day we visited the Wongabilla Equestrian Centre.

At the Centre the staff bring three or four horses to the fence so the clients can pat and feed them – we always take a big bag of apples which the horses really enjoy.

There is a beautiful shady spot under some big trees where we sit and have morning tea before we feed the horses. The first time we went to Wongabilla there was no way she was going to sit down and have morning tea, she only had eyes for the horses and went straight to them.

We cut the apples up for the horses and she began to feed them, pat them and talk to them. I asked her where her love of horses had come from and she opened up about her life as a little girl in Portugal. She told me that when she was a young girl the only way they got around was on horseback. It was a fun, positive outing for her and we will definitely be taking her back there again.

Since the visit she has made friends with

another client from the Exercise Group and they now see each other for a craft morning once a fortnight. She is very chatty on our Wednesday group now and certainly has made an impression on everyone.

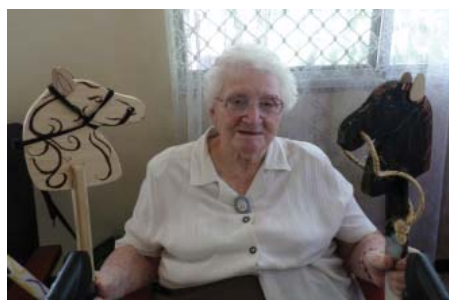
Stepping Out Hobby Horses

'Ability and Beyond' Hobby Horses were created collaboratively with the help of the Men's Shed, Bunnings and the Stepping Out Program.

The project provided purpose and a platform for sustaining abilities, building on team work with both men and women enjoying the activity.

This activity promoted reminiscing with laughter and many stories being told.

Over several weeks the group worked on the hobby horses to sell at the Council of the Ageing (COTA) stall. All the horses were sold with the donations going back to the group for further projects.



Feedback from Groups

"Dad is looking forward to it every week"

"Everyone is so friendly, helpful, caring and have good ideas".

"My husband really looks forward to Tuesdays and enjoys the group so much - I hope when we move next year the group will be very similar".

Stand up for Dementia

The purpose of 'stand up for dementia' is introducing the concept of humour therapy into the residential facilities / respite centres across the NT. This is based on a program through Southern Cross University and Mandy Nolan who is a stand-up comedian. It has been implemented in three different facilities across NSW and has proven to be effective in improving the residents quality of life, cognition skills and social skills. It has been run in 6 different organisations in the NT, including residential care and respite centres.

The sessions have had a high level of participation that enables the person with dementia to use their skills in acting / communicating / and other strengths to portray every-day or familiar themes.

Over the weeks, participants learn what the program is about and most are keen to join in. It uses a variety of props to stimulate memory and communication and is done in pairs in front of an audience. Themes include returning a library book back late, snoring in bed and the proposal. The people with dementia initiate the role play and the direction of it with some funny outcomes. It is great being in a room full of laughter and fun.



'Making small changes will have large impacts on the lives of people living with dementia '

ACKNOWLEDGEMENTS

We would like to acknowledge and thank our funding bodies, sponsors and supporters including:

- Australian Government - Department of Health and Ageing;
- Northern Territory Government - Department of Health and Community Services and Community Benefit Fund;
- Womens's Network (NT) Inc
- Territory Rent A Car Pty Ltd (Thrifty)
- Scriven Exploration;
- John and Trish Robinson;
- Northern Territory Police - in kind support for the-Safe Return Proram in Darwin, Alice Springs and Katherine;
- Frontier Services and NT DBMAS;
- Territory FM – monthly radio information broadcasts and playing community service announcements;
- Curby's Trophies - engraving of Safe Return Bracelets;
- Bendigo Bank Ltd;
- Peter and Margaret Laurie;
- Cridlands MB Pty Ltd
- Envirobank;
- Kennelly Constructions Pty Ltd;
- SWJR Nominees Pty Ltd;
- Clarke Constructions NT Pty Ltd;
- Kalidonis Pty Ltd;
- Alzheimer's Australia Research Ltd;
- Deputy Chief Minister;
- Neil and Desley Sunners;
- Paspaley Pearls;
- Northern Rise Holding Pty Ltd;
- Colliers International NT Pty Ltd;
- Katrina Fong Lim;
- Blackadder Financial Services;
- Roller Door Services Pty Ltd;
- GF Holding (WA) Pty Ltd;
- Freedom Screens NT;
- Nightcliff Community Enterprises;
- Top End Access;
- Cakes NT;
- Bunnings Warehouse;

- Kezia Purick;
- Terrace Gardens;
- Chung Wah Society - for supporting the annual CALD morning tea;
- Local politicians who have allowed us to use their community rooms for Stepping Out sessions;
- Greek Orthodox School;
- Country Women's Association - Darwin and Alice Springs;
- Spotlight, Tammy Messina, Adorne, Michelle Lawson, Hidden Ajenda, Groovy Grans, Howard Springs Kennels, Deb McColl, Graham Cowan, Noni B, The Body Shop, Finlays Stonemasonry, Paraphernalia, Infidelity Furniture and Homewares, Bev Shanag and Trevor, Cameo gifts and Homewares, Jeanette Tonks, Chor Sung Neill, Effie Penhall - for support of the Tea Dance;
- Allora Gardens Nursery;
- Dr Vicki Krause and Prof Bart Currie;
- Carers NT;
- Memory Assessment Unit;
- Xstrata Mining;
- Wongabilla Equestrian Centre;
- Indopacific Marine; and
- Claire Bell of AA&P

We also acknowledge and thank our Patron, Dr Valerie Asche, and Alzheimer's Australia President, Ms Ita Buttrose, as well as all volunteers involved in our work.

We wish to thank all individual, anonymous and those that have donated through Government Payroll and our website. Those who have passed on their skills and knowledge during our education courses, Carers Support Groups and Living with Memory Loss Groups.

To those we have not mentioned we appreciate your support and assistance over the last 12 months.



TREASURER'S REPORT

30 JUNE 2014



Our Financial Results

Total revenue against budget was 6% above budget, with increased Association income and the main contributor. It should be noted that material components of own source income from donations and fund raising are subject to specific purpose use.

The revenue profile for the financial year continues with funding from the Association via Alzheimers Australia (National and Victoria) and Commonwealth as the main sources of funds. Association funds were lower than last financial year but still significantly above budget.

Expenditure was 8% below budget for the year was contributed to largely by reduced personnel costs associated with the adjustment of provisions following the payout of accrued entitlements over the year, and efficiencies in travel and consultancy costs achieved.

Cash balances have increased again this year with further contribution from own source income. Accordingly, investment arrangements for cash balances were reviewed during the year to establish funds to support emerging capital replacement needs and future infrastructure requirements of the Association.

Our Challenges

Commonwealth Government funding directly and through Alzheimer's Australia continue as major sources of funding for the Association. In the coming year some funding arrangements are due to expire, and work is in progress to secure new funding commitments. The programme rationalisation and increased competition for Commonwealth Government funding is recognized challenge. Growing own source revenue remains a key focus for the Association.

The Chief Executive Officer Ray Norman and his team are to be highly commended for their achievements throughout the year and their ongoing dedication to the sound financial management of the Association.

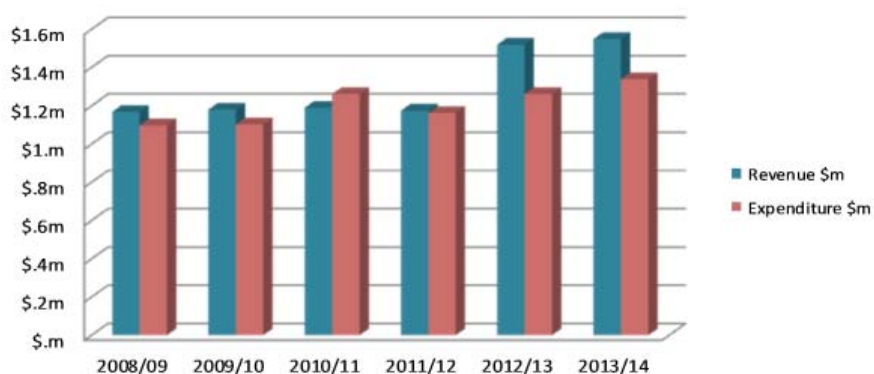
Jacqueline Dowling

Honorary Treasurer

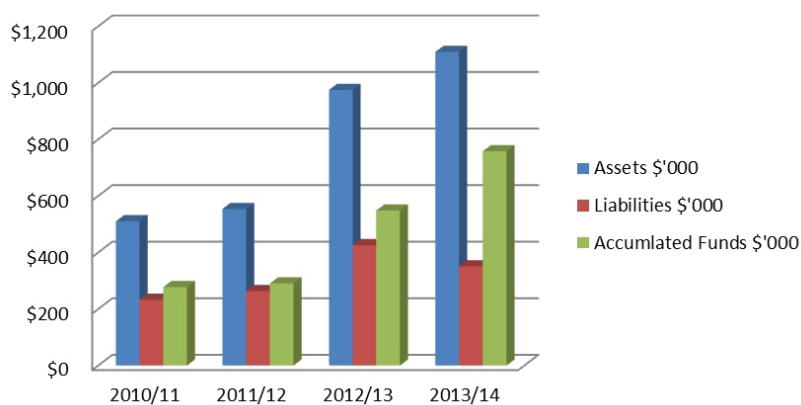
November 2014

TREASURER'S REPORT

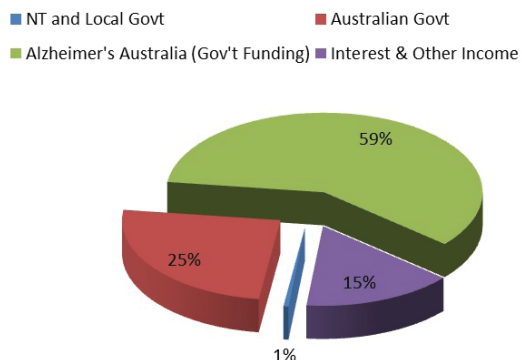
Annual Revenue & Expenditure Comparison



Financial Position 4 year Comparison



Revenue Sources 2012/13



PERSONNEL AT 30 JUNE 2014

Personal at 30 June 2013

Patron

- Dr Valerie Asche AM

Medical Advisor

- Dr Sadhana Mahajani

Board (Management Committee)

- Dr Vicki Krause President

National Alzheimer's Australia Board Delegate

Alzheimer's Australia Research Delegate

- Claire Bell Vice President
- Jacqueline Dowling Honorary Treasurer
- Elizabeth Furlonger Secretary/Public Officer
- Judith Buckley Director
- Julie Nicholson Director
- Dr Sadhana Mahajani Director
- Ray Norman Chief Executive

Staff

- Rod Scarr Manager Education Services
- Norma Sutcliffe Educator Officer
- Rufaro Nyamusara Educator Officer
- Judy Ratajec Manager Client Services NT
- Dianne Maley Client Services Coordinator
- Susan Williams Dementia Advisor
- Dorothy Chiteme Dementia Advisor
- Nicole O'Connor Alice Springs Client Services Coordinator
- Gillian McQuinn Community Respite Facilitator
- Karen Riley Community Respite Facilitator
- Sonia Norris Community Respite Assistant
- Kylie Beard Manager Finance
- Karen O'Brien Finance/Administration
- Tania Nash Administration/Communications Officer Darwin
- Alicia Troy Administration Trainee



Alzheimer's Australia NT Darwin Staff

ALZHEIMER'S AUSTRALIA NT INCORPORATED

ABN 34 030 043 531

**SPECIAL PURPOSE FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2014**

ALZHEIMER'S AUSTRALIA NT INCORPORATED

SPECIAL PURPOSE FINANCIAL REPORT

FOR THE YEAR ENDED 30 JUNE 2014

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Independent auditor's report to the members of Alzheimer's Australia NT Incorporated

We have audited the accompanying financial report, being a special purpose financial report, of Alzheimer's Australia NT Incorporated (the "Association"), which comprises the balance sheet as at 30 June 2014, and the statement of comprehensive income, statement of changes in equity and statement of cash flows, a summary of significant accounting policies, other explanatory notes and the Board's statement.

The Responsibility of the Board for the Financial Report

The Board of the Association is responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies described in Note 1 to the financial statements which form part of the financial report are appropriate to meet the financial reporting requirements of the Associations Act and are appropriate to meet the needs of the members. The Board's responsibility also includes establishing and maintaining internal controls relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Board, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of the Australian professional accounting bodies.

Basis for Qualified Auditor's Opinion

The Association has determined that it is impracticable to establish control over the collection of income, other than grant income, prior to entry into its financial records. Accordingly, as the evidence available to us regarding income, other than grant income, was limited, our audit procedures with respect to income, other than grant income, had to be restricted to the amounts recorded in the financial records. We therefore are unable to express an opinion on whether the income, other than grant income, the Association obtained is complete.

Qualified Auditor's Opinion

In our opinion, except for the effects, if any, of the matters referred to in the above paragraphs, the financial report presents fairly, in all material respects, the financial position of Alzheimer's Australia NT Incorporated as of 30 June 2014 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements and the requirements of the Associations Act.

Basis of Accounting and Restriction on Distribution

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the boards' financial reporting responsibilities under the Associations Act. As a result, the financial report may not be suitable for another purpose.



Merit Partners



Aminul Islam
Director

Darwin

Date: 5 November 2014

ALZHEIMER'S ASSOCIATION NT INCORPORATED

STATEMENT BY BOARD MEMBERS
FOR THE YEAR ENDED 30 JUNE 2014

In our opinion –

- (a) the accompanying financial report as set out on pages 4 to 13, being a special purpose financial statement, is drawn up so as to present fairly the state of affairs of the Association as at 30 June 2014 and the results of the Association for the year ended on that date;
- (b) the accounts of the Association have been properly prepared and are in accordance with the books of account of the Association; and
- (c) there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

We confirm as follows:

- (a) The names of each board member of the association during the relevant financial year were:
Dr Vicki Krause (President), Claire Bell (Vice President), Jacqueline Dowling (Treasurer), Elizabeth Furlonger (Secretary & Public Officer), Judith Buckley, Julie Nicholson, Dr Sadhana Mahajani, Raymond Norman (Chief Executive).
- (b) The principal activities of the Association during the relevant financial year were the provision of education, training and services to people living with dementia. There were no changes to the principle activities since last financial year.
- (c) The net surplus of the Association for the financial year was \$226,883 (2013 surplus: \$257,983).

Signed in Darwin, for and on behalf of, the Management Committee on

4/11/2014


Chief Executive


Treasurer

The accompanying notes form part of the financial report.
This report is to be read in conjunction with the attached audit report.

ALZHEIMER'S AUSTRALIA NT INCORPORATED**STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2014**

	Notes	2014 \$	2013 \$
Revenue			
- Grant Income		1,312,794	1,132,587
- Other Income		235,550	386,230
Expenses			
- Personnel Costs		(951,837)	(861,372)
- Depreciation		(12,890)	(17,487)
- Motor Vehicle and Travel		(104,095)	(97,731)
- Occupancy costs		(55,104)	(49,852)
- Other Expenses		(197,535)	(234,392)
Net Result Before Income Tax		<u>226,883</u>	<u>257,983</u>
Income Tax		-	-
Net Result After Income Tax		<u><u>226,883</u></u>	<u><u>257,983</u></u>

The accompanying notes form part of these financial statements.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

BALANCE SHEET AS AT 30 JUNE 2014

	Notes	2014 \$	2013 \$
<u>CURRENT ASSETS</u>			
Cash and Cash Equivalents	2	1,018,892	786,293
Trade and Other Receivables	3	14,239	121,799
Prepayments	4	14,485	14,844
Inventory		-	326
Total Current Assets		<u>1,047,616</u>	<u>923,262</u>
<u>NON-CURRENT ASSETS</u>			
Property, Plant and Equipment	5	<u>60,033</u>	<u>51,327</u>
Total Non-Current Assets		<u>60,033</u>	<u>51,327</u>
Total Assets		<u>1,107,649</u>	<u>974,589</u>
<u>CURRENT LIABILITIES</u>			
Trade and Other Payables	6	131,655	121,149
Provisions	7	80,983	75,769
Unexpended Grants/Grants In Advance	8	40,770	100,316
Borrowings	9	<u>5,782</u>	<u>5,432</u>
Total Current Liabilities		<u>259,190</u>	<u>302,666</u>
<u>NON-CURRENT LIABILITIES</u>			
Provisions	7	58,218	102,754
Borrowings	9	<u>15,008</u>	<u>20,819</u>
Total Non-Current Liabilities		<u>73,226</u>	<u>123,573</u>
Total Liabilities		<u>332,416</u>	<u>426,239</u>
<u>NET ASSETS</u>		<u>775,233</u>	<u>548,350</u>
<u>ACCUMULATED FUNDS</u>			
Retained Profits at end of year		775,233	548,350
<u>TOTAL ACCUMULATED FUNDS</u>		<u>775,233</u>	<u>548,350</u>

The accompanying notes form part of these financial statements.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

**STATEMENT OF CHANGES IN EQUITY
FOR THE YEAR ENDED 30 JUNE 2014**

	Notes	2014 \$	2013 \$
Balance at beginning of year		548,350	290,367
Total comprehensive income for the year		226,883	257,983
Balance at end of year		<u>775,233</u>	<u>548,350</u>

The accompanying notes form part of these financial statements.

ALZHEIMER'S AUSTRALIA NT INCORPORATED**STATEMENT OF CASH FLOWS****FOR THE YEAR ENDED 30 JUNE 2014**

	Notes	2014 \$	2013 \$
<u>CASH FLOWS FROM OPERATING ACTIVITIES:</u>			
Grants Received		1,253,248	1,232,903
Donations		115,253	186,026
Other receipts		216,598	153,979
Interest		11,259	5,128
Payments to suppliers and customers		(1,336,702)	(1,206,537)
Net cash provided by (used in) operating activities		<u>259,656</u>	<u>371,499</u>
<u>CASH FLOWS FROM INVESTING ACTIVITIES</u>			
Purchase of property plant and equipment		<u>(21,596)</u>	<u>(46,805)</u>
Total Non-Current Assets		<u>(21,596)</u>	<u>(46,805)</u>
<u>CASH FLOWS FROM FINANCING ACTIVITIES</u>			
Loan repayments		<u>(5,461)</u>	<u>26,251</u>
Net cash used by financing activities		<u>(5,461)</u>	<u>26,251</u>
Net Increase (decrease) in cash and cash equivalents held		232,599	350,945
Cash and cash equivalents at beginning of financial year		<u>786,293</u>	<u>435,348</u>
Cash and cash equivalents at end of financial year		<u><u>1,018,892</u></u>	<u><u>786,293</u></u>

ALZHEIMER'S AUSTRALIA NT INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2014

NOTE 1. STATEMENT OF ACCOUNTING POLICIES

The accounting policies adopted by the Association are stated in order to assist in a general understanding of the financial statements. These policies have been consistently applied except as otherwise indicated.

(a) Reporting Entity

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Association's constitution and the Associations Act Northern Territory. The Committee has determined the Association is not a reporting entity, as it is their opinion, there are unlikely to exist users who are unable to command the preparation of reports tailored so as to satisfy all of their information needs.

(b) Accounting Policies

The financial report has been prepared on a modified accruals basis, is based on historical cost conventions and does not take into account changing money values or, except where stated, current valuations of non-current assets.

Unless otherwise stated the accounting policies adopted by Alzheimer's Australia NT

(c) Property, Plant & Equipment

Cost or valuation

Property, plant and equipment are carried at cost.

Depreciation

Depreciation is provided on the prime cost basis on all property, plant and equipment. All assets are depreciated over their estimated useful lives. Depreciation Rates applied are:

<u>Asset Class</u>	<u>Useful Life (Yrs)</u>	<u>Depn Rate (%)</u>
Plant & Equipment	2.5 - 5	20% - 40%
Motor Vehicles	5	20%
Leasehold Improvements	5	20%

(d) Government grants

Grant income is recognised in the Statement of Income and Expenditure in the periods in which the relevant expenditure for which the grants are intended, is incurred; and is not recognised until related contractual conditions have been complied with.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2014 (CONT.)**

NOTE 1. STATEMENT OF ACCOUNTING POLICIES (CONT.)

Grants received for the purchase of property, plant and equipment are brought to account as a liability under the heading "Deferred Grant Income". The amount of these grants is brought to account as income over the useful life of the property, plant and equipment purchased with the grant. The amount brought to account as income is the same as the amount brought to account as a depreciation expense for those items.

(e) Employee Entitlements

Amounts expected to be paid to employees in respect of their pro-rata entitlements to annual leave and long service leave are accrued annually in accordance with award, statutory and contractual requirements.

(f) Redundancy provision

A Provision for redundancy has been made with respect to obligation to employees that would crystalize in the event that all grant funded programs were discontinued.

(g) Going Concern

The future operations of Alzheimer's Australia NT Incorporated are dependant upon adequate future funding from relevant funding bodies to enable the Association to pay its debts as and when they fall due.

(h) Income Tax

Alzheimer's Australia NT Incorporated has been endorsed by Australian Taxation Office for GST concession and FBT exemption from 1 July 2005 and Income tax exemption from 1 July 2000.

(i) Goods and Services Tax

Revenues, expenses and assets are recognised net of the amount of GST. Receivables and payables are recognised inclusive of GST. The net amount of GST recoverable from, or payable to, the taxation authority is included as part of the receivables or payables.

ALZHEIMER'S AUSTRALIA NT INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2014 (CONT.)**

	2014 \$	2013 \$
<u>NOTE 2: CASH AND CASH EQUIVALENTS</u>		
Bendigo Bank 4992	546,851	244,192
Bendigo bank-Dwn SO Petty Cash	818	-
Capital sinking fund CWB1962	146,030	87,078
Bendigo Deductible Gifts 8709	99,527	454,372
CWB TDep Infrastructure fund	224,000	-
Undeposited Funds	1,294	102
Electronic Payments	(435)	-
Petty Cash - Darwin Office	594	292
Petty Cash-Stepping out A/S	100	100
Petty cash - ASO	80	77
Petty Cash - stepping out dwn	33	80
Total Cash and Cash Equivalents	<u>1,018,892</u>	<u>786,293</u>
<u>NOTE 3: TRADE AND OTHER RECEIVABLES</u>		
Receivables	<u>14,239</u>	<u>121,799</u>
Total Trade and Other Receivables	<u>14,239</u>	<u>80,702</u>
	<u>14,239</u>	<u>121,799</u>
<u>NOTE 4: OTHER CURRENT ASSETS</u>		
Prepayments	<u>14,485</u>	<u>14,844</u>
Total Other Current Assets	<u>14,485</u>	<u>14,844</u>

ALZHEIMER'S AUSTRALIA NT INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2014 (CONT.)**

	2014 \$	2013 \$
<u>NOTE 5: PROPERTY, PLANT AND EQUIPMENT</u>		
Office Equipment - at cost	95,224	95,224
Less: Accumulated Depreciation	<u>(95,224)</u>	<u>(95,224)</u>
Total Office Equipment	-	-
Motor Vehicle - at cost	88,677	85,017
Less: Accumulated Depreciation	<u>(48,208)</u>	<u>(59,015)</u>
	40,469	26,002
Motor Vehicle under Chattel Mortgage - at Cost	28,805	28,805
Less: Accumulated Depreciation	<u>(9,241)</u>	<u>(3,480)</u>
Total Motor Vehicles	<u>60,033</u>	<u>51,327</u>
Leasehold Improvements - at cost	34,701	34,701
Less: Accumulated Depreciation	<u>(34,701)</u>	<u>(34,701)</u>
Total Leasehold Improvements	-	-
Total Property, Plant and Equipment	<u><u>60,033</u></u>	<u><u>51,327</u></u>

ALZHEIMER'S AUSTRALIA NT INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2014 (CONT.)**

	2014 \$	2013 \$
<u>NOTE 6: TRADE AND OTHER PAYABLES</u>		
Trade Creditors	23,460	25,101
Accrued Expenses	20,101	14,500
Credit card - Bendigo Bank	13,375	8,211
PAYG Payable	16,935	17,104
Net GST Payable	36,620	35,903
Superannuation Payable	21,104	20,330
Holding deposit	60	-
Total Trade and Other Payables	<u>131,655</u>	<u>121,149</u>

NOTE 7: PROVISIONS

Current

Annual Leave	59,029	75,769
Long Service Leave	21,954	-
Total Current Provisions	<u>80,983</u>	<u>75,769</u>

Non-current

Long Service Leave	-	25,231
Redundancy	58,218	77,523
Total non-current provisions	<u>58,218</u>	<u>102,754</u>

ALZHEIMER'S AUSTRALIA NT INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2014 (CONT.)**

	2014	2013
	\$	\$

NOTE 8: UNEXPENDED GRANTS/GRANTS IN ADVANCE

Alzheimer's Australia NT Incorporated has grant income unexpended at 30 June 2014. The funding that may be required to be returned to funding bodies in accordance with applicable funding agreements, are as follows:

NT Government Grants

HACC - Transitional	-	2,470
	-	2,470

Alzheimer's Australia

Younger Onset Dementia	16,724	54,452
Your Brain Matters	973	20,300
NDSP / BCDC	21,573	-
Emergency Services	-	5,833
	39,270	80,585

Other

Carers NT	-	15,461
Senior Month	1,500	1,800
	1,500	17,261

Total Unexpended Grants/Grants In Advance	40,770	100,316
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NOTE 9: BORROWINGS

CURRENT

Chattel Mortgage	5,782	5,432
Total Current Borrowings	5,782	5,432

NON-CURRENT

Chattel Mortgage	15,008	20,819
Total Non-Current Borrowings	15,008	20,819

The Chattel Mortgage is secured by a mortgage over the asset which was purchased with the funds provided under the mortgage ie a Motor Vehicle.