

# **A YEAR IN REVIEW 2015-2016**

**ALZHEIMER'S AUSTRALIA  
SOUTH AUSTRALIA**



**FIGHT ALZHEIMER'S  
SAVE AUSTRALIA**

# VISION

**A SOCIETY COMMITTED  
TO REDUCING THE  
IMPACT OF DEMENTIA**









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Alzheimer's Australia SA would like to acknowledge the Aboriginal people as the traditional custodians and carers of the country of Australia. We acknowledge and respect the Aboriginal people of Australia's relationship with country and their cultural and spiritual beliefs.

# FROM THE CHAIRMAN & CEO



Kathryn Quintel  
Chief Executive Officer



A.P. (Tony) Newman  
Chairman

**In 2016 we saw unparalleled transformation with government structural reforms, including the continuing roll out of the National Disability Insurance Scheme (NDIS), Consumer Directed Care and the establishment of the My Aged Care Gateway. Responsibility for aged and dementia care is increasingly moving to the Commonwealth, with the consumer having the choice as to how their funding is used.**

In response to this significantly changing landscape the member organisations of the Alzheimer's Australia federation, through their representatives on the National Board, have reviewed the effectiveness of the current structure. The outcome of this review is a commitment to work towards a unified national body.

There is much work to be done to develop a structure and operating model which can be embraced by all federation members. The Board of AASA is committed to regular open communication with all stakeholders as this work progresses. At the appropriate time we will call a Special General Meeting to involve all members in deciding on the way forward for AASA.

As part of this activity all federation member CEOs are working to identify ways we can continue to collaborate across Australia and leverage the diverse skills and knowledge of the people we have across the country. We are focussed on continuing to provide the highest quality support to our clients, and their families and carers.

To meet the needs of the newly empowered consumers our organisation needs to be agile. We must continue to challenge why we do things the way we do and focus on how we can improve our services each and every day. Unless Alzheimer's Australia adopts a national model it will continue to struggle to compete for funds with more agile and efficient providers.

It is anticipated there will be a number of benefits resulting from unification:

- Improved capacity to deliver services for people with dementia, their families and their carers;
- Enhanced capacity to secure financial support, improve overall financial sustainability and raise the organisation's public profile;
- A more nimble, agile and responsive organisation equipped to deal with the rapidly changing environment which will enable long term sustainability;
- Improved collaboration, a strengthened organisational culture and growth opportunities for staff; and
- Streamlined decision making and reduced overhead costs.

AASA is very excited by the prospect of creating a new, single unified organisation and the many benefits it will bring for people living with dementia, their carers and families.

The rebrand of our own funded service "Nightingale Nurses" aims to support people living with dementia and their families, providing practical advice and emotional support at any time following a diagnosis of dementia.

Our Nightingale Nurses can also assist with advanced care planning. The service is complimentary and made available through the generosity of our donors and the Rosemary Foundation.

AASA continues to provide services to people living with dementia and their families in both metropolitan and regional South Australia. A suite of services are on offer including Dementia Link Workers, Connexus, Younger Onset Dementia, Early Intervention, Counselling and our Education Services continue.

AASA continues to lay solid foundations for the future with a surplus of \$399,170 for the end of June 2016.

An enormous thank you must go to our donors, friends, corporate sponsors, staff and volunteers who support AASA.





# WHAT WE DO

## About Alzheimer's Australia SA

Since our establishment in 1983, Alzheimer's Australia SA has led the way in providing support services, education and advocacy for people impacted by dementia.

### **We know that living with dementia is difficult at times desperately so.**

Alzheimer's Australia SA is the centre of excellence in dementia care and support. Throughout our history, services provided by our organisation have been designed for people living with dementia, their carers and families.

We pride ourselves on developing services that will enhance the lives of people with dementia. We frequently seek feedback from our consumers on issues which directly affect their support.

Find out more about Alzheimer's Australia SA at -

[sa.fightdementia.org.au](http://sa.fightdementia.org.au)





# OUR WORK

## Dementia Link Workers

The Alzheimer's Australia SA Dementia Link Workers support people living in the community with memory changes or a diagnosis of dementia, their carers and family members to access support, services and information which promotes independent living and positive health and wellbeing.

During 2015/2016, our Dementia Link Workers provided independent advice and supported clients throughout all regions of South Australia whilst attending General Practitioner Hubs and various community events. Demand for the Dementia Link Worker service continues to grow.

## Dementia Training Study Centre (DTSC)

The South Australia and Northern Territory Dementia Training Study Centre (SA & NT DTSC) delivered 81 clinical workshops and lectures to 1660 attendees during 2015/2016.

A large number of health professionals completed the newly developed SA & NT DTSC online eLearning resource for supporting the Lesbian, Gay, Bisexual, Transgender, Intersex (LGBTI) community with dementia during this time.

There was a high demand for the range of resources created by the SA & NT DTSC over the previous contract periods with more than 3,000 resources distributed locally and nationally.

DTSC ceased on October 1, 2016 with the Australian Government funding a new initiative, Dementia Training Australia – a national approach to dementia training.

Alzheimer's Australia SA will continue to deliver professional development programs for Medical, Social Work and Nursing students and continue training staff at The Queen Elizabeth Hospital who undertake one-on-one care for people with dementia.

## Dementia Behaviour Management Advisory Services (DBMAS)

The DBMAS service effectively supported 2,790 people living with dementia who displayed behavioural and psychological symptoms of dementia.

Alzheimer's Australia SA has successfully auspiced this service since its commencement in 2007. With changes in government policy the service transitioned to a new provider on 1 October 2016.

## Palliative Care Program re-brand - Nightingale Nurses

Alzheimer's Australia SA officially launched the re-brand of the palliative care program, Nightingale Nurses, at our International Action on Dementia event September 23, in celebration of Dementia Awareness Month.

Nightingale Nurses are specialist nurses who provide practical one-on-one advice and emotional support to enable people living with dementia and their families to live well with knowledge, compassion and support.

The goal of Nightingale Nurses and Alzheimer's Australia SA is to fill some of the gaps in care which exist. 48 referrals have been received so far.

Thanks to an overwhelming demand, a triage procedure is in place to ensure our Nightingale Nurses can maintain the high quality services for both persons with complex needs and carers in the community.



# OUR WORK

## Homelessness & Dementia - Memory Hubs

Alzheimer's Australia SA has had a weekly presence conducting Memory Hubs at Hutt Street Centre for 18 months, engaging with case managers, General Practitioners and clients. These Memory Hubs help to meet the sensitive needs of the homeless community providing support to help them understand brain health and living better with memory loss and dementia.

## Aboriginal and Torres Strait Islander (ATSI) – Healthy Brains Hubs

Healthy Brain Hubs is a culturally appropriate way of reaching an audience meeting the needs of people living with dementia in Aboriginal communities. Our Aboriginal Dementia Link Worker has been connecting with and bringing awareness to the ATSI Elders, and is progressively and successfully breaking down the stigma of dementia in their communities.

## National Dementia Support Program

The National Dementia Support Program provides counselling services and Early Intervention programs for people living with dementia and their families.

The Early Intervention Living with Memory Loss Programs, workshops, support groups and Give it a Go continue to provide valuable information, strategies and ongoing social support to people in the early stages of dementia and their families and friends.

Many participants have formed ongoing friendships meeting up on occasions outside of their groups and some have also holidayed together.

The counselling service has seen growth in referrals over the last 12 months with 1,045 client referrals. The service will be moving to a new service delivery model as of 1 January 2017 with a focus on therapeutic counselling for people living with dementia and their families and carers.

## Multicultural Application Project

This is a 3 year project in which Alzheimer's Australia SA are developing a mobile application and website for front line aged care staff to support in the provision of culturally appropriate care for people living with dementia within residential aged care settings. The product will be finalised by April 2017 and launched nationally.



# PARLIAMENTARY EVENTS



## Parliamentary Dementia Champions

2015/2016 offered a number of opportunities for Alzheimer's Australia SA to continue advocating for people living with dementia at a Parliamentary level.

Uniting both sides of politics, MP's Nat Cook, Member for Fisher (Labor) and Sam Duluk, Member for Davenport (Liberal) co-hosted a morning tea at Parliament House for Parliamentary Dementia Champions. This event enabled Alzheimer's Australia SA CEO, Kathryn Quintel, to speak to more than a dozen MP's on the impact dementia has on their communities and the steps they can take to improve the quality of life for people within their communities living with dementia and their carers.

## Dementia Friendly Community Forums

A total of 32 parliamentarians have joined with Alzheimer's Australia SA becoming Parliamentary Dementia Champions; supporting and raising awareness in their communities about the social, economic and emotional impact dementia has on people, families and carers.

Following on from the Parliamentary Dementia Champions morning tea, Alzheimer's Australia SA has begun rolling out community forums focused on Creating Dementia Friendly Communities with our Parliamentary advocates. We are in the process of organising these forums in electorates across the state, with more planned for the coming year.



# OUR FOOTPRINT

**South Australian  
Families Assisted**

**3,483**



**Total Service Interactions  
With People  
(All Forms of Contact)**

**32,083**

**People From  
Countries Assisted**

**69**

**Youngest Person  
Helped**

**17**

**Oldest Person  
Helped**

**106**

# COMMUNITY AWARENESS



## Connexus & Younger Onset Dementia Key Workers

The Alzheimer's Australia SA Connexus program provided monthly outings to clients, including trips to the Railway Museum, South Australian Health and Medical Research Institute (SAHMRI) and Monarto Zoo. With support from fundraising group Teamtlc, Connexus ran a successful retreat for clients and carers with Younger Onset Dementia in April at the McCracken Country Club.

Connexus have collaborated with the Alzheimer's Australia SA Younger Onset Dementia (YOD) Key Workers, running monthly social meetings offering a range of guest speakers and entertainment. There has been a positive response to these events with an overwhelming number of persons attending.

In the 2015/2016 financial year, YOD Key Workers partnered with aged care and disability providers Caring Choice and ACH Group to develop meaningful and supportive activities for people with dementia. YOD Key Workers are now focussed on transitioning and supporting people with Younger Onset Dementia into the National Disability Insurance Scheme (NDIS).

## Team Tender Loving Carers (Teamtlc)

Teamtlc are a volunteer fundraising group working with Alzheimer's Australia SA. The group was formed in 2012 by four volunteer carers, in recognition of a need to raise funds to support carers of people living with Younger Onset Dementia.



In the 2015/2016 financial year, Teamtlc raised \$24,650 through various fundraising initiatives including a movie screening, open garden events and a book launch. The funds raised by Teamtlc contribute to wellbeing programs for carers, such as retreats.

For all enquiries regarding Teamtlc, contact Jenny Potter by email -

[jennypotter45@outlook.com](mailto:jennypotter45@outlook.com)



# MEMORY WALK & JOG 2016



**Starting with a fundraising goal of \$80,000, the 2016 Adelaide Memory Walk & Jog was our most successful event to date with fundraising efforts far exceeding initial expectations.**

Participants of Alzheimer's Australia SA's largest community fundraiser raised a grand total of \$92,137. This level of generosity and enthusiasm towards our cause goes a long way in helping to ensure that our vital services continue.

With more than 900 participants registered in 2016, we are aiming for even greater community involvement in 2017. Planning for the 2017 event is already under way, with the Memory Walk & Jog returning to Colley Reserve, Glenelg Sunday 26 March 2017.

More details at –

**[www.memorywalk.com.au](http://www.memorywalk.com.au)**







# OUR GOVERNANCE & MANAGEMENT

## THE ALZHEIMER'S AUSTRALIA SA BOARD 2015/2016



**A.P. (Tony) Newman**  
Chairman



**Kathryn Quintel**  
Chief Executive Officer  
Public Officer  
Company Secretary



**Timothy White**  
Vice Chairman



**Bill Antoniou**  
Board Director



**Alan Bevan**  
Board Director



**John Giles**  
Board Director



**Alison Kimber**  
Board Director



**Scott Langford**  
Board Director  
Resigned February 2016



**Jason Neave**  
Board Director



**Clare MacAdam**  
Board Director





# FINANCIALS

## TREASURER'S REPORT 2016



Timothy White  
Chairman Finance and Risk Committee

### Financial Report for the year ended 30th June 2016

I am pleased to present Alzheimer's Australia SA's Financial Report for the year ended 30th June 2016.

The Board has had to balance competing resources against the reduction of government funding.

The balance sheet of Alzheimer's Australia SA as at 30th June 2016 continues to be strengthened and reflects an appropriate level of cash to offset various funding risks assessed by the Board.

Alzheimer's Australia SA recorded a surplus of \$399,170 for the financial year ended 30th June 2016. With this excellent report the Board continued to provide funding for our Nightingale Nurses service, assisting people living with dementia, their carers and families.

The Rosemary Foundation allocated a sum of \$375,000 to the Alzheimer's Association this financial year. The Rosemary Foundation for Memory Support Inc. is the capital fund investing monies for the long-term benefit of AASA.

Your Association has therefore finished the year in a strong financial position to allow it to continue to provide and increase services in the ensuing years.

# FINANCIALS

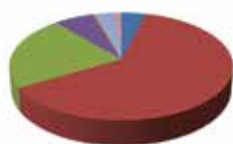
## 2016

### Income & Expenditure for the Year Ended 30th June 2016

Income	2016	2015
Grants & funding	6,188,760	7,079,204
Donations, bequests & fundraising	464,021	2,068,978
Sales (net)	22,954	22,075
Interest received	75,738	106,573
General trading income	222,002	305,623
	<b>6,973,475</b>	<b>9,582,453</b>
Expenditure	2016	2015
Depreciation	46,575	63,660
Fundraising expenses	70,236	96,004
Grants & scholarships	1,779	1,934
Marketing, promotion & newsletter	147,510	156,785
Office & administration	313,601	373,724
Programs, client expenses & resources	990,124	1,296,589
Property, maintenance & environment	191,463	202,962
Salaries, wages & related costs	4,812,517	5,470,888
Contributions to Rosemary Foundation	500	1,538,494
Asset disposal and revaluation, net loss	-	76,568
	<b>6,574,305</b>	<b>9,277,608</b>
<b>Surplus for the year</b>	<b>399,170</b>	<b>304,845</b>

### Payments Received

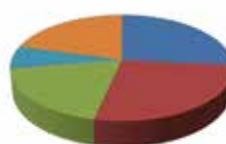
**\$6,973,475**



- Grants - State Government: 3%
- Grants - Federal Government: 53%
- Grants - AA National & Other: 18%
- Donations & Fundraising: 5%
- Bequests: 17%
- Sales & Merchandise: 0%
- Other Income: 3%

### Payments Made

**\$6,574,305**



- Community Services: 27%
- Dementia Behaviour Management Advisory Service: 19%
- Education & Training: 13%
- Advocacy, Resource & Information Services: 1%
- Marketing, Communications & Fundraising: 5%
- Administration & Overheads: 18%
- Rosemary Foundation: 17%

# Alzheimer's Australia SA

27 Conyngham Street, Glenside SA 5065

t **08 8372 2100**

f **08 8338 3390**

e [sa.admin@alzheimers.org.au](mailto:sa.admin@alzheimers.org.au)

[sa.fightdementia.org.au](http://sa.fightdementia.org.au)



## Volunteer For Us

Volunteers at Alzheimer's Australia SA are an integral part of the organisational team of workers and the contribution made over all areas is very much valued and appreciated.

Volunteers donate their time for a whole range of reasons and we aim to match potential volunteers to the roles that both meet their needs and match their skills whilst at the same time meeting the needs of our clients.

Volunteers have the opportunity to make new friends, utilise their skills and knowledge, to have an opportunity to provide support to those in their local community and to use their time usefully. Interested in becoming a volunteer with Alzheimer's Australia SA? Please contact us on **(08) 8372 2100** or via email [sa.admin@alzheimers.org.au](mailto:sa.admin@alzheimers.org.au)

Call the National Dementia Helpline  
now on **1800 100 500**

The National Dementia Helpline is a telephone information and support service available across Australia. The Helpline is for people with dementia, their carers, families and friends, as well as people concerned about memory loss.

The National Dementia Helpline is available 9.00am to 5.00pm across Australia, Monday to Friday excluding public holidays.

## Join the Dementia Friendly Conversation



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[@alzsthaus](https://twitter.com/alzsthaus)



[@alzsthaus](https://www.instagram.com/alzsthaus)



[Alzheimer's Australia SA](https://www.linkedin.com/company/alzheimers-australia-sa)



[/alzsthaus](https://www.youtube.com/channel/UCzsthaus)

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