

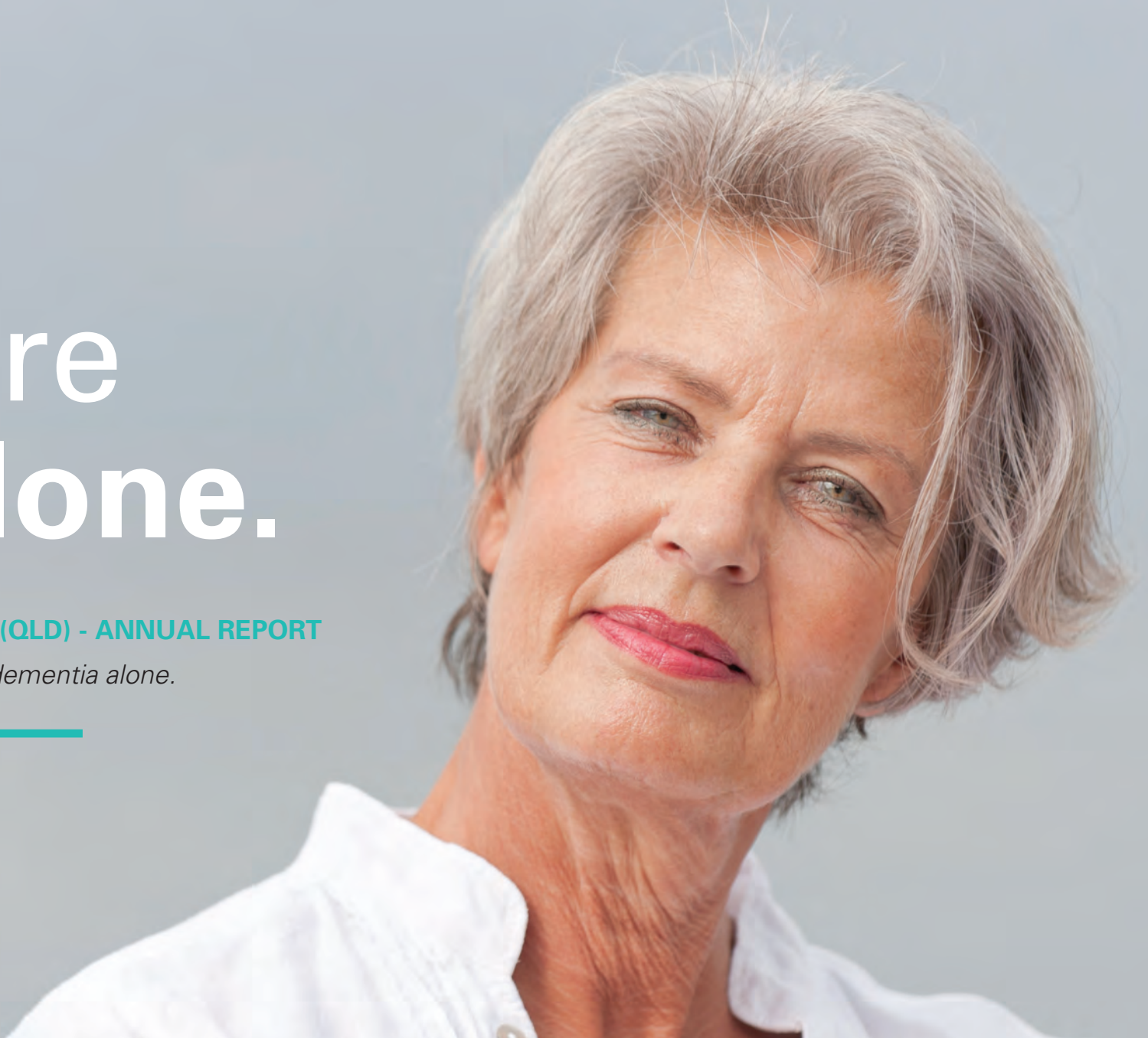
# You are not alone.

ALZHEIMER'S AUSTRALIA (QLD) - ANNUAL REPORT

*No one should have to face dementia alone.*

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**2015/16**



**FIGHT ALZHEIMER**  
**SAVE AUSTRALIA**  
FIGHTDEMENTIA.ORG.AU



# About Us

Alzheimer’s Australia (Qld) was founded in 2002, by and for carers in response to public concern about the lack of information, resources and appropriate residential care for people with dementia. From these modest beginnings, we have grown into a large organisation with 82 employees, 70 regular volunteers and 75 special event volunteers across Queensland.

Alzheimer’s Australia (Qld) is the Queensland member of Alzheimer’s Australia, the peak national charity for people with dementia, their families and carers. In 2005 we formed our own state-based Federation with support from volunteer-led member organisations in Cairns, Townsville, Rockhampton, Mackay, Maryborough, Toowoomba and the Gold Coast. Today, most of these member organisations are now known as Alzheimer’s Australia (Qld).

**ABOUT THIS ANNUAL REPORT:**  
This annual report outlines Alzheimer’s Australia (Qld)’s activities and achievements during the 2015-16 financial year.

We welcome your feedback on the Annual Report – please email: [qldcomms@alzheimers.org.au](mailto:qldcomms@alzheimers.org.au)  
Alzheimer’s Australia (Qld) Limited is registered with the Australian Charities and Not-for-Profits Commission.  
ABN: 62659 237 563  
ACN: 166472224



Our vision: For a society dedicated to the prevention of dementia, while valuing and supporting people living with dementia.

Our purpose: To inspire hope through connecting, informing and empowering Queenslanders affected by dementia.

We deliver state-wide information, education, advocacy and a unique range of support services for people of all ages, living with all forms of dementia. Our goals are to improve the quality of life for Queenslanders living with dementia, encourage investment into the search for a cure and raise community awareness of ways to improve brain health and increase understanding of the signs and symptoms of dementia. With over 244 new cases of dementia reported every day there is an urgent and growing need for our services.

## DRIVERS

**Sustainability, effectiveness, efficiency and impact** are our drivers.

## PEOPLE

Our lifeblood, our people – **staff, volunteers** and **supporters**.

## VALUES

Together we live our organisational values – **RESPECT, TEAMWORK, EXCELLENCE** and **COMMUNITY**.



OUR TEAM



OUR BOARD

- William Bass

Desley O'Brien

Victoria Beedle

Swain Roberts

Andrew Follett
- Chair

Director

Director

Director

Director (retired 13/05/2016)



OUR EXECUTIVE LEADERSHIP TEAM

The Board of Directors delegates responsibility for the operational management and leadership of Alzheimer’s Australia (Qld) to the Chief Executive Officer, who is supported by the members of the Executive Leadership Team (ELT).

- Chief Executive Officer

General Manager Operations

General Manager Business Services

General Manager Finance

General Manager Finance and Business Services

General Manager Human Resources

General Manager Community Relations
- Victoria Beedle

Jillian Jeffery

Jason de Bakker (until 24 Dec 2015)

David McPherson (until Feb 2016)

Pat Welsh (from Feb 2016)

Claire Harrison

Kerry Cutting

Far left: Andrew, Delsey, William, Victoria and Swain.

Left: Claire, Victoria, Pat, Kerry and Jillian

OUR PATRON



HIS EXCELLENCY THE HONOURABLE PAUL DE JERSEY AC,  
GOVERNOR OF QUEENSLAND

The Governor was born in Brisbane in 1942, the third son of school teacher parents Ronald and Moya, both now deceased.

His Excellency won a Commonwealth Scholarship to The University of Queensland, and graduated with a degrees in Arts in 1969 and Laws (with Honours) in 1971. Also in December 1971, the Governor married Kaye Brown. His Excellency and Mrs de Jersey have three children and three grandchildren.

The Governor was called to the Bar at the end of 1971 and was appointed as Her Majesty’s Counsel (QC) in 1981.

The Governor was appointed as a Judge of the Supreme Court of Queensland in 1985, when aged 36 years, he became the 17th Chief Justice of Queensland on 17 February 1998, and served in that role for more than 16 years until 8 July 2014.

In recognition of his contribution to the Australian community, the Governor was appointed a Companion of the Order of Australia in 2000, and awarded a Centenary Medal in 2003. He holds honorary doctorates from The University of Queensland (2000) and The University of Southern Queensland (2008) and Griffith University (2014).

His Excellency was appointed the 26th Governor of Queensland on 29 July 2014.

# OUR AMBASSADORS



PAT WELSH      YOUR BRAIN MATTERS AMBASSADOR

As Sports Editor at Seven News Brisbane recently celebrating 40 years with the network, Pat Welsh has become a popular and trusted figure to his legion of fans. Now, in partnership with Alzheimer’s Australia (Qld), he uses his media profile to bring much needed awareness to brain health.

“Watching my father live with dementia showed me how important programs and services were to my mother and him in helping them retain their quality of life,” he said.

“I want to use my profile to help eliminate the stigma around brain health and start a conversation in the community. Dementia is the second leading cause of death in Australia, and we all need to understand what we can do to reduce our risk.”

During Brain Health Week 2016, Pat hosted a launch event in the Queen Street Mall and returned to the podium to MC our biggest ever Memory Walk and Jog event on Sunday 17th April at the University of Queensland Brisbane campus. After returning from the Rio Olympics, Pat hosted a special evening with Olympians Cate and Bronte Campbell on Tuesday 11 October at the Tattersall’s Club Brisbane.

# OUR PATRON



Christine Bryden AM      Dementia Friendly Communities Ambassador

When Christine Bryden was diagnosed with dementia at the age of 46, she was a senior executive in the Prime Minister’s Department and a single mother with three girls.

Since then she has been an active advocate for people living with dementia. A decade ago Christine addressed the Alzheimer’s Australia national conference in Canberra and later became the first person with dementia to be elected to the board of Alzheimer’s Disease International.

She speaks at conferences and in the media in Australia and around the world. Christine has written four books: Who will I be when I die? (2005), Dancing with Dementia (2015), Before I Forget (2015) and Nothing About Us Without Us (2015). On June 13, 2016 Christine was awarded the Order of Australia for significant service to community health through support for people with Alzheimer’s’ Disease and other dementias, and as a leading advocate and author.



Nadine Hedger      Younger Onset Dementia Ambassador

After several years of specialist appointments and misdiagnosis, Nadine Hedger’s outgoing and fun loving mother Denise was diagnosed with vascular dementia at just 60.

Nadine was there for Denise, who once worked as an air hostess, as she no longer recognised her family and became unable to wash, feed herself or speak with her loved ones. Despite her heartache Nadine was determined to reach out to families in the same situation and established an Alzheimer’s Australia (Qld) Younger Onset Dementia support group called Remember Me.

The group of friends get together to have fun, build memories, raise awareness and educate the community that dementia is not a normal part of ageing nor is it something that only affects the elderly. Sadly, Denise passed away on September 23, 2016 – may her legacy live on in support groups and the hearts of her loved ones.



# Dementia facts and figures

## What is dementia?

Dementia is the term used to describe the symptoms of a large group of illnesses which cause a progressive decline in a person’s functioning.

It is a broad term used to describe a loss of memory, intellect, rationality, social skills and physical functioning. There are many types of dementia including Alzheimer’s disease, vascular dementia, frontotemporal dementia and dementia with Lewy Bodies.

Dementia can happen to anybody, but is much more common after the age of 65.



# Queensland key statistics

77,633

105,170

233,298

77,633: the estimated number of people living with dementia in Queensland in 2016

105,170: the projected number by 2025, without a medical breakthrough

233,298: the projected number by 2056, without a medical breakthrough

For more details: visit [qld.fightdementia.org.au](http://qld.fightdementia.org.au)



# Australian key statistics

- 413,106: the estimated number of people living with dementia in Australia in 2016 <sup>1</sup>
- 1,100,890: the projected number of people living with dementia in Australia in 2056 without a medical breakthrough <sup>1</sup>
- 25,983: the projected number of people living with dementia in Australia with Younger Onset
- Dementia, a diagnosis of dementia under the age of 65; including people as young as 30 <sup>1</sup>
- By 2025 some 255,800 carers will be needed in the community and 122,100 carers working in the carer accommodation sector. These figures are expected to double by 2056. <sup>1</sup>
- Dementia is the single greatest cause of disability in older Australians (65 years +) and the third leading cause of disability burden overall. <sup>2</sup>
- Almost half of permanent residents with dementia also had a diagnosis of dementia. <sup>3</sup>
- Dementia is the second leading cause of death of Australians <sup>3</sup>

For more details: visit [qld.fightdementia.org.au](http://qld.fightdementia.org.au)

<sup>1</sup> The National Centre for Social and Economic Modelling NATSEM (2016) *Economic Cost of Dementia in Australia 2016-2056*.  
<sup>2</sup> Australian Institute of Health and Welfare (2012) *Dementia in Australia*  
<sup>3</sup> Australian Institute of Health and Welfare (2012) *Residential Aged Care in Australia 2010-2011 – A Statistical Overview* (cat No. Age 68. Canberra)



# PREVENT DETECT SUPPORT

ALZHEIMER'S AUSTRALIA (QLD)

STRATEGIC PLAN

2015 - 2020

## Thanks to you, we made a huge difference in 2015-16

Launched in April 2015, the 2015-16 financial year saw the first year of implementation of our new 2015-2020 Strategic Plan: Prevent, Detect, Support.

This new strategy is ambitious and increases the focus on addressing needs and gaps in service to achieve best possible outcomes, reach and impact for people living with dementia across Queensland.

### AREAS OF FOCUS

- Supporting those involved in the search for a cure or a disease-modifying breakthrough whilst continuing to support those currently affected by dementia
- Brain health and risk reduction – community awareness, understanding, attitudes and actions
- Detecting dementia earlier and reducing the barriers to diagnosis and stigma
- A broader statewide approach – with a strong regional approach to sustainable and innovative service delivery where it is needed
- Accessibility, equity and expertise
- Evidence-based practice, sustainability, quality and improved collaboration
- Governance and leadership
- And of course, ensuring that Alzheimer's Australia (Qld) is a great place to work for our staff and volunteers, and for everyone to visit

We hope you will continue to join us on this ambitious journey – a full copy of our Strategic Plan 2015-20 is available at [qld.fightdementia.org.au](http://qld.fightdementia.org.au)



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# Chairman's report

## ENABLING STRATEGY

2015-16 saw the first year of our state-wide implementation of the 2015-20 Strategic Plan: Prevent, Detect, Support.

Our goal was to meet or exceed the ambitions of our new strategy, respond quickly and effectively to new opportunities, broaden public understanding and to lead the way in providing transformational support.

People affected by dementia inform every step we take and our amazing volunteers, staff, donors, funders and advocates make it all possible.

This report highlights many achievements we are proud of, but we know we are only in the early stages of tackling what is now the second leading cause of death in Australia.

## BOARD LEADERSHIP

Having a first class Board of Directors is key to organisational performance. I would like to sincerely thank our Board for the inspiring leadership they have shown in supporting and championing our new strategy in its first year of implementation.

We also would like to thank Board Director Andrew Follett, who retired in May 2016, for his dedication and continued support for people affected by dementia in this leadership volunteer role.

## ACKNOWLEDGEMENTS

I would also like to acknowledge the continued support from the State and Commonwealth Governments, as well

as the philanthropic community. This generosity enables us to continue to deliver our mission: to boost brain health, support the search for a cure, make early diagnosis easier and help improve the quality of life for Queenslanders living with dementia. Our funders are critical partners in ensuring our vital work can become sustainable and we are grateful for their ongoing commitment and investment.

Additionally I would also like to acknowledge Graeme Samuel AC our National President, Ita Buttrose AO OBE and Sue Pieters-Hawke our National Ambassadors and Carol Bennett our National CEO who resigned from her role in August 2016.

Alzheimer’s Australia (Qld) is the only Queensland member of the Alzheimer’s

Australia federation, a partnership from which we derive strength, collective experience and consistency.

Last but not least I would like to sincerely thank our local supporters, our staff and volunteers, executive team and leadership team and in particular our CEO Victoria Beedle, for their tireless efforts over the year to deliver the best possible outcomes for people with dementia and their carers across Queensland.

## LOOKING AHEAD

With many Australians unable to receive a timely diagnosis of dementia, nor the care and support they and their carers deserve, much still needs to be done. Equally, more research is needed not only to offer new hope for tomorrow but also better support for today.

This year we have laid firm foundations for our five year strategy which will continue to build on Alzheimer’s Australia (Qld’s) record of achievement. By increasing awareness of dementia and the work we do, we will be able to help even more people in the years ahead.

**William Bass**  
Chairman





# CEO's report

It has been another year of extraordinary achievement and significant change for Alzheimer's Australia (Qld).

Following its launch in April 2015, our 2015-2016 financial year has focused on implementing our Prevent, Detect, Support 2015-2020 Strategy which has three key focus areas:

- **PREVENT** – encouraging investment into the cause, care, cure and prevention of dementia and inspiring awareness about boosting brain health and change, at a state and individual level
- **DETECT** – increasing public awareness and understanding of the signs and symptoms of dementia and reducing the stigma of dementia in the community so more people are diagnosed more quickly

**SUPPORT** – meeting the needs of people with dementia and their carers; sharing information and being the go-to source of trusted information on dementia; helping people access the support and information they need

The needs and experiences of people affected by dementia informs our work, and evidence and best practice is the basis for everything we do.

Delivering on our strategic goals requires that we have the right people, in the right roles, empowered in the right way to drive our new strategy into the future. It is therefore a great privilege in this Annual Report to showcase the many achievements and milestone changes made possible thanks to the dedication and commitment of our employees,

volunteers, Board Directors, supporters, partners and advocates.

## HIGHLIGHTS

- First year implementation of our 2015-2020 Strategic Plan - Prevent, Detect, Support – a focus on finding the right people to fill the right roles state-wide to deliver the new strategy
- Strengthening our local reach by formalising a network of Dementia Support Centres in Brisbane, Townsville, Cairns, Rockhampton, Maryborough, Toowoomba and the Gold Coast supported by a growing volunteer base
- Gold Coast services officially came under the banner of Alzheimer's Australia (Qld) and excitingly the Eden Alternative, a model that transforms institutional care environments to



person-directed and relationship driven communities in a home like environment, was initiated at our Rosemary House Respite and Dementia Support Centre in Arundel

- Supporting our new strategy by the creation of three regional operational areas that cater for the diverse needs of both regional and southeast Queensland – Gold Coast and surrounds, the Brisbane and Outer Region, and North and Far North Queensland

- Memory Walk and Jog inspired support in both Brisbane and for the first time on the Gold Coast – helping build a sustainable and independent income platform
- Launch of our annual CEO Listening Tour to better understand the changing needs of our clients, volunteers and staff state-wide
- One-off federal grant to fund a much needed team of part-time Community Development Officers in our Dementia Support Centres in Townsville, Toowoomba, Cairns and Rockhampton
- Person living with dementia safely returned home thanks to our Safely Home program in collaboration with the Queensland Police Service Missing Person's Unit

## SUSTAINABILITY

As consumer demand for our services skyrockets and pressures on government funds continue to increase, our focus on fundraising through other income streams is fundamental to the success of delivering our 2015-2020 Strategic Plan.

Thanks to growing community support we were able to take our Memory Walk and Jog event to a new location on the Gold Coast as well as Brisbane. Our Art Union reached new supporters state-wide and our team of community fundraisers continued to raise thousands of dollars.

In spite of so many good causes to invest in, our loyal donors continued to support our work throughout the financial year including one-off gifts, regular gifts, gifts in memory of a loved one and bequests, helping us begin to build a sustainable and independent income platform for the years to come.

Across the board the generosity of our supporters demonstrated increasing public determination to tackle dementia at a time of increased public scrutiny of charities.

*Thank you for investing in our work.*

Hundreds of volunteers state-wide gave their time and talent alongside our dedicated and skilled staff. In local services we rely on our volunteers to make that difference to the lives of people in their communities. Volunteers played a vital role in supporting our events, awareness and advocacy campaigns, fundraising, the Safely Home program, dementia-friendly community projects, music therapy, friendship and support groups, administration and dementia support centres.

## ACKNOWLEDGEMENTS

To our clients, volunteers, board, staff, partners, advocates and supporters, I thank you for your passionate commitment to making a difference for people impacted by dementia.

Alzheimer's Australia (Qld) exists only to serve those who need our help the most. What unites us all is the desire and passion to improve the quality of life for people affected by dementia and to meet their needs as best we possibly can. Thank you all.

**Victoria Beedle**  
CEO

## GROWING DEMAND

We know that we can't meet that challenge alone - the challenge is too great – so we will be actively seeking to build range of partnerships and collaborations with the Queensland community.



# Highlights

## July 2015 – June 2016

2015

### JULY

- The Queensland Brain Institute partnered with Alzheimer's Australia (Qld) and Hand Heart Pocket, the charity of the Freemasons Queensland for a special gala event showcasing a performance by world class opera singers and a keynote speech by Alzheimer's Australia Ambassador, Ita Buttrose AO OBE. \$12,000 was shared between both organisations to fund vital research and services.
- 24 July saw the long awaited grand opening of the new Townsville Dementia Support Centre by Coralee O'Rourke; Minister for Disability Services, Minister for Seniors and Minister Assisting the Premier on North Queensland and Member for Mundingburra.
- Refurbishment of the Cairns Dementia Support Centre was completed (providing a comfortable drop-in and meeting space and library) thanks to the hard work and funds raised by our Alzheimer's Australia (Qld) volunteers in Far North Queensland.

### AUGUST

- Indigenous activities in the north gained momentum as Alzheimer's Australia (Qld) representatives visited the western Cape York communities, the Torres Strait Islands and indigenous communities closer to Cairns and collaborated with local leaders and organisations.
- Seniors Week saw a plethora of activity state-wide focussed on creating awareness of the support available from Alzheimer's Australia (Qld) across Queensland. This included community awareness programs and displays in shopping centres and libraries; special events for people living with dementia and their carers. Townsville residents particularly appreciated a river cruise, while a special movie showing in Rockhampton brought a smile to many and spread the word about dementia with plenty of information available on the day.
- Barefoot Bowls Fundraiser enjoyed local support to raise awareness and funds to launch John Quinn's Camino de

Santiago Walk during Dementia Awareness Month in support of the Younger Onset Key Worker program.

### SEPTEMBER

- State-wide Dementia Awareness Month activities included an International Lecture (live streamed to our regional centres) given by Gil Ayling Head of Global Action Against Dementia with the United Kingdom's Health Department, 'Global Action Against Dementia - Building a Sustainable Future' about the need for implementing a national dementia strategy in Australia.
- "Creating dementia-friendly communities is not just an aspiration. The UK experience is showing that it can happen and can have a real impact on the quality of life of a very significant section of our community that either already is, or soon will be, impacted by this fatal condition."
- This inspiring lecture included a keynote address from our Alzheimer's Australia (Qld) Dementia Friendly Communities Ambassador Christine Bryden AO. "We know what it

really feels like each day to struggle to cope in your world, while we are disappearing into ours. We desperately need you to focus on what we still can do, and to help us achieve all that we can," Christine said.

### OCTOBER

- An Old Fashioned Morning Tea at Hanworth House – hosted by Channel Nine News' Melissa Downes with a fashion parade by White Label Noba raised more than \$3000. Hanworth House is one of the oldest and most iconic properties in inner Brisbane.  
  
"A place like Hanworth House is the keeper of so many incredible memories. Imagine if the walls could talk and share what they have seen and secreted. It's the perfect venue for an event to raise awareness for Alzheimer's disease," said Tracey Watkins (White Label Noba).
- Delivery of an Early Intervention program, Considering Residential Care, tailored for a group of indigenous carers in a community near Cairns providing vital new regional supports and pathways.

- Sixth anniversary celebrations for the Townsville Younger Onset Dementia (YOD) Support Group – this group is the longest running YOD group in Queensland, providing support for its members, active in consumer issues and educating professionals.

### NOVEMBER

- Fabulously Floral Fundraiser – the 6th annual Fabulously Floral Girls Night fundraiser, a private cocktail evening hosted by Toowoomba resident Karen Canning, attracted 110 attendees during an entertaining night that raised \$15,000 to be shared between Alzheimer's Australia (Qld) and the Melanoma Institute Australia. "The beneficiaries of this year's Fabulously Floral Girl's Night Out fundraiser represent causes close to the heart of our entire organisation," said Committee Spokesperson, Jane Degnan.
- Outreach from the Rockhampton Dementia Support Centre extends to the regional towns of Yeppoon, Gladstone and Mt Morgan and provides information and support on creating dementia





friendly environments to two major community revitalisation projects in the area – Yeppoon Foreshore Revitalisation Project and the Rockhampton Riverbank Redevelopment.

- Miss Junior Diamond Australia 2016 – when seven-year-old Haylee Simpson of Ferny Hills entered the Miss Diamond Australia Pageant, she decided to raise money to support people with dementia as her grandfather Stan was diagnosed with Lewy Body Dementia three years prior. With the help of her dedicated mother Melinda Deakes, Haylee began raising funds and awareness in her community, and went on to be crowned Miss Junior Diamond Australia 2016 at the National Final held in Brisbane in April.

## DECEMBER

- After losing his wife Jan to Alzheimer’s Disease, The Gap resident Ron Osborne hosted a Christmas sale with a difference to find new homes for a collection of Jan’s 130 Bonsai trees to raise funds for Alzheimer’s Australia (Qld).

- In December 2015, the Queensland Police Service and Alzheimer’s Australia (Qld) launched a Christmas Awareness Campaign at the 50-plus Centre at the City Hall, Brisbane. The Safely Home program was highlighted as an effective way to ensure that Queenslanders living with dementia who may tend to wander are returned home during the Christmas and New Year period.

- Townsville City Council retired its traditional festive decorations and wrapped the CBD in wool instead. In this ‘yarn bombing’, Townsville Dementia Support Centre volunteers and supporters spread the message about dementia with a Memory Tree, knitting and crocheting decorations, and writing messages and memories for the public to read and WIN News picked up the story.

## 2016 JANUARY

- First Queensland National Dementia Insurance Scheme site for people under 65 living on Palm Island – this scheme will greatly enhance the supports available to people living with younger onset dementia.

- A new healing garden in Gordonvale led to great outcomes for a client in a residential aged care facility when her behaviour changes were moderated by working jointly with Alzheimer’s Australia (Qld) staff to adopt principles of good environmental design and the building of dementia friendly gardens around the facility.

The resulting changes have improved the quality of life for everyone living at the facility. Local sponsorship enabled the publication of a new booklet “Decoding Dementia Project”.

## FEBRUARY

- CEO listening tour commenced – engaging with staff, volunteers and clients across the state.
- Yeppoon, a small coastal community outside Rockhampton commences its first Carers Information and Support Group.
- Townsville Dementia Support Centre initiates a GP’s and Pharmacies program for the Detect Early community awareness program.

## MARCH

- We provided input into Dementia Training Study Centre resources: “View from Here” online dementia education for acute care.
- Alzheimer’s Australia (Qld) and Communify Men’s Younger Onset Dementia Social Support Group commenced in Brisbane.
- Launch of Brain Health Awareness Week in Brisbane with Alzheimer’s Australia (Qld) Ambassador Pat Welsh, Mark Tookey, Laura Newton and Damien Power. In Townsville our staff and volunteers raised awareness at two famous local locations: Castle Hill and The Strand, where the intrepid walkers and joggers stopped to think and talk about brain health.

## APRIL

- Outreach to the Atherton tablelands initiates from the Cairns Dementia Support Centre.
- Promoted on prominent GOA Billboard locations in the run-up to the event, Brisbane’s Memory

Walk and Jog was held on Sunday 17 April, supported by sponsors Tunstall Healthcare, McCullough Robertson and UQ Sport as well as 59 volunteers and 600 participants. Supporters in other locations also held their own DIY Memory Walk and Jogs around the state raising vital awareness and funds.

- Launch of the Alastair Rushworth Scholarship Research Fund by Janice Rushworth at the Brisbane Memory Walk and Jog – to donate to this fund visit [qld.fightdementia.org.au](http://qld.fightdementia.org.au)

## MAY

- Younger Onset Dementia Specific Carers Group developed on the Sunshine Coast in collaboration with SunCare Community Services.
- 2,000 Facebook Likes - this is a true milestone in Social Media engagement.
- Happy National Volunteer Week! Alzheimer’s Australia (Qld) staff have their say: “Our wonderful volunteers are an absolute blessing to us! They bring with them so much assistance,

dedication and skill (and let’s not forget the home-made treats)! I love seeing their happy smiling faces in the office. It really brightens my day.” - Debbie Dekkers, Receptionist (Brisbane).

## JUNE

- Memory Walk & Jog launched on the Gold Coast for the first time at Broadwater Parklands, and had 400 attendees including Councillor Dawn Crichlow who was the official race starter.
- Christine Bryden AM, our Alzheimer’s Australia (Qld) Ambassador for Dementia Friendly Communities, a former scientist and policy advisor was awarded a Member of the Order of Australia in 2016 for significant service to community health.
- Alzheimer’s Australia (Qld) was invited to be a member of an Advisory Group for current research into dementia in indigenous groups on the Cape York peninsular and the Torres Strait.





# Strategic Priority 1: Prevent

Boosting brain health and supporting the search for a cure

## THE SEARCH FOR A CURE

The Alzheimer's Australia Dementia Research Foundation (AADRF) is the research arm of Alzheimer's Australia which funds Australia's talented new and early career dementia researchers.

We believe science holds the key to defeating dementia, so the research we fund is focused on the causes, care, prevention and potential treatments for dementia.

## WHY WE INVEST IN RESEARCH

Dementia is the second leading cause of death in Australia and investment in research will help minimise its impact in the future.

Scientists are working hard to delay, prevent and ultimately find a cure for dementia. The major barriers to the development of new interventions and treatments in Australia are the lack of research capacity, funding and infrastructure.

To give our best and brightest scientists a fighting chance against dementia, we need to maintain a level of funding that allows them to carry out their work.

A natural partner for Alzheimer's Australia (Qld) with AADRf funded researchers in its facilities, our partnership continues locally with the Queensland Brain Institute. For the second year, we were delighted to be the joint beneficiary of a special gala cocktail event sponsored by Hand Heart Pocket to raise vital funds for research and services to assist people living with dementia. We were also delighted to launch at our Brisbane Memory Walk and Jog a Queensland based research fund – The Alastair Rushworth Scholarship Research Fund in memory of Alastair who lost his battle with younger onset dementia in February 2016.

## OBJECTIVES



*To support innovative Australian research that offers the best hope of defeating dementia.*



*To work with people with dementia to ensure that research reflects their concerns.*



*To disseminate information about the progress of dementia research.*





In 2015 the Federal Government provided an additional \$200 million for dementia research over five years significantly boosting funding for Australia’s dementia research sector to over \$60 million per annum. As part of the Federal Government’s commitment to dementia research the National Health and Medical Research Council’s National Institute of Dementia Research was established to ensure priority research into dementia is coordinated, funded and communicated.

The Institute collaborates with Australia’s best researchers while also drawing on the expertise of consumers, health professionals, industry and policy makers to translate evidence into policy and practice that works towards achieving a five-year delay in the onset of dementia by 2025.

One of the pressing issues is to build capacity in the dementia research sector by supporting students and early career dementia researchers. The ADRF, supported by donations from the community, plays a major role in this effort and will fund a number of new and early career researchers through scholarships and postdoctoral fellowships in 2017. Similarly the Alastair Rushworth Scholarship Research Fund will do the same in Queensland.

To support Queensland research into dementia please visit the Alastair Rushworth Scholarship Research Fund donation site at [qld.fightdementia.org.au](http://qld.fightdementia.org.au)

To donate to the AADRF visit <http://dementiaresearchfoundation.org.au/>

**RAISING STATE-WIDE COMMUNITY AWARENESS OF WAYS TO IMPROVE BRAIN HEALTH**

For the past four years Alzheimer’s Australia has offered the world-leading brain health program, Your Brain Matters (YBM). It is based on scientific evidence that a number of health and lifestyle factors are associated with brain function and the risk of developing dementia.

Being brain healthy is relevant at any age, whether you’re young, old or in between. Importantly, scientific research suggests that living a brain healthy life, particularly during mid-life, may reduce a person’s risk of developing dementia. However, there are no guarantees as dementia cannot yet be prevented or cured.

**There are 5 simple steps involved in the program**

- Step One** Look after your heart
- Step Two** Be physically active
- Step Three** Mentally challenge your brain
- Step Four** Follow a healthy diet
- Step Five** Enjoy social activity

BrainyApp, the world’s first and award-winning dementia risk-reduction application, is a free mobile application that raises awareness of the risk factors associated with dementia and allows users to assess and track their brain and heart health.

The major challenge this year was the ending of Australian Government funding for this program in June 2015. Despite this we have remained committed to integrating the YBM program across all of our activities, events and programs, and YBM key messages are always promoted as part of our state-wide community education program. This year the YBM message played a key role in our Memory Walk and Jog events in Brisbane and the Gold Coast, and was the major focus of our Brain Awareness Week launch events in Brisbane and Townsville in March 2016.

“I felt powerless as I watched a dear family member pass away with dementia earlier this year. After I learnt that regular physical activity is beneficial for brain health, I took up running. At first, I couldn’t run 50 meters without stopping to gasp for breath, but with encouragement from friends and family, I’ve just completed my first 14km run and took part in Alzheimer’s Australia (Qld)’s Memory Walk and Jog”.

**Monique King**

Visit [www.yourbrainmatters.org.au](http://www.yourbrainmatters.org.au) to find out more, or to download the app.

To help fund this vital risk-reduction program, please contact us on **(07) 3895 8200**.



# Strategic Priority 2: Detect

## Making early diagnosis easier

### THE SEARCH FOR A CURE

On average it takes over three years for Australians to receive a formal diagnosis of dementia. Thanks to continued generous financial support from the Thyne Reid Foundation, Alzheimer's Australia (Qld) have been able to continue its statewide awareness campaign targeted at health practitioners and the community.

### DETECT EARLY AWARENESS CAMPAIGN OBJECTIVES ARE TO:

1. Empower front-line health practitioners (Practice Managers, GPs, PHNs, Allied Health) with the knowledge they need to better understand the signs, symptoms and benefits of an early diagnosis of dementia.
2. Increase community (general health consumers, ATSI, CALD) awareness and understanding of the signs and symptoms of dementia and dementia risk reduction strategies.
3. Numerous activities were implemented to meet the above objectives including:

- Collaboration with Alzheimer's Australia (NSW) to update and ensure the currency of the Detect Early and Your Brain Matters websites and educational resources aimed at health practitioners and the community.
- 'Worried about your Memory' checklist brochures were distributed and displayed at GP clinic waiting rooms across Queensland. This brochure and check-list enables anyone in the community to assess whether they, a family member, or a friend are showing signs and symptoms of dementia.
- A 'Worried about your Memory' social media awareness campaign was rolled out on Face Book, Twitter and Instagram during Seniors Week.
- 20 dementia factsheets have been embedded through the Healthshare distribution channel into two General Practice Patient Management Software Systems, including 'Medical Director' and 'Best Practice'.
- We engaged and partnered with Primary Health Networks (PHN) across Queensland to provide information on Detect Early to health practitioners in their region, as well as promoting and displaying Detect Early resources at RACGP dementia education workshops aimed at GPs and Allied Health Specialists.
- Your Brain Matters and Detect Early educational resources were promoted at several community events and community education sessions throughout Queensland including the NAIDOC Festival 2016.
- Alzheimer's Australia (Qld) continues to work proactively to build partnerships and collaborations with key stakeholders to further develop, improve and rollout the Detect Early awareness campaign across Queensland.







## Strategic Priority 3: Support

### Meeting the needs of people with dementia and their carers

Alzheimer's Australia (Qld) has welcomed the 'new world' of consumer directed care – meaning that consumers can now choose the services and provider they want.

2015-2016 has been a year of preparation for this change to ensure that we can continue to operate in this new competitive market without compromising the culture and quality of care and support that we have established over the years.

A key focus has been the introduction of evidence-led improvements to our services and systems so that we can better serve people affected by dementia across the state.

#### PROMOTING QUALITY

- As part of our state-wide activities and programs we gathered, analysed, disseminated and introduced feedback from our clients, people affected by dementia and their carers.
- Our support staff were introduced to, and trained on, the organisations new quality framework.
- Enhancements to our client record systems, and upskilling of staff, have led to improvements in recording quality data. The key outcome of which has resulted in improved management

information enabling better analysis and future planning of our services.

- Our work continued on supporting community organisations to become dementia-friendly and we were delighted with the Federal government's commitment to funding this nation-wide into the future.

#### DEVELOPING OUR SERVICES

- Our new Service Development Manager was specifically recruited in June 2015 to review and develop our services to better meet the needs of clients. This led to increased state-wide support to people with dementia and carers in local communities with a particular focus on better reaching remote and rural communities.
- We formerly established our eight volunteer supported Dementia Support Centres, (Brisbane, Cairns, Gold Coast – Cedar House, Gold Coast – Rosemary House, Maryborough, Rockhampton, Toowoomba, Townsville) each of which supports the delivery of our new 2015 – 2020 Strategic Plan: Prevent, Detect, Support.
- We have developed strategic partnerships with Communitify Qld and Suncare to develop Younger Onset Dementia specific



Social Support Groups in Metropolitan Brisbane and the Sunshine Coast to better meet the needs of people with Younger Onset Dementia and their carers who struggle to find age appropriate respite.

- Alzheimer's Australia (Qld) is committed to transforming culture and practice in dementia care. Following the official handover of Gold Coast dementia services to Alzheimer's Australia (Qld) we re-launched our Dementia Respite Support Centre in Arundel, Rosemary House, to provide innovative, creative and flexible respite services for people living with dementia based on the Eden Alternative philosophy.

A person centred approach recognises that dementia is a human experience rather than just a biological condition. Rather than focussing just on the 'symptoms of dementia', our holistic approach is aimed at increasing the wellbeing of individuals. This is achieved through attitudes, values and practices that honour a person's unique individuality, history, strengths, perspective and experience.

This experience guides all aspects of services, programs and activities undertaken. It is a significant contributor to our role as a change agent in dementia care and practice, and fundamental to the culture of our organisation.

The Eden Alternative, based on the Eden philosophy, is about creating a human habitat, a place that nurtures and grows, like

a garden. Following Eden training, care staff on the Gold Coast were inspired to embrace a change of culture and to create an environment that revolves around the ten principles of Eden starting with our Rosemary House Dementia Respite Support Centre.

Using their Eden learning staff involved clients in the design and artwork to create a tree of life. The tree was deliberately positioned on a door that was a direct entry/exit to the main front door. Once the tree was painted the door handle hidden in the trunk of the tree and our male clients made a bird box in the Men's Shed to cover unsightly light switches. The tree really came alive when butterflies were included in the art work.

All of our clients participated in the construction of this project and are very proud of their tree. Feedback from carers and clients alike has been extremely positive and clients often comment that they want the door closed at all times so they can see the whole tree. We have also seen a significant decline in wandering behaviours of clients trying to get out of the front door.

Embracing the new Eden philosophy means that we no longer support the notion of "doing for" people and instead support and encourage a "doing for" yourself mentality. Rosemary House has introduced a range of purposeful activities such as walking, gardening, and cooking dependent on client's life experiences, interests and abilities. A men's shed concept is also emerging



and each client has made a "this is my life book" that assists with reminiscence and enables staff and fellow peers to get to know each other. Staff are excited and have been re-energised in providing experiences for clients that ensure inclusiveness, independence, purpose and empowerment.

"Just letting you know how happy I am with mum's positive response to the time she spends at Rosemary House. It makes caring for her more enjoyable and my stress levels have diminished considerably. It's looking lovely... I also love spending time there. Thank you and all who contribute to making mum's life happier".

## CEDAR HOUSE

Similarly the Cedar House Dementia Support Centre was opened in Mudgeeraba providing flexible respite services for people with younger onset dementia. A range of flexible service options are also provided for clients and carers including in home services such as domestic assistance, personal care and a range of community based activities.

Cedar House is an emerging Centre and also supports the philosophy of creating a welcoming and accommodating space for clients. The future service delivery focus for Cedar House will be to support younger clients living with dementia and to embed the Eden Alternative into its culture.

# Sharing information - being the “go to” source of trusted information on dementia for anyone dealing with dementia in Queensland

Queensland is 1,727,000 square kilometers and Australia’s second largest state. It is now home to more than 4 million people, half of whom live outside of the greater metro area of Brisbane.

In 2015-2016 we focused on extending the reach of our information and support, making it available in the latest formats and enabling people to access it where they need it, when they need it and in a way that suits them.

## NATIONAL DEMENTIA HELPLINE 1800 100 500

The National Dementia Helpline received 27,876 calls – an average of 2,333 call per month nationally.

Every day people with dementia, family members and carers as well as people concerned about cognitive and other changes contact our organisation for information and support.

National Dementia Helpline 1800 100 500

Our trained volunteer and paid staff advisers provide information and practical help, referring callers on to other specialist services where required. The national translating and interpreting service 131450 offers language assistance. Counselling with a professionally trained team member is also available. All calls are free, private and confidential. This valuable information and support service is funded by the Australian Government Department of Social Services.

From 1 July 2015 the National Dementia Helpline was moved to a centralised model where all calls are received by trained Alzheimer’s Australia employees based in NSW. We would particularly like

to acknowledge volunteer Stephanie Dwyer who provided many volunteer hours to support this service until this transition.

While not abandoning our telephone and print services, we are looking to the digital world to reach out to a greater number of people:

- We ramped up our use of social media to reach and target new audiences more regularly with information about our activities and programs.
- Our six monthly activities and programs brochure has been more carefully targeted at service providers, GPs and other key stakeholders.
- We reviewed our portfolio of information for people affected by dementia and have started to survey users of this information to gain qualitative feedback to inform our review. Initial feedback is showing that our information is high quality, valued and has a positive impact.



- We reviewed our suite of publications and developed a new system to make information easier to find and use.

These changes will be implemented in 2016-2017.

- We reviewed our quarterly newsletter Inspirations to make it more relevant state-wide and to widen the span of the articles. The new articles include practical advice, personal stories, and information on how to get involved in fundraising and volunteering.

### SUPPORTING PEOPLE TO LIVE WELL WITH DEMENTIA

Our Queensland service offering is delivered to thousands of people living with dementia, their carers and families. Our services promote a wellness model of support based on the principle of empowerment, and, by adopting

a strengths based approach, enhances the health, strengths and natural support systems for people living with dementia and their primary carer.

### EARLY INTERVENTION SERVICES

#### LIVING WITH DEMENTIA

The Living with Dementia Program, formerly called Living with Memory Loss, is a group program for people diagnosed with early stage dementia and their families. This program provides information, peer support and practical advice, encouraging participants to explore ways of managing dementia now and into the future.

Funding for this free program is provided by the Commonwealth Government’s National Dementia Support Program (NDSP). Memory Lane Café post support sessions are then offered for participants two weeks later.

“Bev” squeezed her arm and said, “thank you, I don’t feel scared now”.

### LIVING WITH CHANGE

This special group program is designed to support and assist with the feelings experienced by carers, family members and friends of people with dementia.

“Even the word Dementia is hard to say. You know it is not something you plan for.”

“I had no idea there was so much information out there that is useful”

“I can honestly say I hate Dementia” Everyone felt safe enough to agree.

### EARLY INTERVENTION PROGRAM

This is an introductory program, suitable for family and friends of a person diagnosed with dementia.





### COUNSELLING SERVICES

Counselling is provided across Queensland for people with dementia and their families by telephone, in the family home or at a Dementia Support Centre. Interpreters are arranged when required.

Our counsellors are professionally trained to provide individualised support, advice and practical assistance to people of all ages. Thanks to funding from the NDSP we are able to provide this as a free service.

To find out more about our counselling service please call 1800 100 500.

### SUPPORT GROUPS

Alzheimer's Australia (Qld) support groups are an open and ongoing non-professional group of people who support each other through the journey of dementia.

All groups are welcoming and provide various types of peer support. In some areas there are specialist groups, for the carers of and people with younger onset dementia.

### CONSIDERING RESIDENTIAL CARE

In this program we discuss the issues and decisions around residential care as well as the barriers to making the decision. Information is provided about the types of residential care available as well as the key features of a good facility.

### \*MEMORY LANE CAFÉ

The Memory Lane Café program, offered to clients, two weeks after attending the Living with Dementia program, provides support to people living with dementia and their families. The program offers peer support in a social setting, as well as information about the services and supports available.

### LEARNING SERVICES

We provide a growing range of learning services:

### Accredited education:

As a Registered Training Organisation we provide nationally accredited education delivered to professional staff caring for people living with dementia including the Dementia Care Essential program and Certificate 1V in Dementia Practice.

### Community education:

Is delivered on request to community groups and organisations.

### Family information and support sessions:

Available for people living with dementia, their families and carers on a range of topics and facilitated by our professional team.

### LIBRARY AND RESOURCES

Alzheimer's Australia (Qld) operates library services across our centres, providing dementia-specific resources to people living with dementia, their families, professionals, staff and the community.

We add value to the resources we have on offer by tailoring information to the individual user. Choosing books and resources can be overwhelming so we welcome the opportunity to talk with our clients to determine what would best meet their needs.

Our main library is based at our Brisbane Support Centre, regional library services are available from most of our Dementia Support Centers.





CAPACITY BUILDING AT OUR REGIONAL DEMENTIA SUPPORT CENTRES

Thanks to a one-off Federal grant, the National Dementia Support Program (NDSP) Innovative Grants, Community Development Officers were appointed in Townsville, Cairns, Rockhampton and Toowoomba to identify and address the barriers to accessing NDSP services and to develop consumer driven activities responsive to local need with a focus on:

- Building local capacity in decision making
- Identifying specific community needs
- Developing specific community solutions
- Developing partnerships with local providers and special interest groups
- Improving access to equitable services and programs across Queensland
- Whilst this funding has now ended the strategic role of the Community

Development Officers in delivering our 2015-2020 Strategic Plan has included a continued investment in these roles in 2016-2017.

YOUNGER ONSET DEMENTIA KEYWORKER PROGRAM (YODKW)

‘Younger Onset dementia’ is any form of dementia diagnosed in people under the age of 65.

Launched in 2013, the Younger Onset Dementia Key Worker Program offers many services for people with younger onset dementia and their families, including individualised information and advice, support, counselling and service planning.

We also provide a Living with Younger Onset Dementia program designed specifically for people in the early stages of dementia who have been diagnosed under the age of 65. Memory Lane Café post support sessions are then on offer to attendees. Funding for this specialised program is provided by the Commonwealth Government.

Bob

A 45 year old male Younger Onset Dementia client living alone with pets on the Sunshine Coast was suddenly evicted from rental accommodation. Whilst temporarily living in his car a planned group housing situation sadly fell through. Our Key Worker provided support and advocacy in assisting him to make an application for urgent rental accommodation through Social Housing Department.

The client eventually sourced appropriate private rental accommodation with his pets and continued access to community resources and in-home assistance. The Key Worker continued to support the client to ensure that this accommodation situation remained stable and assisted the client to re-build an important family relationship at a critical time in the client’s journey living with complex health issues and Younger Onset Dementia. The client sent an email to the Key Worker expressing his thanks:

“You are really inspiring and full of insight. [It] is fabulous to have you in my corner! Thank you so much for being present for me, I really appreciate it. Thanks for the links.”

Mary

The client had a history of escaping from residential respite facilities and was discharged from a regular community based respite facility due to changed behaviours causing risk of harm to self and others. The client’s carer, who was overwhelmed by the situation and in poor health, was hospitalised. The Younger Onset Dementia client was also frequently hospitalised due to changed behaviours, stress of moving and lack of routine within home or respite environments.

Unfortunately the client was at risk of homelessness and needed urgent access to suitable, affordable accommodation. The Key Worker facilitated family relationship issues and meetings between the client, the carer and respite facilities to negotiate long term respite options. The Key Worker was able to successfully secure funded temporary in-home and residential respite while the carer sourced suitable accommodation. The Key Worker also facilitated a transition into the respite facility, which resulted in the first successful residential respite stay for the Younger Onset Dementia client.

The Key Worker continues to support the client and their carer to access affordable, meaningful, long term community based in-home respite.

Lucy

A 41 year old female diagnosed with Alzheimer’s disease was referred to the Younger Onset Dementia Key Worker (YODK) program. In addition to her recent diagnosis, the client was heavily pregnant. The YODKW provided support to the client and her family, remotely as the client lives in a rural area. The YODKW worked closely with local hospital staff, including and in particular with the Maternity Unit. Staff self-identified they had little or no experience or knowledge of dementia.

The YODKW made special arrangements with the hospital to ensure appropriate care was provided post-delivery by providing education, highlighting the risks of delirium. Post-natal events included an acute episode of delirium with hospital staff more prepared and aware than would have been the case. The YODKW liaised with external services to ensure support was in place for the client and her family.

The YODKW team presented the case to the Royal Melbourne Hospital Neuro Psychiatry Unit for review. The team were provided good feedback and the client has been transitioned into fulltime care where the YODKW provides ongoing support and education to the facility and family.



#### DEMENTIA BEHAVIOUR MANAGEMENT ADVISORY SERVICE (DBMAS)

The DBMAS program is a national free service funded by the Australian Government and provides individualised support for those caring for people living with dementia whose behavioral and psychological needs are rapidly changing and impacting on the person's care and quality of life.

The DBMAS team helps family carers, care workers, health professionals, who are supporting a person with dementia and behavioural and psychological changes. After eight years of running the program in Queensland, during 2015-2016 we became aware that the DBMAS program funding model was changing and would be managed by one provider going forwards; so began the process of facilitating the transition of our program (by 30 September 2016) to the new provider.

We would like to acknowledge the hard work and dedication of the DBMAS team in delivering this challenging service across Queensland.

#### DEMENTIA AND HOMELESSNESS

Building the capacity of those who work in the homelessness sector to help them identify and support people with dementia who are homeless or at risk of homelessness, was the focus of a statewide project during 2015-2016.

As a highlight Townsville and Cairns were selected for the first Alzheimer's Australia (Qld) regional workshops on homelessness. At these workshops we raised awareness of dementia and provided opportunities among organisations supporting individuals who are homeless or at risk of homelessness.

#### SAFELY HOME

Launched in May 2015 our Safely Home Community Program together in collaboration with the Queensland Police Service (QPS) has gone from strength to strength. Safely Home bracelets have a unique personal identification number linked to the QPS Missing Persons Unit database, allowing rapid access to information if a person with dementia goes missing.

During 2015-2016 over 700 Queenslanders have been equipped with a Safely Home identification bracelet which is provided free of charge. In December 2015 the Safely Home program won a bronze in the QPS Awards for Excellence and was also nominated for the Queensland Premier's Awards, in acknowledgement of its contribution and impact on local communities. In December 2015, thanks to the program, we saw our first person safely reunited with their carer.

*Pat Gibson was diagnosed with Alzheimer's disease eight years ago, and became the first person in Queensland to register with the Safely Home program. "Pat has a history of wandering, and it is very frightening" said husband Alan. "The Safely Home Program gives me added peace of mind".*



Alan Gibson launching the Safely Home Program at Queensland Police Service headquarters in Brisbane.



# Dementia friendly communities in action

Despite funding losses to this invaluable work, Alzheimer's Australia (Qld) continues to work closely with and support communities invested in developing dementia friendly initiatives.



**A dementia-friendly community is a place where people living with dementia are supported to live a high quality of life with meaning, purpose and value.**

Each dementia-friendly community will look different, as it will be developed in collaboration with the community to address specific needs people with dementia have in each locality.

Our Bribie Island dementia friendly community project has been well supported by the Bribie Island community including the Queensland Police, Rotary Club, Local Service Providers as well the Bribie Island Dementia Support Group and the Bribie Island and District Community Appeal.

A number of key priorities for the project have been identified including raising awareness of dementia, supporting local businesses to become more dementia-friendly as well as supporting social engagement opportunities for people with dementia and their carers.

‘The project is helping us build on the great work already happening on Bribie Island to make the community a better place to live for people with dementia. The project is bringing together so many passionate and committed members of the local community we are sure it will make a positive difference to the lives of those living with dementia on the island’, said Jan Donaldson, coordinator of the Bribie Island Dementia Support Group.

The Federal Government have recently made a commitment to nation-wide funding for a Dementia Friendly Communities program in 2017 and we are looking forward to playing our part in helping to deliver this to our Queensland communities.





## OUR PEOPLE

### STAFF AND VOLUNTEERS

Across Queensland more than 230 people (80 employees and 150 regular and one-off volunteers) contribute to the work of Alzheimer's Australia (Qld) during the year. Everyone who works within the organisation – whether on a paid basis or as a volunteer – is required to act in accordance with the values and operating principles outlined in the organisations strategy and with all policies currently in force. Alzheimer's Australia (Qld) is committed to being an equal opportunities employer.

### INFRASTRUCTURE

Alzheimer's Australia (Qld) has grown rapidly in the past five years and our infrastructure to support this growth has not always kept pace with it. In particular, we have looked at the premises we occupy state-wide and our headcount growth to ensure that both meet the ongoing and future needs of the organisation and its new strategy.

There is an ongoing assessment of our "accommodation" needs and in the coming year, with funding challenges we will be obliged to explore a range of alternative accommodation options to ensure that we make the most efficient use of our space and maintain our expenditure on property at an acceptable level.

### HEALTH AND SAFETY

Alzheimer's Australia (Qld) aims to create a positive working community where our service users and people – staff and volunteers – all are safe and supported.

Over the last 12 months we have further worked towards the philosophy of the safe and simple management of risk through a health and safety plan which commits us to continually improve the health, safety and well-being of all.

Staff and volunteers at all levels owned and enacted the aims and objectives of the plan and produced risk assessments and operational action plans which sought to eliminate or control the significant health and safety risks associated with their area of work. Health and safety audits have been carried out across our services and offices.

### HEALTH AND WELLNESS

To ensure the health and well-being of our employees in January 2016 a state-wide Health and Wellness program was rolled out state wide enabling staff to attend subsidised gyms, receive subsidised medical care, health promotion webinars and demonstrations, free access to an Employee Counselling Service and weekly fruit boxes.

### YOUR WORK MATTERS DAY

In December 2015 we held our first Your Work Matters Day and hosted employees from around the state on the Gold Coast to meet with each other, team build with each other and to learn together about implementing our 2015-2020 Strategic Plan.

We also awarded our first TREC Award (an award based on our Vales – Teamwork, Respect, Excellence and Community) which was won by Michael Kent Community Relations Officer – Michael was nominated by his peers for walking the talk in demonstrating all of these values.



# Our Volunteers

Our volunteers are people who spend time, unpaid, carrying out activities to support the organisation. Volunteers may help regularly or less frequently, however long or short term that might be.

**Volunteers give their time out of their own free will and we are grateful for whatever commitment our volunteers are able to make and all the skills and experience they bring.**

Volunteers enrich the lives of those with dementia, bring support to carers, and partner with our staff. Their generosity and commitment is integral to the services we provide. Our regular volunteers make up 50% of our workforce. They range in age from 18 to 94 years and three-quarters are women. This year we saw an increased interest from the community to get involved, with an average 15 volunteer related enquiries per month.

All types of volunteers provide invaluable support to the people affected by dementia - many of our dedicated volunteers have a personal connection to dementia and volunteers are involved in every one of our geographical hubs. We enable volunteers to share their skills, attributes and experiences to change lives, and through this they are

motivated by the positive impact they achieve. Volunteers are involved in the day to day running, shaping and delivery of services. They help inform and deliver our campaigns and help to develop dementia friendly communities. They help raise crucial funds to help continue all of our work and support us with all the administration activities required to make this happen.

In recognition of the significance of volunteer involvement in the organisation and the potential to enhance the way we work with volunteers, in line with our 2015-2020 Strategic Plan Alzheimer's Australia (Qld) aims to revitalise our volunteer services and capacity over the next two years. We will develop a volunteer strategy to extend the important work of our current programs and explore innovative and additional volunteer opportunities to complement existing services and those we are planning. We cannot, and do not, achieve all we do without the meaningful involvement of volunteers – our heartfelt thanks to you all.





# Our Volunteers during 2015/16

John Abrami	Mavis Bunting	Michelle Cooke	Claire Ferrie
Mabina Alaka	Jill Burgess	Amelia Court	Ann Findlater
Justine Alison	Darryl Byers	Helen Crumblin	Gordon Findlater
Lorraine Antonello	Tony Cadet-James	Jennifer Cutting	Louise D Finlayson
Amira Azman	Amelia Cameron	Jean Dartnall	Joan Flint
Veronica Barker	Brad Carter	Letitia de Lima	Beryl Flint
Edna Barnes	Beth Cavallari	Joanne Dicoski	Julia Flynn
William Bass	Don Chapman	Joyce Dunkley	Stephanie Fox-Young
Diann Bell	Gail Chapman	Ashlea Dunn	Eric Garnett
Deanne Bell	Pat Charlton	Stephanie Dwyer	Angeline Gattin
Carolyn Bell	Suzanne Chimes	Glennis Edwards	Robin Goddard
Joanne Bingham	Nola Clark	Fiona Ellis	John Greening
Karnali Bose	Ray Clark	Carolynn Farmer	Margaret Grim
Tristan Bouckley	Karen Constance	Patricia Felice	Vanessa Gunthorpe

*Thank your your support in 2015/16*

# Our Volunteers during 2015/16

Yvonne Hawkins	Ebba Jensen	Rebecca Mackenzie	Margaret Mills
Ron Hawkins	Hannah Jensen-Fielding	Susan Mackley	Aidan Moston
Beverley Hazlewood	Simin Kashi	June Madden	Eunice Mullins
Susan Henwood	Maria Kazovsky	Lois Martin	Josie Murphy
Gillian Hiatt	Lisa Keane	Gabriella Matters	Esma Nash
Joseph Hill	Susan Kelliher	Jennifer Matton	Tony Navin
Grace Hinds	Kenjiro Kobayashi	Jane Mayes	Karen Neill
Edna Hines	Wendy Kudell	Marlene McCaig	Gabriela Nevarez Flores
Yaroslav Holak	Wendy Kyle	Sondra McDonald	My Nguyen
Ellen Honnery	Alison Langdon	Herbert Mcdowell	Robyn Nolan
Glen Honnery	Michelle Lockington	Ray McGregor	Michael Noonan
Barbara Hunt	Renee Long	Dimity McLauchlan	Judy Nutley
Kristine Hunter	Valma Lowth	Melody Meade	Coralie Nye
Judy Hunter	Dana Lutat	Mary Messer	Dennis O'Brien

*Thank your your support in 2015/16*



# Our Volunteers during 2015/16

Desley O'Brien	Shirlee Royal	Deborah Southwell	Patricia Watts
Kay Owen	Kritsanee Ruttana-Archakul	Liz Sutton	Geoffrey Wilde
Kinnari Patel	Fay Ryder	Arisa Tabata	June Wilkinson
Angela Pham	Hylton Saxelby	Ellie Taggart	Margaret Williams
Diana Picton	Tina Seaton	Glenda Tennant	Lisa Williams
Shirley Pruden	Caroline Sedgwick	Hayden Teremoana	Lewis Williams
Judy Read	Amisha Shah	Karen Theunissen	Marilyn Williamson
David Reynolds	Patricia Shuter	Brad Thomas	Sue Winchester
Helen Richards	Gwen Simpson	Teinano Tini	Jacquie Witham
Nanette Richards	Denise Smallwood	Christine Toia	Susan Woodford
Isabella Richardson-Poole	Joan Smith	Jack Tweed	Delma Wright
Jack Ringuet	Kevin Sneddon	Julie van Bilsen	Paul Wuth
Swain Roberts	Gabrielle Sneddon	Nellie Van der Vliet	Albert Yuen
Peggy Robertson	Margaret Sollitt	Jocelyn Wang	Sophia Zielinski

Thank your your support in 2015/16



“We do not go to entertain and sing to the residents but for them to sing with us and to us”

Helen Crumblin, creator of the Music and Memories program and Volunteer since 2006.

## Helen Crumblin

We are very fortunate to have so many wonderful volunteers that give their time and talent to support our services.

With 45 years as a nurse, eight of those as a facility manager with Anglican Care of the Aged, Helen says she holds a special place in her heart for those living with dementia. She has the perfect background for her volunteer role in the Music and Memories program at the Alzheimer’s Australia (Qld) Dementia Support Centre in Toowoomba.

Music is now recognised as an important therapeutic tool, which can reduce stress and loneliness and provide powerful opportunities for self-expression. Volunteer Helen Crumblin knows all too well the benefits music can have for people with dementia.

Helen moved to Toowoomba in 2006 and soon after she commenced volunteering with Alzheimer’s Australia (Qld). It was her love of music that led to the creation of the ‘Music and Memories’ program in 2007. After originally commencing the program at two local nursing homes in their dementia units, the program has now grown to visit four nursing homes and music sessions on five days of each fortnight. More than 1500 participants access the program each year.

Helen says the goal is to provide enjoyment for participants, and through music and song, stimulate

memory recall and inhibit memory loss. Each group has varying levels of memory recall. “We do not go to entertain and sing to the residents but for them to sing with us and to us”, Helen said. “It is important to know each resident and call them by name and to know the type of music which gives the most pleasure to each person.”

The program has monthly themes such as Australian songs in January, Anzac songs in April. “It is sometimes very surprising at just how much the residents remember about special events.”

Helen explains that she will stand facing a person with dementia and clearly mouth a song. They often mirror her words and then slowly start to sing as their memory is stimulated and their delight is easily seen. “To experience the happiness music brings and to see those with little communication responding to music and song is both heart-warming and rewarding... how good is that!!”

Helen is very generous with her time, also volunteering with the Court Support Service, the U3A Chamber Singers, is an usher at the Empire Theatre and babysits her great-grandchildren each week. Thank you Helen.



# Philanthropic support

Why we need to fundraise.

With increasing pressures on government funding, sky rocketing projections of the number of people who will be living with dementia in the future if there is no cure, during 2015-2016 Alzheimer's Australia (Qld) continued to focus its energies on developing independent and sustainable income streams to meet the growing demand for statewide services and the needs of clients.

We have taken steps to ensure our fundraising practices are aligned with best practice principles provided by the Fundraising Institute of Australia. This will ensure we are in a strong position to raise the money we need to encourage investment for dementia research, awareness raising and advocacy campaigns and services for people with dementia, while adhering to best practice.

The continuing support of our donors means we can continue to provide more support for people living with dementia, more research into the care, cure, cause and prevention of dementia, and campaign to make dementia more relevant, understood and urgent. Finding and inspiring new supporters has been a key focus area and Art Union 3 (drawn September 2015) and Art Union 4 (drawn December 2015) significantly helped to increase

the number of our supporters state-wide. Events such as the joint gala evening with the Queensland Brain Institute were a fantastic opportunity to reach new supporters as well as meeting the strategic objective of strengthening relationships with leading Queensland research institutes.

The 2015-2020 Strategic Plan identified a need for investment into research and in 2016, the Alastair Rushworth Scholarship Research Fund was established with the blessing of Janice Rushworth, whose husband Alastair died on February 23, 2016 at the age of 70. Since launching the fund, Janice has become an advocate and speaker for the organisation at key events and is organising several fundraisers.

To ensure that the prevention message pervades all that we do Alzheimer's Australia (Qld) also integrated the Your Brain Matters program and key messages across many of its activities, events and programs including our Memory Walk and Jog campaign that was renewed with a statewide focus on community fundraising. The official event schedule expanded to a new venue at Broadwater Parklands (June 2016) as well as a return to the University of Queensland St Lucia campus (April 2016).





# Fundraising and event highlights

- We enjoyed record support once again from our event and community online fundraisers, undertaking a wide range of activities and events and asking their friends, colleagues and families to sponsor them.
- A successful application to the Thyne Reid Foundation resulted in renewed funding for our Detect Early community awareness program during 2016.
- Bonsai Fundraiser – since losing his wife Jan to Alzheimer’s Disease in 2010, The Gap resident Ron Osborne maintained Jan’s prized Bonsai collection, which she had spent invaluable time artistically evolving over decades.

To commemorate the two year anniversary of Jan’s passing, Ron decided to host a Christmas sale with a difference to find new homes for an enticing collection of 130 Bonsai trees. Alzheimer’s Australia (Qld) was the beneficiary of the ornamental tree sale raising just over \$3000.



We sincerely thank everyone who has supported our work throughout the year – donors, sponsors, corporate partners, trusts and foundations, bequestors, community fundraisers and community groups

- Chantal De Rolf, Pilates instructor – Chantal hosted a one-hour Pilates mat class on the Gold Coast during Brain Health Week and raised \$1835 for Alzheimer’s Australia (Qld). ‘Until you are faced with a loved one having Dementia, it is hard to explain the roller coaster of emotions that arise once your loved one has been diagnosed. In time, pain, frustration and uncertainty are better off being channelled into something far more productive, which is why I created 'Invigorate the Mind', a Pilates Mat Class aimed at raising funds for Alzheimer's Australia (Qld).
- The Surfers Paradise Ladies Golf Club has ensured the ongoing safety and well-being of Queenslanders living with dementia, after raising \$6,000 towards the joint Queensland Police Service and Alzheimer’s Australia (Qld) Safely Home program. “Dementia is something which has directly affected many of our Surfers Paradise Ladies members and this has been shown through the unwavering support of our fundraising efforts over the past six months,” confirmed Club President Carmel Hendrie.
- Kate and Lincoln Trivia Night – after Lincoln Ford’s father was diagnosed with younger onset dementia in his early 50s, his family were grateful

to receive vital support from Alzheimer’s Australia (Qld). To give back, Lincoln and his wife Kate are trekking the Great Wall of China in May 2017 and raising awareness and funds for dementia along the way. To kick-start their challenge and get their friends and family involved, they held a successful travel themed trivia night in June 2015. “The highlight of the event for both of us was watching the groups work together in hushed whispers to formulate answers to the questions,” said Kate. “It was hilarious watching people get heated over answers – trivia nights can get really competitive which just adds to the fun vibe and atmosphere of the night.”

Support across the state continues to grow thanks to the ongoing support from people like you. It’s clear that strong relationships, collaboration and the generosity of the wider community continue to make much of Alzheimer’s Australia (Qld)’s vital work possible and will continue to do into the future. We sincerely thank everyone who has supported our work throughout the year – donors, sponsors, corporate partners, trusts and foundations, bequestors, community fundraisers and community groups. Your support and assistance has a significant impact on our clients and the support Alzheimer’s Australia (Qld) can provide to them. Thank you



A hand-drawn graphic on a dark background. The words 'FIGHT DEMENTIA' are written in a rough, hand-drawn style using black and blue ink. Below this, the word 'Media' is written in a large, bold, teal font. At the bottom, the phrase 'Your story matters' is written in a large, white, sans-serif font. To the right of the text, a hand is shown holding a white marker, with a small circle drawn around the tip of the marker.

# Media

# Your story matters

Through our influencing, policy, marketing and community engagement work we maintained a high level of public and political awareness of dementia and have worked closely with our Federation members to keep dementia at the top of the agenda nationwide. Throughout the year Alzheimer's Australia (Qld) brought events and campaigns to life that aligned with our 2015-2020 Strategic Plan.

## TRADITIONAL MEDIA

Demand for information about dementia and consumer stories about what it is like living with dementia continues to grow. Thanks to continued investment in a part-time Media Advisor role the level of coverage gained by Alzheimer's Australia (Qld) about dementia in the traditional media (newspapers, online news sites, television news bulletins and current affairs programs and radio news bulletins and programs) has continued to grow in terms of total news items and Advertising Space Rate equivalent.

 [www.facebook.com/AlzheimersAustraliaQld](https://www.facebook.com/AlzheimersAustraliaQld)

## SOCIAL MEDIA

Our online presence, in particular in the social media space, continues to grow. We now have a presence on Twitter, Facebook, Linked In and Instagram. We are active across all these sites and they are an important part of our communications strategy. They allow us to interact with a broader audience and share our message with a more diverse audience. Our communication has developed into a multi-channel and cross-platform operation, as opposed to the single media-release approach from a few years ago. Our senior team play an interactive role in supporting our social media campaigns.

## DEMENTIA AWARENESS MONTH

Dementia Awareness Month runs throughout September each year. In 2015 the theme of 'Creating a Dementia-Friendly Nation' was continued from 2014 to encourage Australians to become dementia-aware, have a better understanding of what it is like for a person to live with dementia, and ultimately be inspired to create communities where people with dementia are supported to live a high quality of life with meaning, purpose and value.

 [www.twitter.com/AlzheimersQld](https://www.twitter.com/AlzheimersQld)





## Governance and the management of risk

Alzheimer's Australia (Qld) has a comprehensive corporate risk management framework in place to identify and address the major financial, operational, governance, reputational and regulatory risks which might impact on its ability to meet its objectives. Our Board of Directors are responsible for the effective management of risks, including ensuring that internal controls are in place and are operating as intended.

Our risks are identified and managed in the following ways:

- We have put in place a system of organisation-wide risk action planning which allows risk to be identified and managed at an appropriate level. Strategic risks are identified, elevated and reviewed by the Finance and Audit Committee at each of their quarterly meetings and in turn provides an update to the full Board of Directors.

- The Executive Leadership Team also engages in regular horizon scanning exercises to identify new and emerging risks and discuss how and at what level these risks are most appropriately managed.
- Budgets, key performance indicators and management accounts which indicate financial performance against the budget and forecast are reviewed and agreed by the Finance and Audit Committee and the Board of Directors on a quarterly basis.

- Risk management is fully incorporated into our project methodology. The largest projects are overseen by a dedicated Project Management Officer to ensure delivery risk is managed, assessed and reported through project status reports.

### CONTINUOUS IMPROVEMENT

Quality governance is a priority for Alzheimer's Australia (Qld) in all of our programs, activities and services. Our Board, management, staff and volunteers are committed to ensuring that every person who comes into contact with our organisation receives high quality services and great customer care. Our continuous improvement activities are reported, monitored and implemented on an ongoing basis.

### COMPLAINTS, COMPLIMENTS AND COMMENTS

Alzheimer's Australia (Qld) is committed to seeking, acknowledging and responding to complaints, compliments and comments from our consumers, supporters, volunteers and the community. This feedback is reviewed regularly as a part of our commitment to continuous improvement. We sincerely thank everyone who has taken the time to provide invaluable feedback in this way.



# OUR FINANCES

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## TREASURERS REPORT

Financially the year under review has seen a number of very positive developments for Alzheimer Australia (Qld), as we have successfully pursued our strategic objective of long term financial sustainability.

In 2015-2016 our Revenue increased from \$6.1M to \$6.9M (11.7%) as we grew services, however our costs also grew from \$6.2M to \$6.9M reflecting both increased scale but also the one off costs associated with organisational expansion. However the real story of the organisations step forward in the year under review is the increase in Net Assets from \$700k (14/15) to \$3.3M (15/16) at the close of the year.

The integration of Gold Coast operations into the Alzheimer's Australia Qld portfolio state-wide has increased the diversity of our services, and this in turn has enhanced revenue streams. A full refurbishment program was successfully executed at our Gold Coast respite centres and these have also augmented our overall net asset position, evidence of the improved potential for client service delivery in the years to come.

We have also committed new resources into our fundraising and philanthropy programs, and continued to develop fee for service programs so that our reliance on Government funding programs is reduced. Lastly and in common with many organisations in our sector we have conducted reviews of our support services to rationalise costs, invest in technology and ultimately maximise the client and social impact of our services.

In the year to come we will continue to face challenges from changes to Government funding policy, and in particular we are preparing for NDIS (National Disability Insurance Scheme) and expansion in consumer directed care services. The key to meeting these challenges has been investment in training and capacity building, and we are excited by the prospects for new service delivery and associated social financing models.

2015-2016 has been a year of change and our financial statements reflect that change, however we start 2016-2017 with renewed vigour and real potential to deliver the services that people living with dementia across Queensland expect.



# FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2016

## DIRECTORS' REPORT 30 June 2016

The directors present their report on Alzheimer's Australia (QLD) Limited for the financial year ended 30 June 2016.



### 1. GENERAL INFORMATION

#### Directors

The names of each person who has been a Director during the year and to the date of this report are:

William Bass  
Victoria Beedle  
Swain Roberts  
Desley O'Brien  
Andrew Follett (retired 13/05/2016)

The Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

Directors make careful judgement on acquittal risk (funding potential or forfeit) regularly throughout the year.

#### PRINCIPAL ACTIVITIES

The principal activity of Alzheimer's Australia (Qld) Limited during the financial year was to provide information, education, advocacy and support for people with dementia, their families and carers throughout Queensland. No significant changes in the nature of the Company's activity occurred during the financial year.

#### MEMBERS GUARANTEE

The Company is incorporated under the Australian Charities and Not-for-profits Commission Act 2012 and is a Company limited by guarantee. If the Company is wound up, the constitution states that each member is required to contribute a maximum of \$10 each towards meeting any outstanding obligations of the Company. At 30 June 2016 the number of members was 1 (2015: 5).

At 30 June 2016 the collective liability of members was \$10 (2014: \$50).

#### INFORMATION ON DIRECTORS

##### William Bass      Chairman

Qualifications B Economics, Associate - Institute of Chartered Accountants, Fellow - Institute for Independent Business, Fellow - Governance Institute of Australia, Member – Australian Institute of Company Directors , Justice of the Peace (Qual.)

##### Special Responsibilities:

Chairman AA (Qld) Limited Risk & Audit Committee

##### Victoria Beedle      Director

Qualifications BA (Hons) Law and Economics, Post, Grad Diploma Marketing, Member Australian Institute of Company Directors

##### Swain Roberts      Director

Qualifications Bachelor of Commerce, Bachelor of Law with First Class Honours, Graduate Diploma in Education, Member of Law Society of Queensland, Member of Law Society (England and Wales), Member of the Australian Institute of Company Directors, Member, Australia Singapore Chamber of Commerce, Member of the Australian Indonesia Business Council

##### Desley O'Brien      Director

Qualifications Bachelor of Education  
Special Responsibilities Secretary AA (Qld) Limited (from 28/10/13 to date)

##### Andrew Follett      Director (retired 13/05/2016)

Qualifications Diploma Diversional Therapy



MEETINGS OF DIRECTORS

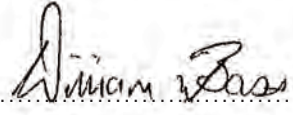
During the financial year, 11 meetings of directors (including committees of directors) were held. Attendances by each director during the year were as follows:


	Directors’ Meetings		Risk & Audit Committee	
	Number eligible to attend	Number attended	Number eligible to attend	Number attended
William Bass	8	8	3	3
Victoria Beedle	8	8	3	3
Swain Roberts	8	8	-	-
Desley O’Brien	8	7	-	-
Andrew Follett	7	6	-	-

AUDITOR’S INDEPENDENCE DECLARATION

The lead auditor's independence declaration in accordance with section 60-40 of the Australian Charities and Not-for-profits Commission Act 2012, for the year ended 30 June 2016 has been received and can be found on page 3 of the financial report.

Signed in accordance with a resolution of the Board of Directors:

Director. 

Director. 

Dated



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Member Crowe Horwath International  
Audit and Assurance Services  
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www.crowhorwath.com.au

Alzheimer’s Australia (QLD) Limited  
ACN: 166472224

Auditors Independence Declaration under 60-40 of the Australian Charities and Not-for-profits Commission Act 2012 to the Directors of Alzheimer's Australia (QLD) Limited.

I declare that, to the best of my knowledge and belief, during the year ended 30 June 2015, there have been:

- (i) no contraventions of the auditor independence requirements as set out in the Australian Charities and Not-for-profits Commission Act 2012 in relation to the audit; and
- (ii) no contraventions of any applicable code of professional conduct in relation to the audit.

  
Crowe Horwath South QLD

  
Logan Meehan  
Partner  
30 September 2016

Crowe Horwath South (QLD) is a member of Crowe Horwath International, a Swiss Verein. Each members firm of Crowe Horwath is a separate and independent legal entity. Liability limited by a scheme approved under Professional Standards Legislation other than for the acts or omissions of financial services licensees.



# Statement of Surplus or Deficit and Other Comprehensive Income

FOR THE YEAR ENDED 30 JUNE 2016

	Note	2016 \$	2015 \$
<b>Income</b>			
Interest income		29,419	44,453
Government grants		5,651,785	4,861,586
Donations		196,612	267,821
Other income	2	1,020,709	997,990
		6,898,525	6,171,850
<b>Expenditure</b>			
Employee benefits expense		4,290,100	3,335,231
Other staffing costs		160,619	305,900
Depreciation and amortisation expense		58,675	19,578
Advertising		416,385	556,323
Lease expense		30,573	35,878
Office costs		566,793	550,780
Travel and accommodation		60,075	201,047
Program costs		1,211,743	986,375
Other expenses		197,806	201,647
		6,992,769	6,192,759
<b>Deficit before income tax</b>		<b>(94,244)</b>	<b>(20,909)</b>
<b>Income tax expense</b>	<b>1(c)</b>	<b>-</b>	<b>-</b>
<b>Deficit after income tax</b>		<b>(94,244)</b>	<b>(20,909)</b>

# Statement of Financial Position

30 JUNE 2016

	Note	2016 \$	2015 \$
<b>Assets</b>			
<b>Current assets</b>			
Cash and cash equivalents		4,145,779	1,314,767
Trade and other receivables	3	141,622	81,822
Short-term deposits		60,000	460,000
Inventories		-	964
Other assets	5	49,697	23,756
<b>Total current assets</b>		<b>4,397,098</b>	<b>1,881,309</b>
<b>Non-current assets</b>			
Property, plant and equipment	4	2,639,009	98,600
Other asset 5 76,868 71,535			
<b>Total non-current assets</b>		<b>2,715,877</b>	<b>170,135</b>
<b>Total assets</b>		<b>7,112,975</b>	<b>2,051,444</b>
<b>Liabilities</b>			
<b>Current liabilities</b>			
Trade and other payables	6	719,518	655,413
Secured loan	10	514,760	-
Employee benefits	8	320,801	182,716



Statement of Financial Position (cont.)

30 JUNE 2016

	Note	2016 \$	2015 \$
Other liabilities – unsecured	7	2,124,739	425,241
<b>Total current liabilities</b>		<b>3,679,818</b>	<b>1,263,370</b>
<b><i>Non-current liabilities</i></b>			
Employee benefits	8	89,104	10,972
<b>Total liabilities</b>		<b>3,768,922</b>	<b>1,274,342</b>
<b>Net assets</b>		<b>3,344,053</b>	<b>777,102</b>
<b><i>Equity</i></b>			
Retained earnings		3,344,053	777,102
<b>Total equity</b>		<b>3,344,053</b>	<b>777,102</b>

Statement of Changes in Equity

FOR THE YEAR ENDED 30 JUNE 2016

	Note	Retained Surplus \$	Total \$
<b><i>2016</i></b>			
Balance at 1 July 2015		777,102	777,102
Deficit attributable to members of the entity		(94,244)	(94,244)
Deed of assignment	12	2,661,195	2,661,195
<b>Balance at 30 June 2016</b>		<b>3,344,053</b>	<b>3,344,053</b>
<b><i>2015</i></b>			
Balance at 1 July 2014		798,011	798,011
Deficit attributable to members of the entity		(20,909)	(20,909)
<b>Balance at 30 June 2015</b>		<b>777,102</b>	<b>777,102</b>



# Statement of Cash Flows

FOR THE YEAR ENDED 30 JUNE 2016

	Note	2016 \$	2015 \$
<b>Cash flows from operating activities</b>			
Receipts from customers		797,293	1,003,037
Payments to suppliers and employees		(7,238,787)	(6,130,253)
Government grants received		6,181,894	4,771,924
Donations received		196,612	267,821
Interest received		29,419	44,453
<b>Net cash provided by (used in) operating activities</b>	<b>11</b>	<b>(33,569)</b>	<b>(43,017)</b>
<b>Cash flows from investing activities</b>			
Proceeds from sale of property, plant & equipment		-	13,098
Proceeds from term deposits		400,000	-
Net cash used by investing activities		400,000	13,098
Cash transferred from Alzheimer’s Australia Gold Coast Inc.	12	2,464,581	-
Net increase (decrease) in cash and cash equivalents held		2,831,012	(29,919)
Cash and cash equivalents at beginning of year		1,314,767	1,344,686
<b>Cash and cash equivalents at end of financial year</b>		<b>4,145,779</b>	<b>1,314,767</b>

# Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

## 1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

### (a) Basis of Preparation

The directors have prepared the financial statements on the basis that the not-for-profit Company is non-reporting entity because there are no users dependent on general purpose financial statements. These financial statements are therefore a special purpose financial statements that has been prepared in order to meet the requirements of the Australian Charities and Not-for-profits Commission Act 2012.

The financial statements have been prepared in accordance with recognition and measurement criteria in the Australian Accounting Standards and the disclosure requirements of AASB 101 Presentation of Financial Statements, AASB 107 Statement of Cash Flows, AASB 108 Accounting Policies, Changes in Accounting Estimates and Errors, AASB 1048 Interpretation of Standards and AASB 1054 Australian Additional Disclosures.

The significant accounting policies disclosed below are those which the directors have determined are appropriate to meet the needs of members. Such accounting policies are consistent with the previous period unless otherwise stated.

The financial statements have been prepared on an accruals basis and are based on historical costs unless otherwise stated in the notes.

On 25 January 2016, the Company and Alzheimer’s Australia Gold Coast ('AAGC') signed a Deed of Assignment for AAGC to assign all of its legal and beneficial right, title and interest in and to its properties to the Company. The impact of the Deed of Assignment is that all of AAGC transactions from the date the Deed was signed has been transferred and reported in the Company’s financial statements.

### (b) Comparative Amounts

Comparatives information has been restated where necessary to be consistent with disclosures in the current reporting period.

### (c) Income Tax

No provision for income tax has been raised as the Company is exempt from income tax under Div 50 of the Income Tax Assessment Act 1997.

### (d) Leases

Lease payments for operating leases, where substantially all of the risks and benefits remain with the lessor, are charged as expenses on a straight-line basis over the life of the lease term.

### (e) Revenue and other income

Revenue is recognised when the amount of the revenue can be measured reliably, it is probable that economic benefits associated with the transaction will flow to the entity and specific criteria relating to the type of revenue as noted below, has been satisfied.



Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

Revenue is measured at the fair value of the consideration received or receivable and is presented net of returns, discounts and rebates.

All revenue is stated net of the amount of goods and services tax (GST).

Grant revenue

Grant revenue is recognised in the statement of profit or loss and other comprehensive income when the entity obtains control of the grant, it is probable that the economic benefits gained from the grant will flow to the entity and the amount of the grant can be measured reliably.

When grant revenue is received whereby the entity incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

Donations

Donations and bequests are recognised as revenue when received.

Interest revenue

Interest is recognised using the effective interest method.

(f) Goods and Services Tax (GST)

Revenue, expenses and assets are recognised net of the amount of goods and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payable are stated inclusive of GST.

The net amount of GST recoverable from, or payable to, the ATO is included as part of receivables or payables in the statement of financial position.

Cash flows in the statement of cash flows are included on a gross basis and the GST component of cash flows arising from investing and financing activities which is recoverable from, or payable to, the taxation authority is classified as operating cash flows.

(g) Property, Plant and Equipment

Land and buildings

Land is measured at historical cost. Buildings is stated at historical cost less accumulated depreciation and impairment.

Plant and equipment

Plant and equipment is stated at historical cost less accumulated depreciation and impairment. Historical cost

Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

includes expenditure that is directly attributable to the acquisition of the items.

Depreciation

The depreciable amount of all property, plant and equipment is depreciated on a straight-line method from the date that management determine that the asset is available for use.

Leasehold improvements are depreciated over the shorter of the term of the lease and the assets useful life.

The depreciation rates used for each class of depreciable asset are shown below:

Fixed asset class	Depreciation rate
Buildings	4%
Plant and Equipment	5% -20%
Furniture, Fixtures and Fittings	5%
Motor Vehicles	18.75%
Computer Equipment	20%
Leasehold improvements	12.50%

At the end of each annual reporting period, the depreciation method, useful life and residual value of each asset is reviewed. Any revisions are accounted for prospectively as a change in estimate.

(h) Cash and cash equivalents

Cash and cash equivalents include cash on hand, deposits held at call with financial institutions, other short-term highly liquid investments with original maturities of three months or less that are readily convertible to known amounts of cash and which are subject to an insignificant risk of change in value.

(i) Employee benefits

Short-term employee benefits

Liabilities for wages and salaries, including non-monetary benefits, annual leave and long service leave expected to be settled within 12 months of the reporting date are measured at the amounts expected to be paid when the liabilities are settled.

Other long-term employee benefits

The liability for annual leave and long service leave not expected to be settled within 12 months of the reporting date are measured as the present value of expected future payments to be made in respect of services provided by employees up to the reporting date using the projected unit credit method. Consideration is given to expected future wage and salary levels, experience of employee departures and periods of service.

Expected future payments are discounted using market yields at the reporting date on national government bonds with terms to maturity and currency that match, as closely as possible, the estimated future cash outflows.

# Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

**(j) Critical Accounting Judgements, Estimates and Assumptions**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the reported amounts in the financial statements. Management continually evaluates its judgements and estimates in relation to assets, liabilities, contingent liabilities, revenue and expenses.

Management bases its judgements, estimates and assumptions on historical experience and on other various factors, including expectations of future events, management believes to be reasonable under the circumstances. The resulting accounting judgements and estimates will seldom equal the related actual results.

The judgements, estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities (refer to the respective notes) within the next financial year are discussed below.

**Estimation of useful lives of assets**

The company determines the estimated useful lives and related depreciation and amortisation charges for its property, plant and equipment and finite life intangible assets. The useful lives could change significantly as a result of technical innovations

or some other event. The depreciation and amortisation charge will increase where the useful lives are less than previously estimated lives, or technically obsolete or non-strategic assets that have been abandoned or sold will be written off or written down.

**Employee benefits provision**

As discussed in Note 1(i), the liability for employee benefits expected to be settled more than 12 months from the reporting date are recognised and measured at the present value of the estimated future cash flows to be made in respect of all employees at the reporting date. In determining the present value of the liability, estimates of attrition rates and pay increases through promotion and inflation have been taken into account.

**Recognition of unspent grants liability**

The company determines that control over the unspent grant funds has not yet been established as at 30 June 2016 due to the conditions of the grant has not been met as at that date. Unspent grant funds are recognised as a liability in the Statement of Financial Position.

**(k) New, Revised or amending Accounting Standards and Interpretations adopted**

The Company has adopted all of the new, revised or amending Accounting Standards and Interpretations issued by the

# Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

Australian Accounting Standards Board ('AASB') that are mandatory for the current reporting period. Any new, revised or amending Accounting Standards or Interpretations that are not yet mandatory have not been early adopted.

New Accounting Standards and Interpretations not yet mandatory or early adopted Australian Accounting Standards and Interpretations that have recently been issued or amended but are not yet mandatory, have not been early adopted by the Company for the annual reporting period ended 30 June 2016.

The Company has not yet assessed the impact of these new or amended Accounting Standards and Interpretations.



# Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

2. Other income	2016 \$	2015 \$
Trading income	75,798	140,597
Fundraising income	314,709	442,378
Administration fees/other income	630,202	415,015
	1,020,709	997,990

## 3. Trade and other receivables

### CURRENT

Trade receivables	83,908	65,082
Other receivables	57,714	16,740
Total current trade and other receivables	141,622	81,822

The carrying value of trade receivables is considered a reasonable approximation of fair value due to the short-term nature of the balances. The maximum exposure to credit risk at the reporting date is the fair value of each class of receivable in the financial statements.

## 4. Property, plant and equipment

Land		
At cost	450,000	-
Buildings		
At cost	1,740,959	-
Accumulated depreciation	(18,213)	-
	1,722,746	-
Total land and buildings	2,172,746	-

# Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

4. Property, plant and equipment	2016 \$	2015 \$
Plant and equipment		
At cost	31,495	24,429
Accumulated depreciation	(19,337)	(17,628)
	12,158	6,801
Furniture, fixtures and fittings		
At cost	75,024	69,935
Accumulated depreciation	(33,293)	(29,435)
	41,731	40,500
Motor vehicles		
At cost	171,007	49,688
Accumulated depreciation	(28,301)	(32,070)
	142,706	17,618
Computer equipment		
At cost 266,330 184,998		
Accumulated depreciation	(196,754)	(181,843)
	69,576	3,155
Leasehold Improvements		
At cost	228,697	49,601
Accumulated amortisation	(28,605)	(19,075)
	200,092	30,526
Total property, plant and equipment	2,639,009	98,600

# Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

(a) Movements in carrying amounts of property, plant and equipment

Movement in the carrying amounts for each class of property, plant and equipment between the beginning and the end of the current financial year

	Land \$	Buildings \$	Plant and Equipment \$	Furniture, Fixtures & fittings \$	Motor Vehicles \$	Computer Equipment \$	Leasehold Improvements \$	Total \$
<b>Year ended 30 June 2016</b>								
Balance at the beginning of year	-	-	6,801	40,500	17,618	3,155	30,526	98,600
Additions	-	-	7,066	5,089	-	81,331	3,739	97,225
Disposals - written down value	-	-	-	-	(5,918)	-	-	(5,918)
Transfers from AAGC (note 11)	450,000	1,740,959	-	-	141,462	-	175,357	2,507,778
Depreciation expense	-	(18,213)	(1,709)	(3,858)	(10,456)	(14,910)	(9,530) (	58,676)
Balance at the end of the year	450,000	1,722,746	12,158	41,731	142,706	69,576	200,092	2,639,009
Year ended 30 June 2015								
Balance at the beginning of year	-	-	8,123	43,884	33,961	7,282	36,727	129,977
Disposals - written down value	-	-	-	-	(11,799)	-	-	(11,799)
Depreciation expense	-	-	(1,322)	(3,384)	(4,544)	(4,127)	(6,201)	(19,578)
<b>Balance at the end of the year</b>	<b>-</b>	<b>-</b>	<b>6,801</b>	<b>40,500</b>	<b>17,618</b>	<b>3,155</b>	<b>30,526</b>	<b>98,600</b>

# Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

	2016 \$	2015 \$
<b>5. Other assets</b>		
<b>CURRENT</b>		
Prepayments	46,697	23,756
<b>NON-CURRENT</b>		
Bonds	76,868	71,535
<b>6 Trade and other payables</b>		
<b>CURRENT</b>		
Trade payables	242,134	262,812
BAS payable	189,295	86,616
Other payables	47,942	24,555
Accrued expenses	67,994	115,526
Member organisation restricted funds	172,153	165,904
	<b>719,518</b>	<b>655,413</b>
All amounts are short term and the carrying values are considered to be a reasonable approximation of fair value.		
<b>7 Other liabilities – unsecured</b>		
<b>CURRENT</b>		
Unexpended government grants	2,019,812	425,065
Unexpended grants – Thyne Reid Foundation	104,753	-
Other liabilities	174	176
	<b>2,124,739</b>	<b>425,241</b>



# Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

8. Employee benefits	2016 \$	2015 \$
<b>CURRENT</b>		
Annual leave	219,944	140,316
Long service leave	100,857	42,400
	<b>320,801</b>	<b>182,716</b>
<b>NON-CURRENT</b>		
Long service leave	89,104	10,972

## 9. Contingencies

In the opinion of the Directors, the Company did not have any contingencies at 30 June 2016 (30 June 2015:None).

## 10. Secured Loan

The land and buildings situated at 46 Bonogin Road, Mudgeeraba were acquired with funds partially provided under a Department of Communities Capital Funding Agreement. This funding contribution has been secured by a mortgage in favour of the Department of Communities with an original term of 20 years, which will expire in 2032. Under the terms of this mortgage the use of the property is restricted to the provision of respite services and repayment need only occur upon default.

# Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

## 11. Cash Flow Information

(a) Reconciliation of result for the year to cashflows from operating activities

Reconciliation of net income to net cash provided by operating activities:

11. Cash Flow Information	2016 \$	2015 \$
<b>Profit (loss) for the year</b>	<b>(94,244)</b>	<b>(20,909)</b>
<b>Cash flows excluded from profit attributable to operating activities</b>		
<b>Non-cash flows in profit:</b>		
- depreciation	58,675	19,578
- profit on sale of assets	(880)	(1,299)
<b>Changes in assets and liabilities:</b>		
- (increase)/decrease in trade and other receivables	(222,536)	6,348
- (increase)/decrease in prepayments	(25,941)	14,826
- increase in other assets	(5,333)	(11,835)
- decrease in inventories	964	7,224
- increase/(decrease) in unexpended grants	530,109	(89,664)
- decrease in trade and other payables	(20,678)	(215,993)
- increase in BAS payable	102,679	28,932
- increase/(decrease) in other payables	(405,476)	171,354
- increase/(decrease) in accrued wages	(47,532)	10,314
- increase in employee benefits	96,624	38,107
<b>Cashflow from operations</b>	<b>(33,569)</b>	<b>(43,017)</b>

Notes to the Financial Statements

FOR THE YEAR ENDED 30 JUNE 2016

12. Deed of Assignment

On 25 January 2016, the Company and Alzheimer's Australia Gold Coast ('AAGC') signed a Deed of Assignment for AAGC to assign all of its legal and beneficial right, title and interest in and to its properties to the Company. The impact of the Deed of Assignment is that all of AAGC transactions from the date the Deed was signed has been transferred and reported in the Company's financial statements. Both parties are in the process of finalising the transfers of contracts, grant agreements and legal titles of AAGC's assets to the Company and AAGC is no longer operating subsequent to financial year ended 30 June 2016.

13. Company Details

The registered office of and principal place of business of the company is:  
Alzheimer's Australia (QLD) Ltd  
46 Bonogin Road  
Mudgeeraba QLD 4213

DIRECTORS DECLARATION

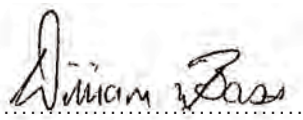
The directors have determined that the Company is not a reporting entity and that these special purpose financial statements should be prepared in accordance with the accounting policies described in Note 1 of the financial statements.

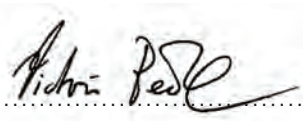
The directors of the Company declare that:

- 1. The financial statements and notes, as set out on pages 4 to 15, are in accordance with the Australian Charities and Not-for-profits Commission Act 2012 and:  
(a) comply with Australian Accounting Standards as stated in Note 1; and  
(b) give a true and fair view of the financial position as at 30 June 2016 and of the performance for the year ended on that date of is in accordance with the accounting policy described in Note 1 of the financial statements.
- 2. In the directors' opinion, there are reasonable grounds to believe that the Company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.

Signed in accordance with subsection 60.15(2) of the Australian Charities and Not-for-profits Commission Regulation 2013.

Director 

Director 

Dated



A close-up photograph of two hands clasped together, with a teal text box overlaid on the right side. The hands are positioned in the center of the frame, with fingers interlaced. The skin appears slightly wrinkled, suggesting an older person. The background is a soft, out-of-focus texture, possibly a fabric or a wall. The teal text box is located on the right side of the image, containing a quote in white text. Below the quote, there is a smaller teal box with white text providing the source of the quote. The overall tone of the image is warm and supportive.

**"4.6 million volunteers work with Not-for-Profit organisations and generate a wage equivalent value of \$15 billion."**

Productivity Commission,  
Contribution of the Not-for-Profit  
Sector report, 2010.

Productivity Commission,  
Contribution of the Not-for-Profit  
Sector report, 2010.

**YOU CAN MAKE A DIFFERENCE  
DONATE TODAY**

YES, I would like to make my donation of \$ \_\_\_\_\_

Payment method :

☐ Cheque/Money order (payable to Alzheimer's Australia (Qld)) OR ☐ VISA / MasterCard

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ CCV \_\_\_\_ Expiry date: \_\_/\_\_/\_\_

Cardholder's name: \_\_\_\_\_

Signature: \_\_\_\_\_

- ☐ Please use my donation where it can make most difference
- ☐ Please use my donation for research
- ☐ Please use my donation locally

Contact details:

Title: \_\_\_\_\_ First name: \_\_\_\_\_ Last name: \_\_\_\_\_ Organisation: \_\_\_\_\_

Address: \_\_\_\_\_ Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Tel/Mobile: \_\_\_\_\_ Email: \_\_\_\_\_

- ☐ Please send me further information on how to include a gift to Alzheimer's Australia (Qld) in my Will
- ☐ I would like information on making a regular monthly donation to Alzheimer's Australia (Qld)
- ☐ I would like to join the Alzheimer's Australia (Qld) Supporter Community
- ☐ I would like to donate my time as a volunteer please send me further information
- ☐ I would prefer not to receive any further communications from Alzheimer's Australia (Qld)

*Donations of \$2 or more are tax deductible and a receipt will be provided. Thank you for your support. It is vital to our work to help people with dementia, their carers and their families.*

Please return this form to:

Alzheimer's Australia (Qld), Reply Paid 86346, WOOLLOONGABBA QLD 4102 ACN: 166472224



A big thank you to all our supporters who helped us continue to fight dementia in 2015-2016

**Alzheimer's Australia (Qld) is a charity which assists thousands of people diagnosed with dementia every year. With hundreds of new cases of dementia every day, the need for our services grows daily.**

**Brisbane Central Administration  
& Dementia Support Centre**

825 Stanley Street  
Woolloongabba Qld 4102  
P O Box 8141  
Woolloongabba Qld 4102  
Phone: 07 3895 8200

**Cedar House Dementia Support  
Centre**

46 Bonogin Road  
Mudgeeraba Qld 4213  
Phone: 07 3895 8200

**Rockhampton Dementia Support  
Centre**

238 Richardson Road  
North Rockhampton Qld 4701  
Phone: 07 4928 1926

**Toowoomba Dementia Support  
Centre**

241 Bridge Street  
Toowoomba Qld 4350  
Phone: 07 4564 8893

**Cairns Dementia Support Centre**

Shop 6A Piccones Shopping  
Village  
151-159 Pease St  
Manoora Qld 4870  
Phone: 07 4032 4884

**Maryborough Dementia Support  
Centre**

Level 1, 200 Bazaar Street  
Maryborough Qld 4650  
Phone: 07 4123 5611

**Rosemary House Dementia  
Support Centre**

90 Allied Drive  
Arundel Qld 4214  
Phone: 07 5594 0270

**Townsville Dementia Support  
Centre**

165 Kings Road  
Pimlico Qld 4812  
Phone: 07 4755 1177

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For more information:

[www.fightdementia.org.au](http://www.fightdementia.org.au)

National Dementia Helpline: 1800 100 500

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ABN: 62 659 237 563 ACN: 166472224  
Alzheimer's Australia (Qld) Limited

**FIGHT ALZHEIMER  
SAVE AUSTRALIA**  
**FIGHTDEMENTIA.ORG.AU**