

ALZHEIMER'S AUSTRALIA ACT ANNUAL REPORT 2015-16



Acknowledgements

The Australian Government funded programs of Alzheimer's Australia ACT are: the National Dementia Support Program (NDSP) which includes early intervention or Living with Memory Loss program; National Dementia Helpline and Referral Service; Counselling Services; Education and Awareness. Commonwealth Home Support Programme (CHSP) and Dementia Behaviour Management Advisory Service (DBMAS)

Alzheimer's Australia Act would like to acknowledge the Aboriginal people as the traditional custodians and carers of the country of Australia. We acknowledge and respect the Aboriginal people of Australia's relationship with country and their cultural and spiritual beliefs.

An Australian Government Initiative

Alzheimer's Australia ACT

Supporting people with dementia and their families in the ACT

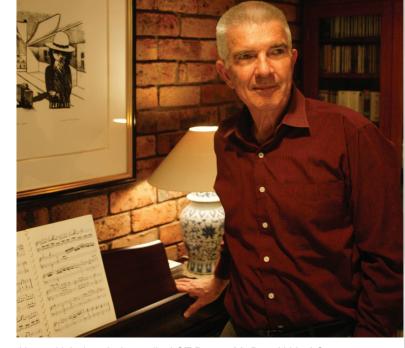
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Alzheimer's Australia ACT Incorporated ABN 66 342 708 600

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OUR BOARD



Above Alzheimer's Australia ACT Patron Mr Don Aitkin AO

"I joined Alzheimer's Australia ACT with the hope that I can make a difference, and am already impressed with the dedication and professionalism of the people I have met. In time, too, I will be one of them, more knowledgeable and possessed of greater understanding of dementia that is growing in its size and scope.

Don Aitken is an Emeritus Professor at the University of Canberra."

Patron

Don Aitkin AO

Board President

Greg Fraser

Board Directors

John Barbeler
Philip Butler
John Fely
Geoff Hine
Camilla Rowland
Sharon Winks
Gayle Sweaney

Chief Executive Officer

Jan Chorley

Alzheimer's Australia ACT is committed to the prevention of dementia while valuing and supporting people living with dementia

PURPOSE

Making a difference for those impacted by dementia by using our knowledge and expertise of dementia to provide leadership in quality services, and be a strong and credible voice for the creation of a dementia friendly ACT

MALUES

Respect and Dignity Professionalism

Inclusion Innovation

Integrity Collaboration

LETTER TO MEMBERS

Dear Members

On behalf of the Board and Management of Alzheimer's Australia ACT we are very pleased to present this report on our services, programs and achievements over the past 12 months.

This has been a time of unprecedented change in the aged care and disability sectors, with government tendering competitively for services on a national rather than regional basis and large commercially focused organisations entering the sectors and competing successfully against organisations like ours. While our organisation has been very proactive in ensuring that we have shaped our services and programs to align with government policy and also underpinned by the principles of consumer directed care, it will be difficult, as a relatively small organisation, to continue to operate sustainably in the longer term.

In August 2015 the membership voted at a Special General Meeting to move from being an Incorporated Association to a Company Limited by Guarantee. The change enables the organisation to better place itself to deal with the changing operational environment in areas such as income generation, area of operation, compliance with Commonwealth legislation and in forming partnerships and alliances with other likeminded organisations. The organisation began trading as a Company limited by Guarantee from 1 July 2016.

It has been recognised for some time that we have outgrown the office accommodation at Kaleen. A number of accommodation options have been explored in recent years and in late 2015 we entered into in negotiations with our landlord, the ACT Government's Property Group, to move from our present location in Kaleen to the site of the former ACT Primary School in Flynn. The move was put on-hold, however, for a range of reasons including some uncertainty surrounding ongoing government funding for a number of our services. The Board gave consideration to these factors and decided that the organisation would remain at Kaleen for the foreseeable future.

The Australian Aged Care Quality Agency undertook a quality audit of the our Commonwealth Home Support Program services in February 2016. The audits are undertaken on a regular basis, on behalf of the Commonwealth Government, to assess the quality of services provided to clients by funded organisations like Alzheimer's Australia ACT. The outcome of the audit was very positive and we were found once again to have met all of the assessed standards.

The 2015-16 Financial Statements recorded a net surplus of \$34,600. This was largely due to our fundraising efforts. We identified early in 2016 innovative ways of diversifying our income streams and have commenced operationalizing this approach in order to ensure our funds are drawn from a range of sources including fee paying services.

We farewelled Carmel McGregor this year as a Director and we thank her for her support during her time on the Board. We also said goodbye to Jane Allen as CEO in January 2016 who informed the Board of her desire to retire. Jane had led the organisation during her time in a very dedicated and efficient manner. Jane was able to ensure the governance and operational management of the organisation was in a solid position as she handed over the reins to the new CEO Jan Chorley.

We thank our new Patron, Don Aitkin, for his ongoing support, involvement and invaluable counsel.

We thank the Board for their outstanding focus on governance for our organisation. We also acknowledge the management team for their commitment and dedicated service. We greatly appreciate the Commonwealth and ACT governments for their funding of our key priority areas.

We also especially thank our supporters and businesses who have contributed to our fundraising efforts over the past year.

Our organisational work is greatly enhanced by the generous work of our volunteers who give so tirelessly to support our work. We thank each and every volunteer whose time and efforts are always greatly appreciated.

The Board ensures at all times that is cognisant of the needs of people living with dementia, their families and carers as it strives to drive the organisation forward to meet the challenges of the future.



Greg Fraser President



Jan Chorley
Chief Executive Officer



YEAR IN REVIEW 2015

COMMUNICATION CREATE FRIENDSHIPS



Dementia Design and the Environment - November 2015

Women in Racing Fundraiser November 2015



Client's and Member's Christmas Party - December 2015

Murramarang Trip - March 2016

SUPPORT INFORMATION EDUCATION

YEAR IN REVEW 2016

PARTICIPATION GIVE COMMUNITY



Advances in Dementia The Latest Science March 2016

ACT Tennis Charity Day for Alzheimer's Australia ACT May 2016



DBMAS ACT - The Canberra Hospital Workshop June 2016

Dementia Friendly Garden - The Canberra Hospital June 2016

CARE

FUNDRAISING

AWARENESS

SUPPORT AND SERVICES

Our team of dedicated and skilled staff provides a wide range of services for people with dementia, their families and carers.

During 1 July 2015 - 30 June 2016 Alzheimer's Australia ACT supported 2388 consumers.

Key Dementia Worker program provides an information, advice and referral service for people concerned about memory loss, carers, care staff and the wider community. Alzheimer's Australia ACT supported **704** consumers.

Counselling is for people with dementia and their families providing practical strategies for coping with both emotional and other events that impact on their lives. Alzheimer's Australia ACT provided counselling to **193** individuals.

Dementia Links provides social support for people with early stage dementia and those diagnosed with younger onset dementia through a range of activities that allow continued participation in the community. Alzheimer's Australia ACT supported 65 people with dementia.

Support groups offer practical help, information and emotional support **for carers**. Alzheimer's Australia ACT provided support to **93** participants. We would like to acknowledge The Hellenic Club Woden for the free use of their rooms for our carer support groups.

ACT Respite Links supports family carers who find it difficult to access mainstream respite services. This program also provides flexible respite to carers. Alzheimer's Australia ACT provided support to 470 carers.

Mobile Respite Response Team provides information, support and strategies for families wishing to continue caring for their loved one with dementia at home.

Alzheimer's Australia ACT has supported 369 carers.

Dementia Behaviour Management Advisory Services (DBMAS) provide advice and support to those caring for people with dementia. Service may include clinical advice over the phone, assessment, care plan development, mentoring and educating and training. During the last 12 months DBMAS has provided support to 297 people with dementia.



EDUCATE AND INFORM

Education Services provides education and training on dementia and associated topics for family carers, people with dementia, staff in aged care facilities, health professionals and the broader community.

We have increased our education services to the acute care sector and the ACT Universities this year. There has been much demand this year from both the general community and workplaces for education on dementia risk reduction and brain health.

There has been an increasing interest in popular online training options as well as the face to face education.

Our most popular training courses delivered this year continues to be the powerful Experiencing Dementia workshop with its practical simulation and experiential learning component, the Montessori Method for Dementia Care workshop and dementia design.

Education Services delivered to:

 6 Living with Memory Loss education programs for 110 people delivered to both the person with dementia and their carer/support person

- Community education to 2,200 community members and family carers
- Workforce education to 1,800 professionals in the areas of aged care, acute care, universities, allied health, community care, primary care and disabilities
- Outreach and awareness activities to 8,000 people across the ACT

Courses and workshops for 2016

Understanding Dementia
Effective Communication in Dementia
Disabilities and Dementia
Behaviours in Dementia
Dementia Research
Meaningful Activities
The Enabling Environment
Healthy Ageing and Dementia Risk Reducation
Care for the Carer
Younger Onset Dementia
Worried About Your Memory
Customised Education



YOUNGER ONSET KEY WORKER PROGRAM

The Younger Onset Dementia Key Worker Program provides individualised information and support to improve the quality of life for people with younger onset dementia, their families and carers. The key worker provides information, support, counselling, advice and helps consumers effectively engage with services

appropriate to their individual needs. The program provided support to 78 clients and runs a Memory Lane café that meets monthly.

The Younger Onset Dementia Key Worker program has forged very strong partnerships supporting people diagnosed with dementia.

The Greening Australia volunteering program is going from strength to strength. The number of volunteer members has grown and is now a mixed gender group. The volunteers meet weekly to assist Greening Australia in their conservation efforts through weeding tube stock for rural regeneration.

Alzheimer's Australia ACT and Greening Australia were invited by the Threatened Species Commissioner, Gregory Andrews to present the partnership at last year's Threatened Species Summit. The program was showcased to State and Territory Environment Ministers, Ambassadors and conservation experts who were very impressed by the work completed by our team of volunteers.

The program won the 2016 Arts and Environment category awarded by Volunteer ACT.

Pictured below from left Gregory Andrews, Threatened Species Commissioner and Ian Lindenmayer





Pictured above woodworking participants creating new products for our social enterprise.

A very strong partnership has been developed with Majura Men's Shed and Northside Community

Services. The group of men working at the Shed has increased in size and the men are now designing and cutting new products. Cheeseboards, planter boxes, easels and toys have been built at the shed.

Through another important partnership with Bunnings, another team of creative volunteers meet weekly to sand and paint these products ready for sale.

Many consumers of the program responded to a survey highlighting a need for a longer group based program. Primrose Services and the Younger Onset Dementia Key worker team have been working hard to design this program commencing in October.

Due to a request from our consumers we have been working with Primrose Services in partnerships to develop a day program.

CREATING CONNECTIONS FOR PEOPLE WITH DEMENTIA

Alzheimer's Australia ACT hosted a trip to Murramarang for people living with dementia in march 2016.

The venue provided the opportunity for clients to participate in holiday activities and social interaction in a coastal setting.

These trips encourage activities that enhance wellbeing such as exercising on the beach and bush walking. This also means those less able or inclined to walk on the beach can enjoy the view and opportunities to develop social networks. They also provide opportunities for people with dementia who have similar interests and backgrounds to connect, interact and socialise with each other.

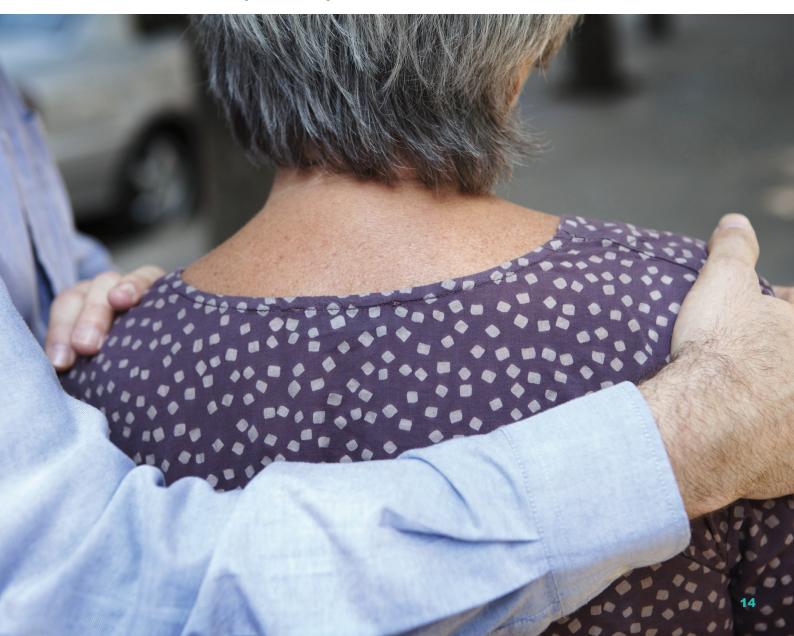


DEMENTIA BEHAVIOUR MANAGEMENT ADVISORY SERVICE

The Dementia Behaviour Management Advisory Service (DBMAS) reached our highest ever number (252) of case managed clients in 2015-16. We provided a further 87 occasions of information and advice and delivered 33 Education sessions on behaviour management topics to 632 participants.

November 2015 brought the new national initiative Severe Behaviour Response Teams (SBRT), with DBMAS being integral to the screening and access for this service which is aimed at residents from aged care facilities who have very severe behaviours. Our ACT DBMAS team has been working with the local SBRT clinician to ensure that these clients are provided with a smooth referral process and have continuous service.

The team is passionate about bringing person-centred care into the lives of people with dementia. To achieve greater engagement of care staff in this approach to care we worked on three person-centred projects during the last year with; St Andrews Village, Kangara Waters and The Canberra Hospital. We have supported the hospital's role on the national trial of the Dementia Care in Hospitals project. We also assisted to build a dementia friendly garden with the assistance of Bunnings Tuggeranong. We facilitated with our partner DBMAS team from Alzheimer's Australia South Australia, Dementia masterclasses and workshops across the hospital including senior managers, nursing, kitchen, wardsmen, and allied health professionals. Role plays were a fun and interactive feature of this education adding to memorable demonstrations of behaviour management strategies.



ACKNOWLEDGEMENTS

Thanks to all our supporters who gave so generously throughout the year. Your financial and in kind support and sponsorship is valued and appreciated

Donation - General

Donation - General

Donation - General

Aitkin, D Allen, J Anderson, T Ashcroft, C Augusto, J Bailey, M Banfield, P Barrs. E Bennett, C Boag, E&T Bollard, M Breda .J Bridson, M Brigg, J Buchanan, J Burgemister, C Buswell, S Butler, P Canberra North Bowling Club

Canberra Tradesman's Union Club Inc

Carpenter, P Chegwyn, F Chisholm, M Clark, K

Compston, B & E Conant, H & J Condon, L Cullen, C Curley, M Curnow, C Davidson, M De Souza, Dearing, E & F Dobbin, A & G Donnelly, M & S Duff, C

Dunbar, C Dunlop, I Dutton, G Elphick, G Fleming, J Foreman, G & T Fraser, G Fulton, M Gambale, L Gan, P Gavin, G Gellel, J Gibbons, E Gillard, S & L

Giuliano, J

Hallam, C

Hanscombe, D Hibbert, J Hillery, D Hodge, D Hodgkinson, M Hodgson, J Hogan, M Holmes, J

HorizonOne Recruitment

Howe, B Huffam, A Jayamaine, V Johns, R & M Johnston, C Jones, D Jones, M Kemp, A Kempton, G Ketley, D Kimber, M Kitchin, A Lad, M

Lanedale-Smith, G Larmour, G

Leech, L

Lindenmayer, I & R

Lore, E MaCarthur, K Magi, B Manassiev. N March. B Marjorie, S Marshall, M Martin. J McDonald, J McGregor, C McKav. G & D McMahon, R McTaggart, P Dr Mehra, D Mercer. B Meredith. L Meredith. N Milham, H Morris, E & S Mulcahv. G Newman, M Nichols, S Noble-Carr, D

Norton, M

Omni Executive

O'Callaghan, K & D

O'Sullivan, M Parker, B Passlow, G Peart, W Potter, M Preston, R Pritchard, D Quirk, M Redmond, C

Residents of Kangara Waters

Retirement Village

Richards, S

Rotary Club Canberra North Inc

Sheehan, M Schumacher, S & T

Sidwell, R Smith, J

Spottiswood, R & F Steinebronn, H Stewart, L Stobutzki, L Strutt, J Swain, D M Terrell. K

The Canberra City Bowling Club

The Street Theatre

Tennis ACT Thomas, A Thompson, E Tonkin, C & B Toole, L Towning, P Tully, E

Uniting Church Gungahlin

Uzzell, P
Van Hinthum, D
Varga , P
Walker, K
Warren, E
Watson, T
Weeden, J
West, D
Westcot, N
Wiley, R
White, A
Wimmer, G
Winter, B C

Women in Racing

Wood, C - Catch Me If You Can

Wylks, D

Donations in Memory

Donations in Memory

Donations in Memory

Afiabo, L & K Allen, JB & GC Arnold, H Bailey, AM Barlow, G Bertschinger, S Blakers, L Bodman, J Bradley, C Bryce, G Cairns, J & S Carter, H Chan, E Cooper, S Cordes, R Craig, A & R Dennis, J

Dent. M Dr Brown, T Dumkley, M Dunn, J & J Elbracht, E Emeleus, S Fachin, S Fergusson, R Fitch, J Fox, C Frater. E

Funk. L & L

Gasson finance PTY LTD

Georges Family Gibson, J Gillard, S Goard, K Goodman, H Gray, J Griffin, K Hamilton, P Harwood, G Hatsis, V Healy, A Heriot, V Hitchins. RS

Hughes, C Hutchings, H Hyles, P

Ibero-Latin American Society

International Police

Association Jaques-Brown, M

Kapatas, P

Karagiannidis Family

Kasprick, I Kellett, J Kennemore, D Keriba, H Kestenbaum, M Kounnas, C Kratzel, B Lancaster, R Lovegrove, K Maddigan, B & L Mather, J & I McGimes, S Michalis, M Michalis, M Moore, I Mrs Tzavalas Nash. H Nash, M **Neou Family** Notars, R & I

O'Neill, A Palaskonis, S Pascoe, A Patrick, A Pokleycutt, T Revill, J Richards, S Riley, M Robinson, M Rose, GF & LA

Ogden, J

Royal Aeronautical Society

Samios, E

Ross. D

Sanders, I Scarlett, N Scott, L Shaw, B & K Sims, J Smith, J & S Stanier, R Stanier, RM Stokes, A Taflaga, M Tarrant, P & G Travia, JA Tucker, J Tzavalas, A Wale, M

Weatherburn, N Weeden, J Weiss, L & E Wellman, C & P

Wist, M

Wolfe, JRM&A

Woolfe, S

Donations - Payroll Giving

Orica

Donations in Kind

Federal Golf Club

Southern Cross Club Woden

Ainslie Football Club

Canberra Tradesmen's Union Club Inc

Grill'd

Cockington Green

National Museum of Australia National Gallery of Australia

National Portrait Gallery of Australia



STATEMENT BY MEMBERS OF THE BOARD

STATEMENT BY BOARD MEMBERS

The following summary financial statements are taken from the financial statements of Alzheimer's Australia ACT Incorporated (Alzheimer's ACT).

Copies of the financial statements are available from the office of Alzheimer's ACT.

There have been no significant changes to the nature of the principal activities of Alzheimer's ACT during the year. In the opinion of Board Members, at the date of this statement there are reasonable grounds to believe that Alzheimer's ACT will be able to pay its debts as and when they fall due.

Signed on behalf of Alzheimer's ACT Board Members by:

peg/Freser (President) Canberra

John Barbeler (Treasurer)

Canberra

STATEMENT OF COMPREHENSIVE INCOME

ALZHEIMER'S AUSTRALIA ACT INCORPORATED ABN 66 342 708 600

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2016

	Note	2016 \$	2015 \$
Revenue	2	2.750.889	2,853,391
Depreciation expense		(11.021)	(9.788)
Employee benefits expense		(1,790,258)	(1,702,087)
Funding distributed to subcontractors		(288,361)	(301,074)
Client expenditure		(84,099)	(128,427)
Motor vehicle expense		(53,952)	(67,874)
Advertising & promotion		(20,952)	(15,113)
Rent and maintenance expense		(32,221)	(31,227)
Client transport		(116,883)	(93,622)
Contractor fees		-	(34,197)
Fundraising expenses		(19,450)	(32,357)
Communications and IT support		(50,059)	(66,186)
Professional development		(52,260)	(53,430)
Audit and insurance		(25,882)	(22,098)
Other administrative expenses		(169,028)	(199,644)
Surplus from operations		36,463	96,267
Other comprehensive income			
Total comprehensive surplus for the year		36,463	96,267

Note 1: Basis of Preparation

The summary financial statements relate to Alzheimer's Australia ACT Incorporated as an individual entity. Alzheimer's Australia ACT Incorporated is an association incorporated in the Australian Capital Territory under the Associations Incorporation Act 1991.

The summary financial statements have been derived from the audited financial statements of Alzheimer's Australia ACT Incorporated dated 8 September 2016. These statements were prepared in accordance with Australian Accounting Standards – Reduced Disclosure Requirements of the Australian Accounting Standards Board and the Associations Incorporation Act 1991. Alzheimer's Australia ACT Incorporated is a not-for-profit entity for financial reporting purposes under Australian Accounting Standards.

The summary financial statements have been prepared on an accruals basis and are based on historical costs, modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities. The amounts presented in the financial statements have been rounded to the nearest dollar. The presentation currency used is Australian Dollars.

Note 2: Revenue and Other Income

	Note	2016 \$	2015 \$
Revenue			
Members' subscriptions		3,499	2,259
Government Funding		2,547,845	2,604,514
Donations		82,580	53,753
Interest		17,867	20,846
Fundraising		54,087	133,463
Other income		45,011	38,556
		2,750,889	2,853,391

STATEMENT OF FINANCIAL POSITION

ALZHEIMER'S AUSTRALIA ACT INCORPORATED ABN 66 342 708 600

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2016

	2016 \$	2015 \$
ASSETS CURRENT ASSETS Cash and cash equivalents Financial assets Trade and other receivables	264,513 520,055 44,600	406,707 388,418 7,008
Other current assets	13,780	8,862
TOTAL CURRENT ASSETS	842,948	810,995
NON-CURRENT ASSETS Plant and equipment	23,161	25,525
TOTAL NON-CURRENT ASSETS	23,161	25,525
TOTAL ASSETS	866,109	836,520
LIABILITIES CURRENT LIABILITIES Trade and other payables Provisions	182,121 100,324	142,046 108,043
Other liabilities	82,619	121,849
TOTAL CURRENT LIABILITIES	365,064	371,938
TOTAL LIABILITIES	365,064	371,938
NET ASSETS	501,045	464,582
EQUITY Retained earnings	501,045	464,582
TOTAL EQUITY	501,045	464,582

AUDITOR'S REPORT



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bellchambersbarrett.com.au

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF ALZHEIMER'S AUSTRALIA ACT INCORPORATED

Report on the Financial Report

The accompanying summary financial statements of Alzheimer's Australia ACT Incorporated (the Association), which comprises the summary balance sheet as at 30 June 2016 and the summary statement of profit or loss are derived from the audited financial report of Alzheimer's Australia ACT Incorporated for the year ended 30 June 2016. We expressed an unmodified auditor's opinion on that financial report in our auditor's report dated 8 September 2016. The financial report and the summary financial statements do not reflect the effects of events that occurred subsequent to the date of our report on that financial report.

The summary financial statements do not contain all the disclosures required by the financial reporting framework applied in preparation of the audited financial report of Alzheimer's Australia ACT Incorporated. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial report of Alzheimer's Australia ACT Incorporated.

Board Members' Responsibility for the Summary Financial Statements

The Board Members are responsible for the preparation of the summary financial statements on the basis described in Note 1 of the financial report.

Auditor's Responsibility

Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Australian Auditing Standard ASA 810 Engagements to Report on Summary Financial Statements.

Opinion

In our opinion, the summary financial statements derived from the audited financial report of Alzheimer's Australia ACT Incorporated for the year ended 30 June 2016 are consistent, in all material respects, with that audited financial report on the basis described in Note 1 of the financial report.

Basis of Accounting

Without modifying our opinion, we draw attention to Note 1 of the financial report, which describes the basis of accounting. The summary financial statements have been prepared to assist Alzheimer's Australia ACT Incorporated to meet the requirements of members. As a result, the summary financial statements may not be suitable for another purpose. Our report is intended solely for the members of Alzheimer's Australia ACT Incorporated.

James Barrett, CA Registered Company Auditor BellchambersBarrett $\label{eq:Canberra} \text{Canberra, ACT} \\ \text{Dated this } 3^{\text{rd}} \text{ day of November 2016} \\$

Liability limited by a scheme approved under Professional Standards Legislation

1



Find out how we can help you Alzheimer's Australia ACT

Alzheimer's Australia ACT
Supporting people with dementia and their families in the ACT
act.fightdementia.org.au
02 6255 0722

National Dementia Helpline 1800 100 500

