ALZHEIMER'S AUSTRALIA TASMANIA

ANNUAL REPORT 2015





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PRESIDENT'S REPORT

It takes a particular kind of courage and commitment to work and volunteer in an organisation supporting individuals and families living with a condition that has no cure. The limited treatments available and frustratingly slow progress towards unlocking the causes would diminish the resolve of so many. This is not the case for the staff and volunteers of AAT.

This is the final Annual Report I will write. After 10 years with the Board of AAT I am stepping down as both President and Board member. So much has changed since I first joined the Board, media and marketing activities have been the most visible change. Alzheimer's and other forms of Dementia are now literally a household word. Recognition of the value of art and music therapy has seen steady advancement into "mainstream".

Reform of the health and ageing sectors continues to challenge our thinking and our capacity for innovation and economic rationalisation. It is the normal operating environment for organisations like ours to be constantly seeking new funding, extending established grant periods and securing current contracts. This is fatiguing for staff and restricts the ability for staff to consolidate their programs and services provided. Maintaining a strong financial position is the first priority of the Board. Whilst this year has resulted in a deficit of \$83,122, this result does not reflect the substantial level of work undertaken by the Board and CEO to mitigate the continuing escalation of employment costs. This work will continue throughout the 2015/16 financial year.

Our clients and their families continue to be the focus of all we do. AAT is unique in that we offer a wide range of services alongside the education and information traditionally provided by a peak body. The respite ser-



vices we provide continue to be held up as best practice. I regret that I will not see the development of the purpose built Dementia respite facility we have envisioned for so many years.

The incoming President will inherit the unresolved issues which exist within all Not for Profit Boards. These being succession of Board Members and maintaining an appropriately skilled and balanced Board. I trust my replacement will bring a renewed vigour and inventiveness to the solutions.

My deepest gratitude goes out to Debbie and the AAT staff and volunteers for allowing me to learn and develop amongst you. You have taught me the true meaning of selfless and the true value of commitment to a cause.

I extend my sincere best wishes to all associated with AAT for a long and prosperous future.

Kim Macgowan

President

CLIENT SERVICES REPORT

YOUNGER ONSET DEMENTIA

The themes that stand out over the last 12 months of client service delivery centre on assisting people living with dementia to live as independently as possible and creating opportunities for people to stay connected or to re-connect with community. The key to both objectives seems to be social inclusion. Key Workers have provided activities and support "in house" through YOD Social and Support Groups but also worked with individuals to establish connections and routines that make living independently within the community a safe and viable option.

989

NUMBER OF PEOPLE WHO RECEIVED COUNSELLING SUPPORT

384

GROUP SUPPORT SESSIONS HELD ACROSS
THE STATE

8.001

COUNSELLING HOURS

129

YOUNGER ONSET DEMENTIA SOCIAL GROUPS

765

YOUNGER ONSET DEMENTIA PARTICI-PANTS AT EDUCATION SESSIONS

ARTIST IN RESIDENCE

Michele Wilkie, Alzheimer's Australia Tasmania's new Artist in Residence, has initiated a project that represents a new realm of work by AAT, to explore the profound impact that creativity has during the transitional journey of dementia. This nine month project is the collective work of artists from across Tasmania, ranging from 34 years of age to over 90 years and each person at a different stage of Alzheimer's Disease or other disease causing dementia.

Through the Letterbox Project, a series of forty wooden letterboxes have been crafted by a local designer maker and provided to the artists to transform and embellish with

memories of 'home'. The iconic letterboxes represent not only the physical 'home', but also the importance of maintaining communication, dialogue, connectivity and exchange during the period of transition brought on by the illness. Through outreach to the artists' families, each letterbox becomes a receptacle for handwritten letters from family and friends with a focus on shared memories and the importance of maintaining correspondence in the face of adversity.



COUNSELLING & SUPPORT GROUPS

The Northern office counselling staff held a very successful Family and Carers Course Retreat at Aspect Tamar Valley Resort at Grindelwald in March this year. One of a number of extracurricular activities offered to participants was a Zentangle lesson. Zentangle proved to be a very relaxing activity for carers, and a number of carers expressed their interest in continuing to learn this fascinating and popular art form. The Zentangle Support Group meets monthly. At the Newnham office..

Our Alz Carers' Lunch has gone from strength to strength this year, with approximately 18 carers regularly in attendance each month. The group meets at the Northern office premises, and staff cater to the nutritional and emotional needs of the group members. Additionally, the peer support that continues to build within the group is one of the key points mentioned by attendees, who are all current or past carers of a person living with dementia.

RESPITE SERVICES REPORT

Tasmanian Community Fund kindly gave us a grant to enable us to purchase a new Commuter bus for our Day Club clients in the northern centre, all agree it is very comfortable and more space between the seats easier to get in and out off.

Clients have been working in the garden, the window boxes have been replanted with annuals and are making quite a show. The fruit trees have been given a good feed and fruit is now beginning to appear. The raised seed beds have been replanted with beans, cabbage & pumpkin and are doing well.

An open day was held in June, many people from the community attended on the day and day club staff & clients made the scones for morning and afternoon teas. A tour of the day club, Zentangle taster, hand massage, and meditation sessions were all on offer and well received.

Our Christmas fund raiser this year for day club is Christmas cakes and orders have been coming in at a steady pace, also we have a ginger bread house being raffled; this has been generously donated by Ella.

This year has the Vicarage has partnered with Hospice@Home to enable our clients to be supported when the Vicarage is no longer able to meet their needs. This partnership has given both the person with dementia and their families a choice that previously was unavailable to them. This service allows our clients a dignified and familiar environment reducing the impact of death for the family who are supported through the grieving process.

The Vicarage clients and staff had a fundraising over the Christmas selling Christmas puddings and gift boxes with a variety of Christmas goodies.

During the year clients have been busy in our vegetable garden planting, picking and cooking home grown produce.

The current funding that we receive from Government doesn't allow us the opportunity to enjoy outings and special events throughout the year. The staff at the Vicarage have banded



40.284

HOURS OF CENTRE-BASED DAY RESPITE PROVIDED TO CARERS OF PEOPLE LIVING WITH DEMENTIA IN TASMANIA

8.217

EMERGENCY HOURS OF OVERNIGHT

22,387

HOURS OF OVERNIGHT RESPITE

41

CARERS SUPPORTED BY OVERNIGHT

1.852

INHOME RESPITE

together to raise funds for the Vicarage in many innovative ways including, Garage Sale, Memory Walk, and Raffles throughout the year.

Into the future the aim is to expand this much needed service into a purpose built Dementia respite facility that will accommodate twelve (12) clients each night. This will only meet our current requirements as the waitlist for this service continues to grow.

Carers Comment:

"Have I told you lately how much I appreciate all that you and your staff do for Andrea? Probably not. I don't say it as often as I should I am very thankful. To be honest, I couldn't keep Andrea at home (at least for part of the week!) without it"

Thank you

EDUCATION & TRAINING REPORT

"the training was well organised, fun as well easy to understanding and interesting to listen to and I look forward to incorporating the training into my practice"

Once again a busy and challenging year for the Education Team this year. There was a great diversity of workshops delivered by both international and national speakers to family carers, people living with dementia and professional staff.

Linda Graham the Manager of Education left Alzheimer's Tasmania to pursue exciting opportunities for her, as a contract trainer in January 2015. Linda is missed and we wish her well on the next part of her educator's journey.

We are very proud of our many partnerships within our community and to encourage and facilitate these, many onsite training sessions were held for residential & other facilities including Emmerton Park at Smithton, Barossa Park Lodge, the Health centre on King Island as well as the Hobart, Launceston and Ulverstone Alzheimer's centers. Subjects were as diverse as Grief, Culture and Lifespan, Montessori Activities, Dementia and Aboriginal and Torres strait Islanders History, Values and Practice. The aforementioned workshop was thoroughly engaging; it was presented by a community outreach worker in aged care from the Aboriginal Health Centre.

Four Sessions of 10204NAT Rehabilitative Therapies: Develop and Deliver Montessori based activities as part of a cognitive rehabilitative therapy model were delivered around the state with a total of 38 participants.

Ten Sessions of Dementia Care Essentials (DCE) and DCE Plus (DCE+) were held around the state in Sheffield, Smithton, and King Island. There were a total of 103 students with 70 of those achieving a competency, a wonderful result.

The education service facilitated several international and national speakers including:

Steve Milton 'Dementia Friendly concepts and communities'

Dr. Faizal Ibrahim "Dignity in Dementia Care"

Frank Schaper " Sexuality, Gender and Dementia

Alzheimers Tasmania hosted some very interesting forums:

Eat Well age Well" in Hobart and **Younger Onset Dementia** forum in Devonport



All these external sessions were open to the general public and health professionals. Almost 300 people attended these sessions

Again this year AAT was engaged to deliver for Commonwealth Respite & Carelink Centre one 12 hour courses over 6 weeks for family carers. Some of these members continue to attend another programs offered by AAT for support and social fellowship.

843

TOTAL EDUCATION PROGRAM ATTENDEES

114

TOTAL NUMBER OF EDUCATION &TRAINING SESSIONS DELIVERED ACROSS TASMANIA BY AAT STAFF

Over 850 people attended these education sessions which of course raises the profile of Alzheimer's Tasmania

Other Education Services activities of note include the accreditation of a course (10504NAT), and membership of the National Education Managers Group as they work towards a suite of national training products to be rolled out in the next 18-24 months.

Kathy Mason

Education Manager & RTO Responsible Officer

OUR THANKS

Alzheimer's Australia Tasmania would like to acknowledge the outstanding level of support of the following individuals and organisations. The contribution of each and every supporter is critical to the work that we carry out in the community.

Your support makes a difference

Government

Australian Federal Government Tasmanian State Government Tasmanian Community Fund

Bequests

Estate of the Late Peggy Newman

Organisation

Ms Janice Gibson Foundation Payroll Partners Giving Scheme Cygnet Fair Plume Art Exhibition **Andrew Walter Construction** Soroptomists International Inc Southern Smash Repairs **AANational Payroll Giving** Scheme **RSL Summer Festival** Lions Club of Forth Valley F-Troop Zentangle Group The Tea Tree Lady Golfers Blue Illusions Storm Hairdressing—Brock Gardener Treasury

114
GIFTS RECEIVED
4.1%
PERCENTAGE OF TOTAL
REVENUE

Individuals

Anne & Jo Sly H Johnstone D Lovell S Warwarek Lois Dwyer Kathy Mason Sigrid Pitt Lyn Shennan Pauline Scott M Fleming Bob Graham A & M Gee John Purvis Margaret Lahl C Southon Colin Walton Catherine Johnson Joyce Kane Joy Mason Patricia Harvey Barbara Long Donna Andree Elizabeth Hudson Sarah Jones Debbie Slater Sharon Lovell Roy Dobson Lou Weeding Valerie Palk Michael Vamplew M Muir A S Douglas Helen Partridge Philip Fowler **Hugh Wells** K & J Wagner Lorraine & Barry Smith Craig Macaulay Diana Jongbloed Doris Pinkard Sue Downer Marie Magill Bert Thompson **Dunstone Family** Carmela Lindo Georgina Ciafardini **Brad Coad** Marianne Coad Elizabeth Clark

Olivia Ciafardini Bronia Soszynska

In Memorial

The Late Mr Brown

The Late Mrs Raynor The Late Brenda Burgess The Late Gail Kirkham The Late Elaine Hoskinson The Late Tom Mills The Late Tom Vimpany The Late Carol Bannister The Late Reg Witt The Late Mary Challis The Late Joyce Dawson The Late Graeme Whitehouse The Late Elvie Floyd The Late Vernon Dupreez The Late Annie Lingbeek The Late Darrell Fox The Late John Medwin The Late Leslie Cowmeadow The Late Mary Devlin The Late Doris Pinkard The Late David Baker The Late Nancy Clements The Late Olivia Hancock The Late James McNally The Late George Harris The Late Elio Mazzulli The Late Jill Jacobson The Late Maxwell Delanev The Late Arthur Knight The Late David Holloway The Late George Bain The Late John Meek The Late Walter Hergert The Late Maxwell Sinclair The Late Valda Ayton The Late Jean Shireff The Late Johnny Slater The Late Harry Tarr The Late Grace Rowbottom The Late Kay Schottmeier The Late Claire Gleason The Late Marion Denney The Late Mr Hite

OUR STAFF

Alzheimer's Australia Tasmania would like to acknowledge the following employees and their service milestones achieved in 2015. We thank them and all our employees for their commitment to the organisation and our clients, and the fantastic service they provide.

Thank you for your commitment to Alzheimer's Australia Tasmania

2015 Staff Service Milestones



5 Years of Service

Suellen White Southern Office

Melinda Fisher NW Office

Kim Curley Northern Office

Heather Linney Northern Office

10 Years of Service

Clement Kangu Northern Office
Ragna Skabo Southern Office
Dr Sarah Elder Southern Office
Elizabeth Clark The Vicarage

15 Years of Service

Sharon Lovell The Vicarage

OUR VOLUNTEERS

Gary Hay Des Giblin Murray Waller Garth Pultridge Anne Davison **David Thomson** Sally Edwards Sophie Dexter Ray Johnston Helen Shepherd Ray Woods Danielle Pacaud Helene Atrill Ann Hamilton Stuart Moaho Adam Keane Lea Symonds Virginia Commane 13 TOTAL VOLUNTEERS

OUR VOLUNTEERS SUPPORT THE ORGANISATION AND OUR CLIENTS IN SO MANY WAYS

- DRIVING CLIENTS TO SUPPORT GROUPS
- COMPILING MONTESSORI KITS FOR SALE TO CARE FACILITIES
- MAINTENANCE
- HELPING WITH SUPPORT GROUPS

THANK YOU!

BOARD MEMBERS



Kim Macgowan President

Kim has been the President of Alzheimer's Australia Tasmania for over 8 years. Kim is the CEO of the Hobart District Nursing Service and was the 2005 Telstra Tasmania Business Woman of the Year.



Richard Cooper Vice President National Delegate B Com, CPA

Richard is a Business
Services Principal at
WHK, with over 18 years
experience in the
accounting industry.
Richard joined the Board
of Alzheimer's Australia
Tasmania in 2006 and
currently sits on the Audit
and Risk Committee, as
well as being the National
Delegate on the
Alzheimer's Australia
National Board.



Eric Pinkard
Secretary
Public Officer
Adv Dip FP, ADip Bus

Eric recently retired from his own Financial Planning business in Tasmania, which operated for 15 years. Prior to this Eric worked in the Banking industry for 33 years. Eric is one of our longest serving board members and currently also sits on the Audit and Risk Committee.

Amanda Quealy

Chief Executive Officer of the Hobart Clinic Association. Amanda commenced working in the health care industry in 1986 having performed roles in the government, private and not-for-profit sectors. Since 1996 she has been in management roles within the hospital and community care sectors. Prior to taking up the CEO role at the Hobart Clinic, she occupied a senior executive role within the corporate healthcare sector in Victoria. Her academic background includes Economics, Accountancy, Social Work and post graduate qualifications in Health Services Administration.



Gillian Groom

Gill is a qualified Occupational Therapist and has recently finished her Law Degree at UTas. Gill currently serves on a number of Boards and was a member of our Conference Committee in 2013.

FUNDRAISING EVENTS



Inaugural Bring it to the Table dinner

The inaugural Bring it to the Table dinner at Ethos Restaurant in Hobart was a great success. Held on July 17, 45 guests enjoyed fine dining with a community feel as delicious share plates of gourmet foods tempted the taste buds, while speaker Peter Morgan-Jones, Executive Chef and Food Ambassador from HammondCare, NSW entertained us with stories behind his new recipe book for people living with dementia "Don't Give me Eggs that Bounce". More than \$5000 was raised on the night, and AAT CEO, Debbie Slater gave her "heartfelt thanks to the generosity of guests and sponsors alike". THANK YOU all for your contributions to AAT - the dollars will go towards running support groups across Tasmania.

Guest Speaker Peter Morgan-Jones won a mini iPad which he gave to the HammondCare music therapist.



Memory Walk—Thank You!

What a fantastic day! 251 walkers and joggers participated in this inaugural event in Kingston on 12 October. All the Elephant joined in the fun and nearly \$20,000 was raised. We'd like to thank all the wonderful volunteers Michelle & Kelvin Dexter, Slater family, Terry & Sophie Nomikos, the sponsors and the community organisations involved, as well as the participants. It was a great day and the highlight was a comment from a young girl who said "this has been the best day of my life".





TREASURER'S REPORT

On behalf of the Board it is a pleasure to present the Treasurer's report for the financial year ended 30th June 2015.

This year has had many challenges including the necessity manage payroll, resourcing and HR issues in general throughout the year, these issues have now been resolved and the sustainability of the organisation has been managed as a result of some necessary staff redundancies.

This year the organisation has a deficit of \$83,122 the first in several years. The Board and CEO have worked diligently to ensure that the sustainability of the organisation is foremost to ensure that AAT can continue to deliver services to people affected by dementia throughout Tasmania. I would like to express my sincere thanks to the members of the Board and Audit Sub-Committee, as well as our CEO Debbie Slater for their support and contribution to Alzheimer's Australia Tas.





SUMMARISED FINANCIAL REPORT 2015

This section contains a summarised version of the full audited financial report which are available at our website www.fightdementia.org.au/TAS or by request from our Hobart Office (03) 6279 1100.

STATEMENT BY MEMBERS OF THE BOARD

In the opinion of the Board this Summarised Financial Report for the year ended 30 June 2015 and comprising the Statement of Comprehensive Income, Statement of Financial Position, Statement of Changes in Equity and Statement of Cash Flows:

- 1. Is consistent with the Annual Financial Report which it is derived and upon which we expressed an opinion in our Statement by the Members of the Board dated 28 August 2015.
- 2. At the date of this statement, there are reasonable grounds to believe that Dementia and Alzheimer's Association (Tasmania) Inc will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:



INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF DEMENTIA AND ALZHEIMER'S ASSOCIATION (TASMANIA) INC

We have audited the Summarised Financial Report of Dementia & Alzheimer's Association (Tasmania) Inc which comprises the Statement of Financial Position as at 30 June 2015, the Statement of Comprehensive Income, Statement of Equity and Statement of Cash Flows for the year ended on that date, in accordance with Australian Auditing Standards.

In our opinion, the information reported in this Summarised Financial Report is consistent with the Annual Financial Report from which it is derived and upon which we expressed an unqualified audit opinion in our report to the members dated 29 August 2015. For a better understanding of the scope of the audit, this report should be read in conjunction with our Audit Report on the Annual Financial Report.

Accru⁺ Hobart

Michael Burnett Partner 28 August 2015

STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2015

	2015	2014
	\$	\$
INCOME		
Grants	2,929,587	2,659,532
Respite revenue	227,317	200,888
Consulting and training revenue	111,760	113,746
Merchandise sales	36,826	46,883
Donations and bequests	143,132	248,752
Interest	13,568	16,739
Profit/(loss) on sale of assets	17,172	2,416
Other revenue	51,955	51,824
TOTAL INCOME	3,531,317	3,340,780
EXPENDITURE		
Accommodation expenses	187,423	190,647
Accounting and audit fees	10,104	8,289
Advertising	25,951	13,360
Bad debts	0	1,458
Bank fees and charges	2,115	3,036
Borrowing costs	8,742	6,406
Catering	10,762	8,976
Communications	106,456	109,404
Conference and seminar expenses	0	4,655
Consultancy and training expenses	22,287	26,098
Cost of merchandise sold	15,570	16,014
Depreciation	123,991	104,302
Employment costs	2,732,685	2,399,504
Equipment	20,989	19,174
Insurance	18,078	17,902
Legal and professional fees	32,469	39,112
Motor vehicle expenses	73,845	75,674
Office supplies	50,918	49,619
Repairs and maintenance	23,066	18,010
Respite expenses	58,325	61,278
Travel	51,386	47,990
Sundry expenses	39,277	65,330
TOTAL EXPENSES	3,614,439	3,286,238
SURPLUS/(DEFICIT)	-83,122	54,542
TOTAL COMPREHENSIVE INCOME	-83,122	54,542

STATEMENT OF FINANCIAL POSITION FOR THE YEAR ENDED 30 JUNE 2015

	2015	2014
	\$	\$
CURRENT ASSETS		
Cash and cash equivalents	356,802	492,321
Trade and other receivables	303,071	108,089
Inventories	14,187	14,187
Other assets	37,759	41,175
TOTAL CURRENT ASSETS	711,819	655,772
NON-CURRENT ASSETS		
Property, plant and equipment	881,770	873,170
Intangibles	19,073	16,056
TOTAL NON-CURRENT ASSETS	900,843	889,226
TOTAL ASSETS	1,612,662	1,544,998
CURRENT LIABILITIES		
Trade and other payables	294,365	256,619
Borrowings	23,856	23,856
Provisions	171,323	149,042
TOTAL CURRENT LIABILITIES	606,211	429,517
NON-CURRENT LIABILITIES		
Borrowings	56,478	71,839
Employee benefits	24,664	35,211
TOTAL NON-CURRENT LIABILITIES	81,142	107,050
TOTAL LIABILITIES	687,353	536,567
NET ASSETS	925,309	1,008,431
EQUITY		
Retained Surplus	910,309	993,431
Reserves	15,000	15,000
TOTAL EQUITY	925,309	1,008,431

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2015

	Accumulated Surpluses	Asset Revaluation Reserve	Total
	\$	\$	\$
Balance as at 30 June 2013	938,889	15,000	953,889
Surplus/(deficit) for the year	54,542	-	54,542
Balance as at 30 June 2014	993,431	15,000	1,008,431
Surplus/(deficit) for the year	(83,122)	-	(83,122)
Balance as at 30 June 2015	910,309	15,000	925,309

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2015

	2015	2014
	\$	\$
CASH FLOW FROM OPERATION ACTIVITIES		
Receipts from government and other sources	3,435,407	3,431,112
Payments to suppliers and employees	(3,420,012)	(3,229,676)
Interest received	13,568	16,739
Net flow from Goods & Services Tax	(7,789)	(9,817)
Interest paid	(8,742)	(6,406)
Net cash provided by/(used in) operating activities	12,432	201,952
CARL ELOW EDOM INVESTINO ACTIVITIES		
CASH FLOW FROM INVESTING ACTIVITIES		
Proceeds from sale for property, plant and equipment	36,057	12,881
Payments for property, plant and equipment	(168,647)	(207,874)
Net cash provided by/(used in) investing activities	(132,590)	(194,993)
CASH FLOWS FROM FINANCING ACTIVITIES		
Repayment of borrowings	(15,361)	(87,108)
Funds received from financing arrangements	-	-
Net cash provided by/(used in) financing activities	(15,361)	(87,108)
Net increase/(decrease) in cash and cash equivalents	(135,519)	(80,149)
Cash and cash equivalents at beginning of financial year	492,231	572,470
Cash and cash equivalents at end of financial year	365,802	492,321



Alzheimer's Australia Tasmania

is registered as Dementia and Alzheimer's Association (Tasmania) Inc

ABN 89 702 845 983

Our Patron

Her Excellency, The Honourable Professor Kate Warner (to be confirmed) Governor of Tasmania

Honorary Members

Von Hepburn
Barbara McLean
Joyce Denwer
Dr Jacob Mathew
Dr John Tooth
Associate Professor Sally Garratt

COVER: Robyn Moore delivering her dementia talk at Emerton Park in Smithton 13 May 2015.

About Us

Who we are

Alzheimer's Australia Tasmania is a not-for-profit organisation dedicated to supporting people living with dementia, their family and caregivers.

Our Vision

Our vision is for an Association committed to the prevention of dementia, while valuing and supporting people living with dementia.

Our Mission

To be the State's peak body for people living with dementia, their families and caregivers, and to provide leadership in policy and services.

Our Objectives

- · To provide support, information, education and practical assistance to carers of people with dementia
- To increase community awareness of dementia
- To advocate on behalf of the interests of clients to ensure that appropriate services are provided for people with dementia, their families and caregivers
- To provide and disseminate a wide range of publications & resources on all aspects of dementia
- To work with other health care professionals and organisations to increase understanding of dementia and to deliver coordinated care
- To support research into dementia
- To raise funds to assist in the provision of carer support services and other association activities
- To promote the formation of local carer support groups in support of people with dementia and their carers