

Younger onset dementia and the NDIS

Access checklist

This checklist has been developed for people living with younger onset dementia who are seeking support through the National Disability Insurance Scheme (NDIS).

It provides a step by step guide to apply for NDIS access, prepare for your NDIS planning meeting, and implement your NDIS plan once approved.

This checklist should be used in conjunction with the Dementia Australia booklet: National Disability Insurance Scheme (NDIS) Toolkit for people living with younger onset dementia.

	Activity	Date completed	Outcome
STEP 1	To assess your eligibility to receive NDIS funding, visit the NDIS website ndis.gov.au and visit the 'Am I Eligible?' section.		
STEP 2	Contact the National Disability Insurance Agency (NDIA) on 1800 800 100 to request an Access Request Form (ARF). The form will be posted or emailed to you.		
STEP 3	Upon receipt, complete the NDIS access request form. It is recommended that you include a letter of diagnosis from your specialist and have your doctor complete the functional assessment section of the form to support your access request.		
STEP 4	Return the completed NDIS access request form to the NDIA. Your request will be assessed and you will be advised by letter if you are eligible for the NDIS. This is called an 'access decision'.		
STEP 5	If you receive a letter advising that you are eligible for the NDIS, continue to Step 6. If you receive a letter advising that you are not eligible, learn more about your options by visiting ndis.gov.au , and find 'Receiving Your Access Decision'.		

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STEP 6	<p>You will be contacted by NDIA to arrange a planning meeting to discuss your funding and support needs.</p> <p>TIP: You can request to have this meeting face to face by contacting the NDIA.</p> <p>If you haven't received notification about your meeting call the NDIA on: 1800 800 110.</p>		
STEP 7	<p>To prepare for your planning meeting with the NDIA, you will need to determine your support needs and goals.</p> <p>The Dementia Australia booklet: National Disability Insurance Scheme (NDIS) Toolkit for people living with younger onset dementia and their carers can help you with this process.</p>		
STEP 8	<p>Attend the NDIS planning meeting to discuss your goals and the support you may require to achieve these goals over the next 12 months.</p> <p>TIP: You can request 'Support Coordination' if you would like support from Dementia Australia or another provider to implement and coordinate your plan.</p>		
STEP 9	<p>Following the NDIA planning meeting, your individual NDIS plan will be developed and sent to you.</p> <p>If Support Coordination has been included in your plan, a copy will also be sent to your Support Coordinator so they can assist you to implement your plan.</p>		
STEP 10	<p>Your individual NDIS plan has now commenced.</p> <p>If you have a Support Coordinator you can work with them to decide which services and supports you would like to access and how to implement these services.</p>		

FURTHER INFORMATION

Dementia Australia offers support, information, education and counselling. Contact the National Dementia Helpline on **1800 100 500**, or visit our website at dementia.org.au



For language assistance phone the Translating and Interpreting Service on **131 450**